# THE EPIDEMIOIOGY OF YOUNG ADULT PHTHISIS 

A Review of all Deaths from Pulmonary Tuberculosis in Young Adults occurring in The Eastern Division of Glasgow for the Quinquennium 1928-1932.

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# "HOW CLOSELY THE ROOTLETS OF TUBERCULOSIS 

## ARE INTERTWINED WITH THE FABRIC OF OUR SOCIAL

LIFE. ${ }^{\prime \prime}$

- Sir Robert Phillips, M.D.


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## HISTORICAL_INTRODOCTION.

Tuberculosis, in its many forms, has existed from the earliest times, and has interested mankind to an extent unequalled by any other medical problem. It is, and has for long been the cause of a very high mortality among the peoples of the world.

Very early writings throw no certain light upon the subject, and it was not until the time when Athens was at her zenith that the first real description was written by Hippocrates, (460-376 B.C.).

Hippocrates' description of the symptoms of phthisis was so convincing and clear that, for many centuries, it was accepted without amendment. He recognised that individuals of a certain type were prone to fall victims, that recovery was possible, and that a change of residence was a valuable method of treatment. Galen (130-200 A.D.) was of the opinion that phthisis was infectious.

Sylvius (1614-1672 A.D.) was the first to point out the connection between tubercular nodules and phthisis, and, later, William Stark (1740-1770) published a treatise accurately describing the progressive development of tubercles in the lungs, thus anticipating by nearly half a century the work of the great Frenchman, Laennec.

Laennec (1781-1826) was a master of objective analysis and was the first on the continent of Europe to visualise clearly the whole problem of pulmonary tuberculosis in both its clinical and pathological aspects. His publication, "The Unity of Phthisis", showed that phthisis was, in all its forms, one disease and one disease only. He also demonstrated the presence of tubercular nodules in every form of the disease. His scepti-
cism regarding the possibility of bronchial catarrh or lobar pneumonia being transformed into tuberculosis confirms his remarkable perspicacity.

In 1857 Buhl observed that acute miliary tuberculosis was frequently due to the breaking down of a caseous mass, which then became the primary seat of infection.

1 distinguished scientific contribution was made by Villemin, a French Surgeon. On 5th December, 1865, he read a paper to the Paris Academy of Medicine, fully describing the experimental evidence which led him to the conclusion that tuberculosis was a specific infection, and that the inoculated disease was similar in its manifestations to the naturally acquired: also, that the source of infection, whether human or bovine, was of importance in determining the type and extent of the resulting lesions.

William Budd (1811 - 1880), a consulting physician of Bristol Royal Infirmary, studied the question for over ten years, and his memorandum on "The Nature and Mode of Propagation of Phthisis" is a work of outstanding merit, several of his conclusions having great significance. He stated that phthisis was a true zymotic disease, that it never originated spontaneously but was propagated solely by the law of continuous succession: that tuberculous matter itself constituted or included the specific morbific matter of the disease, and was the means of spread, and that sanitation and proper chemical destruction of this matter on issue from the body would result in eradication of the scourge. As proofs he quoted actual instances of contact infection and the spread of the disease among primitive tribes on
association with infected Europeans. He referred to Dr. Livingstone's observation that the Negro was free from tuberculosis until the coming of the white invaders, and to an article by Dr. Rush of Philadelphia, who made a similar observation anent the Red Indian tribes.

Prom the previous observations, it is apparent that an infecting agent was suspected from very early times, and we find confirmatory records of this, two of the most interesting being the Edicts of Nancy (1750) and Haples (1782), The first of these enforced the burning of all articles and bedding belonging to consumptives, while the latter ordered the isolation of consumptives and the disinfection of their belongings.

In 1839 George Sand was turned out of her hotel while travelling in Spain, because she was accompanied by the consumptive Chopin, and payment was demanded for the bed and bedding used by him.

But it was not until 1882, when Koch and Baumgarsten demonstrated the organism microscopically and succeeded in culturing it on an artificial medium, that this suspicion was confirmed.

Koch's proof that the Baoillus Tuberculosis was the essential cause of tubercle was singularly complete, and few discoveries in medicine have equalled it in importance.

For generations the pulmonary form of the disease, especially in young adults, has been and still is, a matter of grave concern to physician and layman alike.

The insidious mode of onset, particularly, fails in many cases, to arouse suspicion until the malady is well advanced, and the rapidity of its course and scant response to treatment bring about a fatal issue in almost all cases.

## SPECIAL INTRODUCTION.

The aim of this thesis has been to ascertain the relative importance of the factors concerned in the causation and continued prevalence of young adult phthisis in the Eastern Division of Glasgow.

To carry out this investigation successfully, it was necessary to select an area suitable in size, and typical of the City as a whole. It was also essential that the investigator should have access to the cases concerned and authority to visit their homes. Only under such conditions could a proper survey be made of home conditions, prior history, and the contacts of the cases examined.

The Eastern Division was the area chosen for review, as it fulfilled, in all respects, the essentials quoted above, and had approximately, one quarter of the City's population within its seven wards.

The writer, as Medical Officer in charge of the Eastern Tuberculosis Dispensary, had every facility for investigating the cases.

From this area the Public Health Department annually receives a total of some 300 notifications of pulmonary tuberculosis, and records during the aame time approximately 250 deaths from this disease.

As a high degree of accuracy was required before presenting statistical data, it was necessary to extend the investigation over a five year period, so that a series of five hundred young adult cases might be collected for detailed analysis. These cases could be collected in one of two ways - either from the notifications or from the deaths during the period under review. The former method had the obvious disadvantage that there
was no possibility of completing a duration table, unless the observer was willing to wait a number of years, whereas, if the latter method (analysis of deaths) were adopted, the cases could be traced back without much difficulty.

It was also apparent from a review of the statistics that, as the duration of the large majority was under four years, the cases would be well known to the investigator.

The five year period selected extends from lst January, 1928, until 31st December, 1932.

The young adult group includes all the confirmed cases of pulmonary tuberculosis in the age period fifteen to thirty years inclusive, and is generally admitted to be a most refractory one, the mortality rate failing altogether to show the gradual decline noted during recent years in the other age groups.

An attempt has been made in the following analytical survey to elucidate this problem and proportion the onus upon the correct factors.

## DESCRIPTION OF AREA.

The Eastern Division of Glasgow is essentially a busy, working-class area - the people, who are mainly of the labouring and artisan classes, being housed principally in buildings of the tenement type. During recent years, however, a considerable number have been re-housed in slum clearance schemes.

The businesses carried on are many and varied, and include carpet factories, mills, sweet factories, bakeries, locomotive and engineering works, and certain offensive trades.

The vital statistics of the area demonstrate that the density varies within wide limits, being lowest in Shettleston (38) and Dennistoun (91), where the spacing of buildings, general housing construction, and standards of cleanliness, speaking generally, are much higher than in any other ward. The density is highest in Whitevale (127) and Dalmarnock (124), where the housing is much less satisfactory. Many of the buildings in these wards are old, badly constructed, ill-spaced, damp, and overcrowded. The Calton Ward was at one time the most densely populated area in the East-Find, but, owing to recent rehousing schemes, it now takes fourth place, with a density of 103 per acre, as compared with 224 per acre in 1924.

## VITAL_STATISTIOS_OF_THE

GASTERN_DIVISION.
This section of the City covers an area of 3,212 acres, and bad a population of 218,929 in the census returns for the year 1931. It is comprised of seven wards, showing the following population, density and acreage.

## TABLE_A.

CENSUS, 1931.

Ward. Acre- Population. $\quad$| Density to Near- |
| :---: |
| age. |

1. Shettleston \&
Toncross . . .. 1,061
2. Parkhead

883
3. Dalmarnock .... 288
4. Calton 333
5. Mile-End

- ..... 19

7. Dennistoun .... 280

TOTAL

| 39,869 | 38 |
| ---: | ---: |
| 39,418 | 44 |
| 35,824 | 124 |
| 34,389 | 103 |
| 21,430 | 112 |
| 22,439 | 127 |
| 25,560 | 91 |
| 218,929 | $=68$ |
| $=======$ | $==$ |

Average Density

The occupied houses in the area number 50,752 and are distributed as in the following table:-

## TABLE_B.

Occupied Houses in Municipal Wards l-7, as returned by the City Assessor, Whitsunday 1932.

| Ward | Apartment | Apartments | $\begin{gathered} 3 \\ \text { Apart- } \\ \text { ments } \end{gathered}$ | $\begin{gathered} 4 \\ \text { Apar } \\ \text { ment } \end{gathered}$ | $\begin{array}{r} 5 \\ \text { Apar } \\ \text { ment } \end{array}$ | Totals |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Shettleston \& Tollcross | 1,299 | 4,173 | 2,987 | 740 | 303 | 9,502 |
| 2. Parkhead ..... | 1,773 | 5,072 | 1,753 | 179 | 75 | 8,872 |
| 3. Dalmarnock | 3,169 | 4,708 | 556 | 55 | 14 | 8,502 |
| 4. Calton | 1,624 | 3,359 | 1,213 | 217 | 188 | 6,601 |
| 5. Mile-Eind | 1,832 | 2,775 | 442 | 31 | 4 | 5,084 |
| 6. Whitevale | - 979 | 2,935 | 1,191 | 155 | 49 | 5,309 |
| 7. Dennistoun | 246 | 2,510 | 2,882 | 832 | 412 | 6,882 |
| TOTALS | 10,922 | 25, 552 | 71,024 | 2,209 | 1,045 | 50,752 |

The knowledge of the density of an area without particulars as regardshousing conditions and the presence or absence of open spaces is of limited value. The density figure for Ward 1 (Shettleston and Tollcross) is abnormally low, owing to the fact that the Ward contains a large park and much waste ground. Ward 7 (Dennistoun),
on the other hand, has few open spaces, but the houses are of a better type, as shown by the fewer single apartments.

At the other end of the scale, whitevale, with a very high density, is better housed than the neighbouring Ward of Mile-mind, where the presence of more open ground lowers the density figure.

In order to demonstrate the inter-relationship of over-crowding with the pulmonary phthisis death-rate in the East-End, a table has been drawn up for each ward comparing the percentage of population living more than (1) three persons per room with the young adult death-rate from pulmonary tuberculosis. The latter figure is obtained by accepting the last Census returns for all persons between the ages of 15 and 29 years in the respective wards. The death-rate per thousand is then calculated from the known deaths from pulmonary tuberculosis in the same age group.

TABIEAC.


$$
\underline{I}=7
$$

Both Sexes, 15 - 29 years inclusive
Age Group Death-Rate per 1,000.

| Muni- <br> cipal <br> Ward. | Percentage <br> Population <br> 3 persons <br> per room. | Census <br> Population <br> 1931. | No. of <br> Deaths <br> 1928-32 <br> Inclusive | Death <br> Rate <br> per r <br> l, 000 | Comparative <br> Mortality <br> Combined <br> Area 100 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 22.5 | 11,056 | 75 | 1.357 | 87 |
| 2 | 25.4 | 10,675 | 82 | 1.536 | 98 |
| 3 | 39.8 | 9,656 | 93 | 1.926 | 123 |
| 4 | 28.3 | 8,741 | 77 | 1.762 | 113 |
| 5 | 37.8 | 5,752 | 56 | 1.947 | 125 |
| 6 | 24.9 | 6,200 | 49 | 1.581 | 101 |
| 7 | 5.7 | 6,578 | 26 | .791 | 51 |
| Com- |  |  |  |  |  |
| bined | 26.6 | 58,658 | 458 | 1.562 | 100 |
| Area. |  |  |  |  |  |

Wards_Arranged_in Order of Degree
of Overcrowding_with_Comparative_Mortality_Rates.


This table illustrates the close connection between the degree of overcrowding and the mortality figures. Dennistoun, with good housing and only 5.7 per cent. of persons living more than three per room shows the lowest mortality rate, while, on the other hand, MileFind and Dalmarnock, with 37.8 per cent. and 39.8 per cent respectively, have by far the highest mortality.

When the seven wards are arranged in order of overcrowding the death-rates from pulmonary tuberculosis are observed to run a parallel course. This feature confirms the opinion that overcrowding in Glasgow is a potent factor in promoting the spread of pulmonary tuberculosis among young adults.

The Division returns appreciably higher death-rates than the City average, owing to its larger proportion of working-class population and its higher percentage of poorly constructed and overcrowded tenement houses. The
comparative figures over the five-year period, 1928-32, are given in Table C.

TABLE_C.

|  | Death Rates per 1,000 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| YEAR | All <br> Causes. | Pulmonary <br> Tuberculosis |  | Non-Pulmonary <br> Tuberculosis |  |  |
|  | City | Eastern <br> Division | City | Eastern <br> Division | City | Eastern <br> Division |
|  | 14.4 | 15.8 | .876 | .988 | .317 | .335 |
| 1929 | 16.3 | 16.8 | .941 | 1.023 | .303 | .400 |
| 1930 | 14.2 | 15.0 | .805 | .861 | .336 | .369 |
| 1931 | 14.2 | 14.6 | .865 | 1.033 | .318 | .377 |
| 1932 | 14.7 | 15.3 | .889 | 1.001 | .268 | .302 |

When the same rates are worked out for the individual wards the lowest rates are again found to be returned by Dennistoun and Shettleston Wards and the highest by Mile-Fnd and Dalmarnock, the comparative figures being as follows:-

Years_1928 to 1932 Combined.

| WARD. | Death Rates per 1,000. |  |  |
| :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { All } \\ \text { Gauses. } \end{gathered}$ | Pulmonary Tuberculosis. | $\begin{aligned} & \text { Non-Pumonary } \\ & \text { Tuberculosis } \end{aligned}$ |
| Good Wards - |  |  |  |
| $\begin{aligned} & \text { 1. Shettleston \& } \\ & \text { Tollcross ... } \end{aligned}$ | 12.8 | . 812 | . 293 |
| $\begin{gathered} \text { 7. Dennistoun ... } \\ \text { Bad Wards - } \end{gathered}$ | 13.1 | . 600 | . 186 |
| 3. Dalmarnock ... | 16.2 | 1.049 | . 382 |
| 5.Mile-Fnd ..... | 17.6 | 1.199 | . 510 |

These figures confirm the detrimental effect of overcrowding and poverty.

Before leaving the vital statistics of the area, a comparison of the present death-rate from pulmonary tuberculosis and those of previous years is of interest. As the earlier records fail to sub-divide the City into separate divisions, the figures for the entire City of Glasgow are quoted, and it can be accepted that the mortality for the East-End has fallen in a like manner.


It appears that in Glasgow there is a distinct interruption in the downward trend of these death-rates and a review of the more detailed Age Group Tables shows that this is mainly due to an increased mortality among the age-group 15-25 offsetting the reduction in the older groups.

An average rate per 1,000 living in three agegroups has been calculated for the three years 1920-22, and for the three years 1930-32. The results show that there is an increase of 13.5 per cent. in the rate of incidence per 1,000 persons living, for females at ages 15 to 25 years and 2.3 per cent. for males in the same age group.

Variation in Age-Incidence of Cases Notified during the past 10 years.

Incidence per 100,000 at each Age-Group.

|  | -15 |  | 15-25 |  | +25 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\underline{4}$ | F. | M. | F. | M . | P. |
| Average Rates for three years around 1921 ..... | 109 | 117 | 257 | 229 | 280 | 165 |
| Average Rates for three years around 1931 ..... | 70 | 78 | 263 | 260 | 210 | 120 |
| Percentage Difference .... | -35.8 | -33.3 | +2.3 | +13.51 | -25 | -27.3 |

SUMMARY:- The statistics illustrate the rise of the death-rates with the increase of overcrowding, and the fact that the young adult death-rate reacts to the same conditions as the pulmonary groups taken altogether. They also confirm Dr. J.A. Wilson's conclusions, when he states, - "The serious and certain fact is that the disease is tending to become one mainly of young adult life."

## METHOD OF COLLECTION_OF DATA.

An attempt was made to obtain the following information from every case of the selected age group.
A. Personal
(I) Name, Sex, and Address.
(2) Age - (Throughout this investigation the age at sickening has been used, and not the age at death, otherwise, as the disease is of a distinctly variable duration, statistics based on the latter would underestimate its incidence in the younger groups while overestimating it in the older.)
(3) Occupation.
(4) Month of sickening.
(5) Month of notification.
(6) Interval of time between sickening and notification.
(7) Interval of time between notification and first examination by dispensary physician.
(8) Mode of onset with initial symptoms in order of occurrence.
(9) The presence or absence of haemoptysis or stained eputum as an early symptom.
(10) Habits of patient.
(11) Details of all prior illnesses with special reference to previous pulmonary complications.
(12) Duration of illness from date of sickening until death.
B. Familial
(I) Nationality of male parent.
(2) Previous tuberculosis in family - type, relationship to patient, closeness of contact especially as regards sleeping accommodation.
(3) Income of family at time when patient sickened.
C. Housing
(1) Sise of house, locality, state of cleanliness and rent.
(2) Number of inmates.
(3) Sleeping accommodation with names and afes of all others occupying the same room or bed.
D. General and Pulmonary Condition of

## Patient at First Examination

(1) General appearance with degree of toxaemia as shown by temperature and more especially by the pulse rate.
(2) Site, extent and type of pulmonary lesion.
(3) Radiological findings with special note of the time interval between sickening and $x$ ray examination.
E. Particular Observations subsequent to Notification of Patient
(1) The type of disease - whether acute, subacute, or chronic.
(2) The duration and effect of hospital treatment with the interval elapsing from notification until admission.
(3) The occurrence of secondary tuberculosis in the family, attributable to infection from patient.
F. Contacts
(1) Health of contacts in infected households as ascertained by -
(a) Examination at the dispensary, or in the home.
(b) Tuberculin intracutaneous tests.
(c) Radiological examination.

## METHOD_OF_CLASSIPICATION_OF_YOUNG_ADULT_GROUP.

The total number of deaths from pulmonary tuberculosis recorded in the Eastern Area during the five years 1928-1932 inclusive is 1,214 , which includes a few institution cases. Under the Tuberculosis Scheme a record sheet of every case is kept, and in it the salient facts are recorded, one of the most important being the age of the patient at time of notification. The subsequent classification is based on the age at notification as this gives an accurate estimate of the incidence of the disease in the various age groups.

An examination of the 1,214 case-records elicited the information that 488 of the cases to which they referred had sickened and had been notified between the ages of 15 and 31 years. These ages (15-31) are regarded as the limits of the young adult group, and the 488 cases occurring within them taken as the series for investigation.

Throughout each of the five years this group accounts for a fairly constant 40 per cent. of all the deaths. This is best shown in tabular form.

Deaths from Pulmonary Tuberculosis (Eastern Division)
1928_=_1932_inclusive.

| Year | Total Number (Both Sexes) | Age Group 15-31. |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Males | Females | $\begin{gathered} \text { Total } \\ \text { (Both Sexes) } \end{gathered}$ | Percentage of Total Cases |
| 1928 | 244 | 50 | 35 | 85 | 34.84 |
| 1929 | 265 | 45 | 59 | 104 | 40.75 |
| 1930 | 212 | 40 | 41 | 81 | 38.21 |
| 2931 | 256 | 48 | 68 | 116 | 45.31 |
| 1932 | 237 | 42 | 60 | 102 | 43.04 |
|  | 1,214 | 225 | 263 | 488 | 40.2 |

A complete investigation has been made of each of the 488 cases and the type of the disease classified in one of the three categories outlined below.
(1) Acute Phthisis: Illness of a very rapid and toxic type with marked emaciation and progressive deterioration. Duration - less than six months from onset of illness.
(2) Subacute Phtbisis: Barly symptoms less pronounced. Some cases show a temporary improvement following treatment, but usually the lesions are progressive. Toxaemia is a persistent feature indicated oftener by a rapid pulse rate than by a hectic temperature.
Duration - more than six but less than eighteen months.
(3) Chronic Phthisis: All cases not falling into the above categories. Patients often show considerable periods of improvement. Cavitation and haemoptysis are common features. Duration - over eighteen months.

The numbers falling into these three subdivisions are as follows:-

|  | Type of Case | Number | Percentage of Group |
| :---: | :---: | :---: | :---: |
| (1) | Acute | 115 | 23.5 |
| (2) | Subacute | 120 | 24.5 |
| (3) | Caronic | 253 | 52.0 |
|  | Total ... | $\begin{gathered} 488 \\ =====\pi \end{gathered}$ | $\begin{gathered} 100.0 \\ ====m=====1 \end{gathered}$ |

The sexes are distributed in the various groups as shown in the following table:-

|  | Type of Case | Males | Females | $\begin{gathered} \text { Total } \\ \text { (Both Sexes) } \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
| (1) | Acute | 56 | 59 | 115 |
| (2) | Subacute | 53 | 67 | 120 |
| (3) | Chronic | 116 | 137 | 253 |
|  | Total | $\begin{gathered} 225 \\ ====== \end{gathered}$ | $\underset{m=x===x}{263}$ | $\begin{gathered} 488 \\ ===\pi=== \end{gathered}$ |

## GENERAL_SURVEY OF THE GROUP_AS_A_THOLE.

It is a matter of common knowledge that certain diseases show a definite seasonal incidence, and it is the opinion of most workers in tuberculosis, that the spring is the busiest season, especially as regards the notification of new cases.

A table draw up to compare the monthly notification rate of all cases of young adult pulmonary tuberculosis occurring in the whole city, the Eastern Division, and the group under survey shows that in all three series, May is the peak month.

## Percentage of all Notifications

 of Young_Adult_Phthisis.(15_=_31_years).

| $\frac{\text { Month of }}{\frac{\text { Notifi }}{\text { cation. }}}$ | $\begin{gathered} \text { Glasgow } \\ \hline 1928-32 \end{gathered}$ | $\frac{\text { Eastern Division }}{1928-32}$ | $\frac{\text { Survey }}{\text { Growe }}$ |
| :---: | :---: | :---: | :---: |
| January. | 7.3 | 8.1 | 8.6 |
| February | 8.4 | 9.6 | 9.0 |
| March .. | 9.8 | 9.1 | 9.2 |
| April | 9.9 | 10.5 | 8.4 |
| May . | 10.0 | 11.0 | 11.4 |
| June | 9.4 | 8.0 | 8.2 |
| July | $7 \cdot 3$ | 7.0 | 6.4 |
| August | 7.7 | 7.6 | 7.6 |
| September | 7.4 | 6.7 | 9.4 |
| October. | 7.6 | 7.4 | 7.3 |
| November | 6.9 | 6.6 | 8.8 |
| December | 8.3 | 8.4 | 5.7 |
|  | 100.0 | 100.0 | 100.0 |
| Total No. of Cases. | 4,442 | 1,018 | 488 |

Although May is the commonest month of notification, on examination into the history of the cases it is found that January is the chief month of sickening (Graph A illustrates this). This is believed to be due to the cold, wet season giving rise to chills and influenza,
both of which are acknowledged precursors of phthisis.
(Graph A.)


## AGE DISTRIBUTION.

The age distribution of the cases is particularly interesting and is shown in detail in the following table:-


It is noticeable from the table that the largest number of the cases in both sexes is present in the earlier years. When comparative tables of each fiveyear period are drawn up for each sex, it is seen that there is a preponderance of females in the l5-19 group. That this is not an accidental feature is proved by a comparison of the Eastern Division mortality rates with those of the whole city. Here again the female cases far outweigh the male cases in the 15 - 19 group - the actual proportion being 141:100 in the one case (Eastern Division), and 138:100 in the other (Glasgow). Again the tables show the much greater general prevalence of the disease in the Eastern Area and especially in the youngest group.

PULMONARY TUBERCUIOSIS.

| MALES |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age Group | $\begin{gathered} \text { Census } \\ \text { Population } \\ 1931 \end{gathered}$ | $\begin{aligned} & \text { Deaths } \\ & \text { 1928-32 } \end{aligned}$ | Average <br> Annual <br> Death- <br> Rate per <br> 1,000. |  |
| Glasg ow | $\begin{aligned} & 48,219 \\ & 46,740 \\ & 43,287 \end{aligned}$ | $\begin{aligned} & 244 \\ & 336 \\ & 262 \end{aligned}$ | $\begin{aligned} & 1.012 \\ & 1.438 \\ & 1.211 \end{aligned}$ |  |
| 15-19 |  |  |  |  |
| 20-24 |  |  |  |  |
| 25-29 |  |  |  |  |
| Wards 1-7 |  |  |  |  |
| 15-19 | $\begin{array}{r} 10,373 \\ 9,479 \\ 8,930 \end{array}$ | $\begin{aligned} & 78 \\ & 74 \\ & 61 \end{aligned}$ | $\begin{aligned} & 1.505 \\ & 1.561 \\ & 1.366 \end{aligned}$ | Camparative Mortality Male Death Rate $=100$ |
| 20-24 |  |  |  |  |
| 25-29 |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |  |  | $\begin{array}{r} 138 \\ 99 \\ \hline \end{array}$ |
| FEMALES |  |  |  |  |  |
| Age Group | $\begin{gathered} \text { Census } \\ \text { Population } \\ 1931 \end{gathered}$ | $\begin{aligned} & \text { Deaths } \\ & \text { 1928-32 } \end{aligned}$ | Average <br> Annual <br> Death- <br> Rate per <br> 1,000. | 141 |  |
|  |  |  |  | 105 |  |
|  |  |  |  | 86 |  |
| Glasgow |  |  |  |  |  |
| 15-19 | $\begin{aligned} & 51,787 \\ & 51,927 \\ & 48,183 \end{aligned}$ | $\begin{aligned} & 361 \\ & 368 \\ & 294 \end{aligned}$ | 1.394 |  |  |
| 20-24 |  |  | 1.417 |  |  |
| 25-29 |  |  | 1,220 |  |  |
| Wards 1-7 |  |  |  |  |  |
| 15-19 | $\begin{array}{r} 10,628 \\ 10,093 \\ 9,155 \end{array}$ | $\begin{array}{r} 113 \\ 83 \\ 54 \end{array}$ | 2.126 |  |  |
| 20-24 |  |  | 1.645 |  |  |
| 25-29 |  |  | 1.179 |  |  |

Comparative_Rates_=_City_Rates_ $=100$
Eastern Division.

| Age Group | Males | Females |
| :--- | :---: | :---: |
| $15-19$ | 149 | 153 |
| $20-24$ | 116 | 116 |
| $25-29$ | 113 | 97 |

The above figures show that the mortality in the age-group 15-19 is markedly higher than in either of the remaining two age-groups; particularly is this true with regard to the young females.

The relatively high death rate of young females over males occurs in all countries of the world where vital statistics are available for study.

Various views have been expressed regarding the cause of this, but the trend of present-day medical opinion tends to support a biological explanation. (5) Lloyd Arnold in a recent investigation into the metabolic changes in the female, shows that the basal metabolism is increased, and that there are changes in the permeability of capillaries and increased cellular exchange during menstruation. According to his view, any existing tubercular focus is apt to be aggravated at menstrual periods. There is no doubt that the strain of puberty, allied to insufficient clothing and the inadequate footwear favoured by young women of to day, tends to increase the heavy death-rate in Scotland. In many cases, too, the girls are called upon to perform domestic duties in the home, while their more fortunate brothers are amusing themselves out-of-doors. Again, in the Eastern Division most girls of fourteen, on leaving the easy and hygienic conditions of School Life, are employed in the confined atmosphere of factories or mills whereas boys of a similar age are chiefly employed out-of-doors as errand-boys.

In both sexes in the age group 15-19 rapid growth and physiological changes are taking place which throw a great strain on the individual - A strain under which the resistance to disease is liable to break down, more especially if food is inadequate and the
hours of labour long. There is also a marked tendency for young people to take too little rest, overtaxing themselves with evening amusements - in other words, they burn the candle at both ends.

## DURATION_OF_DISEASE.

The duration of the disease has been ascertained in each of the $4 \theta 8$ cases, and is set forth in the subsequent tables, the first of which shows the number of cases succumbing within stated intervals of time. In all, 68 per cent of both sexes died within three years.

The second table gives the number per l,000 of both sexes surviving at the end of each time interval.
DISTRIBUTION OF DRATHS IN TOTAL OF 488 CASES, 1928-1932, INELUSIVE.


## THE HOUSING_CONDITIONS_OF THE YOUNG_ADULT GROUP.

The size of house in which each family was resident at the time of notification of the case has been ascertained, together with the number of inmates in each, their sex and age. These data not only supply information regarding the percentage occupying the smaller size of house, but allow a comparative estimate of the density per apartment to be made. The first of the two following tables shows the features of the entire group, while the second illustrates the close similarity of the findings when male and female cases are separately analysed.

## Housing_Conditions_of_488_Cases

on_Date_of Notification.

| Total No. of Cases. | Apartments |  |  |  |  |  | Institution Cases. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 cr 7 |  |
| 488 | 89 | 287 | 82 | 15 | 4 | 3 | 8 |
| Percentage of group dwelling in each size of house ..... | 18.24 | 58.81 | 16.8 | 3.07 | 0.82 | 0.61 | 1.64 |
| No. of inmates. | 353 | 1572 | 494 | 98 | 31 | 22 | - |
| Average number of persons per house .... | 3.97 | 5.48 | 6.02 | 6.53 | 7.75 | 7.33 | - |
| Average number of persons per room ...... | 3.97 | 2.74 | 2.01 | 1.63 | 1.55 | - | - |

Housing conditions of male and female cases calculated separately for comparative purposes -

Percentage_occupying_each_Size of House at Time of Notification.

|  | Apartments. |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Insti- <br> tation |  |  |  |  |  |  |  |
| Cases. | 1 | 2 | 3 | 4 | 5 | 6 0r7 |  |
| Males. | 17.33 | 58.22 | 18.67 | 3.56 | 0.44 | 1.33 | 0.44 |
| Females | 19.01 | 59.32 | 15.21 | 2.66 | 1.14 | - | 2.66 |

Less than five per cent of the total cases dwelt in a house larger than a three-apartment, while the majority lived in small two-apartment houses, generally termed "room and kitchen". Most of these were of the type in which there was a bed recess in the kitchen, shut off by a curtain during the daytime and usually occupied at nights by the parents, the younger adults and children sleeping in the adjacent room. Considering that the average number of inmates of this size of house was found to be as high as 5.48 , it was obviously impossible to segregate an open case of phthisis satisfactorily. The conditions in the single aparment were even worse. With an average of four occupants, all had to sleep in the bed recess or a portion of them in a collapsible bed, let down at night, Sleeping, cooking, washing, and feeding had all to take place within these narrow limits. "Single ends", as they are known locally, are seldom through-and-through houses, and are often dark, ill-ventilated, miserable, and damp. As would be expected, they are principally found in the oldest and worst-constructed tenements, and are usually approached through an ill-lit and foul-smelling passage. Generally the single apartment is occupied by a young married couple with two or three children, ohtaining
the necessities of life from the Public Assistance Department or the Unemployment Exchange. There is absolutely no possibility of successfully treating either the young husband or his wife under these circumstances. The young woman is disappointing as a hospital case - constantly fretting about her children left to the care of relatives - and usually dismisses herself after a comparatively short and ineffectual course of treatment. On her return she sleeps with her husband in the bed recess where there is no circulation of air. Is it any wonder that in a considerable percentage of cases he too contracts the disease?

Opie and McPhedran have found that husbands and wives in marital contact with phthisis are infected nine times as often as persons who have no known contact with the disease.

The family occupying a three-apartment house differs in several ways. Firstly, their economic position is better; secondly, usually one member at least is employed; and thirdly, young children account for a smaller proportion of the inmates. The sleeping accommodation is much more satisfactory, as in most cases all three rooms are occupied at night. It is possible, therefore, to give up one room as a bedroom to an infected young adult and thus minimise to a large extent the liability of contact infection. Another feature of importance is the inside lavatory. This convenience abolishes the misuse of the kitchen sink as an outlet for the disposal of sputum, etc. As a rule also, these people are of a higher type and cooperate more readily with the Health Services in the use of sputum flasks, and are more amenable to hospital-
isation.
A Review of the Comparative Mortality from
Tuberculosis_in One, Two,_and Three_Apartment_Houses.

Before an analysis could be made, it was necessary to possess two pieces of knowledge - firstly, the number of inmates of the respective sizes of house, who were between the ages of 15 and 29 years; and secondly, the number of deaths from pulmonary tuberculosis among them. Hence, it was essential to ascertain the age and sex constitution of the population inhabiting each size of dwelling. The 1931 Census returns do not supply these data but give the total number of inmates of each sex for each size of house, without reference to age, thus a special estimate had to be made. This was done by making use of an analysis of the 1911 Census (specially prepared for the Medical Officer of Health, Glasgow), as this contained details regarding the age and sex constitution of the population in each size of house. From this analysis the percentage of the total occupants of each size of dwelling for the three age groups 15-19, 20-24, and 25-29 years were obtained (for each sex separately) and these percentages were applied to the total number of inmates of each size of house as returned at the 1931 Census. By this means the population for the aforementioned three age groups was separately calculated for the one, two and threeapartment houses, and as a proof of the accuracy of the estimate the resultant figures were compared with the age-group populations as made up by the Registrar-

General. The comparative figures are as follows:-

|  | Age Group | $\begin{gathered} \text { As } \\ \text { Estimat- } \\ \text { ed. } \end{gathered}$ | Actual <br> (as returned by <br> Registrat-General) |
| :---: | :---: | :---: | :---: |
| Males | 15-19 yrs. | 10,859 | 10,373 |
|  | 20-24 yrs. | 9,411 | 9,479 |
|  | 25-29 yrs. | 8,930 | 8,930 |
| Females | 15-19 yrs. | 10,993 | 10,628 |
|  | 20-24 yrs. | 10,490 | 10,093 |
|  | 25-29 yrs. | 9,155 | 9,155 |

The following tables give fuller details:-

| Size of House | Males |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 25-29 | Rotal 15-29 |
| Estimated Populations in Each Size of House |  |  |  |  |
| 1 Apt . | 824 | 1,368 | 1,981 | 4,173 |
| 2 Apts. | 5,514 | 4,115 | 4,293 | 13,922 |
| 3 Apts. | 3,348 | 2,792 | 1,732 | 7,872 |
| Remaining Population. | 1,173 | 1,136 | 924 | - |
| TOTAL | 10,859 | 9,411 | 8,930 | 25,967 |
| Actual Number of Deaths from Pulmonary Tuberculosis |  |  |  |  |
| in Each Age Group occurring in Each Size of House for th |  |  |  |  |
| Five Years 1928-1932 inclusive. |  |  |  |  |
| 1 Apt. | 10 | 10 | 16 | 36 |
| 2 Apts. | 51 | 49 | 25 | 125 |
| 3 Apts. | 14 | 12 | 13 | 39 |
| 4 Apts. and over. | 4 | 4 | 4 | 12 |
| total | 79 | 75 | 58 | 212 |
| ( 12 cases aged 30 years and 1 institution case excluded) |  |  |  |  |



From the above statistics an annual death rate per thousand for each size of house and for each age group and sex has been calculated. The results are shown in the following table:-

| Size of | Males |  |  | $\begin{aligned} & \text { Total } \\ & \text { 15-29 } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
|  | 75-19 | 20-24 | 25-89 |  |
| 1 Apt. | 2.4 | 1.5 | 1.6 | 1.7 |
| 2 Apts. | 1.8 | 2.4 | 1.2 | 1.8 |
| 3 Apts. | 0.6 | 0.9 | 1.5 | 1.0 |


| Size of <br> House | Females |  |  | Total <br>  <br> $15-19$ |
| :---: | :---: | :---: | :---: | :---: |
| Apt. | 20.7 | $25-29$ | $15-291$ |  |
| 2 Apts. | 2.7 | 2.1 | 1.0 | 1.8 |
| 3 Apts. | 1.0 | 0.9 | 1.6 | 2.2 |
|  |  |  |  |  |


| Both Sexes <br> $15-29$. |
| :---: |
| 1.8 |
| 2.0 |
| 0.9 |

These figures illustrate in a convincing way the superiority of the three-roomed house. They also show that the two-roomed house is little, if any, better than the single room. The percentage excess of the mortality rate in the one and two-roomed houses respectively, compared with the three-roomed house, is as follows -

|  | Males <br> $15-29$ | Females <br> $15-29$ | Combined <br> Groups <br> $15-29$ |
| :---: | :---: | :---: | :---: |
| $1: 3$ | $70 \%$ | $100 \%$ | $100 \%$ |
| $2: 3$ | $80 \%$ | $144 \%$ | $122 \%$ |

When the age group 15-29 jears is subdivided into three five-year periods the youngest ( $15-19$ years) is found to show the most appreciable difference in the mortality rates. The following table shows the percentage excess of the mortality rate in the one and twoapartment houses as contrasted with the three-apartment house.

| Apartments | Males |  |  |  | Females |  |  |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: |
|  | $15-19$ | $20-24$ | $25-29$ | $15-19$ | $20-24$ | $25-29$ |  |
| $1: 3$ | 300 | 67 | 7 | 170 | 133 | 25 |  |
| $2: 3$ | 200 | 167 | -20 | 170 | 122 | 100 |  |
| $1: 2$ | 33 | -37 | 33 | - | 5 | -37 |  |

These figures show that four times as many young adult males between the ages of 15 and 19 years, residing in a single-apartment house succumb to pulmonary tuberculosis, as compared with an equal number of young males of the same age living in a three-apartment house. The equivalent female figures are somewhat less, being nearly three times as great in the single apartment. It is evident then that the three apartment house shows a definite statistical advantage over the one or tworoomed house. In the series of cases studied this advantage can be expressed in general terms by stating, that the three apartment house has only half the death rate from phthisis that obtains in the smaller house.
A.K. Chalmers in a study of the death rates from phthisis in Glasgow for different sized houses, showed that during the years 1909-1912, the death rate in every age group was lower in houses of three and four apartments than in the smaller dwellings, and Peters, speaking at Cardiff in July of this year, brought forward evidence to prove this also. He states that, "The inmates of the one-apartment house are 341 per cent worse off as regards the death rate from phthisis, than are the occupants of four apartments".

These findings are valuable as an indication that rehousing alone may contribute very materially to the reduction of the death rate from this disease. But it must not be forgotten that the incomes of families living in one apartment are very limited, and increase in the rent means less money for food. Thus a counterbalance may easily be struck as has been emphasised recently by (10)
G.C.M. McGonigle, who found that the health of his re-housed families in Stockton-on-Tees failed to improve.

This he attributed entirely to the poorer diets enforced upon these families by pecuniary circumstances, the rents of the new houses being more than double their former rents, and to the fact that the large majority were unemployed. His enquiries led him to believe that the difference in rent was made up by curtailment of the diet, and an analysis of the diets of "Sample Families" showed every one to be below the standard requisite for health, - some containing little more than 50 per cent of the normal fat content, and a drastic reduction of "first class" protein.

Although these findings are fortunately not applicable to every town where rehousing has been carried out, they are of value in demonstrating the futikity of any scheme evolved to curtail tubercular infection, if it improves the environment at the expense of an adequate diet.

It is of interest that the Phthisis Death-Rate of the East-End families, rehoused at Hamiltonhill Slum Clearance Scheme in 1927, now closely approximates to that of the Phthisis Death-Rate of the city. Previous to their removal they dwelt in the most congested areas of the East-Find and returned a very high Phthisis DeathRate.

Sleeping_Accommodation_of the_488_Cases_Reviewed.

| GROUP. | $\begin{aligned} & \text { ROOM TO } \\ & \text { SELF. } \end{aligned}$ | BED TOSELP. | O,THERS IN SAME BED |  |  |  |  | TOEAL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | 2 | 3 | 4 | 5 |  |
| MAIES |  |  |  |  |  |  |  |  |
| Acute |  | 16 | 21 | 11 | 3 | - | - | 56 |
| Subacute | 3 | 19 | 28 | 3 | $\underline{-}$ | - | - | 53 |
| Chronic | 23 | 21 | 51 | 18 | 3 | - | - | 116 |
| Prmates |  |  |  |  |  |  |  |  |
| Acute | 4 | 15 | 25 | 10 | 5 | - | - | 59 |
| Subacute | 3 | 6 | 38 | 17 | 3 | - | - | 67 |
| Chronic | 13 | 31 | 58 | 24 | 9 | 1 | 1 | 137 |
| Total Both Sexes | 51 | 108 | 221 | 83 | 23 | 1 | 1 | 488 |
| Percentage | 10.45 | 22.13 | 45.28 | 17.0 | 4.7 | - | - | 100 |

The above table calls for little comment, but it is worthy of note that only one in every ten young adults had a bedroom of his, or her own, and that 67 per cent shared a bed with at least one person.

The figures regarding sleeping accommodation found in this enquiry show no improvement on those found by (11)

Dr. Currie in his Glasgow Investigation of 1905. Of the 106 families investigated by him, less than one-third had a separate bedroom. In his report he emphasises the fact that neglect of precaution against sputum increases as the available house-room diminishes.

Spray infection projected into the atmosphere in the act of coughing is admittedly the most active form of infective agent and when present in ill-ventilated and congested sleeping apartments the liability of the occupants to infection is immeasurably increased.

## FAMILY_HISTORY_WITH_REFERENCE_TO

## PREVIOUS CASES OF TUBERCULOSIS

A study of the family histories of the 488 cases brings to light that previous cases of tuberculosis occurred in 167 of them. This figure rather underestimates than over-estimates the incidence, as only those cases have been accepted which are capable of definite confirmation. No hearsay evidence has been taken into account. Altogether there are 243 prior cases, because 55 of the 167 families have more than one case. It is interesting to note that five families contained as many as four previous cases. The following table shows the distribution of prior cases.

| Total | Percen- |
| :--- | :---: |
| No.of | tage of |
| Prior | 488 |
| Cases | Cases. |

No. of Families showing no Prior Case 321 - 65.8

| " | " | " | $\cdots$ | 1 | " | " | 112 | 112 | 23.0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| " | $n$ | " | * | 2 | " | " | 39 | 78 | 8.0 |
| " | n | " | " | 3 | " | " | 11 | 33 | 2.2 |
| " | " | " | " | 4 | " | * | 5 | 20 | 1.0 |
|  |  |  |  |  |  |  | $488$ | $243$ | $100.0$ |

Two factors are of great importance - firstly, whether the associated tubercular case was pulmonary or non-pulmonary; and secondly, the time interval elapsing between the cases and the closeness of contact. Of those families mentioned above which had prior tuberculosis in them, (a) 129 contained at least one member with a positive sputum, and (b) the remaining 38 families had either non-pulmonary lesions or a pulmonary lesion of the pleuritic or fibrotic type never gielding a positive sputum.

Time_Interval_between, and the Contiguity

## of the Associated Cases.

This is best expressed by grouping the prior cases under three headings -
(1) Those in direct contact with the patient or associated with him during the previous year.
(2) Those in contact with the patient within from one to five years; and
(3) Those in contact with the patient more than five years previously.

The number of families of Group (a) falling into the above categories is shown below -

Group (a) - 129 Families.

Prior Case

| Percent- |
| :---: |
| Num- age of |
| ber 488 |

(1) Positive Phthisis within 1 year prior $=73 \quad 15.0$

| (2) | 11 | H | " | 1-3 years |  | n | $=$ | 33 | 6.8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (3) | H | " | over | 5 | H |  | = | 23 | 4.7 |
|  |  |  |  |  |  |  |  | 29 | 26.5 |

Group (b) - 38 Families

| Non-Pulmonary Tuberculosis | -•••••••• | 38 | 7.8 |
| :---: | :---: | :---: | :---: |
|  |  | $\begin{aligned} & 167 \\ & x== \end{aligned}$ | $34 \cdot 3$ |

The above figures emphasise the very considerable danger of contaot infection, especially when that contact is with an open pulmonary tuberculosis. First of all, they show that of the entire young adult group 34.3 per cent, or fully one-third, had previous association with tuberculosis in their homes at some prior (12)
date, (W.P. Munro, of Glenlomond Sanatorium found
previous familial tuberculosis in 60 per cent of 500 cases investigated by him.); secondly, that 15 per cent were contacts within the year with a parent, brother, or sister suffering from pulmonary tuberculosis with a positive sputum, and that 80 per cent. of these were found to have occupied the same bedroom as the patient; thirdly, that 26.5 per cent, or roughly a quarter of the group under review, had previous contact with an infective case of pulmonary phthisis; and fourthly, that contact with non-pulmonary tuberculosis only is much less frequent, being present in less than eight per cent of cases. Of course, if in reviewing a family history both pulmonary and non-pulmonary tuberculosis are present the former (pulmonary) is always given precedence as a possible source of infection.

The proportion of cases showing contact with a previous case, especially a recent case of phthisis, is so large that it obviously calls for a close investigation into the housing conditions and the sleeping (13)
arrangements. Brownlie in his studies of the epidemiology of pulmonary phthisis in Great Britain has advanced the view that the different types of phthisis are associated with different types of tubercle bacilli. If this were the case, young adults becoming infected from contact with a chronic case presumably should contract chronic rather than acute phthisis, and the converse should be equally true. The group under review has been utilised to test out this view and has completely failed to confirm his assumption, for in fully half the acute cases associated with previous pulmonary tuberculosis on the house, the disease in the prior case was of the chronic type. Chronic cases may arise from contact with an acute case.

It is noteworthy that the ratio of acute, subacute, and chronic phthisis is the same in the 206 cases which were infected by a member of the household within the previous five years, as it is in the entire group. Further, that if the cases with contact infection more than five years previously are also included, the ratio is still unaltered. The comparative figures are shown below -

| Total Cases ed | No. of Review488. | ```Percent- age of Group``` | Cases Associated with Pulmonary Tubefoulosis with- |  | Non-Associated Cases $=382$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Type of <br> Case | No. |  | No. | Percentage of Group | No. | Percentage of Group |
| Acute | 115 | 23.5 | 28 | 26.4 | 87 | 22.8 |
| Acute | 120 | 24.5 | 25 | 23.6 | 95 | 24.9 |
| Crronic | 253 | 52.0 | 53 | 50.0 | 200 | $52 \cdot 3$ |
|  | 488 | 100.0 | 106 | 100.0 | 382 | 100.0 |


|  | Total Cases Associated <br> with Pulmonary Phthisis <br> prior to sickening $=129$ | Non-Associated |  |
| :---: | :---: | :---: | :---: |
|  | Cases. |  |  |
|  | No. | Percentage | No. |
|  | Percentage |  |  |
| Acute | 32 | 24.8 | 83 |
| Subacute | 32 | 24.8 | 23.1 |
| Chronic | 65 | 50.4 | 88 |

It thus appears that, apart from the more frequent infection of families in which there is previous tuber-
culosis, the type of resulting disease is in no way changed from that arising from sources outwith the home.

## FAMIIY HISTORY WITH REFERENCE TO

## SUBSEQUENT CASES OF TUBERCULOSIS.

A survey of the subsequent history of the 480 families (eight were institutional cases which had no association with their families subsequent to sickening) showed that up to the end of October 1933, 99 of them had had subsequent cases of tuberculosis. Of the 99 families, 40 were found to have had previous infection as well, a fact which lends support to the contention that family predisposition is a factor of some importance. In all, 145 subsequent cases have occurred, 73 per cent of them being pulmonary phthisis, and 9 per cent tubercular meningitis. The forms assumed by the disease and the percentage of families affected in the acute, subacute, and chronic groups are shown in Table D.

TABLE_D.
Type of Tuberculosis developed_by
145 Subsequent Cases.

| Cases arising from | Confirmed Pulmonary Ph thisis. | Iubercular Pleurisy | Miliary Tuberculosis | Surgical Tuberculosis | Tubercular Menin gitis | Percentage of families in each group showing subsequent cases |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Acute } \\ & \text { Group } \end{aligned}$ |  |  |  |  |  |  |
| Males <br> Females | 5 15 | 3 | 1 | $\overline{1}$ | - 3 | 16.5 |
| $\frac{\text { Subacute }}{\text { Group }}$ |  |  |  |  |  |  |
| Males <br> Females | $\begin{array}{r} 9 \\ 19 \end{array}$ | - | 1 | $\overline{2}$ | $\overline{2}$ | 20.0 |
| $\begin{aligned} & \text { Chronic } \\ & \text { Group. } \end{aligned}$ |  |  |  |  |  |  |
| Males <br> Femal es | 27 31 | 1 | $\overline{2}$ | $\begin{array}{r} 11 \\ 4 \end{array}$ |  | 21.7 |
|  | 106* | 4 | 4 | 18 | 13 |  |

The most marked feature of the foregoing table is the predominance of subsequent pulmonary tuberculosis over all other types. Of the 115 families with an acute primary case, 19 ( 16.5 per cent) gave rise to at least one further case, the total number of subsequent cases being 27. Of the 120 families with a subacute primary case, 24 ( 20.0 per cent) gave rise to at least one subsequent case, the total number of subsequent cases being 33. Of the 253 families with a chronic primary case, 56 or ( 21.7 per cent) gave rise to at least one further case, the total number of later cases being 85.

From these figures it is seen that until October, 1933, approximately 20 per cent of families in each group have given rise to later cases. It is certain that as time passes this percentage will tend to increase to some extent, as a number of the reported cases have been dead only ten months. All, except one, of the 106 subsequent cases of pulmonary phthisis occurred in adults, the majority, 75 per cent, occurring in the brothers or sisters of the affected case (brothers 40 per cent, sisters 35 per cent). The remaining 25 per cont occurred in - sons; 6 per cent; daughters, 6 per cent; mothers, 5 per cent; fathers, 3 per cent; and husbands or wives, 5 per cent. The eight cases of tubercular pleurisy and miliary tuberculosis all occurred in adults. The surgical cases numbered 18, six occurring in adults and 12 in children, while 12 of the 13 cases of tubercular meningitis occurred in children. In other words, adults suffered in 120 of the 145 subsequent cases, and children in the remaining 25. Of the 25 cases which occurred in children, 12 were meningeal, 5 were abdominal, 6 were surgical, one was glandular, and ope was pulmonary in
distribution. These findings demonstrate the rarity of pulmonary phthisis under the age of 14 years. This fact (A) has lately been commented upon by F.J. Bentley who reported the occurrence of only 34 deaths from pulmonary tuberculosis in children up to that age in London during the year 1930. It would appear that the risk for the child chiefly exists in the infection taking on a meningeal or surgical form and not in the development of a pulmonary lesion. The reverse is true of cases in the adolescent period of life.

As a matter of interest, the 13 cases of tubercular meningitis have been classified according to their source of infection, their age and sex, and time of sickening.

Analysis of 13 Cases developing Tubercular Meningitis
subsequent_to_Sickening_of_Review_Oase.

| $\begin{aligned} & \text { Sex } \\ & \text { of } \\ & \text { Menin- } \\ & \text { geal } \\ & \text { Cases } \end{aligned}$ | Age |  | Time of Sickening (in relation to source of infection) | Had <br> Infocting case a positive sputum? |
| :---: | :---: | :---: | :---: | :---: |
| $\frac{\mathrm{Males}}{6}$ | $\begin{array}{r} 9 \\ 3 \\ 2 \\ 5 \\ 1 \\ 17 \end{array}$ | Sister <br> Mother <br> Father <br> Mother <br> Mother <br> Sister | 3 weeks after sister's death During residence of mother at home During residence of father at home During residence of mother at home During residence of mother at home 9 months after sister's death | $\begin{aligned} & \text { Yes } \\ & n \\ & n \\ & n \\ & n \end{aligned}$ |
| $\frac{\text { Females }}{7}$ | $\left\|\begin{array}{r} 10 \\ 8 \\ 6 \\ 4 \\ 3 \\ 12 \\ 18 \\ 5 \end{array}\right\|$ | Mother <br> Mother <br> Father <br> Mother <br> Mother <br> Female <br> Lodger <br> Mother | 3 weeks after mother's death During residence of mother at home 2 weeks after father's death One week prior to mother's death at home <br> Mother alive and at home. <br> Lodger alive and residing in house <br> During residence of mother at home | $\begin{gathered} \text { Yes } \\ n \\ n \\ n \end{gathered}$ |

The analysis shows an equal distribution of male and
female cases, and demonstrates how the disease is most
often implanted by the female relatives - the mother being responsible in eight instances, the sister in two, and a female lodger in one. In only two instances was the father responsible. This is quite readily appreciated when one realises the closer connection existing between the females of the family and the young children. The sputum of the infecting case was positive in every instance and a number of the children sickened shortiy after the mother had dismissed herself from hospital and returned to the home.

A recent investigation into the fate of young children in tubercular households has been carried out in

Iancashire by $G$. Iissant Cox who showed that under 5 years of age the deaths from non-pulmonary tuberculosis in children in contact with a "positive sputum case" were greatly in excess of those from the same cause in the Geographical County as a whole. The comparative figures recorded were -

| 9 | times greater in the age group | $0-1$ |
| ---: | :--- | ---: |
| 14 | do. | $1-2$ |
| 19 | do. | $2-5$ |

Tubercular meningitis accounted for two-thirds of the deaths in the above groups. The deaths from pulmonary tuberculosis were too few upon which to base any conclusion. The result of investigation in the area under review fully confirms Lissant Cox's findings. The total number of deaths from tubercular meningitis recorded in the Eastern Division from January, 1928, until December, 1932, inclusive, was 207. Of these, 13 as previously stated, occurred in the contacts of the young adult age group, 9 more were found to be associated with phthisical relatives in older age groups, and 185 showed no connection
at all with prior tuberculosis in the family.
There are approximately 50,752 families resident in the Eastern Area, of which 600 are known to have at least one member affected by pulmonary phthisis with a positive sputum. Using these figures as a basis for calculation there are:- $\quad 50,752$ minus $600=50,172$ families in which there is no known case of positive phthisis and from these 185 cases of Tubercular Meningitis originated in the five years. This gives a yearly death rate of 0.73 per 1000 families.

The remaining 22 cases of Tubercular Meningitis originated from the aforementioned 600 families yielding a yearly death rate of 7.3 per 1000 families.

This shows a prevalence ten times greater among the contact than among the non-oontact families.

When do the subsequent cases usually occur?
A correct answer to this query is of great importance to the successful administration of a tuberculosis scheme. It acts as a guide to physician and nurse alike, for it singles out the families which should be kept especially under observation. For example - if it is found that 95 per cent of subsequent tuberculosis manifests itself within the first three years following the death of the primary case, it makes subsequent nurses' visits a waste of valuable time.

Owing to the varying duration of the illnesses of cases under review, and to the fact that the series extends over a five-year period, it was essential that the subsequent cases should be divided into two groups - the first group including those cases which sickened during the life of the primary case; and the second group including those cases which sickened subsequent to the death of the primary
case. The interval of time from the dates of sickening of the primary and subsequent cases was ascertained for the first group, and the interval of time from the death of the patient until the sickening of the subsequent case for the second group. By this method it was possible to eradicate the confusing factors of variable duration and different years of notification.

SEE TABLES E AND F.
TABIEEE.
(Primary Case Alive)


## TABLE F.

Subsequent Cases_occurring_after_Death of Primary Case
Year_of Sickening_of_Subseguent_Case_from_Date_of_Death_ of Primary_Case.

| Year of Death of Primary Case | $\begin{aligned} & \text { No.of } \\ & \text { Primary } \\ & \text { Cases } \end{aligned}$ | Years |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | -1 | -2 | -3 | -4 | -5 |
| 1928 | 84 | 6 | - | 5 | 2 | 0 |
| 1929 | 104 | 8 | - | 1 | 1 | - |
| 1930 | 80 | 7 | 5 | - | - | - |
| 1931 | 112 | 7 | 9 | - | - | - |
| 1932 | 100 | 8 | - | - | - | - |
| total | 480* | 36 | 14 | 6 | 3 | 0 |
| Total Primary Eases Applicable to each Group ............. |  | 480 | 380 | 268 | 188 | 84 |
| Percentage ..................... |  | 7.5 | 3.7 | 2.2 | 1.6 | 0.0 |

* Other eight cases were institution cases.

Note: 10 cases notified in 1933 were not included in this table.

Commentary.
Reviewing Table E first of all, it is evident that, although the largest number of subsequent cases occurs within the first year of the illness of the primary case, an appreciable percentage of cases continuesto crop up throughout later years. This is to be expected, when it is remembered that the patient is still alive and infectious. These families are under observation in any case owing to the existence of the primary case of phthisis.

Table Fillustrates the progressive diminution in the
percentage of subsequent cases following the death of the primary case. The numbers are too small to state definiteIy when observation of the affected family should cease, but if this is continued for a two-year period the large majority of subsequent cases can be detected early.

## FAMILIAL INFECYION.

The question of inherited predisposition to tuberculosis is difficult either to prove or refute. Of late years its importance as a factor has been minimised, and the importance of contact infection has been emphasised. Yet, it is apparent to any worker with tuberculosis that there is an extraordinary tendency on the part of some families to suffer. Similar facts are accepted without question in connection with a familial tendency to rheumatism and pneumonia. Monro states that "The seed is essential, but the soil is scarcely less important." Whatever may be the outcome of the conflicting views on this subject, it is certain that further investigations are required before one can arrive at a definite conclusion.

In a survey of the family histories of the 488 cases under review, 227 were found to show evidence of either prior or subsequent infection. Of these 227 cases, 132 had only one case, other then the patient, 61 had two, 15 had three, 12 had four, 2 had five, 4 had six, and 1 had seven cases. The multiplicity of cases can be explained as well by contact infection as by family predisposition, but why some families should produce six cases, while others in similar circumstances with similar incomes and often more overcrowded have only one or none at all, weighs heavily in favour of an inherited predisposition. Four families in which six or more mambers developed the disease have been selected and reported in full.

Multiple Family History.
In November, 1929, J.C., a boy of 16 years, was notified as a case of pulmonary tuberculosis with a history of sickening in the previous month. He was admitted
to hospital, but shortly returned home of his own accord. He attended the dispensary but could not be prevailed upon to return to hospital. Owing to the poor accommodation in his home - a room and kitchen which he shared with seven other persons - it was necessary for him to sleep in the same room as four brothers and a sister. He shortly subsided into a typical chronic, cavitating phthisis with a constantly positive sputum and died in January, 1933.

During bis illness his sister developed acute phthisis at the age of 16 years. She sickened in February, 1931, but concealed her condition until May of the same year when she was first examined and found to be in a terminal state; she died three days later. The only sample of sputum obtained was very strongly positive.

In October, 1931, five months later, the brother James, aged 12 years, who had shared a bed with his sister, was notified. His sputum was positive and x-ray examination revealed fairly acute tuberculosis throughout both lungs. He was admitted to hospital but failed to improve, the disease subsiding into a subacute states He died in December, 1932.

Following these deaths the nurse visited the house severak times and all remaining members were reported well, but wexe asked to attend the dispensary as contact cases. The father and a brother of 16 years were examined in August, 1933, and found to be affected. In both cases the sputum was positive and x-ray examination showed in the case of the father - "Tuberculosis of practically the whole right lung and the upper third of the left": and in the case of the brother - "Tuberculosis of the lower twothirds of the right lung and of the left root". In view
of these findings the remaining two members of the household, viz., the mother and a young brother of 11 years were examined and $x$-rayed. No definite disease was found, but there was a marked general fibrosis with pleural thickening present in the mother's case, and a much enlarged root shadow in the boy's.

It is difficult, in summing up, to affirm that J.C. was really the primary case, because the father's condition dated back at least three or four years, and had always been regarded by him as bronchitis due to his work as a coal miner. In any case, there have been five cases of definite confirmed pulmonary phthisis in this household during the last four years. To what extent this has been due to ignorance and congested sleeping accommodation, or to family predisposition, it is difficult to say. It seems possible that the others might have escaped infection had the first mentioned case remained in hospital for a longer period, and the family been rehoused to allow of his having a bedroom to himself on his return, but the economic state of the family made this impossible as they were already well below the "poverty level", the MMale Adult Equivalent" being 4/- per head - a factor which, without doubt, lowered their resistance to infection. Multiple Family History.
G.C., the mother of seven daughters, lived to the age of 74 years and died of a cardiac condition. The tubercular history of her children and grand-children is shown by the following family tree:-


The daughter, Iina, was the first to sicken and appears to have contracted the disease while working as a weaver in a Bridgeton Mill. At that time she and Sarah lodged with the sister, Maggie, a widow with three children, Sadie, Mary, and David. Another sister, Alice, resided in the neighbouring house with her husband and child, Helen. Both dwellings were small, two-apartment houses. Iina slept with her niece, Sadie, who was the next to sicken, and following on this Maggie also contracted the disease and appears to have infected the remaining two children. The sister Sarah and the niece Helen also became victims of the disease. The sputum was positive in every one of the seven cases, and at the time of Sarah's notification in 1933 five were already dead.

These people were poor, the income being just above the "poverty level"; they were careless in their habits and were certainly overcrowded. Ihe limited sleeping accommodation must have played an important part in the spreading of infection.

## Multiple Family History.

M.A., a servant girl, aged 18 years, contracted pulmonary tuberculosis in 2913 and was admitted to hospital for a short period, after which she left, her disease having
subsided into a chronic state; her sputum was positive. She became a factory worker in 1914 and went to lodge with a family named Houston. Three months later the child Isabel Houston, aged 17 months, developed generalised tuberculosis and died within a few weeks. Owing to this M.A., had to leave, and she found a new lodging with the Connor family, consisting of the husband, wife, and two children. In 1915 the husband was notified as a pulmonary tuberculosis, and notification of the wife followed in 1916; later in the same year the two children died of tubercular meningitis. M.A. appears to have gone about 1916 to reside with a married sister, Mrs.A., whom she also infected, for three years later Mrs. A. was found to be an early case of pulmonary tuberculosis, and, despite treatment, she succumbed to the disease in 1923. M.A. continued to live on in the house, marrying the deceased sister's husband, and died in 1931, but fortunately left no issue. So far as is known, the husband escaped infection. M.A's mother is stated to have been phthisical, but no confirmation of this could be obtained.

The salient features of her case (No.16306) are reported in the Appendix 3 under "Chronic Females 1931." Multiple Family History.

The disease in this family at first appeared to have originated in L.N., a girl of 18 years, employed as a weaver. She was notified in 1931 with a history of illhealth of two months' duration. Her sputum was positive and she was found to have active disease of both lungs. Within a fortnight she was admitted to hospital where she remained until her death a year later.

Two months after I.N's admission to hospital, her brother, aged 22 years, and a sister, aged 26 years, were
notified. The first was found to have an active one-sided lesion, and the disease in the second was broncho-pneumonic in distribution. Both were sent to hospital where the young woman died within three weeks of admission; the brother survived until November, 1933.

A second sister, aged 17 years, sickened in January, 1932, and was likewise removed to hospital where death ensued 14 months later, the disease following a subacute course.

Owing to the rapid succession of cases in this family, the remaining members were prevailed upon to come to the dispensary for examination. This was in February, 1932. The father, aged 55 years, was found to be a case of chronic fibroid phthisis in an advanced condition; hitherto this man had persistently refused to be examined by the tuberculosis officer. His illness dated from 1928, hence the malady may have originated with him. Two little grandsons, aged 5 and 9 years, occupants of the house were $x$ rayed and healed lesions were revealed in the apices and root glands of both children. Two members of the family were not seen at this period. John, a seaman in the Royal Navy, had not resided at home for some years, but spent his vacations there and shared a bed with his father. In June, 1933, he was transferred from Netley Hospital to Glasgow, suffering from pulmonary tuberculosis. The other member, Ina, had married and left home in 1929, going then to reside in Marybill. She became a positive case of pulmonary phthisis, being notified to the Northern Dispensary in September, 1932. She was then 28 years of age.

Every member of this family has fallen a victim to the disease, seven of them being active cases with positive sputa. There is no admitted family predisposition except

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in so far as the mother is said to have suffered for
years from chest trouble; she died following a cholecy-
stectomy in 1928. This family lived in a small, two
apartment house containing three beds. The income was
below the "poverty level", being less than 5/- per
"Equivalent Male Adult."
    L.N. (No.46289) and her sister Helen (No.47356) are
both included in Appendix II under "Female Subacutes,1932."
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## RACIAL DIFFERENCES IN SUSCEPTIBILITY

## TO_PUIMONARY TUBERCULOSIS

It is obviously impossible, in view of the limited number of families investigated, to state definitely any appreciable racial difference in susceptibility to tuberculosis.

Classification has been based on the place of origin of the male parent; thus the family of a man born in Ireland, or whose father was born in Ireland, is classified as Irish.

Adopting this method the families have been grouped under the following six headings:-

Scots - Lowland, Highland and East-Country.
English, Irish and others.
The percentages respectively are:-

| SCOTS |  | PERCENTAGES |
| :--- | :--- | :---: |
|  | Lowland | 70.7 |
|  | Highland | 2.9 |
|  | E.Country | 4.9 |
| ENGLISH |  | 3.3 |
| IRISH |  | 17.2 |
| OTHERS |  | 1 |

In dealing with the Scottish cases we find that the majority (70.7\%) are admitted Lowland Scots - the greater number being Glasgow born. In many cases the parents or grandparents of these people have come of country stock, attracted to the city by the prospect of higher wages and better advancement. The immunisation of such people to tuberculosis is not sufficiently bigh to assure protection when exposed to the conditions existing in a congested city district, where overorowding and inferior housing conditions prevail. The families of admitted Highland stock form a
small proportion, as do also the East Country people.
According to the interpretation of Irish Nationality, the proportion of Irish in the East-End of Glasgow is not officially known.

The Census returns for 1931 classify as Scots, all children born in this country of Irish parents. This obviously raises the number of Scots and lowers that of Irish, hence the above-mentioned percentages bear no comparison with Census returns.

It appears, however, that the majority of the Irish settled in Glasgow have come from Northern Ireland. The figure of $17 \%$ for Irish families in the East-End does not appear unduly high, as without doubt a very large proportion of Irish are settled in the poorest districts of the city, many of them being of the unskilled labouring classes.

Bradbury in his Tyneside investigation states, that the Irish residing in that area are more prone to tuberculosis than are the English in the same district.

One must bear in mind that these people are mainly from Western Ireland, a great number being from Sligo and Galway, where fishing and agriculture are the chief industries, hence their immunisation to tuberculosis will be lower than that of those from the Noxth of Ireland.

The English form a very small proportion of the city's working class population and return relatively few cases.

It is interesting to note that of the 488 cases recorded, only two were Jews. The Hebrews, through intercourse with civilisation, have been exposed to infection for generations, and it would appear that a very high degree of resistance to tuberculosis has been developed a view which is confirmed by the low rate of tuberculosis mortality recorded among Jewish immigrants to the United

States of America.

## OCCUPATIONS

The occupations of the young adult group are most varied and therefore somewhat difficult to classify. Those of the males are classified under two headings firstly, a division into Outdoor and Indoor Workers is made, and then these in turn are sub-divided into those employed in heavy and those employed in light occupations.

| No.in Series | Outdoor | Workers | No.in Series | Indoor Workers |  | Never at any time employed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Heavy | Iight |  | Heavy | Light |  |
| Acute |  |  |  |  |  |  |
| 22 | 15 | 7 | 31 | 9 | 22 | 3 |
| 19 | 7 | 12 | 33 | 9 | 24 | 1 |
| 44 | 24 | 20 | 66 | 21 | 45 | 6 |
| 85 | 46 | 39 | 130 | 39 | 91 | 10 |

The majority are seen to be indoor workers at light rather than heavy occupations. All of these were not in regular employment, in fact only 180 of the 225 cases had steady work at the time of notification. The occupations of the remaining 45 were ascertained, however, and included In the table, as many were but temporarily suspended.

The numbers and percentages in the six selected groups detailed below are of interest:GROUP I

> Workers in the Spirit Trade 4 in Number $=1.8 \%$

GROUP YI Workers in Dusty Trades:- Stonemasons, Miners, Sandblasters and Flour Workers. 16 in Number $=7.1 \%$

GROUP III

GROUP IV

GROUP V

GROUP VI

Factory Workers
32 in number $=14.2 \%$

Workers in Offices, Shops, Warehouses:
Scholars and Clerks
59 in number $=26.2 \%$

Workers at Heavy Manual or Engineering Work, involving the expenditure of much energy and often exposed to extreme changes of temperature:- Moulders, Forgers, General Navvies. 68 in number $=30.2 \%$

Other Occupations 46 in number $=20.4 \%$

The Occupations of the Females are Classified as:-
I. House duties including Housewives, Domestics, etc.
II. Factory Hands including Workers in Coffee, Tobacco, Sweet and Biscuit Works, Carpet Factories and Box Works: Tea Packers, Hosiery Workers, Shirt Finishers, Weavers and Machinists.
III. Shop and Warehouse Assistants, including Tailoresses, Saleswomen, Message Girls, Hoist Girls, Cinema Attendants.
IV. Clerkesses, Scholars, Typists, Office Girls.
V. Never at any time employed.
VI. Unclassified Occupations.

| GROUP | I | II | III | IV | V | VI | TOTAI |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Acute | 18 | 20 | 10 | 5 | 3 | 3 | 59 |
| Subacute | 26 | 22 | 9 | 3 | 4 | 3 | 67 |
| Chronic | 50 | 50 | 15 | 11 | 6 | 5 | 137 |
| TOTAL | 94 | 92 | 34 | 19 | 13 | 11 | 263 |
| PER- <br> CENTAGE | 35.74 | 34.98 | 12.92 | 7.22 | 4.94 | 4.18 |  |

As in the male group, some of the female cases had not been employed for some time, while others had been temporarily suspended.

In all 209 of the 263 were in employment at the time of sickening; the occupations have been entered in the preceding table as if all were employed.

Occupation must have had a very varying effect on these young persons. In some cases it cannot possibly have exerted any deleterious influence, while in others the occupation was possibly an important factor. For example, the workers exposed to cold and wet, or to the changeable conditions of a blast furnace, must have suffered to a considerable extent.

Quite a number of the patients attributed their illness to exposure to cold and damp.

STUDY OF ACUTE_ANDSUBACUTE_GROUPS.

The cases falling under this heading are 235 in number (115 acute and 120 subacute), and they have been selected for separate examination on account of the comparatively short duration of their illness and because they are the most refractory to treatment. The chronic cases frequently respond to artificial pneumothorax therapy by which means their lives can often be saved, or at least prolonged; but those falling under the heading of "duration less than eighteen months" are much less responsive to treatment of any kind. They are very numerous, comprising nearly one half of the whole young adult group, and about one fifth of all deaths from pulmonary tuberculosis.

Why are these cases so generally and rapidly fatal? Is it largely due to late notification or to a tendency to become easily discouraged and dismiss themselves from hospital? Does the condition, as a rule, arise in young people with previous history of chest trouble or as a sequel of acute illnesses, such as influenza or pneumonia, which lower the general resistance? Are they much more common among the ill-housed, the ill-clad, and undernourished than among more fortunate persons? Do they usually follow previous phthisis in the family?

All these questions have been considered in making an examination into these cases, and their houses have been visited and the previous illnesses of the patient gone over with the parents. The financial state of the home at the time of sickening has been ascertained in 200 cases, and the degree of poverty calculated. The findings, with the conclusions arrived at, are best shown under the following sub-headings.
A. Type and Extent of Pulmonary Lesion when first seen by Tuberculosis Officer.

Pulmonary tuberculosis, like other infectious diseases manifests itself in varying degrees of intensity. At one end of the scale is the acute, fulminating variety, and, at the other, the chronic, fibrotic type. The pathological changes in the lungs differ very little, except for the formation of fibrous tissue in the chronic forms, and its absence in the very acute types. Fishberg very aptly states that "Acute tuberculosis may be said to be active chronic phthisis without the remissions and ameliorations characteristic of the course of the latter affection". Cases of pulmonary tuberculosis living only a few months from the date of sickening, are of either the acute broncho-pneumonic or acute lobar types. Those living from six to eighteen months include a few bronchopneumonic cases in which the disease has subsided into a subacute form, and a large majority of cases where the disease began insidiously in one lobe, pursued an even course for a while, but ultimately resulted in an acute spread with a rapidly fatal termination; or steadily progressed from the primary site of infection until it involved every lobe in both lungs. Brief descriptions are given below of the two usual forms of acute pulmonary phthisis.

Acute Pulmonary Tuberculosis.
Under this heading it is usual to include the two fundamental types namely -
(1) Acute pneumonic phthisis; and
(2) Acute broncho-pneumonic phthisis, or tuberculosis broncho-pneumonia.
(1) The first of these is much the less common, and the anatomical changes are those typical of pulmonary
tuberculosis, but the processes of caseation and softening predominate. Little or no connective tissue is formed to localise the lesion. Usually a whole lobe (19)
is affected and Kerley states that the right lung is more often involved than the left. The parenchyma is transformed into a solid caseous or gelatinous mass, destruction of lung tissue rapidly proceeds, and, within a short time, extensive excavations are formed. These cavities are surrounded by caseated lung tissue and not by a connective tissue wall. Death may supervene either before or after the onset of softening.

The onset and symptoms are akin to those of lobar pneumonia for which it is often mistaken. Cough is a prominent symptom and may be incessant and exhausting. At first it is dry but slowly becomes productive with rusty and viscid sputum. Weakness, anorexia, fever, and emaciation are marked clinical features. The wasting is very rapid, and is well marked over the pectoral muscles. The sputum may not contain tubercle bacilli for a considerable time, which adds to the difficulties of differential diagnosis. The absence of a crisis in the seoond wetk of the illness, and the persistence of an elevated temperature arouse the suspicions of the physician. Soon the temperature becomes intermittent showing a daily swing of several degrees. Clinical examination shows the signs of typical lobar pneumonia. There is impaired resonance or dullness over the upper part of one side of the chest; often bronchial breathing is present coupled with mediumsized moist rales. The duration is usually under three months, yet may be as short as four weeks, the patient succumbing to asthenia.
(2) Acute broncho-pneumonia phthisis - The Clinical picture in this type is that of an acute infectious disease
with pronounced toxaemia. The onset is most frequently sudden, accompanied by fever, chill, muscular pains, and cough. The fever is usually high but the temperature curve is not characteristic, some cases showing a continuous high temperature with very slight remissions, while the fever in others is intermittent. Profuse and exhausting sweats are a noticeable feature; dyspnoea is marked and cyanosis is frequent. The cough is severe, painful, and may provoke vomiting. Expectoration is scanty at first, but in the later stages becomes abundant and nummular, and contains tubercle bacilli. The digestive functions are impaired and emaciation is rapid.

The physical signs שary according to the stage of the disease. At first, all that may be detected is some slight change in the breath sounds over the chest together with sibilant and sonorous rales. Later localised areas of consolidation, with bronchial breathing and moist, sub-crepitant rales manifest themselves. These areas are seldom situated in the apices, most frequently being detected in the sub-clavicular regions, As the disease progresses, these localised areas tend to coalesce, forming areas of consolidation and often involving two or more lobes. If the patient is examined at this stage definite flattening and impaired percussion are found over the affected areas, accompanied by bronchial breath sounds and moist rales. Death usually supervenes within three or four months from the onset of the illness, most commonly from asthenia but occasionally from a fatal haemorrhage. Classification of Cases.

Acute Group. An examination of the clinical notes of the pulmonary condition of each patient in the acute group shows that 50 of the 56 male cases were of the acute
broncho-pneumonic type and the remaining six of the lobar pneumonic type. The distribution among the female cases was very similar, 50 out of the 59 being bronchopneumonic and nine of the lobar variety. The large majority of these acute broncho-pneumonic cases were well advanced when first examined. The acute lobar pneumonic cases totalled 15 (six males and nine females) and were of extremely short duration, 14 dying within three months of notification. Four of these cases were erroneously notified and admitted to hospital as acute lobar pneumonia, but in the remaining eleven cases acute tuberculosis was suspected from the first by the family doctor and the diagnosis subsequently confirmed. Nine of the 15 lesions were right-sided ones, thus confirming the opinion of Kerley that in this disease the right lung is more frequently involved than the left. The above figures indicate that acute-broncho-pneumonic phthisis is seven times as frequent a cause of death among acute cases as is acute lobar pheumonic phthisis.

Subacute Group. Subacute phthisis is a group intermediate between acute and chronic phthisis, including all cases of acute broncho-pneumonic phthisis which have run an unusually long course, and also cases of chronic phthisis, which, from some cause, have terminated rapidly. The different types included in this group are best illustrated by describing three selected cases, the first of which, No. 40887, is a case of broncho-pneumonic phthisis who lived eight months; the second, No.46943, commenced as an active, unilateral lesion which became quiescent, but had a fatal exacerbation at the end of ten months; while the third, No.40883, exemplifies a case who shows progressive deterioration throughout the course of her
illness.
Case 1 - No.40887. The illness of this 15 year old boy began in February 1928 in a manner resembling bronchitis which was unresponsive to treatment. Early in May of the same year he developed what appeared to be an acute broncho-pneumonia and was admitted to Belvidere. As his condition was unchanged at the end of three weeks, an x-ray examination was made and a condition of tubercular broncho-pneumonia was found. He was transferred to Ruchill Hospital where he remained until his death in October, 1928. The duration of this illness was eight months from sickening. During his residence in Ruchill he constantly returned a positive sputum and his general condition became progressively worse without any intermissions.

Case 2 - No.46943. This youth of 17 years was first examined at the dispensary in June 1931 when there was found an extensive tubercular involvement of the upper two-thirds of the right lung. He was toxic and emaciated; his temperature was $100^{\circ} \mathrm{F}$ and his pulse 118; cough was troublesome and the sputum although scanty, was strongly positive. He gave a history of cough and lassitude, poor appetite, with loss of weight, and night sweats of four months' duration. Prior to this he had enjoyed good health and had never had any form of chest trouble. Within a week he was admitted to Ruchill Hospital where his condition steadily improved. At the end of ten weeks be voluntarily left hospital but continued to attend the dispensary. His pulmonary condition remained quiescent and physically he was much improved, having gained 21 pounds in weight. This state of affairs continued until July of the following year when he contracted a chill
and the old lung lesion flared up, rapidly spread to the opposite side, and terminated fatally within six weeks. The total duration of his illness was 18 months.

Case 3 - No. 40883. A school girl of 15 years, a contact case, was brought by her parents for examination on account of a short persistent cough, night sweats, loss of weight, and amenorrhoea of two months' duration. On examination her general condition was found to be poor, and her thorax somewhat wasted, especially over the subclavicular regions. Moist rales, with alternations in the respiratory murmur, were present in the upper thirds of both lungs. Her sputum was found to be positive. X-ray examination revealed definite active disease of the upper half of the right lung and of the left root. She was admitted to hospital later in the month, but was quite unresponsive to treatment, her condition becoming progressively worse. A further x-ray examination three months after admission showed that the disease had now extended throughout the right lung and was well advanced in the left. Little or no fibrosis was present. Her chart showed a remittent temperature throughout the course of her illness with a much increased pulse rate. She died ten months after the date of sickening.

A survey of the pulmonary conditions of the subacute cases at the first examination indicates that one-fifth were of the broncho-pneumonic type similar in course and duration to example case No.l, and that relatively few of these survived eight months from the date of sickening. The remaining 80 per cent, pursued a course similar to those of example cases Nos. 2 and 3. The actual number of cases falling under the three headings were as follows:-

| $\frac{\text { Type I }}{\text { Broncho-pneumonic }}$ | $\begin{gathered} \text { Prype II } \\ \text { Deteriossive } \end{gathered}$ | With Thpe III |
| :---: | :---: | :---: |
| Males ... 9 | 36 | 8 |
| Females .. 14 | 41 | 12 |
| 23 | 77 | 20 |
| $\begin{aligned} & \text { Percent- } \quad 19 \\ & \text { age. } \end{aligned}$ | 64 | 17 |

B. Percentage of Patients returning a Positive Sputum.
(1) At any time during their illness; and
(2) At the time of notification.

Of the 235 cases, 209 returned a positive sputum at some time during the course of their illness, and 185 were positive when notified. The proportion of positive sputum cases, as would be expected, was higher among the subacute cases than among the acute. There was little difference in the relative percentages returned by the two sexes. The actual figures were as follows -

|  | Acute Cases. |  | Subacute Cases. |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Males | Females | Males | Females |
| Returning a positive <br> sputum at any time <br> during course of ill- <br> ness ................ | 75 | 88 | $\%$ | $\%$ |
| Having a positive <br> sputum at time of <br> notification ........... | 68 | 76 | 96 | 96 |

Thus 89 per cent of the combined groups were found to return a positive sputum during their illness, and 79 per cent were positive when notified. As a positive sputum is ondy found when an open pulmonary lesion is present,
these findings indicate that few, if any, of the cases were seen in the early stages of their illness. C. Radiological Findings.

Of the acute male cases 15 were $x$-rayed within one month of notification, and in 14 cases there was extensive disease of both lungs of the broncho-pneumonic type, while in the fifteenth case there was a lobar involvement of the upper half of the left lung.

In the acute female group 17 of the 59 patients were $x$-rayed within one month of notification. Of these, three were of the lobar variety, two right-sided, and one left-sided in distribution. The remaining cases were of the broncho-pneumonic type.

Surveying the subacute male section, it is found that 12 of the 53 cases were $x$-rayed within a month of notification and four others within three to six months. En all, two were broncho-pneumonic in distribution, one was a right-sided and one was a left-sided lesion, while in the remaining 12 the disease was widely distributed throughout both lungs.

In the subacute female group 20 were $x$-rayed within a month of notification, and four others within two to seven months. In all, only one was broncho-pneumonic in distribution, seven were left-sided lesions, and in the remaining 16 both lungs were extensively involved.

It is worthy of note that 64 of these cases were x-rayed within one month of notification, and that in every instance the disease had so far progressed that, as a form of treatment, artificial pnewmothorax could not be considered.
D. Institutional Treatment.
(1) Proportion who accepted Institutional Treatment: Of the combined groups 86 per cent were received into hospital, while of the remaining 14 per cent 10 per cent refused hospital treatment, and the other four per cent were too ill for removal. The proportion of subacute cases admitted was the higher by 13 per cent. In both groups there was no appreciable difference in the percentage of thale and female admissions.
(2) Average Duration in Hospital: The average period was 6.7 weeks for male acutes, 8.2 weeks for female acutes, 17.7 weeks for subacute males, and 22.2 weeks for subacute females. This shows a slightly higher duration in female groups than in the male ones.

Of these hospital admissions, 50 per cent of the acute male cases and 30 per cent of the acute female cases died within four weeks of admission, while at the end of eight weeks the percentages were 67 and 63 respectively. Reviewing the subacute cases, 20 per cent of both males and females succumbed within a month of admission, while at the end of the eight weeks' period there was a marked difference in the mortality rate, being 40 per cent for males as compared with 27 per cent for females.

None of the acute cases voluntarily left hospital, but 33 per cent of the subacute group returned home, half of them in a terminal stage.
(3) Interval between Notification and Admission to Hospital: Of those accepting hospital treatment, 64 per cent of the acute cases were admitted within a week, and by the end of the second week 91 per cent. had been admitted. The remaining nine per cent were accommodated
during the third week. Of the subacute cases the percentages admitted were -

$$
\begin{aligned}
& \text { During first week ..................... } 45 \\
& \text { During second week ..................... } 23 \\
& \text { Daring third or fourth week ....... } 19 \\
& \text { After four weeks ..................... } 13
\end{aligned}
$$

The long delay in some of these admissions was due solely to the inability of the patients to make up their minds to receive sanatorium treatment. All things considered, the administration of hospital admissions of urgent cases was most efficient.
(4) Interval between Sickening and Notification: the table shown below demonstrates the lapse of time in months between sickening and notification of the cases under discussion.

| Group | Time Interval in Months. |  |  |  |  |  |  |  |
| :---: | ---: | ---: | ---: | ---: | ---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | $7-9$ | $10-12$ |
|  | $\%$ | $\%$ | $\%$ | $\%$ | $\%$ | $\%$ | $\%$ | $\%$ |
| Acute ... | 10 | 26 | 37 | 14 | 8 | 5 | - | - |
|  | 5 | 26 | 14 | 15 | 9 | 13 | 10 | 8 |

From this table it is seen that the greatest proportion of acute cases are not notified until the second or third month after sickening, while in the subacute group notification, although greatest in the second month, still remains high until the sixth month. This is quite comprehensible as the onset is so often insidious and the symptons obscure. It is difficult to account for the delay in notification of the acute cases, unless one takes into consideration that a certain percentage start insidiously, and that quite a number of others neglect
their condition, either due to carelessness or from fear of what they may be told if tuberculosis already exists in the family. Actually 32 of the 115 acute cases were not notified until a fortnight before death.

## MODE OF ONSET OF ILINESS

Phthisis may commence insidiously or acutely, but the subsequent course of the illness does not necessarily follow the mode of onset; that is to say, an acute beginning may subside into a subacute or chronic case, and an insidious commencement may usher in a galloping consumption.

An insidious onset may have no other history than that the patient has felt "off colour" for some time, or, again, close questioning may elicit the information that there has been a slight cough with or without expectoration, lassitude, night sweats, loss of weight and appetite, and, in some female cases, amenorrhoea for the previous two or three months.

When consumption commences acutely it frequently simulates influenza, pneumonia, pleurisy, or gastritis, or it may be ushered in by a brisk haemoptysis.

Of the 235 cases, 70 commenced acutely. Forty of these began and continued as acute cases and thirity commenced acutely but subsided into a subacute state. The majority of the 70 cases at first resembled influenza or pneumonia, and were only diagnosed correctly on account of the continuation of the symptoms and persistence of the pyrexia.

The appended table illustrates in what manner these cases commenced.

Mode of_Acute Onset.

| Group | $\begin{aligned} & \text { Influ- } \\ & \text { enzal } \end{aligned}$ | $\begin{gathered} \text { Pneumo- } \\ \text { nic } \end{gathered}$ | Pleuritic | Gastric | Haemop- tysis | Tot al |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Acute Males ... | 7 | 11 | - | 1 | 1 | 20 |
| Acute <br> Females . | 9 | 6 | 2 | 3 | - | 20 |
| Subacute Males ... | 6 | 6 | 1 | - | 1 | 14 |
| Subacute Females . | 5 | 1 | 8 | - | 2 | 16 |
|  | 27 | 24 | 11 | 4 | 4 | 70 |
|  | ( $39 \%$ ) | ( $34 \%$ ) | ( $16 \%$ ) | ( $5.5 \%$ ) | ( $5.5 \%$ ) |  |

The remaining 165 cases had an insidious onset. Cough, as the initial symptom, was five times more common than any other.

Of the 165 cases, 123 commenced with cough, 24 with lassitude or loss of weight, 8 complained of obscure gastric symptoms with lack of appetite, and 10 developed the disease in the puerperium.

Of these puerperal cases five developed acute phthisis and the remainder sub-acute disease. Their previous history was carefully investigated, and, prior to their confinements, there was no suggestion whatsoever of a tubercular condition.

Pregnancy appeared as a complication in one other case. The woman conceived some months after notification. Subsequently the initial lesion, which had subsided into a chronic condition, spread rapidly and she succumbed a few weeks later during an extremely active exacerbation.

Eight per cent of the female cases developed phthisis during the puexperium.

OR_ANY FORMER CHEST TROUBLE.

In all only 18 of the 235 patients admitted any former pulmonary complication. Of these, three cases stated that they had suffered from Broncho-pneumonia in childhood; two had had primary lobar pneumonia three years previously; four complained of winter bronchitis and nine gave a history of having had pleurisy.

Three other cases had had rheumatic fever some years before and another case developed the disease during convalescence following appendicectomy. Only four of the patients showed evidence of healed tubercular cervical glands and none had had prior surgical tuberculosis of any other kind. Ten females sickened in the puerperium, as already stated.

From the above findings it would appear that previous chest complications seldom predispose to pulmonary phthisis and that the same can be said of former surgical tuberculosis.

## THE FREQUENCY OF HAEMOPTYSIS

There is great diversity of opinion regarding the frequency of haemoptysis as an initial symptom, although most observers are agreed that it is of frequent occurrence among established cases of chronic fibrocaseous and fibroid phthisis. It is true that most consumptives complaining of haemorrhage from the lungs show evidence of cavitation, either on physical or on x-ray examination but it is equally correct to state that sometimes haemoptysis is the initial symptom complained of in a patient who has hitherto shown no evidence of disease.

These initial haemoptyses are said to be caused merely by localized, active inflammatory hyperaemia; that is to say, they have the same origin as the rusty sputum of pneumonia.

No premonitory symptomsmay be present, in which case the first experience of the patient iay be a tickling sensation in the throat, indùcing cough, which is followed by the expectoration of blood, or he may have suffered from cough for some time and only become alarmed when blood appeared in the sputum.

Some cases never show any subsequent physical signs, but when the bleeding is the forerunner of young adult phthisis, other ymptoms soon manifest themselves, the chief being cough, expectoration which is often still blood-stained, night sweats, and tachycardia. Physical examination of the chest reveals distinct signs in one upper lobe, and tubercle bacilli soon appear in the sputum.

Haemoptysis occurring later in the disease is more common, as, by this time, definite destruction of lung
tissue has taken place with the production of cavities, the surrounding wall of which differs according to the acuteness of the disease. In any case, there is a tendency for blood vessels to be eroded, and, the more rapid the disease, the more probable it is that a large vessel will be involved, from which a fatal haemorrhage may result.

In only four of the 235 acute and sub-acute cases was haemoptysis the initial symptom, while 41 other cases subsequently expectorated blood-stained sputum or had a haemopytsis. Of these 25 appeared early inthe disease and 16 late, two of the latter being the actual cause of death. In one case, a profuse haemoptysis, which would have been fatal, was controlled by artificial pneumothorax.

As one would anticipate, haemoptysis was more frequent among the sub-acute than the acute cases, the relative percentages being 25 and 13.

## POVERTY IN REIATION TO TUBERCUIOSIS

For many years investigators have tried to assess the part played by poverty in the production of tuberculosis. Under-nourishment, like over-crowding, is one of those conditions liable to be accepted, without proof, as being one of the main causes. The factor of nutrition is of much greater importance in chronic infections such as tuberculosis than in acute illnesses, and there is every reason to believe that anabolism is conducive to resistance and that katabolism has the opposite effect.

Good Feeding - Anabolism is one of the principal aids to the arrest of the tuberculous process, and may be equally effective in its prevention. That undernourishment encourages the disease is evidenced by the rise in mortality following famines in India and China. During the World War, 1914-1918, malnutrition and influenza played an unfavourable part, and the mortality from tuberculosis rose rapidly in many countries. The shortage of fats was especially felt, and in this respect Germany and Austria suffered most, and a survey of the death-rate of Prussia, reported by the Ministry of (20)理ealth, shows a sixty per cent increase in tuberculosis mortality.

Prussia in the year 1913, with a population of 41,649,062, had a total death-rate from tuberculosis of 56,801. In 1919 the population had fallen to $39,340,447$ yet the deaths from tuberculosis had risen to 85,996 . This increase is attributed entirely to privation consequent upon the fortunes of war. (21)

Ewart found a high degree of relationship between the "real value of wages" and the tuberculosis death-rate
in England and Wales during the years 1851-1920, and (22)

Stallybrass states that "The most sensitive indicator of mulnutrition is, without doubt, the death-rate from tuberculosis."

Recently, further support for this view has been (17)
published by Bradbury in his Tyneside Investigation. This observer stated that poverty played an important part in both the poorer district of Jarrow and the better housed area of Blaydon, and that the percentage of families classified as under-nourished was 49 among the tuberculous as against 34 in the non-tuberculous control group. He summarised his findings as followst-
(1) Poverty shows a marked statistical association with tuberculosis. The chief element of this association is that poverty causes tuberculosis rather than tuberculosis leads to poverty.
(2) The principal results of poverty, which are particularly concerned in leading to tuberculosis, are overcrowding and under-nourishment.

In the course of a lecture delivered in 1919 to the (23) Royal Institute of Public Health, Dr. L.S.T. Burrell said that if it were possible to kill poverty we should have gone a long way towards stamping out consumption.

There is no universal definition of poverty, and the meaning attached to the term varies from time to time and from place to place. In attempting to define it, and calculate its prevalence, a minimum standard of economic welfare is required, based on the provision of primary needs such as food, clothing, shelter and warmth. A method of calculation must be adopted which makes comparison with similar previous surveys possible, and in this series Professor A.I. Bowley's classification has
(24)
been employed. The method he applied to certain London boroughs in 1929 differs in no essential detail (25)
(26) from that previously adopted by Booth and Rowntree. The London 1890 standard was brought up to date by a study of price changes, when it was found that the $21 /-$ of the earlier survey was equivalent to $38 /-$ to 40/- in 1929. The same figure (38/-) was reached when the five towns' investigation of Bowley and Hogg was treated in like manner.

Briefly, then, the kind of livelihood obtained for 21/- in London in 1890, and described in "Life and Labour", is similar to that of the family (man, wife, and three young children) living on a wage of $38 /-$ in 1929. Bowley presents the following illustration of the application of his method:-

Man_-Wife_and_Children_aged_10_and_4
(Equivalent Male Adults 2.68) .

## Minimum Scale Per Week.

| Food, 7/1d x 2.68 | E-819: - |
| :---: | :---: |
| Clothing, Man | 1: 2 |
| " Woman | 1: 1 |
| " Children | 1:11 |
| Fuel, | 3: 0 |
| Household Sundries, | 1: 2 |
| Insurance, | $1: 4$ |
| Travelling, | 1: 0 |
| Rent, say, | 9: 4 |
|  |  |

He details a specimen diet for the week, costing 19/- and giving a caloric content of from 3,230 to 3,640 per equivalent male adultperder, and containing a suitable proportion of protein.

The basic standard allows, for the male adult engaged in moderate work, 7/ld per week for food. This,
at the prices current in London in 1929, is the minimum sufficient to purchase a mixed diet considered sufficient for health and efficiency. A recent report (28) of a Committee on Nutrition closely confirms the standards adopted above.

The family is then reckoned as consisting of so many "equivalent" male adults so far as food expenses are concerned on one of the scales commonly used for this purpose. For clothing 58/6d per annum is reckoned as adequate for a man or woman and $48 /-$ for each child.

Fuel is calculated at $3 /-$ per week to include gas used for cooking. For lighting and cleansing materials and household sundries, $3 \frac{1}{2}$ per head per week is deemed sufficient. Insurance and travelling expenses are allowed for in all employed persons.

Rent is a very variable factor, and it also is subtracted from the computed income before judging whether the latter is sufficient for needs.

By this method, then, an accurate estimate can be ascertained of the money left over for food, and can be calculated on a comparative basis.

Investigation into the Financial State of Families_of the Selected Groupg.

Of these there is a total of 235 families, but accurate information bas been obtainable from only 200 , as firstly, a number were institution cases; secondly, certain families had more than one case in the house; and thirdly, in other instances the information was unreliable.

Details of each family income, and its distribution are shown in full in tabular form in Appendix IV. A summary
of the results obtained is shown below:-
No. Of Families in each Group ..... Group
7/Id. Standard.
(1) All persons $10 \%$ above to $10 \%$ below regarded
as standard $6 / 5 d .-7 / 10 d$.
Total families with standard income, ...24
Bel ow Standard (44\%)
(2) Between $10 \%$ and $25 \%$ below ..... 32
6/4d. - 5/4d.
(3) Between 25\% and 50\% below ..... 395/3d. - 3/7d.
(4) More than $50 \%$ below ..... 17
Total families below standard ..... 88
Above Standard (44\%)
(5) Between $10 \%$ and $25 \%$ above ..... 17
$7 / 10 d$ - $8 / 10 \dot{d}$.
15
$50 \%$ above $\dot{8 / 11 d .}-10 / 7 \dot{d}$. (6) Between $25 \%$ and $50 \%$ above
(7) More than $50 \%$ above ..... 56Above 10/7d. per male adult.
Total families above standard ..... 88
Total, ..... 200
=======

Although 7/ld, is the accepted standard figure by which the level of poverty is judged, it has been thought advisable in drawing up a table to include all figures within ten per cent, whether above or beIow, as standard incomes. When this is done, 24 families, or 12 per cent, are found to correspond exactly with the standard. Eighty-eight families, or 44 per cent, are above the standard, and the same number and percentage below the standard. That is to say,

44 per cent of the East-Fnd families investigated are definitely below the goverty level.

Out of the 200 families, 48 were unemployed, deriving their incomes either from the Labour Bureau or the Public Assistance Department. Of the unemployed families, 41 were below the poverty level, 5 received standard incomes, and 2 were just above the level.

Of the 152 employed families, 47 were below the poverty level, 19 received standard incomes, and 86 were above the level.

Expressed in another way, 69 per cent of the employed families were in receipt of a standard or above standard income as contrasted with 15 per cent of the unemployed families.

According to these findings, poverty in the EastFind is a very important factor, and plays an even more vital part when one realises that these people do not outlay their money according to any recognised standards. The improvident spend a relatively large proportion of their incomes on luxuries, entertainment, alcohol, and gambling, thereby reducing the funds available for necessaries.

As already shown in a previous paragraph, 44 per cent of the East-End families were below the poverty level. To these must be added the improvident families, whose incomes, although adequate, were not laid out advantageously. According to the records made in the house visits, 22 families whose incomes were on and above the poverty level were noted as being spendthrift and indolent. Adding this 11 per cent to the previous figures of 44 per cent a total of 55 per cent of undernourished families may safely be accepted. To recapitulate,
over one-half of the tuberculous families in the young adult group are underfed.

At the time when the investigation into this subject was commenced, viz., December 1, 1932, there were 133 notified cases of tuberculosis among the contacts of the "Enquiry Group". The total number of contacts was 2,582 so that 2,449 of these were not on the Tuberculosis Register.

It was not possible to examine them all, so 600 were selected, mainly those associated with the more acute types of phthisis.

A direct physical examination was made of every one of the 600 and a radiological examination offered in all cases where disease was suspected, suspicious symptoms were present, or multiple cases had occurred in the house. In all 85 chests were x-rayed and evidence of active disease found in 12 of them.

These twelve were proportioned thus:-
Firstly, three had pleurisy with effusion at the base of one lung but the sputum in each case was negative.

Secondly, 5 young adults were suffering from pulmonary phthisis. In two cases the disease was advanced, while in the remaining three it was early. The sputum Was positive in all five cases.

Thirdly, two cases who had always regarded themselves as suffering from chronic bronchitis were found to lave fibroid phthisis with a negative sputum.

Fourthly, the remaining two patients were found to be cases of chronic cavitating phthisis with positive sputas

The other 73 cases who were examined radiologically have been described in the section dealing with radiolog-
ical findings.
Of the 600,358 agreed to submit themselves to an intra-cutaneous tuberculin test and the results were compared with those from a control group of 266 noncontact cases. The findings have been fully reported in the section dealing with Mantoux Tuberculin Test.

Summaries are given at the end of each section.

As a diagnostic aid in pulmonary tuberculosis the skiagraph has proved itself to be of inestimable value and most clinicians now regard x-ray examination as an essential link in the chain of evidence, particularly in regard to early and childhood cases.

The diagnosis of pulmonary phthisis in the child is particularly difficult owing to several factors: firstly, the lack of sputum for examination; secondly, the normal puerile breathing; and thirdly, a more serious condition may be masked by bronchitis, bronchiectesis or post-pneumonic changes following measles, whooping cough or broncho-pneumonia. In these cases a skiagraph is particularly helpful.

Of the 85 cases who were radiologically examined, 75 showed no clinical evidence of active disease yet the x-ray plates revealed evidence of healed lesions in the lung, pleura or root glands of 62 per cent of them.

A table is appended giving the x-ray findings, the age at time of examination, the relationship to the patient, the sleeping accommodation, their reaction to the Mantoux Test and the time interval between exposute to infection and x-ray examination.

In selecting the contact cases only those were chosen who were related to primary cases having a positive sputum.

| Serial Fumber of Primary ceree | $\begin{gathered} \hline \text { Relation- } \\ \text { ship of } \\ \text { Contact } \\ \text { Gase to } \\ \text { primey } \\ \hline \end{gathered}$ | $\begin{gathered} \text { sge: } \\ \text { xarch, } \\ 1933 \end{gathered}$ |  | ing Ar <br> same <br> Ro am | $\qquad$ | $\begin{aligned} & \text { Mantoux } \\ & \text { Result } \end{aligned}$ | Time Interval be tween Last Exposure and X-Ray | Radiological Findings |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 46,946 | Brother | 11 | Yes | - | - | + | 1 year | There are calcified areas in both roots and a small healed focus in the right lower zone. |
| 46,948 | Brother | 22 | - | Yes | - | + | 11 months | Small calcifiad focus at level of second inter-space right lung and a calcified gland in the Right Root. |
| 46,948 | Brother | 23 | Yes | - | - | + | 11 months | No abnormality in either lung. No |
| 48,358 | Brother | 10 | - | Yes | - | + | 6 month | evidence of intrapulmonary disease. |
| 48,358 | Brother | 13 | - | Yea | - | + | 6 months | No abnormality in either lung. |
| 48,358 | siater | 8 | - |  | Yes | + | 6 months | slight enlargement of both roots. No calcification is seen. |
| 48,393 | Brother | 4 | - | - | Yes | - | 8 months | No abnormality. |
| 48,393 | siater | 11 | - | - | Yea | + | 8 months | Wo bnormality. |
| 48,393 | Sister | 9 | - | - | Yes | $\pm$ | 8 months | Evidence of bronchial changes in the right |
| 47,438 | Brather | 16 | Yes |  | - | * | 5 months | Fvidence of brone but no evidence of tuberculasis |
| 46,928 | paughter | 8 | - | Yem | - | + | 1/12 years | Healed focus in right lung. Calcification in both roots. |
| 46,928 | Son | 6 | - | Yes | - | + | $16 / 12$ years | No abnormality. |
| 46,928 | Son | 9 | - | Yea | - | + | 1/12 years | No abnormality. |
| 47,854 | Brother | 9 | - | - | Yes | + | 8 months 1 year | No abnormality. <br> Mediastinal shadow a little enlarged. Re- |
| 46,873 | siater | 8 | - | Yes | - | + |  | X-rayed later, but no intrapulnonary disease seen. |


| Serial number of Primary Gase | Relatianship of Contact case to primary | $\begin{gathered} \text { Age: } \\ \text { yarch, } \\ 1933 \end{gathered}$ | $\begin{gathered} \text { sleer } \\ -\mathbf{S a m e} \\ \text { Bed } \end{gathered}$ | ing Ar aren Same Room | $\qquad$ | $\begin{aligned} & \text { yantoux } \\ & \text { Result } \end{aligned}$ | ime Interval etween <br> Last Exposure and x-ray $\qquad$ | Radiological Findinge |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & 46,264 \\ & 44,837 \end{aligned}$ | sister Brother | 18 20 | Yes | - | - | + | $\begin{aligned} & 3_{3}^{8} / 12 \text { years } \\ & 2 / 12 \text { years } \end{aligned}$ | NO abnormality. <br> Healed pleurisy at left base. No intrapulmonary disease. |
| 44,504 | Son | 4 | Yes | - | - | + | $2_{5}^{5} / 12$ years | calcified glands in both roots. |
| 44,504 44,833 | paughter Brother | 6 17 | Yes | - | - | + | $2 / 12$ years $2^{2 / 12}$ years | Healed focus in lower zone of right lung, with calcified glands in right root. Healed focus, right upper zone. <br> calcification in right root. |
| 44,833 | Brother | 9 | Yes | - | - | $\downarrow$ | $24 / 12$ years | No abnormality. |
| 45,974 | Son | 3 | Yes | - | - | - | $2 \sqrt{12}$ years | No abnormality. |
| 45,974 | Son | 4 | Yes | - | - | + | $2 / 12$ years | Healed focus in right lung. Calcification in both roots. |
| 45,978 | Sister | 21 | - | - | Yea | + | $2^{2} / 12$ years | calcified gland in right hilum. No intrapulmonary disease. |
| 45,995 | Brother | 11 | - | Yes | - | + | $2^{3} / 12$ years | calcified glands in both roots. No intrapulmonary disease. |
| 43,535 | Sister | 20 | Ye8 | - | - | + | $2^{10 / 12 ~ y e a r s ~}$ | shows evidence of chronic bronchial changes in right lower labe. |
| 43,535 | sister | 11 | Yes | - | - | + | $2^{10} / 12$ years | There are small healed foci in the upper and middle zones of the right lung, and a calcified gland in the left root. |
| 43,535 | sister | 8 |  |  | - |  | $2^{10 / 12}$ years | There is a calcified gland in the left root. No intrapulmonary disease is seen. |
| 43,516 | Wife | 29 | Yes | - | - | * | $2^{6} / 12$ years | No abnormality. |



| $\begin{aligned} & \text { Soxisi } \\ & \text { Mumber } \\ & \text { of } \\ & \text { Primary } \\ & \text { case } \end{aligned}$ | Relation- ship of Contact case to primary | $\begin{gathered} \text { Age: } \\ \text { Mareh, } \\ 1933 \end{gathered}$ |  | ing Ar <br> samel <br> ROOM: | angements <br> separate Roam | Mantoux Result | ```Time Interval between Last frxposure and X-Ray``` | Radiological pindings |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 40,433 | Brather | 8 | -1 | Yes ! | - | + | 5 yeare | celcified gland in left root. |
| 40,433 | Father | $44^{*}$ | , | Yes | - | + | 5 yeara | Mo abnormality. |
| 40,918 | Brother | 11 | - | Yes | - | $+$ | 5 years | Healed foci in both lungs, and calcification in both roots. |
| 40,918 | Brother | 13 | -1 | Yes | - | + | 25 years | calcification in left root. |
| 41,736 | Sister | 9 | - | Yes | - | * | $42 / 12$ years | No abnormality. |
| 41,736 | Brother | 11 | -1 | Yes | - | + | $4 / 12$ years | Evidence of healed pleurisy at both beses. |
| 44,795 | Brother | 13 | Yes | -1 | - | + | 2 уеurs | No abnormality. |
| 44,795 | Sister | 10 | Yea | - | - | + | 2 years | Calcified glands in the left root. |
| 44,795 | Sister | 4 | Yea |  | - | + | 2 years | Small calcified gland in right root. Enlarged left auricle. |
| 44,263 | Sister | 11 | Yeat | - | - | + | $29 / 12$ years | No abnormality in either lung. |
| 44,263 | Brother | 6 | Yeat | $\cdots$ | - | $t$ | 2/12 years | Some calcified glands in both roots which are enlarged. Some fibrosis at right base. No active intrapuluanary disease |

Total Contacts of Acute cases X-rayed $=55$.
COHTACTS OF SUB－ACUTE CASES．

| $\begin{aligned} & \text { Serial } \\ & \text { Humber } \\ & \text { of } \\ & \text { primary } \\ & \text { cane } \end{aligned}$ | $\begin{gathered} \text { Relation- } \\ \text { ship of } \\ \text { Contact } \\ \text { Case to } \\ \text { Primary } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Age: } \\ \text { March, } \\ 1933 \end{gathered}$ |  | $\begin{aligned} & \text { ing Arr } \\ & \hdashline \text { Same } \\ & \text { Room } \\ & \hline \end{aligned}$ | rangements <br> Separate Room | mantoux Result | Time Intervil between Last Exposure and X－Ray | Radiological Findings |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 41，663 | Brother | 7 |  | Yes | － | $t$ | 4 years | No abnormality． |
| 41，663 | Sister | 6 | － | Yes | － | ＋ | 4 years | Ho abnormality． |
| 40，414 | simter | 10 | Yeal | － | － | ＋ | 54 years | Calcified glands in both roots；healed focus in left subclavicular region． |
| 43，886 | Brother | 13 | － | Yes | － | t | 2t years | Calcified tuberculous glands in the right root；no intrapulmonary disease． |
| 43，886 | Father | 40 | － | Yes | － | ＋ | 2t years | No abnormality．in bor |
| 43，886 | Sister | 11 | Yes | － | － | ＋ | $2 \frac{1}{2}$ years | Enlarged glands in both roota；no other abnormality． |
| 43，886 | Sister | 15 | Yea！ | － | － | ＋ | $2 \frac{1}{2}$ years | Evidence of old pleurisy at both bases． |
| 45，461 | Daughter | 6 | 11 | －1 | － | ＋ | 2 years | No abnormality． |
| 45，519 | Brother | 17 | － | 1 | － | ＋ | 6 months | Calcified glands in left root；no intrapulmonary disease． |
| 45，474 | Brother | 11 | － | 1 | － | ＊ | 6 montis | Calcified glands in both roots，and evidence of healed pleurisy at left bsae． |
| 45，474 | Brother | 10 | － 1 | 1 | － | $\pm$ | 1娄 yeara | Diffuse fibrosis of right middle lobe； root glands show no calcification． |
| 45，474 | sister | 15 | 1 | － | － | ＋ | 1娄 years | Definite tubercular glands in the right root，but no intrapulmonary disease． |
| 45，474 | Sister | 5 | 1 | － | － | ＋ | 1娄 years | Several tubercular glands in the right roat． |
| 47，356 | Brother | 5 | －1 | 1 | － | ＋ | 7 months | Active tubercular glands in both roots， but no intrapulmonary disease． |
| 47，356 | Brother | 9 | －1 | 1 | － | ＋ | 7 nonths | Tubercular glands in both roots，and a healed focus in the left apical region． |


| $\begin{aligned} & \hline \text { Serial } \\ & \text { humber } \\ & \text { of } \\ & \text { Primary } \\ & \text { cage } \\ & \hline \end{aligned}$ | $\begin{gathered} \text { Relation } \\ \text { ship of } \\ \text { Contact } \\ \text { Case to } \\ \text { Primary } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Mge: } \\ \text { march, } \\ 1933 \end{gathered}$ | Sleep <br> same <br> Bed | ing Arr <br> Same <br> Room | angements <br> Separate Room | mantoux Result | ```Time Intervel between Last mxposure and X-Ray``` | Radiological Findings |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & 44,785 \\ & 44,785 \\ & 44,785 \end{aligned}$ | Brother Father <br> rother | $\begin{aligned} & 14 \\ & 49 \\ & 41 \end{aligned}$ |  | 1 <br> - <br> - | 1 <br> 1 |  | $\begin{aligned} & 1^{5} / 12 \text { years } \\ & 1^{5} / 12 \text { years } \\ & 1^{5} / 12 \text { years } \end{aligned}$ | Calcified area in left apical region, with some enlargement of left root glands. There is one healed tubercular area in both apices, and calcified glands in both roots. <br> No intrapulmonary disease. |

## SUMMARY OF X-RAY FINDINGS.

The radiological findings of the above 73 cases have been summarised under four headings:-
i. Those showing no abnormality: these numbered 28 or 38.3 per cent.
ii. Those showing calcification in the root glands but no apparent lesion in the lung parenchyma: these numbered 22 or 30.1 per cent.
iii. Those showing evidence of a healed lesion in the lung together with enlarged or calcified root glands: these numbered 18 or 24.7 per cent.
iv. Those showing evidence of healed pleurisy: these numbered 5 or 6.9 per cent.

Of these 61.7 per cent showed evidence of healed lesions and it is noteworthy that no case was found with a healed pulmonary lesion which did not also show a corresponding infection in the root glands.

The five cases of healed pleurisy were all regarded as primarily tubercular as none of them gave a history of previous pneumonia or rheumatic fever.

These findings illustrate the very high proportion of tubercular contacts who showed evidence of healed tubercular lesions; and they reveal no case in which the disease involved the lung panenchyma without also involving the mediastinal glands; nor any in which it could be said to be extending from the root glands into the lung substance.

None of the cases showed a condition of "epituber(29) culosis" as described by Goldberg .

The findings confirm those of Ghon and Canti.
These observers performed a large series of autopsies on children and published the constant discovery of a lung focus when affected mediastinal glands are present and the close anatomical relationship of those glands to
the lung focus. In their opinion the glands are always infected secondarily as the direction of the lymphatic stream is from the lung towards the hilum, the flow being directed by valves which open towards the hilum.

Calcification of the mediastinal glands is a definite proof of healed tubercular disease.

Sometimes the focus in the lung is so small or evanescent that it is not demonstrable in an x-ray plate yet in these cases the glands may enlarge very considerably on account of their function and structure.

THE_MANTOUX_INTTRACUTANEOUS TUBERCULIN_TEST.
Technigue.
This test resembles the "Von Pirquet" with this difference, that by using dilute solutions exact quantities can be injected intradermally leading to definite, dependable reactions when tuberculous individuals are tested.

To ensure active tuberculin, fresh dilutions must be made at fortnightly intervals. Human Old Tuberculin is recommended, and the manufacturer must concentrate the bacillary broth culture ten times by heat. The tuberculin must comply with the International Standard, and the product supplied by Burroughs Wellcome \& Company conforms to these requirements. The dilutions are made with 0.5 per cent phenol-Saline, and for routine purposes the 1:1000 dilution is used - the test dose , 0.1 c.c., therefore contains 0.0001 gram of Koch's Old Tuberculin.

The skin of the forearm is cleansed with methylated ether, and the injection is made into the skin and the site is examined after forty-eight hours.

Reaction.
A positive reaction is evidenced by a reddish zone surrounding the site of the injection, and in most cases is well developed in twenty-four hours. It commences as a slightly raised, red spot, spreading outwards and rapidly increasing in extent. The inflammation reaches its maximum in about forty-eight hours, after which it gradually fades with scaling of the epidermis. All cases giving a negative reaction are re-tested, and wherever there is the least doubt of the reaction, further tests with 1:100 dilution are made.

Value of the Test.
The Mantoux intracutaneous test performed as described with the routine 1:1000dilution has been proved to be as accurate as the "Von Pirquet" test, even when the maximum concentration of undiluted
tuberculin is used in the latter method. It is a valuable negative test with an error of less than 4 per cent, and can be applied in this respect to adults as well as children. While (except in early childhood) a positive skin reaction is only of limited value in the diagnosis of clinical tuberculosis, a negative intracutaneous reaction at any age excludes this dist ease with a high degree of accuracy.

## The Test as applied to Communities

Much useful work has been done in various parts of the world to ascertain the general practicability of the test, as it was for long considered that its application was only of service in early life. This is, in the main, correct with regard to a positive diagnosis of olinical tuberculosis. On the other hand, a negative reaction excludes the disease with an equal accuracy at all ages (2-4\% error).

It is therefore profitable to perform the Mantoux for the purpose of a negative diagnosis in any case where the patient has a reasonable chance of giving a negative reaction should his condition be non-tubercular. This chance is entirely determined by the incidence of negative reactors among the clinically non-tuberculous population and a knowledge of this incidence is in consequence essential. When the incidence is low the chance of obtaining a negative reaction in a patient who is in reality non-tuberoulous is extremely poor and the test
becomes of little practical value, yet if the incidence of non-reactors among the clinically non-tuberculous population is high, the utility of the test in negative diagnosis is correspondingly great.

A resume of the reports from different centres shows a remarkable variation in incidence. Broker of Battle Lake Sanatorium in Minnesota reports a township in which of 160 school boys and girls there was only one positive reactor - the cattle of this town were also all negative to the tuberculin test.

McCain calls attention to an area in North Carolina where only 4 per cent of all persons reacted positively. Rathbun finds 25 per cent of children in smaller towns and 41 per cent in the largest cities in Chautauqua County New York, react positively, while only 30 per cent of the students of Visconsin were positive in 1931. Hetherington found 90.2 per cent reactors among young adults in the densest wards of Philadelphia.

A Comparison of the Incidence of Positive Reactors in
Tubercular and Non-Tubercular Households.
The first comparison of the tuberculin reactions of children from tubercular and non-tubercular households was made in New York in 1915 by Fishberg, who found an insignificant difference in the two groups. A definite difference between the tuberculin reactions of children of tubercular and non-tubercular households, has, however, been recorded by the majority of other urban enquiries.

Manning and Knott (1915) teated a group of 228 children in Seattle where the housing conditions were much better than the poorer quarters of New York and recorded 51 per cent of reactors in the first group as
against 23 per cent in the seoond. These findings were confirmed by Delthloff (1916) of Bergen.
(35)

Opie and McPhedran (1926) in Philadelphia carried out a similar investigation, and found that by five years, three quarters of their home contacts gave positive reactions as compared with one quarter of the non-contacts.

In Europe, one of the most recent investigations is the Lond on Survey of 1929, involving 1,030 cases of clinical tuberculosis with 751 control cases.

When the reactions of the pulmonary contacts in the different age groups are compared with those of the non+contact controls of the same age, it is observed that the percentage of positive reactors increases from infancy to adolescence in both groups, but that the curve of the home-contacts runs above that of the non-contacts up to the age of 16 . By six years of age one-half, and by ten years three-quarters of the home contacts have been infected, whereas only one-fifth and one-third of the non-contact controls are positive reactore at these respective ages.

As an adjunct to this investigation 118 children of the hospital class in London, who came from tubercular households and whose ages ranged from 0-15 years, were compared with a control group of 513 clinically nontuberculous children of the same class and district, but (36) whose homes were free of tuberculosis.

A similar comparison between contact cases and noncontact cases has been made for the Eastern Division of Glasgow. The contact cases were all brothers or sisters of the young adult group which is being investigated. The non-contact controls consisted of clinically non-tubercular
and healthy children from non-infected households.
The number of contact cases tested was 358 as compared with 266 in the control group.

Of the following tables the first, Table E, has been drawn up to show the percentage of positive reactors for different age groups in the contact and control series. Tables $G$ and $H$ compare the Glasgow and Iondon Findings, while Graph $B$ shows the close similarity between the Philadelphia and Glasgow figures.

TABLE E

| Age last Birthday. | Home Contacts of Pulmonary Tuberculosis |  |  | Non-contact Controls |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number <br> Tested | Number <br> Positive | $\begin{gathered} \text { Percent- } \\ \text { age } \\ \text { Positive } \\ \hline \end{gathered}$ | Number Tested | Number <br> Positive | Percentage Positive |
| 0-2 | 34 | 23 | 67.6 | 8 | 0 | 0 |
| 3-5 | 56 | 45 | 80.4 | 44 | 4 | 9.1 |
| 6-10 | 132 | 114 | 86.4 | 148 | 56 | 37.8 |
| 11-15 | 112 | 102 | 91.0 | 32 | 18 | 56.3 |
| 16-20 | 12 | 11 | 91.7 | 15 | 11 | 73.3 |
| 21 | 12 | 12 | 100 | 19 | 18 | 95.3 |
| 0-10 | 222 | 182 | 81.9 | 200 | 60 | 30.0 |
| 0-15 | 334 | 284 | 85.0 | 232 | 78 | 33.6 |

The earlier tuberculinisation of the home contact group is very evident and the fact that 80 per cent of the contact group react positively by five years of age as against 9 per cent of the control group goes a long way towards explaining the far greater incidence of tubercular meningitis in households where one member has returned a positive sputum.

## TABLEGG.

Comparison of Tuberculin Reactions in Home Contacts of Fulmonary Tuberculosis and Non-Contact Controls -
London Investigation,1929, and Glasgow Eastern Division, 1933.

| Age last Birthday | Home Contacts of <br> Pulmonary Tuberculosis |  |  | Non-Contact Controls |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number Tested | Number <br> Positi ve |  | Number Tested | Number Fositive | $\left\lvert\, \begin{aligned} & \text { Percent- } \\ & \text { age } \\ & \text { Fosi- } \\ & \text { tive. } \end{aligned}\right.$ |
| 0-5 |  |  |  |  |  |  |
| London Glasgow | 32 90 | 12 68 | 37.5 75.5 | 221 52 | 22 4 | 10 7.7 |
| 6-10 |  |  |  |  |  |  |
| Iond on Glasgow | 36 132 | 28 114 | 78 86.4 | 217 148 | 58 56 | 27 37.8 |
| 11-15 |  |  |  |  |  |  |
| London Glasgow | 19 112 | 14 102 | 74 91.1 | 75 32 | 44 18 | 59 56.3 |

## TABLE_H.

Comparison between the Figures of the London Investigation of Contagion,1929, and The Glasgow Eastern Dispensary Figures for 1933

| Group | Number Tested Aged 0-10 | Number <br> Positive | $\begin{gathered} \text { Fercent- } \\ \text { age } \\ \text { Positive } \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| Home contacts of open pulmonary tuberculosis .. (bacilil in sputum) | 42 | 29 | 69 |
| Glasgow | 222 | 182 | 81.9 |
| Non-contact controls Lond on .......... | 438 | 80 | 18 |
| Glasgow ........ | 200 | 60 | 30 |

## GRAPH B

HOME-CONTACTS OF PULMONARY TUBERCULOSIS.





It will be seen that tuberculinisation occurs earlier in children among the home contacts than the non-contacts, and that it has its maximum rate in infancy and early childhood, whereas the tuberculinisation of non-contacts occurs at roughly the same rate from birth to adult life. This dissimilarity is in keeping with the difference in the mode of exposure to contagion. Children in tubercular households are subject to constant infection from birth, but those whose homes are free from open tuberculosis make their contacts with the disease mainly outside the house and with increasing frequency as they grow older.

## CONCLUSIONS.

The history of tuberculosis has shown that the disease existed in very early times, and that for a long period its different forms were not understood. Gradually, as the centuries passed, one observer after another wrote concerning the disease, each showing evidence of the trend of thought of his own particular time.

Thus, intil the l7th century the only knowledge of value was connected with the symptomatology, the mode of onset, and the fact that young persons were liable to contract the infection in a fulminating form.

To Sylvius must be given the credit of first pointing out the connection between tubercular nodules and phthisis, and setting in motjon the great researches of following centuries - researches which were crowned with success by Koch's isolation of the infecting organism.

To-day we are in possession of definite knowledge regarding the many forms which tuberculosis may assume in its attack upon the human organism, of the age groups prone to attack by the varying forms of the disease, and of the importance of sterilizing the sputum or discharges in order to avoid dissemination of the malady.

It is realised that the meningeal form most frequently affects young children, while the pulmonary chiefly attacks adults. The adults affected can be divided into three groups - (a) adolescent and young adult, (b) the middle age, and (c) the old age. The course of the illness varies considerably in each case.

Of the three types just mentioned, the young adult group presents the greatest problem, for, apart from
being a large group, the disease often takes on a very acute form and is quite intractable to treatment. A study of this group over a five year period in an industrial working class area has been made and the findings and conclusions thereof summarised. The selected district, The Eastern Division of Glasgow, covers an area of 3,212 acres, and had a population of 218,929 in the Census Returns for the year 1931.

The five year period chosen extended from January 1, 1928, until December 31, 1932, and during this time 1,214 deaths from pulmonary tuberculosis were recorded in the above area. When the 1,214 cases were classified it was found that in 488 of them the disease had commenced during the young adult period of life (limited for the purpose of this enquiry to the age group 15-30 inclusive).

The group of 488 cases is regarded as the "Enquiry Group" and is made up of 225 male and 263 female cases, thus showing a 17 per cent excess of females over males.

The "Enquiry Group" is next divided into three sub-groups, according to the duration of the illness dated from its onset. The first of these gub-groups includes the very acute cases with a duration of less than six months, the second, sub-acute cases with a duration of less than eighteen months, and the third, chronic cases with a duration of longer than eighteen months. Epproximately one quarter of the "Enquiry Group" can be classified under the first heading, another quarter under the second heading, and the remaining 52 per cent. in the third or ohronic category. The sexes show no material difference in this respect.

## Area.

The mortality rate for the Eastern Division exceeds
the City average, not only for pulmonary tuberculosis, but for the non-pulmonary type and all causes as well. The death rate from pulmonary tuberculosis has been found heaviest in the overcrowded wards. Overcrowding is adjudged for each ward by the percentage of persons living more than three per apartment, and, applying this standard, a close correlation between the degree of over-crowding and the phthisis death rate is found.

The explanation for the interruption in the downward trend of the Phthisis Death Rate is accounted for by the increased number of cases sickening in the age group, 15-25 years, offsetting the decrease in the other groups.

Geasonal Incidence.
May is found to be the peak month of notification, although inquiry elicits the fact that January is the main month of sickening.

## Age Distribution.

The disease is shown to be much more prevalent in the 15-19 age group than in the 20-24 or the 25-29 age groups. Especially is this true of the young females who, in the first group, show an excess mortality of 41 per cent over the males. A comparative table shows that this is not an isolated finding, as a 38 per cent excess of females over males for the same age group is recorded for the City. A further comparison of the age group death rates indicates that the Eastern Area has a 49 per cent excess mortality for males and a 53 per cent excess for females for the age group 15-19 years, a 16 per cent excess for both sexes in the age group 20-24, and a 13 per cent excess for males, but no excess for females for the age group 25-29.

It is thus apparent that the percentage of adolescent phthisical cases for the Eastern Area is very appreciably higher than the City's average. The excess of young female over male cases has been attributed to physiological changes inseparable from puberty, and that this is the probable explanation is confirmed by the fact that, in every country of the world where vital statistics are kept, similar findings are recorded.

Duration of Disease.
Of the 488 cases of the "Enquiry Group". 115 ( 23.5 per cent) succumbed within six months, 165 ( 33.8 per cent) within 12 months, 235 ( 48 per cent) within 18 months, 273 ( 56 per cent) within two years, and a further 59 within three years, making a total of 332 ( 68 per cent). In short, over two-thirds of the cases investigated were dead within three years of sickening.

After the fifth year the mortality rate materially declined, owing to the fact that only chronic cases were still surviving. The comparative mortality figures for the male and female cases showed no difference worthy of note.

Femily History - (a) Prior.
Approximately one third ( 33.4 per cent) of the "Enquiry Group" belonged tofamilies in which at least one case of tuberculosis had previously occurred.

In 73 cases ( 15 per cent) pulmonary phthisis had occurred in the household within the preceding 12 months. In these cases at least, familial contact infection is certain as the majority had shared a bed
or room with the affected person.
Uther 56 cases ( 11.5 per cent) gave a family history of previous pulmonary tuberculosis, more than half ( 6.8 per cent) within the preceding five years. Contact infection is probable in many of these cases also.

It mould probably be no exaggeration to state that 20 per cent, or one in five of the "Enquiry Group" Were infected by a prior case in the household.

The relative proportion of acute, subacute and chronic cases in the "Enquiry Group" remains constant, whether these cases have been infected in their own homes or from an unknown source outside. Therefore frequent exposure to massive doses of infection in the home does not necessarily give rise to acute phthisis.

Acute phthisis may follow subacute or chronic disease and the converse is equally true.

These findings lend no support to Brownlie's view that there may be three types of infecting bacilli. (b) Subsequent.

Until the end of October, 1933, subsequent cases of tuberculosis occurred in 99 families ( 20.3 per cent) of the "Group", comprising in all 145 cases. These were chiefly pulmonary in distribution and occurred mainly in brothers and sisters. Only one child was included in the 106 phthisical cases emphasising the rarity of pulmonary phthisis in children under 14 years of age. On the other hand, 12 of the 13 cases of tubercular meningitis occurred in children under the age of ten. On analysis of all cases of tubercular meningitis occurring in the Eastern Division for the five year period 19281932 inclusive, it was found that the incidence was ten
times more frequent in families containing a pulmonary case with a positive sputum than in the remainder of the population.

While the patient remained alive, subsequent cases, although most numerous in the first year, still continued to occur in appreciable numbers in subsequent years. After the death of the patient, subsequent cases diminished rapidly in numbers after the first year, indubitable evidence that the patient was the source of infection.

Femily Predisposition.
That family predisposition plays some part in the subsequent occurrence of Tuberculosis is difficult to refute. Some examples of tubercular family histories have been quoted at length and certain of these appear to support tne theory of familial susceptibility. How otherwise can ane explain the occurrence of no subsequent cases in one family while as many as six or seven cropped up in another in similar environmental conditions? Housing and Sleeping Accommodation.

The first feature of interest with regard to this question is that less than 5 per cent of the total cases dwelt in a house larger than three apartments, and 77 per cent occupied a one-room or two-roomed dwelling.

Calculation shows that when the Phthisis Mortality Rates of the smaller dwellings are compared with those of the three-apartment house there is an increase of 300 per cent in the males and 170 per cent in the females in the age group 15-19, and over 100 per cent in the whole of the age group 15-29.

Although the three-apartment house was shown to be markedly superior to the one and two-apartment dwelling,
there was no appreciable advantage demonstrable for the two-apartment over the one-apartment.

It is thus apparent, that a room and kitchen house is still too small to accommodate satisfactorily an average-sized family of which one member is phthisical. These conclusions corroborate the earlier findings that the densest wards, with overcrowded tenements, give rise to the highest death rates from this disease. The poor sleeping accommodation supplies further proof of the congested conditions. Fewer than 10 per cent of the entire "Enquiry Group" had a separate bedroom and 67 per cent occupied a bed with one or more other persons.

Poverty.
Closely associated with housing is the question of poverty. It cannot be denied that, as far as physical health is concerned, food is the most important environmental factor. The effects of inadequate nourishment are by no means easy to detect by physical examination. They produce an insidious sapping of the virility with a consequent lowering of the natural resistance to infection.

A detailed investigation into the economic circumstances of the families of 200 of the more acute cases of the "Group" showed that 44 per cent were in receipt of incomes below the "Poverty Level", and that a further 11 per cent were so improvident that their incomes, although otherwise adequate, were spent unwisely. Briefly, then, more than half the cases investigated were living on diets which were insufficient to build up and maintain the bodily strength. Malnutrition seldom occurs alone, being usually found in conjunction with poor
housing and its concomitant, congested sleeping accommodation. Summarising, it appears that poverty tends to include insufficient and poor food, lack of fresh air and sunshine, overcrowding, serious risk of exposure to undiluted infection, unhappiness and mental depression and undoubtedly all these factors prevent the individual from resisting Tuberculosis.

## Racial Susceptibility.

No feature of particular note was revealed with regard to Racial Susceptibility except that the families of Irish Origin did not appear more prone to contract the disease than did the Lowland Scots, living under similar conditions, while the Jewish people showed remarkable immunity. Occupation.

Conclusions regarding the effect of occupation based upon 500 cases are of very limited value, but it did appear that exposure to damp and extremes of temperature were factors of some importance. Study of Acute and Subacute Groups (a) Acute Cases. The large majority were cases of Acute Broncho-pneumonic Phthisis, the minority Acute Lobar Pneumonic Phthisis.

The former was found to be eight times as preval-
ent as the latter.
Right-sided lobar lesions were found to be more
frequent than left-sided.
(b) Subacute Cases. The pulmonary condition of this group was either Broncho-pneumonic, or resembled Chronte Phthisis in which deterioration took place wity particular rapidity.

Nineteen per cent of these cases were of the

Broncho-Pneumonic type.
Sputum and Radiological Findings.
It is noteworthy that a positive sputum was present in 79 per cent of the combined groups at the time of notification, an indication that the large majority had passed the initial stage of the illness. This was confirmed when the radiological findings were examined. In 64 cases $x$-rayed within a month of notification, the disease had so far progressed, that it rendered treatment by artificial pneumothorax of no value.

Institutional Ireatment,
Of the combined groups 86 per cent were received into Hospital at some period during their illness. None of the Acute Cases voluntarily left, but 33 per cent of the Subacute Group returned home, half of them in a terminal stage.

The administration of hospital admissions was found to be thoroughly efficient.

Interval between Sickening and Notification.
In the majority of Acute Cases this was two to three months while in the Subacute Group the interval varied from two to six months, but exceeded this in a few cases.

Mode of Onset.
Of the 235 cases, 70 began acutely, the others insidiously. The most frequent modes of acute onset were those resembling Influenza or Pneumonia: only 4 commenced with a Haemongsis. Cough, as the initial symptom of an insidious onset, occurred five times more frequently than any other symptom and 8 per cent of the female cases
developed phthisis during the Puerperium, but investigation into the previous history of these cases revealed no evidence of previous tubercular affection. Haemoptysis.

As might be anticipated, haemoptysis was more frequent among the Subacute than the Acute Cases, the relative percentages being 25 and 13.

History of Previous Chest Trouble. Previous Pulmonary Affections were shown to occur in a relatively small number of cases. Contacts.

Only 2 per cent of active cases were discovered among the 600 contacts examined.

The Mantoux Test, which was carried out on 358 Contact Cases and on 266 Non-Contact Cases, showed the rapid tuberculinisation of the former group as contrasted with the gradual tuberculinisation of the latter. By the fifth year 80 per cent of the contact cases gave a positive reaction as compared with 9 per cent of the control group.

These figures agree very closely with those published by Opie and McPhedran in Philadelphia.

The general trend of the tables for Contacts and Non-Contacts in the Glasgow Eastern Division and the 1929 London Investigations is similar.

The much higher readings of the Contact Group must be due to the close proximity of the positive sputum case. Contacts are exposed not only to infection but to continuous infection which certainly accounts for the greater mortality from tuberculosis among them. (37)

Leroy Gardiner has shown that the negative phase lasts at least fifteen days after the first infection
and five days after subsequent infections. Therefore, the effect of a non-lethal dose may be magnified by being received during this negative phase.

Radiological examination of the chests of 73 contacts, who themselves showed no clinical evidence of tuberculosis, revealed that in 62 per cent healed pulmonary lesions were present.

No evidence to support the theory of Epituberculosis was found in the series of films examined; and also no lesion in the lung parenchyma existed without one in the corresponding root glands.

The Mantoux Reaction and Radiological findings among the Contact Group illustrate to what a large extent early tubercular infection has occurred, and emphasises the serious risks run by those in close association with positive cases.

Examination of the prior history of the Young Adult Group showed that one-fifth of all cases arose through contact infection and that the disease in these cases was equally as far advanced as in the remaining four-fifths. If all contacts could be kept under observation by the Health Visitor and any showing even the mildest of reasonable symptoms brought to the Clinic for physical and radiological examination the majority would be detected in an early and curable stage.

Any of the following complaints occurring in contacts call for full investigation.

1. Dry cough of several weeks'duration.
2. Pleurisy, with or without effusion.
3. Unexplained loss of weight with night sweats.
4. Unexplained persistent tachycardia.
5. Dyspepsia.
6. Haemoptysis.
7. Influenzal symptoms with delayed convalescence.
8. Amenorrhoea.

When over-crowding is rife in tubercular families frequent or continuous exposure to infection is inevitable and it has been shown that this condition obtains amongst the majority of the "Enquiry Group". Thus it appears that, if these families were suitably rehoused, over-crowding would cease to prevail among them and a very real step would be taken towards the prevention of subsequent cases.

In reality it has been found that, owing to poverty, many families have been compelled to refuse the offer of a better house as the extra rent, and often the extra travelling expenses, leave too narrow a margin of income for food. It might be suggested as a practical step towards over-coming this barrier, and towards the prevention of future cases, that financial assistance might be granted to such necessitous families through the Tuberculosis Scheme. Of supreme importance is the work of the Health Visitor in educating the affected families in tubercular hygiene.

Briefly, cleanliness, good food, fresh air, pleasant and adequate accommodation are inimical to disease. In other words, all factors tending to social amelioration, will, ipso facto, tend to reduce the death rate from Pulmonary Tuberculosis.

## PREFACE TO APPENDICES 1, 2 AND 3.

These appendices give the essential particulars with regard to each of the 488 cases included in the survey and are self explanatory.

Appendix 1 deals with the Acute Cases.
Appendix 2 deals with the Subacute Cases.
Appendix 3 deals with the Chronic Cases.

## GLOSSARY

| $\mathrm{Br} . \mathrm{Pn} \quad$ indicates Broncho pneumonic distribution. |  |
| :--- | :--- |
| $\mathrm{L}_{1}$ | indicates one lobe of left lung affected. |
| $\mathrm{R}_{1}$ | indicates one lobe of right lung affected |
| $\mathrm{L}_{2}$ | indicates both lobes of left lung affected. |
| $\mathrm{R}_{2}$ | indicates two lobes of right lung affected. |
| $\mathrm{R}_{3} \quad$ indicates whole of right lung affected. |  |

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| Reg. NO. | Age | Duration in Months from Date of Sickening | Occupation | Sputum | Type of Onset, Insidious or Acute | No. of Rooms | Inmates $+10 i-10$ | $\begin{gathered} \text { Room } \\ \text { to } \\ \text { Self } \end{gathered}$ | $\left\|\begin{array}{c} \text { Bed } \\ \text { to } \\ \text { Self } \end{array}\right\|$ | $\left\|\begin{array}{c} 0 \text { th- } \\ \text { ers } \\ \text { in } \\ \text { Bed } \end{array}\right\|$ | Notified Contacts in House | Pulmonary Condition at First Examination | X-ray with Months after Sickening | $\begin{gathered} \text { Duration } \\ \text { in } \\ \text { Hospital } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1929 |  | i |  |  |  |  | 1 |  |  |  | + |  |  |  |
| 42,162 | 18 | $2 \quad 5$ | Woodworker | 4 | Acute | 3 | 5 - | - | - | 1 | $1 \quad \mathrm{Nil}$ | Br. Pn. | Nil | Refused |
| 41,735 | 27 | 4 4 | News Vendor | Nil | Insidious | 1 | 21 | - | - | 2 | 1 Nil | $\mathrm{Br} . \mathrm{Pn}$. | Nil | 2 weeks |
| 42,171 | 19 | 3 ( 5 | Moulder | $+$ | Insidious | 1 | $31-$ | - | - | 1 | Nil Nil | Br. Pn. | Nil | 1 week |
| 41,744 | 19 | $1 \begin{array}{ll}1 & 2\end{array}$ | App. Turner | Nil | Insidious | 2 | 712 | - | - | 1 | 1 1 | Br. Pn. | Nil | 1 day |
| 41,714 | 17 | 2 ) 5 | Labourer | Nil | Insidious | 2 | 611 | - | - | 2 | 1 Nil | Br. Pn. | Nil | 1 month |
| 42,168 | 23 | 2 2 4 | Trunkmaker | + | Acute | 2 | 7 - | - | - | 2 | Nil Nil | Br. Pn. | Nil | 1 month |
| 41,719 | 26 | 4 [\| 4 | Labourer | Nil | Insidious | 1 | 211 | $\cdots$ | - | 2 | Nil Nil | Br. Pn. | Nil | Nil |
| 41,725 | 16 | 3 ( 6 | Can Washer | + | Insidious | 2 | 4 3 | - | 1 | $\pm$ | 1 Nil | Br. Pn. | Nil | 1 month |
| 41,653 | 19 | 4 (1) 6 | Baker | $t$ | Insidious | 2 | 4 2 | - | 1 | - | Nil Nil | Br. Pn. | N11 | 2 months |
| 41,736 | 20 | 216 | Unemployed | + | Insidious | 1 | 312 | - | 1 | - | 1 Nil | Br. Pn. | Nil | 3 months |
| 41,747 | 15 | 2 年 6 | Scholar | $+$ | Acute | 4 | 6 - | 1 | $\cdots$ | - | 1 Nil | Br. Pn. | Nil | Refused |
| 41,713 | 19 | N11 2 | Labourer | Nil | Acute | 1 | $3-$ | - | 1 | $\cdots$ | Nil Nil | R.2. | Nil | 2 months |
| 41,726 | 22 | 3 ( 3 | Tube Worker | $+$ | Insidious | 2 | 5 4 | - | $\ldots$ | 1 | $3: 1$ | Br. Pn. | Nil | 1 month |


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| Reg. No. | Age | Duration Months Pr Date of Sickening <br> To Noti-fication | in rom To Death | Occupation | Sputum | Type of Onset, Insidious or Acute | $\left\|\begin{array}{c} \text { No. } \\ \text { of } \\ \text { Rooms } \end{array}\right\|$ | $\begin{aligned} & \text { Inmates } \\ & \hdashline+10-10 \end{aligned}$ | $\left\|\begin{array}{c} \text { Room } \\ \text { to } \\ \text { Self } \end{array}\right\|$ | $\left\|\begin{array}{c} \text { Bed } \\ \text { to } \\ \text { Self } \end{array}\right\|$ | $\left\|\begin{array}{c} \text { Oth- } \\ \text { ers } \\ \text { in } \\ \text { Bed } \end{array}\right\|$ | Notif Conta in H Prior | fied <br> acts <br> ouse <br> Sub-sequent | Pulmonary Condition at First Examination | X-ray with Months after Sickening | $\begin{aligned} & \text { Duration } \\ & \text { in } \\ & \text { Hospital } \end{aligned}$ |
| 1930. |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $43,516$ | $\begin{aligned} & 29 \\ & 16 \end{aligned}$ | 6 | 6 |  | + | Insidious | $1$ |  |  |  |  |  | Nil | Br. Pn. | Ni1 | Refused |
| $43,526$ | $16$ | 1 | 2 | Pupil | + | Acute | Insti | itution | - | 1 | - | Nil | Nil | $\mathrm{Br} . \mathrm{Pn}$. | Nil | 1 month |
| $\begin{aligned} & 43,539 \\ & 44,350 \\ & 44,331 \end{aligned}$ | 20 | 2 | 6 | Barrowman | + | Insidious |  |  | - | - | 2 | Nil | Nil | Br. Pn. | Ni1 | 4 months |
|  | 19 | 2 | 2 | Engineer | Nil | Insidious | 2 | 6 | - | - | 1 | Nil | Nil | L.1. | Nil | 2 weeks |
|  | 23 | 1 | 5 | Postal Clerk | + | Acute | 3 | 3 | - | - | 1 | Nil | Nil | $\mathrm{Br} . \mathrm{Pn}$. | Nil | 4 months |


| Reg. No. | Age | Duration Months fr Date of Sickening To Noti fication | in <br> rom <br> g <br> To <br> Death | Occupation Sp | Sputum | Type of Onset, Insidious or Acute | $\begin{gathered} \text { No. } \\ \text { of } \\ \text { Rooms } \end{gathered}$ | $\begin{array}{\|c\|} \text { Inmates } \\ +10 \\ +10 \\ \hline \end{array}$ | $\begin{aligned} & \text { Room } \\ & \text { to } \\ & \text { Self } \end{aligned}$ | $\left\|\begin{array}{c} \text { Bed } \\ \text { to } \\ \text { Self } \end{array}\right\|$ | $\begin{aligned} & \text { Oth- } \\ & \text { ers } \\ & \text { in } \\ & \text { Bed } \end{aligned}$ |  | Pulmonary Condition at First Examination | X-ray with Months after Sickening | $\begin{aligned} & \text { Duration } \\ & \text { in } \\ & \text { Hospital } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1931. |  | 1 |  |  |  |  |  | 1 |  |  |  |  |  |  |  |
| 44 | 30 | 2 | 3 | Labourer | + | Acute | 1 | $6:$ | - | - | 2 | Nil Nil | Br. Pn. | Nil | ths |
| 44; 795 | 22 | 3 | 5 | Labourer | $+$ | Insidious | 2 | 512 | - | - | 1 | 1 Nil | Br. Pn. | Nil | 2 months |
| 44,814 | 16 | 1 1 | 2 | Scholar | Nil | Acute | 2 | $5: 1$ | - | - | 1 | Nil Nil | Br. Pn. | $\begin{aligned} & 1 \text { month, } \\ & \mathrm{Br} . \mathrm{Pn} . \end{aligned}$ | 2 months |
| 45,504 | 28 | 31 | 4 | Clerk | + | Insidious | 1 | 23 | - | $\cdots$ | 3 | Nil Nil | Br. Pn. | Nil | 1 week |
| 15,691 | 25 | 1 | 2 | Clerk | + | Acute | 4 | 411 | 1 | - | $\infty$ | 1 Nil | Br. Pn. | $1 \text { month }$ L.2, R.I | 2 months |
| 45,525 | 27 | 1 | 1 | Farm Labourer | + | Acute | 1 | $3:$ | - | 1 | - | Nil ${ }^{\text {Nil }}$ | Br. Pn. | L.2, R.1 | 1 week |
| 45,506 | 17 | 1 | 2 | Plumber | Nil | Acute | 3 | $5:$ | 1 | $=$ | - | Nil: Nil | Br. Pn. | $1 \text { month }$ Br. Pn. | Refused |
| 44,833 | 18 | 3 | 6 | Fitter | + | Insidious | 3 | $6: 1$ | - | - | 1 | Nil:Nil | Br. Pn. | Br. Pn. 3 months L. 2, R. 2 | 3 months |
| 45,974 | 28 | 2 | 2 | Labourer | + | Acute | 1 | $\begin{array}{l:l} 2 & 2 \end{array}$ | - | - | 3 | 4 Nil | Br. Pn. |  | 2 months |
| 45,528 | 28 | 6 | 6 | Watchmaker | ¢ | Insidious | 2 | $\begin{array}{l\|l} 2 & 1 \end{array}$ | - | - | 2 | Nil: Nil | Br. Pn. | 6 months <br> L. 2 , R. 1 | Refused |
| 45,508 | 18 | 1 | 4 | Driller | Nil | Acute | 2 | $412$ | - | - | 1 | Nil: Nil | Br. Pn. | $\underset{\text { Lil }}{\text { L. } 2,1}$ | 4 months |
| 46,260 | 27 | 31 | 5 | Tram Conductor | $\underline{+}$ | Insidious | 3 | 3  <br> 3  | - | 1 | - | 3 Nil | Br. Pn. | Nil | 2 months |
| 46,303 | 17 | 2 | 2 | Saw mill worker | Nil | Insidious | 1 | 2 - | $\cdots$ | 1 | - | Nil Nil | Br . Pn. | Nil | 1 week |
| 45,999 | 23 | 2 | 6 | Labourer | + | Insidious | 2 | $6:$ | - | - | 1 | Nil Nil | Br. Pn. | Nil | 3 months |
| 46,255 | 19 | 2 | 5 | Iron Driller | $+$ | Insidious | 1 | 411 | - | - | 1 | Nil: Nil | $\mathrm{Br} . \mathrm{Pn}$. | Nil | 3 months |
| 46,042 | 18 | 1 | 6 | Motor | + | Insidious | 3 | $5:$ | - | 1 | - | Nil Nil | Br. Pn. | 1 month | 5 months |
| 46,851 | 22 | 2 | 2 | Mechanic Crane Orker | Nil | Acute | 3 | $3:-$ | 1 | - | - |  | Br. Pn. | $\begin{aligned} & \text { L. } 2, R_{\cdot} 1 . \\ & 2 \text { months } \\ & \mathrm{Br}_{\mathrm{r}} \mathrm{P}_{\mathrm{n}} \end{aligned}$ | 1 month $\underset{\sim}{\text { ® }}$ |







| Reg. <br> No. | Age | Duration <br> in months <br> from Date $0 f$ Sickening To Noti- To fica-: Death tion | Occupation | $\begin{aligned} & \text { Spu } \\ & \text { tum } \end{aligned}$ | Mode of Onset Insidious or Acute. | No. of Rooms | $\begin{aligned} & \text { Inmates } \\ & +10-10 \end{aligned}$ | $\begin{gathered} \text { Room } \\ \text { to } \\ \text { Self } \end{gathered}$ | Bed to Self | $\begin{gathered} \text { Oth } \\ \text { ers } \\ \text { in } \\ \text { Bed } \end{gathered}$ | Positive Contacts in House <br> Priar Sub- <br> sequent | Pulmonary Condition at First Examination. | K-ray with Months after Sickening | $\left\lvert\, \begin{aligned} & \text { Durstion } \\ & \text { in } \\ & \text { Hosertal } \end{aligned}\right.$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7932 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 46,886 | 16 | 3 - 3 | Box-Maker | + | Insidious | 2 | $\begin{array}{l:l}6 & 1\end{array}$ | - | 1 | - | -: | $\mathrm{Br} . \mathrm{Pn}$. | Nil | 2 days |
| 46,928 | 26 | 3 : 4 | Housewife | + | Insidious | 2 | $2: 3$ | - | - | 2 | $1{ }^{1}$ Nil | $\mathrm{Br} . \mathrm{Pn}$. | Nil | 1 week |
| 46,300 | 19 | $4: 6$ | Tin-worker | + | Insidious | 2 | 41 | - | - | 2 | $1:-$ | RI. | 5 mths.R3 | 2 months |
| 47,442 | 19 | 2 2 | Shopgirl | + | Acute | 2 | 3 - | - | - | 1 | 1 | $\mathrm{Br}, \mathrm{Pn}$. | $\begin{aligned} & 1 \text { mth. } \\ & \mathrm{L} 2, \mathrm{Pl} . \end{aligned}$ | 3 weeks |
| 46,880 | 17 | 3 [ 6 | Clerkess | + | Insidious | 3 | $5:$ | - | - | 1 | Nil Nil | R2. | Nil | 5 months |
| 47,406 | 15 | 3 : 6 | Rug-Maker | + | Acute | 4 | 7 7 4 | - | - | 1 | $-1-$ | Br . Pn. | $2^{4} \text { maths. }$ | 6 weeks |
| 47,854 | 17 | 5 : 6 | Housework | + | Insidious | 2 | 3 1 | 1 | - | - | 1 Nil | $\mathrm{Br} . \mathrm{Pn}$. | ${ }^{6}$ mths. | 2 months |
| 47,373 | 21 | $2 \quad 6$ | Domestic | + | Insidious | 2 | 9 - <br>   | - | - | 3 | Nil NiL | Br . Fn. | 2 mths. | 4 months |
| 47,444 | 22 | $2: 5$ | LaundryWorker | + | Insidious | Insti | tution ca |  | 1 | - | Nil Nil | L2. | 3 mths. 22 | 6 weeks |
| 47,425 | 22 | $2: 6$ | BottlePacker | + | Insidioua | 2 | $6:-$ | - | - | 2 | $2: \mathrm{Nil}$ | $\mathrm{Br} . \mathrm{Pr}$. | ${ }^{2}$ mins. | 4 months |
| 46,936 | 19 | $3: 3$ | Chemist's Asst. | Nil | Acute | 2 | $5: 1$ | - | 1 | - | Nil ${ }^{\text {Nil }}$ | Br. Fn. | Nil - Fom confirmation | 1 week |
| 47,361 | 22 | 2 2 | Houswwife | + | Insidious | 1 | $\begin{array}{l:l}2 \\ 2 & 1\end{array}$ | - | - | 2 | Nil Nil | $\mathrm{Br} . \mathrm{Pn}$. | 2 mths. $\mathrm{Br} . \mathrm{Pn}^{\text {a }}$ | 5 weeks |
| 46,873 | 16 | 3 6 | Clerkess | + | Insidious | 3 | 4 4 1 | - | - | 1 | Nil: 1 | R2. | Nil | 5 weeks |
| 47,378 | 27 |  | Typist | + | Insidious | 3 | 3 - | 1 | - | - | Nil Nil | Br.Fn. | Nil | Refusea |
| 48,427 | 21. | 4 5 5 | Unemployed | + | Insidious | 21 | $5 i-$ | - | 1 | - | Nil Nil | Br . Pn. | Nil | 1 month |
| 48,381 | 30 | $3: 4$ | Ho spital Sister | + | Insidious | Insti | tution ce |  | 1 | - | Nil Nil | R8. | 3 mths.n2 | 3 months |

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| RRef.No | Age | Illness from Date of Sickening | Sputum | Insidious or Acute. | No.of Rooms. | Total | Prior | Subsequent. | Birthplece of Fsther. |
| 1932. |  |  |  |  |  |  |  |  |  |
| 40,864 | 19 | $49 / 12 \mathrm{yrs}$. | + | Insidious | 3 | 7 | 1 | Nil | Scotlund (Lowland) |
| 38,969 | 26 | 6 1/12 yrs. | + | Insidious | 2 | 4 | Nil | Nil | Scotland (Lowland) |
| 23,232 | 20 | 2 years | - | Insidious | 3 | 4 | Nil | Nil | Scotlend (Lowland) |
| 35,833 | 24 | $75 / 12 \mathrm{yrs}$. | + | Acute | 1 | 5 | Nil | Nil | Ireland |
| 41,709 | 18 | 4 years | + | Insidious | 3 | 6 | 2 | Nil | Scotland (Lovilund) |
| 47,447 | 22 | 1 10/12 yre | + | Unknown | 1 | 2 | Nil | Nil | Irelens |
| 43,468 | 27 | $31 / 12 \mathrm{yrs}$ | + | Insidious | 2 | 6 | Nil | Nil | Scotland (Lowland) |
| 40,909 | 28 | $43 / 12 \mathrm{yrs}$. | + | Acute | 2 | 4 | Nil | Nil | Scotlend (Lowland) |
| 10,714 | 18 | $1 \mathrm{l} / 12 \mathrm{yrs}$. | + | Insidious | 2 | 10 | 2 | NiI | Scotlund (Mest Cosst) |
| 42,458 | 30 | $31 / 12 \mathrm{yrs}$ | + | Insidious | 2 | 2 | Nil | Nil | Scotlend (Lowlend) |
| 6,296 | 17 | $41 / 12 \mathrm{yrs}$ | + | Insidious | 2 | 5 | 1 | NiI | Scotlund (Lowlend) |
| 44, 276 | 16 | $2 \mathrm{~g} / 12 \mathrm{yrs}$. | + | Acute | 2 | 6 | Nil | 1 | Scotlend (Lowlend) |
| 43,139 | 24 | $51 / 12 \mathrm{yrs}$. | + | Acute | 2 | 6 | Nil | Nil | Enclend. |

## PREFACE TO APPENDIX 4.

The following table has been compiled using the method employed by Professor A.L. Bowley, and the scale by which the number of "equivalent male adults" is calculated is that drawn up by Cathcart, ${ }^{(38)}$ which gives the undernoted relative values.

Adult Male Caloric Requirements taken as 100.


For convenience the following symbols have been used.
Rent,............... R.
Clothing,.......... C.
Fuel,............... F.
Household Sundries,H.
Insurance, ........ I.
Travelling,....... T.
Equivalent Male
Adults,........... E.
The Residual Income is the amount left over for food after all other expenses have been deducted.



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| $\begin{aligned} & \text { Reg. } \\ & \text { No. } \end{aligned}$ | $\begin{gathered} \text { Total } \\ \text { Income in } \\ \text { Shillings } \end{gathered}$ | R. | C. | F. | H. | I. | T. | Total <br> No. of <br> Inmates | E. | $\begin{gathered} \text { Residual } \\ \text { Income } \\ \hline \end{gathered}$ | Average per Male Adult | Source of Income with Details |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1928 |  |  |  |  |  |  |  |  |  |  |  |  |
| 40358 | 29 | 6/- | 2/4 | 3/- | 1/6 |  | 1 | 5 | 3.0 | 16/2 | $5 / 5$ | Public Assistance. |
| 39402 | 41 | 6/10 | 4/8 | 3/- | 1/2 | 1/7 | 1/- | 4 | 3.6 | 18/3 | $5 / 1$ | One male employed. |
| 39632 | 28 | 7/3 | $3 / 6$ | 3/- | 1/6 |  | - | 5 | 3.2 | 12/9 | 4/- | Public Assistance. Clothes for children from welfare clinic. |
| 39660 | 65 | 8/- | $7 / 11$ | 3/- | 2/1 | 2/10 | 2/- | 7 | 6.0 | 39/2 | 6/6 | One male and one female employed. |
| 39412 | 85 | 6/1 | 5/7 | 3/- | 1/6 | 2/10 | 2/- | 5 | 3.8 | 64/- | 16/10 | One male and one female employed. |
| 40414 | 33 | 7/3 | 2/10 | 3/- | 2/1 | - | - | 7 | 5.2 | 17/10 | 3/5 | Public Assistance. Also assisted with clothes. |
| 40942 | 62 | $7 / 6$ | 9/4 | 3/- | 2/4 | 2/10 | 2/- | 8 | 7.0 | 351- | 5/- | One male and one female employed. |
| 40419 | 47 | 7/6 | 7/8 | 3/- | 2/1 | 2/10 | 2/- | 7 | 6.0 | 21/11 | 3/2 | One male and one female employed. |
| $\frac{1929}{42199}$ | 72 | 9/- | 9/3 | 3/- | 2/8 | 2/10 | 2/- | 9 | 7.2 | 43/3 | 6/- | One male and one female adult employed. |
| 41729 | 26 | 4/6 | 2/4 | 3/- | 1/2 | - | - | 4 | 2.2 | 15/- | 6/10 | Public Assistance. Clothes for children from welfare clinic. |
| 41161 | 35 | 4/10 | 5/10 | 3/- | 1/6 | - |  | 5 | 4.6 | 19/10 | 4/4 | Unemployment Exchange. |
| 38955 | 45 | 8/- | 6/2 | 3/- | 1/9 | $1 / 7$ | 1/- | 6 | 4.5 | $23 / 6$ | 5/3 | One male adult employed. |
| 40857 | 122 | 10/10 | 10/6 | 3/- | 2/8 | 4/7 | 3/- | 9 | 8.0 | 87/5 | 10/11 | Two male and one female adults employed. |
| 39434 | 120 | 8/5 | 9/1 | 3/- | 2/4 | 4/1 | 3/- | 8 | 6.6 | 90/1 | 13/8 | Two female and one male adults employed. |
| $\begin{aligned} & 39593 \\ & 42509 \end{aligned}$ | $\begin{aligned} & 56 \\ & 53 \end{aligned}$ | $\begin{aligned} & 8 / 5 \\ & 8 / 9 \end{aligned}$ | $7 / 5$ $3 / 6$ | $3 /-$ | 2/1 | $2 / 10$ $1 / 7$ | $\begin{aligned} & 2 /- \\ & 1 /- \end{aligned}$ | 7 3 | 5.0 2.6 | $\begin{aligned} & 30 / 3 \\ & 34 / 3 \end{aligned}$ | $\begin{array}{r} 6 / 1 \\ 13 / 2 \end{array}$ | One male and one female employed. One male employed. |


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