

The Bronchiopneumonia
of Influenza

as it occurs in the adult subject.

by

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" That Omnipotence which has called the world
 " with all its living creatures into one animated being,
 " especially reveals Himself in the destruction of
 " great pestilences. The powers of creation come into
 " violent collision; the sultry dryness of the atmosphere;
 " the subterraneous thunders; the mist of overflowing
 " waters, are the harbingers of destruction; Nature
 " is not satisfied with the ordinary alternations of
 " life and death, and the destroying angel waves
 " over man and beast his flaming sword. "

"The Black Death" by J.F.C. Hecker.

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The Bronchopneumonia

of Influenza

as it occurs in the adult.

Chapter I.

Nomenclature - Definition - Etiology.

Nomenclature

The term 'Bronchopneumonia' was first applied by Seifert in 1838, to such cases as I am about to describe. Other terms have been used such as "Peripneumonie peripneumonia notha," "latent pneumonia," "catarrhe suffocant" (Laennec), "lobular pneumonia," (Barnet, and de la Berge), catarrhal pneumonia, etc. Such names as latent pneumonia, suffocative catarrh, and catarrhal pneumonia are too vague. They refer either to special predominating symptoms, or to certain pathological features, and do not indicate the essential nature of the disease. Lobular pneumonia, again, is misleading, as one may have a lobular pneumonia without a true bronchopneumonia. The term "Bronchopneumonie" which was first applied by

Henri Roger¹ is by far the most appropriate name which can be given to this disease. As he points out, the prefix Broncho - (quell Bronchos) refers to the large tubes of the respiratory tree, whereas Bronchio (quell Bronchien) applies to the smaller bronchial tubes - to the parts affected in the disease under consideration.

The inflammation, which tends to occur in a patchy manner, invades the smaller bronchioles as well as the lobules in their continuity, and the bronchial and lobular systems with their lining walls, connective tissue, blood-vessels, lymphatics, etc., suffer more or less in their entirety during the course of the affection, and markedly so in this the Influenza form of the disease.

To the term Bronchiopneumonia, therefore, I shall adhere in this paper.

Definition of the Bronchiopneumonia of Influenza.

During the prevalence of an epidemic of Influenza, or during the period which follows in which the disease no longer assumes an epidemic form, and when occasional cases are still observed, respiratory affections of all forms are very frequent, and are one of the chief factors in the concurrent elevation of the general death rate. Bronchiopneumonia, which is generally a rare affection

1. Dictionnaire encyclope

in the adult, is very frequent, and is almost as fatal in its nature among these as when it attacks children in its ordinary forms.

It may arise in an acute or subacute fashion, more frequently the latter. In either case, resolution is slow and convalescence protracted, while in many cases, resolution never occurs. In the latter case, the disease, which may, to begin with, have been limited to a special lobe or lobes, spreads throughout both lungs. Soon the lung tissue begins to break down, and a condition hardly to be distinguished from galloping consumption supervenes, and ends fatally in a few weeks.

In more chronic cases, however, a portion of one lung may have suffered, and incomplete resolution takes place, and the patient rises from bed and resumes his customary duties. He is in a disabled condition, his strength is impaired, he still coughs and sweats, and soon a fresh chill forces him back to bed. One or many more relapses may occur to bring about a chronic bronchiopneumonia with fibroid thickening and contraction of the affected lobe or lung, and death finally results from asphyxia, or from haemoptysis, gradual implication of the other lung, acute bronchitis or pneumonia, or finally from complications arising in other organs.

Post-mortem examination in the acute or subacute forms, reveals the presence of grave bronchiopneumonia with marked suppuration and liquefaction of the peribronchial nodules, and even to the formation of large abscess cavities or to gangrene. Bronchial dilatation of variable extent is frequent, and pleural affections are almost always present.

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In the chronic forms, grey induration and marked pleural thickening are present in intensity proportionate to the chronicity of the case. Caseous degeneration of the products of exudation is prone to occur. Empyema or pneumothorax may develop, and pulmonary collapse, though not nearly so frequent as in children, may be noticed. Inflammatory affections especially tending to the formation of pus are frequent in other organs. Signs of tubercle, as well as the tubercle bacillus are usually absent, whereas the *Streptococcus pyogenes* is everywhere abundant in the early stages of the disease, not only in the secretions, excretions and inflammatory exudations during life, but in the organs themselves when examined after death.

Etiology -

Bronchiopneumonia as a primary disease is very frequent in children, and is one of the most fatal of all the maladies of early childhood. All conditions of debility, want of proper nourishment, bad hygienic surroundings of all sorts, the presence of certain morbid conditions such as chronic diarrhoea, rickets, a tendency to the formation of tubercle, all tend towards its production. As a sequela or as a complication, it may arise from a severe bronchitis in debilitated children, and it is a most frequent cause for anxiety in the course of the various infectious fevers, of diphtheria, of rona, and often after severe burns of the skin.

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In the adult, an acute bronchitis may become aggravated into a bronchiopneumonia in individuals whose general health has been already impaired by the presence of various chronic maladies, such as Emphysema, Chronic Bronchitis, Chronic Bright's Disease and Chronic alcoholism. In such cases too, an acute lobar pneumonia may become complicated with a bronchiopneumonia in the other lung.

Fox says that "Pneumonia arising from heart disease presents in many cases all the features which are most characteristic of catarrhal or bronchopneumonia" ¹

As in children, so in adults, the infectious foci are active agents in the causation of bronchiopneumonia, although the percentage of such cases is very much lower than in childhood. Basset reports in fifteen women who died from the effects of childbirth, ten cases of lobular pneumonia. ² Bronchiopneumonia, too, rather than plain acute lobar pneumonia is the form in which pulmonary lesions tend to arise in the various forms of cachexia.

Secondary forms of a more localised and more chronic nature are always present to a greater or less degree around tubercular nodules, syphilitic gummata, various tumours, abscess or gangrene of the lung; it follows upon penetrating wounds of the chest; the introduction of foreign bodies within the bronchi causes it, and it invariably arises when the secretions which collect in dilated bronchi tend to become foetid. The bronchi suffer in conjunction with

¹ Reynolds's System of Medicine. 1871. Vol. III. p. 709.

² Basset. "Pneumonie lobulaire chez l'adulte"
Nise de docteurat de Paris 1872.

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the other tissues of the lungs in the various forms of Pneumonia- Koniosis such as Anthracosis, Siderosis and silicosis.

It is not however with any of these that we have now to deal but with the various forms of bronchopneumonia which affect the adult specially, during an epidemic of Influenza.

End of Chapter I.

Chapter II

History of previous epidemics and of the late epidemics of 1889-90 and 1891.

The literature upon the subject of Epidemic Catarrh — the Influenza or La Grippe, is of such vast proportions that it will be quite impossible for me to give more than a very brief résumé of some of the principal epidemics in which the presence of pulmonary complications has been more particularly signalised.

One of the first epidemics described, in which pulmonary lesions were frequent, occurred in 1557. Of it, Valleriola writes — "Towards the seventh or fourteenth day of the disease, the expectoration of very viscid matters took place which were very difficult to get up". Cardan also writes of the same

outbreak: — "On opening the bodies, the lungs were seen to be full of a bloody matter." Similar reports were made by Baillon in Paris in 1570 and in 1571, by Forestus in Leffelt in 1580, by Willis in London in 1657, by Sen in Paris, and by Et Müller in Germany in 1675. Sydenham wrote from London in 1676: — "The autumn of 1676 was so beautiful and so fine as far as the end of October, that one would have thought that it was summer; but, the weather having changed suddenly to become cold and damp, there arose an epidemic cough so violent, that almost no one was exempt. Entire families were attacked simultaneously, and it was not without danger to the patients, because along with the cough, there was fever, with all the symptoms of a pleurisy such as acute pain in the side, bloody expectoration, etc. The disease always arose with headache and with pains in the back and extremities — the ordinary symptoms of the reigning constitutional fever. The only difference was that the morbid matter excited itself more particularly upon the respiratory system, favoured by the cough which irritated its membranes. Although the symptoms seemed to indicate a real pleurisy, the disease nevertheless always demanded the same treatment as that employed for the constitutional fever, and in fact, the usual treatment for primary pleurisy was very hurtful in these cases. Generally, primary pleurisy only occurs in spring. Thus we must regard this autumnal form as only a symptom of the reigning malady and produced by the action of the cough upon the respiratory apparatus" With regard to treatment Sydenham also wrote: — "Narcotics, anodynes, and

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" spirituous liquors were harmful and tended to increase
" the density of the humours; and further, in acting upon
" the circulation, to bring about a peripneumonia or a
" pleurisy. The quantity of remedies and the great frequency
" of bleedings employed by several physicians had the
" most dire effects, for almost all the patients, thus treated,
" succumbed."

Later epidemics were described in 1691 by Wepfer in Germany, in 1709 at Rome by Lancisi, in 1730 by Schenkler¹, and by Beccaria at Bologna, in 1732 at Edinburgh and in 1733 in Italy by Crivelli.

In England, the grip raged in 1733, 1737, and 1743. In reporting these epidemics, Busham observes with regard to the "catarrhal pneumonias" that "of all the matters which
" one expectorates, there are none worse than that which is
" livid, corrupted and bloody, often like the lees of red wine,
" sometimes black and even foetid."

Grave pulmonary complications also marked these epidemics which were reported by de Jussieu in 1733, by Munderos in 1734, by Philip Vieuvant in Savoy in 1742 and in the same year in London by Baker and in France by Razouf. The years 1775, 1776, 1780, 1781, 1782, 1800, 1822, 1831, 1833, and 1837 were also distinguished by outbreaks of catarrhs. Referring to the 1837 epoch, Landau, Piorry and Gouraud declared that the great frequency of pulmonary complications was more than a coincidence, and ought to be regarded as a double manifestation of the same morbid condition. Piedagnel² observes that instead of the pneumonias

1 Les actes des Curieux de la Nature par Jacques Schenkler.

2 Gazette Méd. de Paris 1837.

having a frank inflammatory character, they presented the features of a mixture of pulmonary catarrh, pneumonia and pleurisy. Sandras¹, however, signalises the presence of a double epidemic - the grip benign in people whose lungs are not already weathered or diseased, and the pneumonia, eminently malignant.

Piorry describes these pneumonias, thus: - "The pneumonia of these times has differed essentially from the ordinary pneumonia. It has succeeded upon a bronchitis or upon a bronchovexa. The point of departure in the one is in the bronchi, in the other in the bloodvessels; its invasion is latent and gradual. Its physical signs are at first weakness, then absence of respiration; one finds then neither crepitant rale nor dulness, and the respiration soon becomes tubular. The expectoration is clear with a light rust tint; later on it becomes opaque and rounded like the sputum of certain phthisical subjects. Breathlessness rapidly supervenes by reason of the obliteration of so many bronchial tubules. The site of the pneumonia has been almost always towards the base. The autopsy shows, independent of the ordinary lesions of pneumonia, obliteration of numerous bronchial tubes by plugs of mucus, clear and liquid, or thick and opaque, and moulded to the lumen of the bronchial tube. The mortality has been eight in sixteen in place of one in eight in ordinary pneumonia. As for treatment, one succeeds very little by bleeding or by Antimony." 2.

1. Bulletin de Médec. Paris. 1837. and Sandras et Laidouzy in the Journal des Connaissances Méd.-Chir. 1837. and also Sandras "nature et traité de la pneumo-bronchite épidémique qui accompagne la grippe." Journal des Connaiss. Méd. Chir. 1837.
2. Piorry - Gaz. Méd. de Paris. 1837.

Randau ¹ insists upon the obscurity of the symptoms, upon the frequent absence of stitch in the side, upon the absence of the characteristic expectoration, the general prostration, the small slow pulse and the intense dyspnoea out of all proportion to the extent of the lesions.

Mona ² also describes the same epidemic at great length and details similar experiences. He as well as Magendie describes as a very frequent occurrence the presence of false membranes in the bronchi of the hepatised lobes.

At the same period, there raged in England a similar epidemic accounts of which were given by Thomson ³ and others.

Graves describes the pulmonary lesions in Influenza during epidemics which raged in Ireland during 1837, 1867 and 1848 and Peacock ⁴ describes the same complications in London in 1847.

Gairdner ⁵, in 1858 described an epidemic in Edinburgh with pneumonias, broncho-pneumonias, and pleurisies, as frequent complications.

1. Randau . Archiv. Gen. de Med. 1837.
2. Mona . Archiv. " " " "
3. Annals of Influenza or Epidemic Catarrhal Fever in Great Britain from 1510 to 1837. of Thomson and also in Medical Review vol V.
4. Peacock " On the Influenza of 1847-48.
5. Gairdner - Edinburgh Medical Journal 1858.

In 1889, Meunier published an account of the "Grippe et Pneumonie" as these occurred and were related the one to the other in epidemic form during the previous year. He maintains "that in this case, the grip and the pneumonia are quite two affectations, distinct and independent the one from the other, although presenting great affinities. The one seems to predispose to the other and both appear to be favoured by the same causes" ¹

This brief account brings us up now to the two latest epidemics - those of 1889-90 and of 1891.

The two recent epidemics -

The earliest records of the epidemics of 1889-90 were reported from Bokhara in Central Asia in May 1889 and in the same month though rather later from Greenland and from British North America. It spread to Europe early in November, appearing in St. Petersburg about the first of the month, in Paris about the 14th and at Vienna and Berlin towards the end of the month. A few cases were noted in London in the middle of December but the real epidemic did not develop until the last days of the year, and very soon, the entire kingdom felt the presence of the disease.

As to the proportion of the population which suffered, Franklin Parsons ² says with regard to the epidemic in London: - "It is impossible to say with any

1 Meunier "Grippe et Pneumonie"
These de docteur de Paris. 1889.

2. Franklin Parsons M.D. "The Influenza Epidemic of 1889-90 and 1891 and their distribution in England and Wales. Brit. Med. J. Aug. 1891.

" approach to exactness what proportion of the general population
" of this country suffered from influenza in the epidemic
" of 1889-90. Using the figures of certain public services and
" large establishments as the basis of a rough guess, we may
" estimate the proportion of persons in and near London,
" disabled of influenza as about 25% or 1 in 4 among
" those employed in large offices, and about 12.5% or 1 in 8
" among those employed out of doors. In some elementary
" day schools the proportion of children absent from school
" through the influenza epidemic was as high as 50%."

The Spring of 1890 saw the disappearance of the disease in an epidemic form although it may be said to have smouldered on throughout the year, showing itself here as an isolated case, there as a limited epidemic.

Towards the beginning of March 1891, however, it reappeared in epidemic form in Hull and in North Yorkshire rather earlier. Thence it attacked in succession Sheffield, Leeds, Bradford, Nottingham and Birmingham and finally London became cognizant of its reappearance six weeks after its rise in Yorkshire. By the time that London became affected, the disease had spread throughout the Kingdom. In the Lancet for May 9th 1891, we read:—

" the outbreak of influenza which first made its reappearance
" in this country about a month ago, and was for a few
" weeks confined within a comparatively limited area, has
" now spread over the whole community"

"....." Dr. Hightwell, the medical officer of health to
" St. Olave's district, in a report presented to the Board,
" stated that, so far as his experience went, the new type
" of the disease, complicated with severe lung symptoms was
" more frequent than last year. This is borne out by the
" exceptional rise in the mortality from Bronchitis and

" pneumonia in the towns which have been most affected.
 " Sheffield still holds an unenviable preeminence in
 " this respect, its mortality rate having last week advanced
 " to the extraordinary figure of 70 per 1000; but we are
 " glad to learn that the virulence of the epidemic is on
 " the decline in that town." "So far then, as
 " compared with the epidemic of 1889-90, its spread has not
 " been so rapid, but it has been none the less sure; and
 " there has been considerable variation in the severity of
 " the type of the disease, some districts which furnish many
 " sufferers having a much lower mortality than others.
 " On the whole, however, we fear that there can be
 " little doubt as to its virulence being greater than last
 " year's epidemic, which, contrasted with previous out-
 " breaks was comparatively mild, and was not responsible,
 " either directly or indirectly, for so great a mortality as
 " has occurred in this country during the past few
 " weeks, especially from the acute diseases of the
 " respiratory system."

Early in March, the disease appeared in the United
 States and assumed serious proportions there during the month
 of April. About the same time too, it was present in epidemic
 form in Southern Russia and here and there in Portugal.
 Towards the end of April, the southern parts of England and
 Kent in particular became the seat of the epidemic, while in
 Norway and Sweden, it was making great havoc. Towards
 the end of May, Russian Poland had become affected, but
 the rest of Russia showed a remarkable immunity compared
 with the previous year's experiences of the disease.

In its essential features, the disease, in these two

epidemics presented characters similar to those of previous outbreaks such as I have already noted.

There are three different forms described - the nervous, - the respiratory (or catarrhal) and - the abdominal form.

The nervous form includes the severe headache, pains in the eyeballs, in the back and limbs, sleeplessness, vertigo, even delirium, and often a very high temperature. Under this heading also are the many symptoms referable to implication of the vagus nerves upon which I shall touch later on.

When the respiratory symptoms are most evident, nasal, pharyngeal, tracheal or bronchial catarrh may be complained of; and in a few cases though certainly not in such a large percentage of cases as was expected, there was watering of the eyes along with nasal catarrh, and occasionally severe bronchitis and even grave pulmonary lesions supervened during the height of the primary affection.

The abdominal symptoms were, as a rule, sickness, vomiting and gastric pain frequently accompanied with diarrhoea, but in some cases these symptoms were so severe as to simulate peritonitis or even perforation, so acute was the pain and so intense the depression*, while at other times, one would have thought that he had a veritable case of Typhoid Fever to combat. Generally, however, no one class of symptoms was present without the others showing themselves in some degree, and it was only when one class of symptoms predominated that one was justified in applying such terms as the Nervous Form, the Gastric Form or

* "Cases of Influenza with severe abdominal pain and collapse":
by Robert M. Simon M.D. British Med. J. June 13. 1891.

the Respiratory form.

The Mortality in uncomplicated cases was very low. Parsons states that "the deaths in London attributed primarily to influenza in the thirteen weeks ending July 11th 1891 has been 2.015 equal to an annual rate of 1.9 per 1000 inhabitants." ²

"In the first quarter of 1890 the deaths from influenza were 558 ~~per~~ or 0.5 per 1000 inhabitants, showing that the second epidemic though not so widespread, was yet more violent in its nature.

Had Influenza ended here, without giving rise to that train of sequelae and complications, the traces of whose fatal trail are still far too evident around us, the main harm done would simply have been the temporary paralysis of commerce produced by the fact of such a large proportion of workers being rendered hors-de-combat! Perhaps no known disease presents such bizarre anomalies. Though essentially benign as an initial affection, even so much so as to kill but one in a thousand inhabitants, it has, nevertheless, through its complications, laid its fatal hand in ~~a~~ a very heavy manner upon the general death rate. In this sinister aspect one may well endorse the words of Hecker with which I have commenced this paper.

To give an account of all the complications which have been reported up to this date, would be foreign to the matter in hand. Their name is legion. No organ of the body, we may say, has been respected; each has at one time or another, in one case or another, the same tale to tell, and as a general

1 Parsons - loc. cit.

*

"L'Inquête Médicale sur l'épidémie de grippe"
par Ch. Talamon. Journal de Méd. 1^{er} May 1890.

rules, the morbid touch has been no light one. Meningitis, otitis, proctitis, metritis, pulmonary lesions and affections of the kidney, spleen, eye and cardio vascular system have all been recorded. It is with the respiratory complications, however, that we have to deal with specially. All observers are unanimous in stating that these pulmonary lesions have proved to be the most frequent, and at the same time the most fatal of all the gripal complications. In 600 cases of grip, Ch. Dalaun notes 300 times Bronchitis, 40 times lobar pneumonia, 30 pleuro-pneumonia, 12 pleurisy and 35 times otitis.*

In Paris during the first week of 1890, 2683 deaths were registered in place of 155 during the same week in 1889.

* Dr. J. Bertillon, comparing these two weeks, gives a number of interesting figures. These show that children escape much more readily than adults. Here are his figures

Number of deaths	during 1st week of 1889	and 1st week of 1890.
from 0 to 1 year	149	203
" 1 to 4 years	117	171
" 4 " 19 "	51	91
" 20 " 39	179	570
" 40 " 59	214	743
" 60	260	905
	<hr/> 990	<hr/> 2683

The inflammatory diseases of the respiratory organs formed the principal cause for the augmentation of the normal ratio of mortality. The total of these for 1890 was 992 compared with 155 for the same week in 1889. Bronchitis-pneumonia accounts for 154 of these compared with 32 in the previous year, and when this figure is taken in connection with the fact that children have comparatively escaped from these untoward complications, we can more readily appreciate the greater frequency in

the adult of bronchio-pneumonia, which is usually at that time of life a rare disease. Further, in these figures, the number of men was double that of the women for adults, while for the aged, the figures were practically equal. *

In Madrid too, the death rate amounted to 2,559 from December 21st 1889 to Jan 10th 1890 inclusive, while during the similar period of 1888-89, the figures only reached 960. Here again we find the same story: - "The complications have generally been broncho-pulmonary." † As in Paris, so in Madrid, the greatest mortality was in individuals from 30 to 50 years.

In London, too, the general death rate was exceptionally high. As I have already shown, the death rate attributable primarily to influenza, so far as could be calculated with any degree of exactitude was 0.5 per 1000 per annum in the 1889-90 epidemic and 1.9 per 1000 during the outbreak of 1891. Taking the figures for the rate of mortality due to all diseases, we find according to Parsons that "in the five weeks ending January 25th 1890, the deaths registered in London above the average were equal to a rate of 6.6 per 1000 inhabitants. In the eight weeks ending June 20th 1891, 1,584 deaths above the average have been registered in London, equal to an annual rate of 9.0 per 1000 inhabitants."

The same observer also draws attention to the fact already quoted from Bertillon - that the fatality bears most heavily upon the middle periods of life. "A circumstance which seems to point to a difference between the epidemic influenza and what goes by the name of 'influenza' in non-epidemic years, is the difference in the incidence of the mortality on

* These figures are taken from a paper by Dr. Bertillon, entitled "De la mortalité à Paris": published in the Bulletin Més. 8th Jan. 1890

† La Grippe à Madrid. D. Del Valle. Médecine Moderne. Feb. 6. 1890.

‡ Parsons - loc. cit.

" persons of different ages: the deaths ascribed in ordinary years to
 " "Influenza" being chiefly those of young infants and of elderly
 " persons, whereas during epidemics, the deaths are more numerous
 " in proportion to the whole at the middle periods of life. Different
 " epidemics, however, have differed as regards age mortality, the
 " epidemic of 1849 agreeing with that of 1847-48 in showing the
 " highest proportion of deaths among persons of 60- to 80, whereas in
 " 1890 the highest proportion was at ages 40 to 60.

" The principal causes", he continues further on, "contributing to
 " the excess of deaths in the four weeks ending Jan. 25. 1890
 " besides Influenza, were whooping cough, pleurisy, bronchitis,
 " pneumonia, other diseases of the respiratory organs, diseases of the
 " circulating system, and alcoholism. The greatest excess of deaths
 " from Bronchitis and diseases of the circulating organs occurred
 " in the week ending Jan 11th; that from influenza, pleurisy and
 " pneumonia a week later - namely, the week ending Jan 18th.
 " The deaths from pleurisy continued somewhat above the average
 " until the middle of March, but those from Bronchitis and
 " Pneumonia fell below the average in February".¹

In a lecture upon Influenza and its complications, Dr. Mitchell
 Bruce says, "Bronchopneumonia is an exceedingly rare
 " disease in the adult; so rare that some of our best authorities
 " decline to allow that the disease is ever seen post-mortem
 " except in children. At the present time in connection with
 " Influenza, there is no question whatever of its existence."²

Rahler and Krenndat at Vienna, Duponchel and Gancheu
 at Paris, and Sokaloff at St. Petersburg, all report the

1. See Parsons paper for full tables of figures.

2. "A clinical lecture upon Influenza and its complications -
 Lancet. May 30. 1891. also a paper by F. Nicholson, M.D.
 in the British Med. J. "The Complications and sequelae of Influenza."

frequency of bronchopneumonia, and dwell upon the great tendency to the formation of foci of suppuration or even of gangrene of patches of the affected lung. They also signalise the markedly fatal nature of the disease, its slow defervescence and convalescence, and its very frequent termination either in a chronic condition or in an actual condition of tuberculosis.

End of Chapter II.

Chapter III.

The Pathology of the Bronchio-pneumonia of influenza:
 pathology of influenza and of "traumatic pneumonia":
 "traumatic pneumonia compared with the bronchio-pneu-
 monia of influenza: bacteriology of influenza and of
 bronchio-pneumonia.

Before going on to discuss the pathology of the various forms of bronchio-pneumonia and more especially of those which are associated with the grip, let us first glance at the detrital condition and state of affairs into which the system has been brought by the primary attack of influenza.

As a general rule, there is extreme debility - extreme, I repeat, out of all proportion to the subjective feelings of the patient. He may have felt giddy and sick, may have complained of various pains in the head, throat or limbs, but if he has gone to bed, he feels that he has not been really ill, until he attempts to rise again. Then, he is more than astonished to find that his legs can scarcely bear his own weight, and I have known of many cases where the patient, upon first assuming the erect posture, staggered and fainted right away. Occasionally the cardiac weakness has been one of the first symptoms to show the serious nature of the complaint. There is, at it were, in all these forms, a bulbar lesion - a condition which seems to have varied not only in its nature, but also in its tendency to preponderate over particular areas of that portion of the central nervous system. Such symptoms have been reported as rapid weakening of the heart muscle and even syncope, slow and often irregular pulse, or it may be a very rapid pulse, Angina Pectoris, slow respiration, or

rapid short respirations with great dyspnoea, Cheyne-Stokes' respiration, palor, dilated pupils, cyanosis, even sudden and fatal heart failure, and finally in some cases a very high temperature. * Such conditions point, some to irritation, some to paresis and even to paralysis of the vagi, others to

* See the following papers: —

Alison - Mémoire sur les symptômes et les complications de la grippe. Arch. Gén. de Méd. Av. et Mai 1890. "Sans pulse" etc.

D. H. de Brun "Manifestations Nerveuses de la grippe". Méd. Moderne 30th Oct. 1890.

Sokoloff - On the grip. Russian Medical Rev. St. Petersburg. Jan. 1890.

Wills - Heart manifestations in grip. Lancet. May 3. 1890.

Marrist. M.D. Angina pectoris in Influenza. Lancet. March 29. 1890.

Caragorogides. Jhu. by. M.D. A complication Angina pectoris after Influenza. British Med. Journal June 21. 1890.

Burdureux - Gazette Hebdomadaire de Médecine et Chirurgie. Jan. 25. 1890.

Drasche - Royal and Imperial Society of Vienna. Discussion upon Influenza. 7th March. 1890.

Nicholsen. The complications and sequelae of Influenza. British Med. Journ. June 13. 1891. page 1273.

Reyrol - "La grippe à la clinique de l'Hôtel-Dieu de Paris. La Médecine Moderne. Jan. 25. 1890. on dilatation of the left ventricle, etc.

Hemehard Société Médicale des Hôpitaux. Jan 24. 1890 and La Médecine Moderne 30 Jan. 1890.

irritation or paresis of the vaso-motor centres, and others, still given, to an inhibition of the higher centres as in those cases where Cheyne-Stokes' respiration has been noticed.

The heart muscle softens and the ventricles, especially the left one, undergo dilatation, the lungs tend to become engorged, and the bronchi and bronchioles may lose their natural tonicity. The gastro-intestinal plexus too, of the vaji, have very frequently shown signs of implication.

In proof of the argument that these lesions are due primarily to implication of the vago nerves, let us glance at the conditions to be found in that artificially induced form of pulmonary affection called "Traumatic Pneumonia", and which occurs in all animals except birds when both pneumogastric nerves have been divided.

Since the days of Valsalva, who was the first author to give any definite information upon the subject, this condition of the respiratory system has been carefully studied by many competent and most able observers.

The changes which most frequently take place when both vaji are divided above the origin of the recurrent laryngeal nerves (the state most analogous to our cases of grip) are as follows: —

- (1.) There is paralysis of the muscles of the larynx, trachea and bronchi as well as loss of sensibility of the larynx, trachea, bronchi and lungs. The reflex act of coughing is abolished, and foreign bodies may now pass readily into the air passages owing to the paralysis of the glottis. As the reflex act of coughing is abolished as well, these substances pass on into the bronchioles and alveoli, there decompose and set up a chemical as well as a mechanical state of irritation.
- (2.) The respiratory movements become slower, and the

inspiratory phase more expansive. Practically a form of Cheyne-Stokes' respiration develops. The movements may be so disturbed as to result in interstitial haemorrhages from tearing of the pulmonary tissue. The atmospheric pressure within the lungs, during these long inspirations falls to a minimum and then rapidly ensues a severe pulmonary congestion. The vessels are overfilled, serous exudation occurs through the walls of the distended capillaries, a condition of oedema of the lungs follows and there may even be a true haemorrhagic exudation as well. It is uncertain to what cause this congestion owes its production, whether to the abnormal respiratory movements and especially the prolonged inspirations, or whether to an actual vaso-motor paralysis of the pulmonary bloodvessels, or finally to certain alterations in the cardiac rhythm, which I shall now detail.

(3). Section of both vagi paralyzes the inhibiting nerves of the heart, — the nerves which constantly moderate the cardiac pulsations. There follows, therefore, a notable acceleration of the pulse rate, which increases in a marked degree, the general blood pressure.

(4). Although there is as yet no definite proof, the general belief is that the pneumogastric nerves supply trophic as well as motor and sensory fibres to the respiratory tree. When the connection of these with the pulmonary cells is severed, trophic changes as well as those other alterations above mentioned, are said to follow.

(5). Finally, an exhaustion of the respiratory centre soon takes place and if the animal has survived the operation long enough, this will bring about the fatal result. This is in all probability the cause of death in birds which do not suffer from traumatic pneumonia.

According to Franke and others¹, the real active agent in the excitation of the bronchio-pneumonia, is the invasion of all kinds of foreign bodies (saliva, food, liquids, dust, irrespirable gases, etc.) into the air passages and the irritation therein set up. One cannot however neglect these other various alterations in the normal functions of the lungs and heart. Although they may not of themselves lead to inflammatory conditions, they yet supply a most suitable basis for further changes.

It is the presence to a more or less marked degree, in many cases of sup., of such functional changes that I insist upon as a most important predisposing cause of the disease under consideration.

In most cases, the initial stage has been irritation of the vagus centre as well as that of the fifth pair of cranial nerves. According to Althaus, this state of irritation is sufficient to give rise to all the symptoms of influenza including catarrh of the mucous membranes supplied by the ^{affected} nerves. In an address to the Medical Society of London upon the Pathology of Influenza with special reference to its nervous character, he remarked:—

" It seems to me evident that this lesion — whether con-
 " gestive or inflammatory — must lie very high up, as the
 " symptoms habitually implicate the whole extent of the
 " area which is under the influence of these nerves.
 " Moreover, their simultaneous affection, which seems

1. Franke. "Die Ursachen und die Beschaffenheit derjenigen Veränderungen, welche das Lungenparenchym nach Durchschneidung des Nervi Vagi erleidet. Berlin 1845. also Gesammelte Beiträge I vol. p1. 1871.

" in the catarrhal form of grip would lead us to assume a locality
 " where they are lying close together. The two pairs of nerves are
 " in close contact, however, in the uppermost portion of the spinal
 " cord and the bulb, where they originate with two nuclei, a smaller
 " motor, and a larger sensitive one, lying respectively on the top
 " of the anterior and posterior grey cornua of the spinal cord.
 " Irritation of this portion of the bulb is therefore shown to account
 " for the symptoms observed in the catarrhal form of grip, just
 " as irritation of certain other centres in the bulb has been seen
 " to account for the symptoms of the nervous variety of the grip." ¹

But, I would go further than Althaus, in holding that
 "irritation" alone cannot account for all the symptoms reported.

It is evident in considering the various clinical records of the
 affection that a state of exhaustion — of paresis of these centres is
 soon brought about, when probably a larger dose of the influenza
 poison is circulating in the blood. Then it is that the analogy
 which I have drawn becomes more evident.

In the irritable form we find a somewhat general, though
 in most cases, not a severe catarrh of the respiratory tree even in
 its entirety, with rapid breathing, high temperature and in many
 many cases (if it be not the actual rule) a slow pulse.
 I have frequently found a pulse of 80 to 90 with respirations
 as frequent as 28 to 32. According to Darbstein, this unusual
 temperature and pulse ratio rapidly changes, and may be gone
 before twenty-four hours. She says: — "After the first
 twenty-four hours, the pulse temperature ratio varies."

¹ Althaus. Julius, M.D. An address on the Pathology of Influenza
 with special reference to its nervous character. read before the
 Medical Society of London, Nov 2nd 1891 and published in the *Lancet*
 for Nov 14 and 21. 1891.

" Both may be normal, or both raised; but in uncomplicated cases the pulse often remains at or below 80." 1

Soon, however, paralytic symptoms from exhaustion of these nerve centres, begin to show themselves, although there are great variations in the rapidity of onset and in the intensity of their nature.

In comparing the two forms of paralytic symptoms, of which one set is produced artificially — the traumatic ~~lesions~~ ^{lesions of the vagi}, the other through the circulation of a poison in the blood and affecting the nerves at their origin — the grippe affection, we find representatives in the latter of most of the lesions described in the experimental form.

Thus for example, to take the paralysis of the larynx, trachea, and bronchi, we have a condition described by Henshaw, who concludes some notes upon influenza by remarking:—
" finally, I would note a sort of bronchial paralysis already indicated by Graves, and without bronchitis; one might almost say that the patient had both his pneumogastric nerves cut." 2

1. Harbstein. "Note upon the temperature and pulse in Influenza." *Lancet* March 1. 1890 p. 1273.

also Nicholson in a paper referred to upon page 21 of this thesis, says:—
" Occasionally, at no period is the temperature raised, but as a rule, the mercury rises quickly to 101° or to 102° or higher. The pulse however, often remains quite slow throughout."

2. Henshaw. *Société Médicale des Hôpitaux*. 24th Jan. 1890. *reported in La Médecine Moderne*. 30th Jan. 1890. Paris.

Dr. Wm. Ord too, in writing of Bronchio-pneumonia in grip states: - " In some of these cases, I have also observed a phenomenon indicating, as it appears to me, serious affection of the central nervous system. A patient is blue and livid, usually with tinged cheeks; he is breathing fast and with a distinct rattle, audible at some distance. On auscultation there are signs of the presence of large quantities of secretion in his bronchial tubes. Yet there is no expectoration, and no sign of the swallowing of secretion brought up into the fauces. It reminds me of what is called the "death rattle" wherein paralysis of the muscular walls of the bronchial tubes doubtless occurs". 1

In a case of grip which occurred under my care, and in which the bulbar symptoms (especially of an irritative type) were well marked, attacks of asthma with a similar rattle were very frequent. They arose some few days after the onset of the illness and lasted for over an hour at first, but gradually diminished in intensity and duration as convalescence became established.

Secondly, the slowing of respiration, the dyspnoea and even Cheyne-Stokes' respiration, have each a counterpart in grip.

Slow respirations, quick short respirations, Cheyne-Stokes' respirations have all been noted by Dr. H. de Brun, and others. Dr. Ferrand noticed a peculiar state of the lungs which seemed to precede for some days, the broncho-pulmonary complications of influenza; there was a notable diminution of respiration upon one side of the chest with increase of percussion resonance, without rale or rhoncus. He saw this several

1. Dr. W. Ord, "on the influenza epidemic of 1892. British M. J. 1892. p 143.
 2. Dr. H. de Brun "Manifestations nerveuses de la grippe. Le Méd. Moderne. 30th. Oct. 1890 et seq.

times and in individuals at different ages, and forty-eight hours afterwards, the pneumonic signs appeared. He considered that it was due to modifications in the permeability of the pulmonary tissue. 1

Monsieur Huchard, already quoted, says, "As for respiratory complications, I have seen pneumonia and broncho-pneumonia, but besides - very peculiar congestions, onto of states of passive congestion with râles only in long and deep inspirations. At other times, I have seen active congestions with ~~complications~~ hæmoptyses." Oedema, with a tendency to bleed in the sputum has been a frequent occurrence. In two cases, I saw this to a marked extent. The expectoration was in the form of a watery mucus, somewhat pink in colour from the presence of blood evenly diffused through it, and holding in few irregular masses of finer mucus. In one case, the fluid was highly aerated, in the other there were but few air bubbles. In the latter, the daily amount expectorated, at first amounted to 200 grammes, and at both bases there was slight dulness to percussion with sub-crepitant râles.

D. C. N. Guyon of Sheffield reports a remarkable series of severe pulmonary cases ending fatally after a few days illness. In these, besides emaciation, there seemed to be oedema as well, and in all, the spit contained blood, showing a grave state of the pulmonary circulation. In all of these cases too, exhaustion of the respiratory centre seemed to be the cause of death. As for the heart conditions, still ~~going~~ referring to D. Guyon's paper, he describes in all his fatal cases towards death, a very rapid pulse. In one case, it rose from 130 to 150 before death although the respirations remained at forty, whole

1. Ferrand. Société Médicale des Hôpitaux de Paris.
Jan 10th 1890.

while the temperature was 104.6. 1.

Further heart implication is shown as has been already indicated in dilatation, irregularity in rhythm, angina, etc.

Such interference with the functions of these important nerves, whether from irritation or from actual paresis, would of itself lead to disastrous complications in any case of grip in which they happened to be well marked, but even in milder attacks of this disease, we have other grave conditions to relate.

Although no definite massailable evidence is forthcoming with regard to the discovery of a specific microbe, the symptoms, course, and infectious nature of the disease, all point by analogy to its origin from a specific germ, which though of a short life history, has yet time to produce highly poisonous products or ptomaines.

These ptomaines, circulating in the blood, not only cause the disagreeable symptoms such as headache and other pains and the

1. C.N. Swayne. "Notes on the recent epidemic of pneumonia in Sheffield". *Lancet*. Dec 27, 1890.

In connection with this paralytic form of pulmonary congestion, an interesting case was reported to the Société Médicale des Hôpitaux de Paris, May 22^d 1891 by M. Rendu. He described a form of phrenic and pneumogastric paralysis consecutive to sore-throat. The diaphragm was paralyzed and at ~~the~~ the bases of the lungs there were detected rales and tubular breathing indicative pulmonary congestion. ~~The diaphragm~~ The diagnosis was — abscess of the circumoesophageal cellular tissue, leading to a neuritis of the trunks of these two nerves. The symptoms referable to the vagus were mainly the pulmonary congestion, cardiac failure and excessive vomiting. Recovery occurred with marked general emaciation.

various forms of catarrh seen during the height of the attack, but also they exert their baneful influence still further, in hampering and even in destroying the phagocytic action of the amoeboid corpuscles. 1.

1 As this paper was almost completed five months before the publication of the discovery of the Influenza Bacillus, I had not the benefit of the papers which appeared in the British Medical Journal for Jan 16. 1892 on "The Influenza Bacillus". These papers are: —

1. "Preliminary Communication on the exciting causes of Influenza." by Dr. R. Pfeiffer. Chief of the scientific section.
2. "On the Influenza Bacillus and the mode of cultivating it." by Dr. S. Kitasato.
3. "On a microorganism in the blood of influenza patients." by Dr. P. Cunn. Assistant Physician, Berlin.

It may be briefly stated that the Influenza bacillus appears as a tiny rod-shaped body, of about the thickness of the bacillus of mouse septicaemia, but only half the length of that organism. On staining with dilute Ziehl's solution, and with hot Pfeiffer's methylene blue, it is seen that the two ends of the bacilli stain most deeply so that forms are produced which are remarkably similar to diplococci or streptococci — a resemblance increased by the fact, that these may be seen in chains of three or four. Gram's method does not show them. They are found exclusively in cases of influenza in the purulent bronchial secretion and often in the protoplasm of the cilia cells. Pfeiffer says that "the presence of bacilli kept equal pace with the course of the disease; with the cessation of the purulent bronchial secretion the bacilli began to disappear. Only in apes and rabbits could positive results be obtained from inoculation experiments. In view of these results I consider myself justified in pronouncing the bacilli just described to be the exciting causes of influenza. Dr. Kitasato has succeeded in cultivating the influenza bacilli to the fifth generation on glycine agar."

Taking all these facts into consideration — i.e. the weakened state of the heart and lungs, and the altered chemical and physical properties of the blood such as I have described

Note upon Influenza Bacillus (Continued) —

Cannon reports " During the last few weeks, I have under the direction of Dr. Jettmann, examined the blood of twenty influenza patients in stained preparations, and in almost all cases I have found in the blood one and the same microorganism." " As on the basis of my researches, I am of opinion that this microorganism occurs in the blood of all persons suffering from influenza (at least in that of those who have fever), and as it is not found in the blood of other persons, and as it is a new organism hitherto unknown, I believe that it stands in direct relation to influenza."

Klein in a paper entitled "Some remarks upon the Influenza Bacillus" in the British M.J. for Jan. 23. 1892, refers gives his experiences of the microbe from experiments conducted during the end of December 1891 and the beginning of Jan. 1892 during the early presence of the epidemic in London. He found in the blood and humoral system bacilli, of which he remarks, "as regards thickness, length and polar staining, they compare completely with those described by Pfeiffer and Cannon, but some of the bacilli were quite as long as those of the mouse septicaemia with which Pfeiffer compares them. Cover glass specimens made of the fluffy masses from the broth cultures and of similar fluffy masses in the condensation water of the agar cultures showed the growth to be entirely made up of strings and filaments; each filament is composed of short thin rods some stained uniformly, the great majority however, showing a granule at each end; for this reason the filaments look exactly like streptococci chains composed of dumbbell cocci but the presence amongst them of uniform bacillary elements without polar staining proves the organism a leptothrix of minute bacilli. From this it is seen that what is here stated of the bacillus in the sputum in both and agar cultures, completely coincides with and confirms what is described by Pfeiffer and Kitasato. One appearance which is not mentioned by these in their preliminary account, and which seems to be a very striking appearance, is that the growth in broth is entirely made up of filaments."

elsewhere ¹, we can readily see how easy the invasion into and growth of the microbes in the blood might come about.

All the other forms of lesions, such as grave bronchopulmonary affections and all the different kinds of suppurative conditions, which have been reported, ought rather to be considered as secondary lesions in influenza — secondary in respect to the initial attack produced by a specific germ, for we shall find that they are not always accompanied by the same microbe.

The microorganism most frequently found in these secondary affections has been the streptococcus pyogenes, although others were frequent such as the pneumococcus lanceolatus of Friedländer, the lanceolate microbe of Talamon - Fränkel, the staphylococcus albus and the staphylococcus aureus.

Leyden says: "I have observed catarrhal as well as acute focal pneumonias. In the latter, the pneumococcus of Fränkel has been constantly found. In two fatal cases, only the diplococci and streptococci were found." ²

Rebat found five times in eight autopsies upon patients dead from influenza, the same streptococcus, — which he likens to the streptococcus pyogenes or erysipelatus and which he rather inclines to believe as playing a very important rôle in the disease, if it is not even the specific microorganism itself. ³

Bomhard describes different microbes according to the organ affected; in the vesicles of herpes labialis, it is the streptococcus pyogenes aureus, with which one meets; in the pneumonias, it is the pneumococcus lanceolatus; and in the bronchial secretions

1. Case of symmetrical gangrene following upon an attack of influenza of H. Hight - M.D. Ch. British Med. Journal. July 15. 1891.

2. Soc. Med. Internc. Berlin. Jan. 6. 1890. Discussion upon influenza.

3. Rebat. Microbiological researches in influenza (Deutsche Med. Wochenschrift) N° 15. 1891.

It is the streptococcus or staphylococcus. (1).

Weichselbaum confirms in almost all details these experiences of Bouehard. Heiler of Vienna, described acute pneumonias, of which, some were due to a diplococcus, others to the bacillus of Friedländer and others to the streptococcus pyogenes. (2)

Viellard with the assistance of Vincent made a careful study of the subject in Paris, and in all cases found the same streptococcus. In a case complicated by bronchopneumonia and phlebitis of the popliteal vein, he found swarms of streptococci in the blood of the affected vein, as well as in that taken from the spleen two hours after death. In the sputum, as well as in the various forms of effusion such as pleural, etc. especially when these were purulent, the same streptococcus swarmed. (3) At the same meeting of the Société Médicale des Hôpitaux, Netter remarked that the streptococcus was a normal inhabitant of the mouths of some persons.

Burlewamy⁽⁴⁾ describes how the anaemia of convalescence was always very marked as if the pathogenic agent of the grippe, had upon the red blood corpuscles, an action similar to that which we know belongs to the pathogenic agent of the malaria. In one of his cases, that of a young and healthy cavalry officer death was apparently due to a septicaemia without special local signs, and without appreciable gate of entry for the poison. He had a septic endocarditis, degenerated

1. Bouehard. Académie de Médecine de Paris. 27th Jan. 1890.

2. Heiler. Imperial and Royal Society of Vienna. Feb. 21. 1890. Med. Moderne 27th Feb. 1890.

3. Viellard. Société Méd. des Hôp. Paris. 24th Jan. 1890.

4. Burlewamy. Quelques réflexions à propos de l'épidémie actuelle de la grippe. Gazette Hebdomadaire de Médecine et de Chirurgie. Jan 25. 1890.

liver, congested kidneys and an enormous spleen, recalling the appearance of a recently delivered woman dead from septicaemia. All the organs swarmed with streptococci.

Similar accounts come from Salamon¹, Reichner², Babes³, Klebs⁴, Kowalstki⁵, Deligianus⁶ and Prior⁷ with regard to the frequency of the streptococci.

To recapitulate them: —

- (1) The bronchiopneumonia of influenza is generally a secondary affection.
- (2) It is most frequently noticed in males between the ages of

1. Salamon. La grippe et les microbes. *Méd. Moderne* No 7. 1890.
2. Reichner. Researches upon Influenza -
Centralblatt f. Bakt. u. Parasitenkunde No 12 1890.
3. Babes - An introductory note upon the bacteria found
in Influenza. Centralblatt f. Bakt. u. parasit. No 15. 1890.
4. Kowalstki researches upon the microbes of
influenza. *Wiener Klin. Wochenschrift* -
Nos. 13, and 14. 1890.
5. Deligianus - Bacteria of the grip. *Galenus* Nos. 1890.
6. Prior. Researches upon the microbes and complications of the
grip. *München. Med. Wochenschrift*. Nos 13-15. 1890.

twenty and sixty.

- (3) It is not necessarily induced by a chill ¹; in fact, very often it is quite otherwise, and it may arise before the patient has recovered from the primary attack and has ~~not~~ risen from bed.
- (4) The toxic agents, secreted during the primary attack, and now circulating in the blood, diminish the resisting power of the organism as a whole, besides hampering, if not destroying, for the time being, the phagocytic power of the wandering leucocytes.
- (5) Through the poisonous influence of these same ptomaines, the central nervous system, the blood, the circulatory and respiratory systems, etc. all are more or less interfered with and their normal functional activity is thrown out of gear.
- (6) As a result of such deterioration of the system, the facilities with which microbes may enter and develop within, are greatly enhanced.

In health, we are not free from the presence of many kinds of microorganisms in our secretions, in our various cavities and free passages, and even in the circulating blood itself, but as long as our resisting power remains capable of dealing with these, as long as the phagocytes can absorb them, so long will these germs remain innocuous to the general health. Once they are permitted, however, to increase in numbers beyond the pitch up to which the system can resist them, then their multiplication is unlimited. Their products of secretion tend further to diminish the resisting power of the phagocytes, although in the end, the ptomaines prove poisons to the very germs to which they owe their origin. In the present case, as we have seen, it is the *Streptococcus* ^{pyogenes} which has run riot in the system, and has been the active agent in the pathology of the bronchopneumonia. The general gravity of this form of lung affection is in this way accounted for, and it is only in patients of a very robust constitution and in whom the treatment can be carried

out in the best possible manner, that one can hope for a perfect or even a good recovery. Too often the streptococcus leads to extensive suppurations, to hectic conditions and even to local gangrenes, and the system undergoes a process of poisoning either from the streptococci themselves, or from the products of decomposition of the various pathological lesions to which they have given rise.

As for the other forms of broncho-pneumonia which develop in the course of specific fevers, etc. the same reasoning to a large extent, holds good. The pulmonary condition arises secondarily in a system already weakened by another disease and poisoned by the products of the germs of that disease. The active pathogenic agent is always a streptococcus, which may enter the system from without - a heteroinfection, or be absorbed from the various cavities and passages of the respiratory tract etc. auto-infection. Morsay of Paris in a recent monograph upon "Broncho-pneumonia" says "that whatever be the clinical origin of the lobular pneumonia, whether it be primitive or secondary to measles, to diphtheria or to any other disease, its pathological agent is always the same, and that is a streptococcus - the streptococcus pyogenes". "Whatever be the causes of the infection" he continues "the paths of propagation are always the same; the agents of the broncho-pneumonia in all cases proceed by way of the respiratory tracts, through which they pass directly to the pulmonary alveoli. Never, has anyone found them primitively in the blood-vessels, nor in the foci of atelectasis or of emphysema. It is in all cases by way of the lymphatics, that the infection becomes general, and ~~lymphatic~~ lymphangitis marks the commencement of this generalisation". He concludes by asserting that "broncho-pneumonia whether it be primitive or secondary, and in the latter, whatever be the affection which has preceded it, is contagious and epidemic." 1

Morsay. Étude sur les lésions histologiques et les causes bactériennes de la broncho-pneumonie. Nice (France). Paris. 1891.

In cases I. IV. V and VII streptococci were found in abundance -
 The methods used in staining these were those employed by Alsegy.
 The cover glass preparations were placed for 10 minutes in a hydro alcoholic solution of fuchsin violet (10 drops of a saturated solution in 5 cme water).
 These were then removed from the staining fluid, thoroughly washed and slightly decolorized in a one per cent solution of acetic acid. Where the tubercle bacillus was suspected I employed the following method, (after Alsegy) which colors the bacillus of tubercle red and all the other bacilli blue. For ten minutes the cover glass lies in a solution of Fuchsin (Erich's), then after washing most thoroughly, leave them for 2 or 3 minutes in this solution (Frenkel).

- Acid. nitric pure 20
- Distilled water 30
- Spt. Hect. 50
- Methylene Blue q.s. ad sat.

The following results were obtained -

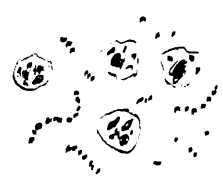
Case I. Streptococci swarms = alone and in chains.

Case IV. Streptococci swarms -

Case V The same result found in the bronchial secretions after death and in the pulmonary cavities.

Case VII. The same result found in the sputum.

In all these was an absence of the tubercle bacillus.



Case I. No 23/91 -
 Fuchsin Violet. Acetic Acid.

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Chapter IV

Pathological anatomy and histology.

Historical: -

Before going on to the actual description of the lesions in bronchopneumonia it may be interesting to glance at the history of the various steps which have been made in the separation of this disease from bronchitis on the one hand and pneumonia on the other, and its evolution into a real entity in the nosology of diseases.

It may be said that the disease "Bronchopneumonia" was born in 1823. It was in this year that Léger described a condition in children which differed from the pneumonia of adults in that the lesions were bilateral, often symmetrical, and of such an appearance as to resemble the spleen. For this appearance, he coined the term "Splenisation" a name which has remained a favourite with his fellow-countrymen. The distinctly lobular character of the lesions was pointed out by Berlin in 1828, by Burnett in 1833, and by de la Beye* in 1834. Killek and Barthel in 1838 drew attention to the very frequent fact of bronchopneumonia in children arising as a secondary affection. Janel described the lobular abscesses - "quins janes" in 1840 and held that they were of purely mechanical origin and due to the penetration of pus into the alveoli from the bronchi and bronchioles. In 1844, however, Segudre and Bailly differentiated the lesions and described two independent series of changes. The primary and the sole characteristic lesion according to them is a capillary bronchitis. This may lead to the other or secondary lesions such as pulmonary atelectasis (lobat focal), general congestion of the lobe, catarrhal pneumonia, mostly by mechanical means, or at times a partial lobular pneumonia of inflam-

* Consult Bibliography at end of paper.

Auld page 110

mainly extension. The latter, however, they regarded as always a fortuitous affair and not necessarily an entity of the disease. Bartels in 1860 and Ziemssen in 1867 concurred in the main with Brouard and Bailly. In 1878, Balzer reproduced the theories of Charcot with regard to the connection between the various lesions and described that authors theory of the "nodule peribronchique". Balzer holds that the capillary bronchitis is the primary lesion but he does not go so far as Brouard and Bailly and their followers in considering all the other lesions as of a purely secondary and mechanical origin. Some such, as bronchial obstruction, are mechanical certainly, but others are assuredly the result of extension of the bronchial inflammation. This extension may result according to him in two ways. Superficially, it extends along the bronchial epithelium and causes the changes in the alveolar epithelium — the catarrhal pneumonia & splenisation. Deeply, the inflammatory changes extend along the bronchial walls and the surrounding tissue and by their further extension, result in hepatization of the neighboring alveoli and thus form Charcot's "nodule peribronchique". In Balzer's mind, therefore, bronchio-pneumonia is a disease of the interlobular and intralobular connective tissue in distinction to lobal pneumonia (pneumonie franche) which attacks the pulmonary parenchyma. Some recent workers, however, such as Liebert, Franke, and Vulpian lay greater stress upon the alveolar lesions and consider them equally of an inflammatory character. Damasceno (1867) also admits these views with regard to the inflammatory nature of both sets of lesions but considers the alveolar changes as catarrhal although occasionally they may be accompanied by fibrous exudation as Virchow and Kindfleisch had already observed. Rogy and Köster (1877) described still further the analogy between acute pneumonia and bronchiopneumonia. As for Nantenberg, he described

the two diseases as identical in all except that lobar pneumonia was a primary disease and bronchopneumonia a secondary. Virchow's opinions agreed in the main with those of Damascius. He considered the atelectasis and splenisation, however, as of mechanical origin and the result of blocking of the bronchioles by pus. Germain Sé (1865) distinguished as essential inflammatory lesions the bronchitis, the splenisation and the hepatisation, and as mechanical effects, emphysema, atelectasis and congestion. Among English observers, Fox in 1841 in Key's System of Medicine, and Hamilton in the Practitioner for 1850-51 deal with the subject at great length. Like Legrand, Bully and others, most English observers have been especially impressed with the bronchitic element in the disease. It is generally said to arise out of a capillary bronchitis by extension of the inflammatory processes.

Hamilton in a series of papers upon "Catarrhal Pneumonia and Tubercle in the Human Lung" insists upon the essential difference between catarrhal pneumonia and lobar pneumonia. He says:—

"The two diseases emphysema and catarrhal pneumonia, in their acute stages are, therefore, totally different in nature; for, while the former is characterised by the exudation of the solids of the blood into the air vesicles, the latter is essentially an epithelial proliferation." I shall refer further to these very able papers later.

Expelled now is the ancient theory to which Dr. Smith still adheres in his manual upon Diseases of Children, that bronchopneumonia may arise secondarily to collapse of the lung. Cause and effect changed places to produce such an erroneous theory. Auld, in a recent monograph upon the subject, differentiates between Catarrhal Pneumonia and Bronchopneumonia. "Some authors," he says, "are inclined to discard the old term 'catarrhal pneumonia', but it is difficult to see for what reason. Irritants giving rise to this form of pneumonia do not all enter the lungs

by the bronchi. Some enter from the pleural cavity and others by the pulmonary artery. Hence, there is a bronchopneumonia and a catarrhal pneumonia, which may and usually do possess similar anatomical features - features which though presenting more or less variation according to the nature of the irritant, nevertheless are at all times sufficiently well demarcated from those which characterize acute lobar or fibrinous pneumonia.*

Mossy† thus sums up what he considers to be our present knowledge of the disease: - "we have then, examined a certain number of bronchopneumonias without regard to their clinical origin, and if our study leads us to affirm the almost absolute identity of the histological lesions of crupous pneumonia and of lobular pneumonia, it shows us on the other hand: -

1. that there is a profound topographical difference in the lesions of crupous pneumonia and of bronchopneumonia, in the latter of which, we distinguish two principal types: -

- (A) a lobular type which constitutes bronchopneumonia properly so-called, and
- (B) a pseudo-lobar type which ought to be attached to the crupous variety of pneumonia.

2. that the difference in the bacteriological origin of these two anatomical types, of which the latter approaches crupous pneumonia, shows us that the lobular or bronchopneumonic type is due to the action of the streptococcus pyogenes, while the pseudo-lobar form is due to that of the pneumococcus lanceolatus of Galambow - I remember."

* Auld - The Pathological ~~Anatomy~~ Histology of Bronchial Affections, Pneumonia and Fibrinous Pneumonia - 1891.

† Mossy - loc. cit.

Volume II.

The Bronchiopneumonia
of Influenza -

(Continued).

by Hugh Hyllet M.B. Ch.B.

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Chapter IV (Continued)

Pathological Anatomy and Histology.

The Lungs :-

Following upon the original plan of Hamilton, I shall divide the pathological description into three stages :-
 the first - the acute or subacute stage,
 the second - that of caseation, and
 the third - that of phthisis or destruction of the lung.

The First Stage.

On making a post-mortem examination at this stage we find the following appearances in the lungs :-

There is generally an absence of acute pleurisy and if inflammatory changes of the pleura are present, they are usually limited to the visceral layer and to the portions of this layer which cover the areas of hepatization of the pulmonary parenchyma.

"The Organ" Hamilton says, "when removed from the chest, feels vesicular throughout, often more so than a normal lung, from the difficulty which the air experiences in leaving it."

At the base and the posterior portions of the lungs, the tissue has a deep red color and here the consistency is somewhat denser than normal. This condition ~~usually~~ persists as a rule while further changes may go on in the upper reaches of the organ. Such was the case in Cases III, IV, V and VI and to some extent in Case VII. The reason for this will be discussed at a later period.

Scattered over the surface of the lung and more especially at the base and the posterior border, one notices frequent dark purple, somewhat angular patches which may project slightly above the surrounding surface. This projection however is not constant and is not to be depended upon



H. Hight del. et pinx.

- Noted eye appearances of portion of lung from case IV, magnified two-times. **a.** alveoli filled with exudation products which have undergone fatty degeneration and are rapidly caseating. **a'** ditto. **b.** dilated bronchiole with grape-like arrangement of affected lobules. **e.** emphysema around and between the nodules. **p.** thickened pleura. **s.** thickened interlobular septa.

The first stage has just merged into the commencement of the second stage.

as a distinction from patches of atelectasis. In most cases, the surrounding pulmonary tissue is considerably distended by emphysema, so that these dark patches of hepatisation seem rather to be small beneath the general pulmonary surface which is paler in colour than usual. In the adult, patches of atelectasis are very rare. When present, they appear somewhat like to the above described areas of condensation but their site in contradistinction to these is upon the lateral or anterior border or even at the summit of the organ. They are depressed beneath the surface, they do not crepitate, and to the touch they are firmer than the areas of hepatisation. When cut out, they float in water, while patches of consolidation sink at once. Almost all the remaining portions of the lungs seem to be emphysematous and frequently this is enormously exaggerated. The apices and anterior borders show this well, and everywhere throughout the organ between the areas of condensation and collapse, the alveoli seem to have undergone a compensating distension. On cutting into the lung, it will be noticed that the patches of consolidation already noticed from without, are most frequent towards the surface, that they are usually pyramidal in outline, and that their base lies against the pleura. In section they are rather smooth and of granular, only slightly so. In the early stages they are not sharply defined from the surrounding tissue, and their colour like it is deep purple. Later on, they become lighter red and even greyish in colour with fairly sharp borders. (see water colour drawing N^o I.) They are soft, somewhat raised, and give me the feeling of boiled sago grains as I described in Case III. The patterns of the bronchioles are quite evident, are generally somewhat dilated, and often show a drop of pus.

Upon squeezing the lung, pus and fatty mucus wells from these lobules & bronchioles. When these points of pus are well marked, they form the peribronchial abscesses.

The intervening tissue is markedly congested, while immediately surrounding these patches of consolidation, the air cells seem dilated and actually emphysematous. (See Waterhouse Sketch No. I.)

Upon squeezing the lung, blood in considerable quantity oozes from the general congested pulmonary tissue and the large bronchi as well as the above mentioned bronchioles exude considerable quantities of a fatty purulent mucus derived mainly from the peribronchial abscesses, although their mucus membrane may be somewhat congested as well. The areas of atelectasis, upon section, are deep violet in colour, dry and uniform in surface and on squeezing them, only bloody mucus exudes, never pus. They float in water and can be insufflated so as to make them return to their normal dimensions.

Anatomical forms of the disease.

Taking the distribution of the peribronchial nodules as a basis for classification, many different anatomical forms have been described. Thus we have the lobular disseminated or lobular discrete form of Bonchout, where the lobules are totally distinct and separate from each other. Here they lie along the posterior borders at the corners or edges as a general rule and hence this form has often been called Marginal or Cortical Pneumonia.

Again, the foci may become confluent, involve almost a whole lobe, and yet each remain distinct from the others. This is its second stage gives the appearance of pancreas and is called the generalised lobular form (lobaire confluenta of Bonchout).

In the pseudo-lobe form of Barrier, the separate foci are no longer distinct. In place of an irregular surface, we have a flat, smooth, non-granular surface which is somewhat friable upon section. This form can, however, always be distinguished from empyema pneumonia by the inequalities in colour and the non-granular surface. Here there are concentric zones of varying tint, associated with bronchial lesions, while in other regions of the same lung, we may see the typical disseminated form with emphysema, and it may be, patches of atelectasis. Microscopical examination, too, confirms our diagnosis at once.

Histological appearances during the first stage.
 Examine a single lobule from one of these patches and notice in turn the various elements. In the centre of the lobule or towards the side according to the site of section, the large rounded tube of a bronchiole is seen, distended, as a rule, with cellular products. In its neighbourhood lies the accompanying branch of the pulmonary artery and grouped around the bronchiole, the air vesicles are seen loosely packed with cells-products of the catarrhal inflammation. The bronchiole shows signs of capillary bronchitis. The epithelial cells are swollen and are seen to be proliferating and forming embryonic cells toward the basement membrane. The bronchial walls are congested and soon show infiltration of leucocytes, an infiltration which in long ends in destruction of the muscular fibres, and then the section shows a distended ring of fibro-elastic tissue, lined in leucocytes and lined by the remains of the original epithelium in the form of irregular or flattened cells lying against the swollen basement membrane.

As for the alveoli, their contents consist of cells and

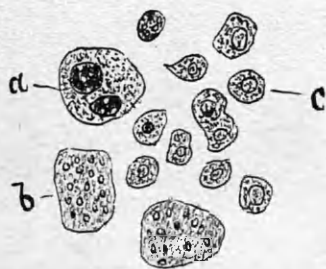
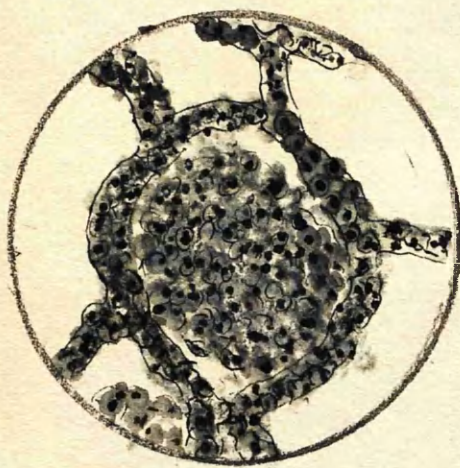


Fig 7. Catarrhal Cells. Acute catarrhal pneumonia. $\times 450$ diameters. a, large catarrhal cell with two nuclei; b, an epithelial plate becoming fatty; c, germinating catarrhal cells. (Copied from Hamilton's paper in the Practitioner Vol XXIV. p179. 1880).

a mucous fluid. According to Hamilton, fibrin is rare, but later observers insist upon its presence especially in the central alveoli. Auld holds that "the alveolar cavity will be found usually to contain a fibrinous exudation, which in the majority of cases cannot be distinguished from that of acute pneumonia — that is to say, the alveolar cavity is filled with fibrin, which adheres closely to the alveolar walls and contains a variable quantity of epithelial cells, leucocytes and red blood corpuscles in its meshes." The amount of fibrin depends upon the acuteness of the inflammatory condition. The same fact influences the cellular nature of the exudation. This consists of three kinds. According to Hamilton, "the form most commonly observed is represented at a. It is a large flat body with a finely granular periplast and usually two or more nuclei, and within each nucleus there is commonly a protoplasmic pleura. There is evidence in the occasional dumbbell shape of the nucleus that division and multiplication have been going on. The difference in size which the nuclei ~~also~~ frequently show, (2) supports this idea. Certain of these cells, however, do not show any nucleus, but on the contrary exhibit undoubted evidence of fatty degeneration (β). Oil globules are visible in them, at first few in number, but subsequently ~~cover~~ converting the whole cell into a compound granular corpuscle. (Fig. 10 a). Other cells of smaller size (c) are also abundantly found, each having a large nucleus with a delicately granular periplast. These also show clear evidence of dividing — the nucleus first, the periplast afterwards. A few bodies of round shape, evidently blood leucocytes are sometimes met with, but not often and they do not form an essential element of the catarrhal secretion." The largest cells which are flat and devoid of nuclei are the

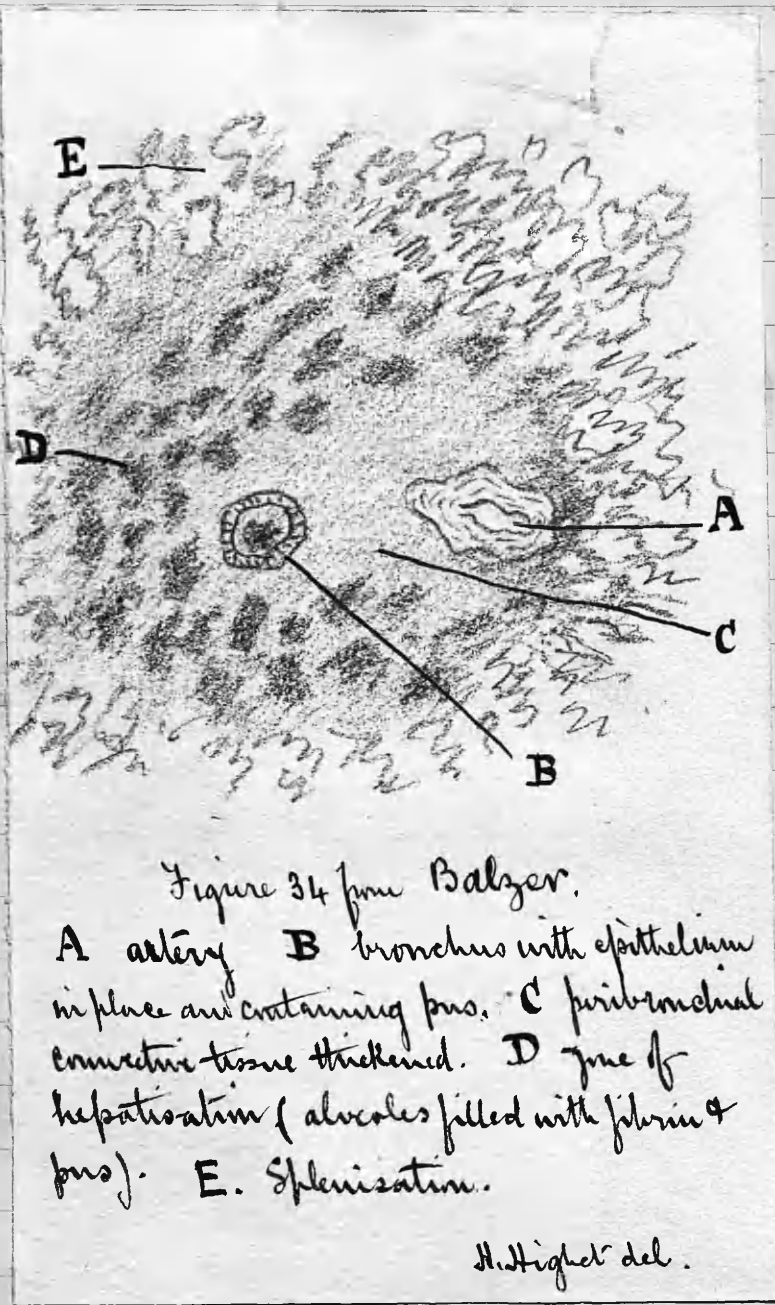


Case III. a solitary alveolus
filled with cellular products.
(High Power).



Case III. Alveoli at the
end of the first stage: caseation
commencing.

" desquamated epithelial plates, the smaller nucleated bodies are
 " the embryonal progenitors of the same, while the compound granular
 " corpuscles are either of these in a state of fatty degeneration."
 Hamilton has also clearly demonstrated the mode of ~~origin~~ origin
 of these cells. In place of groups of germinal epithelial cells
 scattered upon the alveolar wall, the whole wall is now germinal
 in character. The nucleus divides until many of the cells contain
 three or four nuclei. In their rapid growth, the cells arise above the
 surface of the alveolar wall, assume a pedunculated form and
 soon drop off into the cavity of the alveolus. Such a general
 and rapid cell formation soon crowds the alveoli, and mixed
 with the mucus and also fibrin in many cases, these constitute
 the catarrhal pneumonic effusion. These cells cannot maintain
 an independent existence for more than a very few days, but
 rapidly undergo retrograde changes. Fatty degeneration soon
 transforms these into compound granular corpuscles. In
 acute cases, where the embryonic cells are very abundant
 and where fibrin is present amongst them, the resemblance to empyem
 pneumonia is very evident. Examine, however, the interlobular
 septa and more especially the interalveolar septa. The vessels are
 distended and stretched and they may be seen projecting into
 into the lumen of the alveolus. The fixed connective tissue cells
 amongst them are germinating rapidly, and herein lies the
 main distinguishing feature of the disease. As Auld
 remarks, "What then is the graded distinction between acute
 " broncho-pneumonia and acute lobar pneumonia? As has
 " been seen, there normally exists in the former a fibrinous
 " exudation which is indistinguishable from that so characteristic
 " of the latter. But in the case of acute broncho-pneumonia, the
 " fixed connective tissue cells of the alveolar walls invariably ger-
 "minate and give rise to a great crowd of young cells which soon
 "



" fill up the alveolar cavities. No such germination occurs in the vast
 " majority of cases of ordinary pneumonia; when it does occur it is ex-
 " ceptional and gives rise to grave consequences. It is not the swelling
 " and infiltration of the alveolar walls nor the presence of fibrin, nor of
 " desquamated epithelium; all of which in either of these diseases may be
 " less or more found — it is not these to which any diagnostic
 " value can be ascribed, they are but extrinsic ~~part~~ features;
 " the sole anatomical distinction consists in the germination of the
 " connective tissue corpuscles in the one and not in the other. This opinion
 " I have formed after prolonged examination of a large number of examples
 " of both affections, and am convinced that no other view respecting the
 " anatomical distinction will be able to hold its ground".

Briefly then, the appearances in a lobe are these: — in the
 centre is the round tube of the bronchus, generally deprived of its epithelium
 and distended with catarrhal products of which most of the cells have
 undergone fatty degeneration. In rare cases such as Balzer figures
 (Figure given) the columnar epithelium prevails although its
 organic connection with the basement membrane has been
 severed owing to the dense proliferation of cellular elements from
 the bronchial walls collecting behind it. Surrounding the bronchus,
 there is a zone of alveoli distended with acute catarrhal products. Here
 fibrin is most constant, and embryonic cells and blood corpuscles
 are most numerous. The shape of the alveoli is considerably altered.
 They are often much flattened by reason of the bronchial dilatation.
 Farther out, the alveoli, which maintain their normal shape contain
 only the cellular elements, and still farther out in early cases, the pri-
 mary congestion of the capillaries with commencing cell proliferation
 may be seen. Balzer was the first to draw special attention to these
 zones hence the name Balzer's zones. (see Figure). In the
 interlobular septa surrounding these patches, great activity of the
 cellular elements is also seen. There is generally a cellular infiltration
 resulting in the production of elements quite similar to endothelial cells,
 and in fact often derived from the endothelium lining the lymph channels.
 (see Figure).



Case VII. A series of peri-
bronchial nodules, at end of
first stage. (Low Power.)



Case VII Peribronchial
nodule. a, artery. b, bronchus.
c, alveoli blocked with exudation
products at the side of the bronchus
away from the artery.

In other cases (though rarely) it is purulent. The walls of the pulmonary bloodvessels also show thickening from a similar cell proliferation. The lymphatic channels and spaces are distended with variously shaped cells derived from these different sources (see figure).

These then are the normal appearances in the first stage of the disease when the irritation has not been of a very severe nature. If the case goes no further and if the products of exudation undergo a mixed fatty degeneration, resolution may occur from absorption or evacuation by expectoration of the debris. In these cases due to the grip, however, such a happy result was somewhat uncommon. Death frequently occurred as a result of implication of both lungs in the greater area of their surface. In these cases, haemorrhagic exudation was very frequent and the expectoration consisted of almost pure blood.

The most frequent course was in suppuration. Foci of suppuration arose in the midst of the affected lobules and gave the appearance of multiple abscesses. In very virulent types, the bronchial & surrounding alveolar walls rapidly broke down and abscess cavities of varying size soon formed. Death frequently results when this occurs but in adults, life is often prolonged into one or both of the subsequent stages.

The second stage a stage of Caseation.

In the affected lobules, the catarrhal cells accumulate and block up the alveoli. The bloodvessels are pressed upon, the tissues are gradually rendered anaemic and dry, and fatty degeneration ensues. As Hamilton has pointed out, the further evolution of these products of fatty degeneration varies according to the amount of fluid present in the tissues. If the attack has been ~~an acute one~~ acute, the fatty degeneration has been a mixed one, and the debris is readily got rid of in this state. But if the onset has been of a sub-acute nature as is so frequent in the influenza form, the

anaemia is brought about gradually, there is considerably less fluid effusion, the degeneration is a dry one and the debris dries in the alveoli and undergoes a further change - a caseous metamorphosis. The matted appearance of the lungs in this stage ^{were} well exemplified in ~~this stage~~ Cases I, II, III and IV although in these, evidences of the other two stages were also present.

In all cases pleural adhesions were discovered upon opening the thorax and in the region in which pain had been complained of during the second stages of the clinical history. In Case I, the adhesions were slight as the duration of the case was so short, but in the other three cases, they were so extensive as to almost obliterate the pleural cavity. The adhesions are fibrous but at this stage they are readily broken down. In Case II, I note "The lungs are adherent to the chest wall by recent and very general adhesions of a thin fibrous nature which are easily broken up except at the diaphragmatic surface of the right lung. The interlobar surfaces are also glued together but there is no fluid in either of the pleural cavities." "The lungs both thoroughly anaemic and pale especially at the edges and corners of the lobes where emphysematous bullae are remarked. On handling the lungs, they do not give ^{to} one the usual feeling, they seem ~~to be~~ ^{less} crepitant than ~~normal~~ usual, to be heavy and here and there to give quite a solid impression to the grasp. The pleural surface of the lungs is irregular, and scattered over it are nodules in great numbers which vary in size from a split pea to a hazel nut. They are of a greyish yellow colour, their borders are sharply defined and the intervening tissue is considerably pigmented." On cutting into the lung, I note in case II. "Through the entire surface of the pulmonary section, there are thickly distributed yellowish white foci, apparently of the nature of areas of consolidation. They are especially evident in the basal and posterior portion of the organ on account of the contrast in colour. To the touch, they feel like half boiled sago-grains and are in size, similar to these, though here and there several have run together and coalesced to form large masses of consolidation, perhaps as large



Case III.

Caseation of alveolar expansion
and commencement of same in
alveolar walls. Amorphous
condition of tissues almost general
throughout portion seen.

as a hazel nut. These nodules, especially the large ones, have a caseous
 look but in many many cases they are just undergoing liquefaction.
 Both lungs in fact seem to have remained in their upper two thirds
 in a state of grey hepatization, while the lower portions had only, so
 far, got the tinge of red hepatization or here carnisation as the
 French writers call it, but in addition, there were these yellowish
 grey nodules. "They are largest and most frequent beneath the
 pleura where they tend mainly to a pyramidal form with the
 base lying upon the surface. In many cases a bronchiole is
 seen in their centre and these bronchioles seem so large for their
 situation that they are evidently dilated in a funicular manner.
 Here and there where the nodules are small and still separate from
 each other, they are seen to be scattered along either side of a bronchiole
 and its branches like grapes upon a stalk". (See Sketch No I).
 The nodules are often most numerous at the apices as in Case III.
 The lung tissue as a whole is firm and dry except where the
 caseous tissue has broken down and formed purulent cavities.
 To such caseous nodules as these, Laennec gave the name
 "Nœde Tubercle", but space does not admit of me dealing any
 farther with such a very important and classical theme as the
 unity or duality of phthisis.

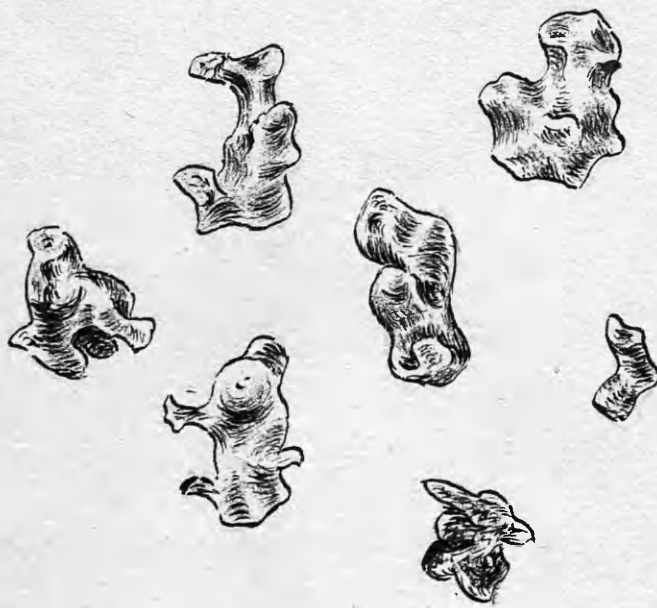
The pleura shows signs of commencing thickening - a process
 which is already evident in the interlobular septa as well. (see Plate I).

On examining one of these nodules with the microscope it will
 be seen that each is made up of a group of air cells filled with solid
 constituents. The surrounding air cells may be quite healthy in
 appearance although they are generally considerably dilated and
 emphysematous, but in many cases, an acute catarrh has arisen
 around the caseous centre. In the latter case the contents are
 loosely packed, are similar to those described in the first stage and
 may be mixed up with mucus and often with fibrin if the
 inflammation has been at all acute. Towards the centre of the
 lobule, the alveoli become more densely packed and the cells are

markedly fatty, and many of them have completely broken down. Fatty and albuminous particles are mixed up with these cells, and give a highly granular appearance to the alveolar contents. "The perivascular blood vessels within this area are very much less numerous than in the area more removed" * Further in, the structural characters of cells and of alveolar walls begin to disappear. The alveolar contents are granular and amorphous, they completely fill up the cavity of the ^{air} cells and the adjacent walls are seen to be undergoing the same changes as the cellular elements. The centre of the whole soon becomes an amorphous dusky patch in which no sign of structure can be made out. This central portion refuses to take on staining agents at all or only very slightly, hence stained specimens give a good walled up demonstration of these facts.

There is nothing specific in this caseation. Some authorities affirm that it is always tubercular in nature but it is by no means so. It arises as Hamilton says "in any part of the body where the blood supply is gradually cut off from the part. In subacute catarrhal pneumonia, the conditions are eminently favorable for the termination of the products of exudation in a state of caseation. As we have already seen that the alveolar epithelium proliferates steadily and persistently until the cavity is filled up and distended; the capillaries are gradually obliterated by pressure from without, and a slow form of cell necrosis called caseation invades the alveolar contents in the first place and thereafter extends to the alveolar walls and capillaries. Hamilton aptly likens this process to the changes which go on in the "ripening of cheese". The same authority lays some stress upon another factor which he considers as playing an important role in the production of caseation. This is the vitable and violent cough which is supposed to act in a dynamic manner. "In the first stage of the disease," he says "a considerable amount

* Hamilton - The Practitioner, loc.cit.



BRONCHO-LITHS.

FROM

CASE V.

(magnified four times).

H. Hight del.

of fluid is contained within the catarrhal pneumonic secretion, which undoubtedly will be pressed out of the air vesicles when the patient coughs, while the solids will be left within the air vesicles in a more or less dry condition".

Such a dynamic process - such a compression, must have been the principal factor in the formation of the

Broncho-liths in Case V.

In this case upon post-mortem examination the lungs were found to have advanced to the third stage - that of disintegration in the upper portions and especially at the apices, while the middle & basal regions showed the first and second stages. In clearing out the granular contents of one of these cavities, I found three hard cretaceous particles lying loose in the cavity and on washing them, they were all seen to present similar characters. (See Sketches). The largest was scarcely 1/8 inch long. The color was yellowish white and the shape was as I have attempted to picture. That is, each was knobbed and slightly branched. Each was a cast of the bronchiole and the immediate portions of its branches in which it had been formed. On clearing out the other cavities, one or more similar calculi were found in each. On making sections of the tissues still in the second stage, several calculi were found in situ. Each lay in the lumen of a dilated bronchus which again occupied the centre of a caseous mass. One or two were still tightly grasped by the bronchial walls, and on picking them out, the little ~~branches~~ ^{fractures} were seen corresponding ^{with} the knobs upon the calculi. In other places, the first stage in the formation of a cavity had commenced. The bronchial walls had broken down around the calculus as well as the surrounding caseous tissue to form a soft putty like mass. These cavities will be described later on, but here I may simply mention that they were formed by this breaking down of the degenerated tissue around a calculus, and were not dilated bronchi.

These bronchial calculi have been rendered even more interesting

to me by the fact of the publication, ^{some months later,} of a monograph, entitled "Les pierres du pommard". I. In this thesis, Monsieur Poulain divides all solid productions found in the lungs into three divisions according to their histological analysis: - I. Cartilagineous and pseudo-cartilagineous. II. Osseous. III. Calcareous; and again, he distinguishes them according to their site of production.

A. productions and metamorphoses formed in the tissues themselves of the broncho-pleuro-pulmonary system and constituting what he calls parenchymatous concretions (pneumolites). These may be cartilagineous, osseous or calcareous.

B. productions and metamorphoses found in the interior of normal or accidental cavities of the respiratory system, which are always of a calcareous nature and according to their texture, constitute homogeneous stony concretions, or else calculi properly so-called. From his conclusions we may quote the following: -

"The caseous tubercle of bacillary origin (Roch) occupies the first place among all pulmonary lesions capable of undergoing a calcareous transformation. Most authors even, only admit this form of calcareous concretion. But other non-tubercular pulmonary lesions can also undergo this change: such non-tubercular lesions as infarctions, bronchopneumonic nodules, milium abscesses, etc.; the pseudo-tubercle of actinomycosis, cladothrix and myxoma, etc.; finally cysts and tumours of the lungs."

"The broncholithiasis may be accompanied of pulmonary tuberculosis, or exist with a complete absence of all tubercular lesion in the lung. In the latter case, it may adopt a chronic course, and give rise to a clinical picture, in all points like phthisis. We have given to these manifestations the name of pseudo-pulmonary phthisis of calculous origin (pseudo-phthisis pulmonaire d'origine calculeuse)."

"In an anatomical point of view, this disease is characterised by the existence in the broncho-pulmonary system, of irritative or ulcerative inflammatory lesions, dependent more or less directly upon the action of a calculus or of a cartilagineous, osseous or calcareous concretion,

set in the parenchyma or more often free in the air passages; further, these different lesions exist in the absence of all other tubercular alterations of a bacillary nature."

"At the clinical point of view, the disease is characterized by functional and general symptoms and by physical signs simulating in all points, the manifestations of tubercular phthisis properly so called, but differing in the absence in the sputa of the bacillus of Koch and in the existence of the broncholithic expectoration - the expulsion of calculi or concretions."

In the case under consideration, the calculi were either produced in a cavity, or in a bronchus. As we have seen, however, a few calculi were actually found in situ in a bronchiole and thus there could be no doubt about the mode of origin of these. Those found free in the cavities might develop in a different fashion. They may have been originally the result of infiltration of the pulmonary tissue with mineral salts - a condition favored by the presence of a caseous exudation and have become free owing to their setting up an ulceration of the surrounding tissue ending in cavity.

Or again, a cavity being formed in some other way, they may have been produced as the result of infiltration of a particle of inspissated sputum or pus with subsequent deposition of layer upon layer of mineral salts such as are seen so often in urinary calculi. Such a formation is frequent when we have pus and sputum lying, say, in a cavity communicating with a very small bronchus and cases of this nature have been reported by Andral¹, Rogée², Ball and Vie³, Gubler⁴, Palladini⁵, etc.

1. Andral. Clinique Médicale vol IV. p 139.

2. Rogée. Clinique Médicale, also, Essai sur la curabilité de la phthisie pulmonaire, ou recherches anatomico-pathologiques sur la transformation des tubercles et la cicatrisation des excavations tuberculeuses des pommues. Arch. Génér. de Médecine. 3^{me} série. Vol. V. 1839. ~~p. 141.~~

3. B. Ball et A. Vie. "Concretions calcaires multiples, trouvées dans une excavation pulmonaire chez un tuberculeux." Soc. de biologie. p 135. 1858. 59.

4. Gubler. In Charcot's Thèse d'agrég. Paris 1860. & Soc. Méd. d. Hôp. Vol II. 2^{me} série. 1866.

5. Palladini. loco citato. p. 161.

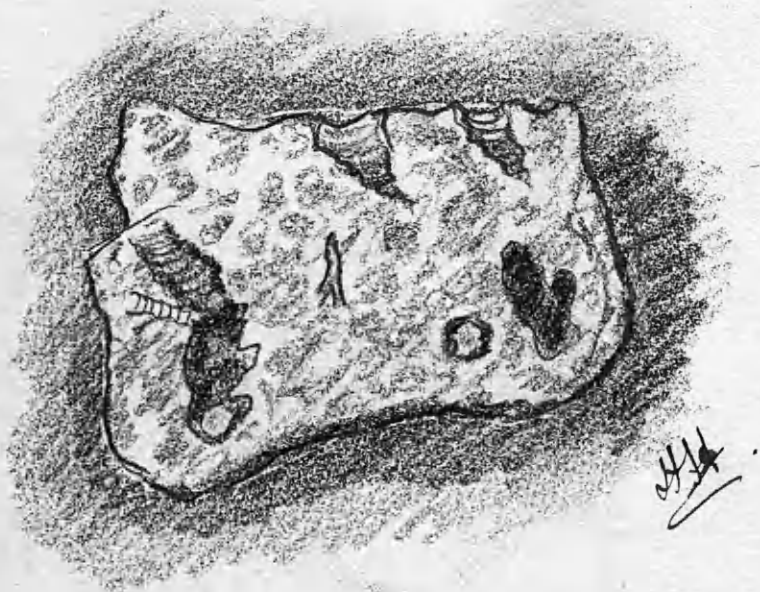


Figure 2. Topographie macroscopique des
Cavernules, des branches dilatées et des calculs
intra-cavernuleux. (Obs. A.M. Poulain.) $\frac{1}{1}$.

In a note descriptive of his sketch which I have copied, Pollalim writes: — "Not far from the cavity in the right lung, one sees another 'concretion', but this is set in the tissues which surround the excavation (~~also~~ (already described). This is a calcareous parenchymatous nodule. One understands that by the progress of the ulcerative destruction which forms these cavities, this concretion would have finished by ~~setting~~ projecting it into the cavity and there would easily have been set at liberty. It is thus that one must explain the expectoration of parenchymatous concretions." 1

Analysis showed that these calculi consisted largely of phosphate and carbonate of lime with traces of organic matter. The analysis of similar calculi by Ball & Vic gives phosphate of lime 72-75%, carbonate of lime 5.66, fatty matters and cholesterol 4.18, organic matters 9.83 and the remainder of phosphate of soda, magnesia, etc.

In our own case — Case V. There can be but little doubt that they were entirely bronchial in their nature. These, and these alone, merit the name Bronchooliths while to the nodules of parenchymatous origin, the term Pneumooliths more appropriately applies. They have been known to the profession since the days of Galen and since his time, Dodonée, Morgagni, Félix Plater, Bahus, Dupon, Laennec, Hamilton, Gibout, Vidal, Lecere, Muscato, Jean de Wier, Fabrice de Hildan and others have reported cases of pulmonary calculi expectorated from the bronchi. 2

Bronchial calculi may be found in large bronchi, in the smaller tubules or in their dilated terminations in the infundibula. They are usually few in number as in Case V, although occasionally hundreds have been expectorated in a single case. Their shape is characteristic as they almost always are moulded according to the cavity which has served as their matrix. They are often branched like coral, but they may be more irregular in shape, rounded, or twisted with rounded knobs

1. "Les Pierres du Pommou, de la Plèvre et des bronches et la Pseudo-phthisie pulmonaire d'origine calculense." par S. A. Marinus Pollalim.
Thèse de docteur de Paris. 1891.

2. See next page.

irregularly distributed over their surface - (see Sketch). The surface may be smooth but often there are rough areas as well, or the whole calculus is rough and irregular. They are small and vary from the size of a millet seed to that of a pea, bean or even a filbert. They are usually denser than ordinary pulmonary or parenchymatous concretions, which are somewhat porous as a rule. The reverse may be the case however, in texture, they may be homogeneous as in our own case. But more commonly bronchial calculi have a nucleus of mucus, fibrin, blood or pus and around this nucleus, the mineral salts lie in concentric layers like a vesicular urinary calculus. The structure of the nucleus may be made out with the microscope, upon dissolving away the mineral salts with weak acid. Chemical analysis agrees pretty much with that obtained from pulmonary concretions. Phosphate of lime predominates but carbonates and other salts are also present in variable proportions. In our own case, Dr. Hoff of Paris, who very kindly made the analysis for me, reports: — "I have examined the concretions you found in a patient's bronchus after death. They are principally formed of cholesterol and contain a small portion of phosphate, carbonate and sulphate of lime." Bronchial concretions of urate of soda in crystals have been reported

1. Galeni opera. De locis affectis. lib. IV. cap. 9.
2. Dodonée. Obs. Medicin. Cap. 23. Apud Scheuchner. De calculis pulmonum.
3. J. B. Morgagni. loc. cit. epist. XV. § 19.
4. Felix Plater. Sepulchr. I. in Schol. Bonet. apud Morgagni.
5. Laennec. Traité de l'auscultation médiate, etc. 4^e edit. Vol. II. p. 311. 312 in note.
6. Dalmas. Journal hebdomadaire 1829. no 29. 18th. April. p. 65.
7. Dufour. Bull. Soc. Anat. Paris 1852. Vol. 27. p. 109.
8. Hamilton. Pulmonary concretion. Dublin Q. J. of Med. Sc. Vol. XXIV. 1851. p. 446.
9. Quibron. Bull. et mémoires. Soc. méd. des hôp. 4^{me} série Vol. II. 1865. p. 66 seq.
10. Vidal. Bull. Soc. Anat. Vol. XVIII. 1853. p. 88. Bull. Soc. méd. hôp. 1866. VI.
11. Albato. Un raro caso di calcolosi bronchiale Gazz. Osp. Milano. 1884. Vol. I. p. 474. 482.
12. Jean de Wier. De prestigio haemorrh. lib. IV. cap. 2. p. 353.

by Bruce Jones⁽¹⁾ and also by ~~the~~ Bernheim⁽²⁾ in gully subjects. These bronchial calculi which we have described at length, are always secondary to a pathological condition of the bronchial tube and its secretions. According to Carcuton,³ Hanot,⁴ Darenberg⁵ and others, the expectoration in various bronchial catarrhs contains a large amount of phosphates, carbonates and even chlorides. Given such a composition of the sputum then, given in addition the presence of the purulent exudation with which it is mixed and which has undergone fatty and even caseous degeneration, and allow these to stagnate in dilated bronchioles and infundibula such as we have already demonstrated to be present in this disease, then what more suitable grounds could we have for the formation of bronchial calculi and especially as in our own case of calculi largely formed of cholesteroline and organic matters. Particles of fibrine, of blood clot, degenerated cells of all sorts, are all these ready to serve as nuclei for such broncholiths and we do not require the presence of such inspired foreign bodies as cherry stones, grains of maize, wheat etc, which have been reported by various authors as the starting point of bronchial calculi.⁶

1. Bruce Jones. Pathol. Soc. Trans. & The Lancet 1856 p 98. also see Charcot's note to Garrod's work upon Gout. French translation. Olivier 1867 p. 275.
2. Bernheim. Soc. med. Strasbourg. 6th. June 1892.
3. Carcuton. Académie de Méd. de Paris. 1863.
4. Hanot. Vide Article Phtisie. Dict. de méd. et de Chir. Pract. XVIII. 1879.
5. Darenberg. (G.). De l'expectation dans la Phtisie Pulmonaire. Thèse de Paris 1876.
6. A.M. Eggerdes. Sphaeroid. med. phys. curis. Decem. Bonn. X 1891 p. 123.
 & Struthmann in Bull. Soc. med. Gand. 1862.

* Cruveilhier (F.) Traité d'anat. pathol. Génér. 1852. Vol II. p 243.

Maschawat. Lagneur. Bull. Soc. anat. Paris XIV. 1839. p 303.

Masen. (de Ledé) Ann. Soc. méd. Gand. 1862.

All these except the case reported of Cruveilhier, which had a grain of maize for a nucleus, had a cherry stone as nucleus and all gave rise to symptoms chiefy simulating or identical to pulmonary phtisis.

The further history of these calculi depends upon many various conditions. That they may remain perfectly latent throughout life is a well known fact ~~for~~ ^{among} those accustomed to perform many autopsies. This was apparently the fact in our own case.

Sometimes the calculus gives rise to a moderate amount of irritation around it, the connective tissue proliferates and finally the stone becomes encysted in the same manner in which aseptic foreign bodies undergo a similar process of inclusion in other parts of the body. This in fact may be designated as one of the methods of cure for while it thus lies dormant, it gives rise to no trouble.

On the other hand, the result may not be such a happy one, especially in calculi within cavities. The calculus may lie without giving rise to any trouble but no cyst wall forms around it. Some day, however, a peptic infection occurs in and around this area of danger. A more or less acute and destructive inflammation arises around the calculus and according to the site and direction of progression of this disintegration of tissue, will the concretions travel. If it pass into a bronchus, it will be expectorated giving rise to violent fits of coughing and to severe pain as a rule — bronchial colic of Poulalin, before it is finally got rid of. It

It may travel through the pulmonary tissues and in its course it may perforate large vessels, giving rise to severe and even fatal haemorrhage, or it may perforate the pleura and set up a pneumo- or a pyopneumothorax.

Finally its local violent action it may ~~set up~~ produce large pulmonary abscesses or cavities as in our Case V and remain at or about its original site. This is especially the case with pure parenchymatous concretions. These abscesses may burst into a bronchus however, and besides giving rise to a sudden expectoration of a large quantity of purulent debris, may by its incursion into neighbouring air passages, ~~give rise to~~ ^{perforate} ~~the~~ ^{the} bronchus/pulmonary

Further cases of cure after expectoration of biliary lithes

21. Quantin, de Solmesy. Soc. med. des hosp. & March 28, 1890. Vol III p. 313.
22. Pinesse. Progres medicals 1874 p. 159-174.
23. Montané. New York Med J. 1867. Vol 32, no 5. July 30 p. 146.

miscellaneous.

In our case - Case V. these calculi remained absolutely latent so far as symptoms of biliary colic were present during life. Their destructive effects were only seen post mortem.

When happily there have been only one or two such bacheloliths, and when these have been evacuated by expectoration, a perfect cure has been the result in many cases. Such for example, are the cases reported by the under-noted authorities -

1. Alexander Galleanus. Lib. V. cap 4. apud Schenkl.
2. Jean de Wui. loc. cit.
3. J. Schenkl de Japfenberg. Observ. med. Frankfurt 1600 Vol I. p 357.
De calculis in pulmonibus.
4. Morton (Richard) Phthisologia Londr 1684. De phthisia calculis in pulmonibus generatis.
5. Sachs (Jacob). Miscell. D.I. Ann II Jena 1671.
6. Bechlin John Nicol. Observ. phys. med. Petri tes Hamburg. 1691. in Acta eruditiorum. Lipsiæ p 233.
7. Boerhaave (Hermann) Praelectiones Acad. Wit. Haller Göttingue 1716 Vol. VI. § 835 p 221.
8. Cullen. Opera.
9. Morgagni. opuscul.
10. Coste. J.E. de Salinis (Jura). La Clin. d. Hosp. et d. l. ville Paris 1827.
11. W. H. Todd. loc. cit. 1838.
12. Duhamel. Gaz. des hôp. 1847.
13. Forget. Minin med. 1854. Vol VIII p 97.
14. Labalbay. Gaz. hôp. Paris. 1862. Vol XXXV p 42-54.
15. Barth. Bull. Soc. med. des hôp. 1865. Vol II 2nd series. p. 9.
16. Guibac. H. article Bachelithie in Diet. Jaccond. 1866. Vol V p 658.
17. Schmit. Bull. soc. d. sc. méd. d. grand-duchy of Saxeony. 1867 p 121-23.
18. Vargas (A.M.) of Madrid. Communication to the first Congress upon Calculosis fasc. 1. p 1642. 1888.
19. Graenkel (A). Berlin. Klin. Wochenschrift. 11th Jahrb. 1889. p 192.
20. Alessato. Gazz. d. Sp. Milano. Vol I. p 474. 1882.

Such then is the history of most cases of pulmonary calcari.
 In one case, the bronchiolitis were secondary to a case of
 bronchio pneumonia and were probably instrumental in the
 production of the villous-walled cavities present in the case.
 That they are not necessary for the production of any cavity in
 a lung is shown by study of the other cases. In none of these
 were calcari found. Some special tendency in the system
 must have favored the deposition of these mineral salts, and
 as the man was a Coakney and was never a Sea-totaller, one
 might readily imagine a gouty diathesis. There were no
 other signs of gout, however, in the case.

The Third Stage,
 that of Phtisis or destruction of the lung.

At death, in all our fatal cases, the third stage had been arrived at, and in
 fact in adults in general, the disease seldom proves fatal in the
 stage of caseation. In children however, post mortem examination
 often reveals a pulmonary condition in which death has occurred without
 showing any signs of the destructive changes characteristic of the
 third stage. In adults, we generally find all three stages represented
 in the same lung. This was the rule in our cases and the order in
 rotation from above downwards was generally third stage at the apex,
 second in the middle and first at the base. To the naked eye,

the appearance of a lung at this stage
 is somewhat as follows: —

The pleural adhesions which were easily separated in the former stage,
 are now firm and tough. Visceral and costal surface are indistinguish-
 ably united together and the whole pleural tissues are greatly thickened,
 especially over the area of a cavity. In Case II, I noted that "the pleura



H. H. H. del. et pinxit.

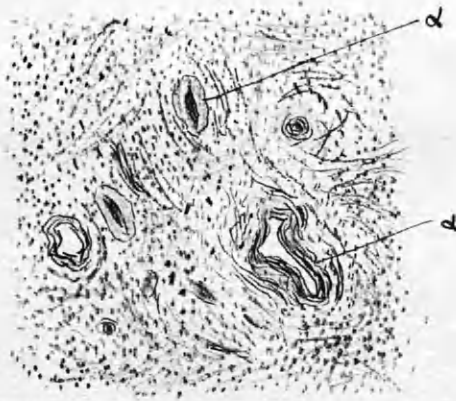
Water colour drawing of portion of lung in the second and third stages from Case V: twice the natural size.

a. Coagulation of alveolar contents and walls, etc with considerable interlobular pigmentation. a' and a'' - alveoli with intra-lobular pigmentation highly developed. b. dilated bronchus and cavity. c. cavity. d. area of healthy lung separated from the neighbouring tissue by a layer of pigmented fibrous tissue. p. thickened pleura, rough upon the surface where the adhesions have been torn asunder.

over the apices of both lungs is very much thickened. The visceral and parietal layers are firmly adherent and a high, fibrous capsule is the result - a capsule, which is glistening white upon the outer surface and which cuts with difficulty though it has not yet assumed the character of "cartilaginous" such as has been described by other observers. This condition is confined to the upper lobe in each lung and does not extend beyond it." When the pleura is non-adherent, one may note beneath its surface, numbers of small, grey, gelatinous nodules. These are tubercles which have appeared as secondary lesions in this stage. They are absent in the former stages.

The bronchial tubes when emptied of the large quantities of mucopurulent debris, show signs of bronchial catarrh of a somewhat chronic nature. Tubercles are rarely present in their mucous membrane.

"The apex of the lung as is known", says Hamilton, "is the situation in which softening and destruction of the lung tissue usually commences." This sentence is well exemplified in Cases III, IV, V and VI, in all of which cavities were present at the apices and absent at the bases and other regions of the lungs. In case VII a large basal cavity was present in the left lung. At the apices in this case, the second stage had not been passed. As I note in Case IV, "These cavities are more frequent at the apex and at the anterior part of the upper lobe, especially at its anterior edge." In Case V the report states that "the apex presents two large cavities, each $1\frac{1}{2}$ inch long, freely communicating with one another, but not with any large bronchial tube. The upper one has almost penetrated the lung tissue. Its outer and posterior wall is formed of a thin layer of thickened fibroid, dark, greyish lung, less than $\frac{1}{4}$ inch thick and firmly adherent to the thickened pleura. This cavity is rather over $1\frac{1}{2}$ inch long in its greatest diameter - an obliquely horizontal one. The walls are fairly smooth, but seem to be formed of caseous lung tissue, ~~not~~ undergoing a process of disintegration. The contents are a gummy purulent, brownish-yellow mass of debris. There are other small cavities in this lobe



Case V Thickened interlobular septum, α, arteries with thickened intima. The highly cellular nature of the fibrous tissue is well seen. (low power.)

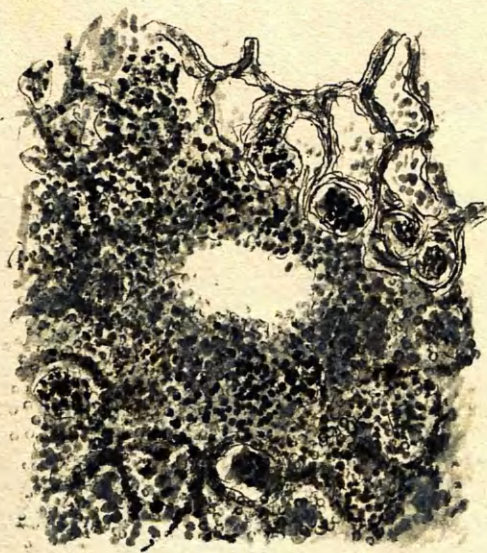


Epithelioid cells in above.
High Power.

as well, which are remarkable in that they contain not only granular
 prominent debris, but generally one or more hard calcareous masses.
 In a cavity one inch long, four of these were found. Between these
 cavities and the greyish yellow areas of caseation, the lung presents a pale
 pink tint, but the green and grey tints predominate and there is also a
 considerable quantity of pigment scattered about. Passing from
 the pleural surface in the upper lobes, there are frequent bands of
 fibrous tissue of a greyish-white, translucent appearance upon section.
 They cut freely to the knife although one could not say that they
 crack upon section or that they are quite of a cartilaginous consistency
 yet. They pass between nodules and cavities towards the root of the
 lung. Many of them are half an inch thick. At their origin from
 the thickened pleura, there is neither depression nor cicatricial
 puckering. They are present even low down in the lobe where the
 pleura seems almost normal." According to Hamilton, it is
 these which so often from the trabeculae have been traversing
 cavities, and not "the vessels of the lung tissue dissected out of the
 dissolution of the surrounding lung parenchyma."

My own microscopical experience confirms this view.
 "When they are microscopically examined, their structure is seen to
 "be that of dense masses of fibrous tissue, with a few blood-vessels of
 "ordinary size contained within them, and when their course and
 "distribution are studied, there cannot be any difficulty in under-
 "standing what they are. They are simply the interlobular septa
 "of the organ, now much thickened, which, if having more power
 "of resisting the process of destruction going on around, have
 "been left in an isolated condition when the infiltrated lung-
 "tissue became ~~and~~ disintegrated. They are abundantly supplied
 "with vessels, and hence, probably, it is that they are less easily
 "destroyed than the infiltrated lung-parenchyma, in which
 "the blood supply has been gradually although completely cut off."

Hamilton loc. cit. Vol XXV. KSV p. 341.



Case VI.

Carcinoma centre with cavity.

The bronchi are not markedly dilated but the small bronchioles show very frequent fusiform enlargements. Herein lies the difference between chronic lobar and chronic lobular pneumonia. In the former, large bronchial dilatations with bronchiectatic cavities may be seen but the bronchioles are normal.

"The bronchial glands are enlarged, adherent to ~~one~~ one another and very deeply pigmented." (Case I). Abscesses are often present in these glands, but microscopic examination showed a total absence of tubercle.

How do these cavities form?

In the centre of these caseous masses in the course of time, a series of chemical changes take place and end in liquefaction of the dead tissue. This spreads throughout the affected area and neighbouring cavities may coalesce through the breaking down of intervening areas of tissue. In some cases, this destructive process is very rapid, as in Cases III, I and II, and is then due or greatly encouraged by the associated obliteration of the bloodvessels. An endarteritis obliterans effectually blocks the lumen of the tubes. Occasionally, this destructive process is happily limited by these thick bands of fibrous tissue which have been already described. In these cases if the discharge is removed by an opening into a bronchial tube, the walls of the cavity may become smooth and fibrous, closely simulating a true bronchiectatic cavity, and further mischief is greatly limited. When this has taken place largely throughout a lobe, the matted up appearances show considerable cicatricial contraction of this lobe. In Cases III, IV and I given, with the comparatively short duration that they had, (III and IV lasted but 26 days from the onset of the fever), I note that the lung is often of a pale slaty grey colour. In Case IV, especially, "the upper lobe is of a stone grey colour, and is matted off from the lower by a layer of thickened pleura of a deep deep greyish pink tint, which gives the two lobes firmly together. The upper lobe is honeycombed by six large cavities full of sero-pus and lung debris." In Case II, again, I note: — "The lung tissue proper of each upper lobe presents a remarkable appearance. It does not

partake of the nature of lung tissue at all; all sponginess seems to have gone, the tissue is firm and solid to the touch, sinks in water, and does not contain much moisture beyond the prevalent juice which flows out of the cavities and bronchial tubes."

In conclusion, I cannot better sum up than by giving the following points in Hamilton's synopsis:—

" 1. Empysem pneumonia and catarrhal pneumonia are two totally different diseases, and ought not to have a common designation. Empysem pneumonia is merely an exudation of blood constituents due to suddenly increased blood pressure, while catarrhal pneumonia essentially consists in the over-stimulation and proliferation of the epithelial cells lining the alveolar walls.

" 2. Catarrhal pneumonia runs through three distinct stages—
 (a) the acute or subacute
 (b) the caseous
 (c) the excavating.

" The disease usually passes through all three in adults, but in children frequently proves fatal in the first or second.

" 3. In the acute stage the alveolar epithelium proliferates, and the cellular products derived from it accumulate in the air-vesicles.

" 4. In the second stage these dry and become caseous, thereby losing their characteristic form.

" 5. In the excavating or third stage the recent caseous material softens, and this softening is a purely chemical process, corresponding to the "ripening" of cheese.

" 13. There is a form of catarrhal pneumonia in which the nodules are of small size, and are widely disseminated throughout the organ. It closely resembles tubercle in its matted-up character, but it is totally different from it in its actual structure and mode of development. " 1

Condition of the other organs.

Heart. The muscle is usually soft and pale and the left ventricle slightly dilated as in Cases III, IV + V. In all, large white thrombi were found in the left ventricle and the right ventricle, great veins and pulmonary arteries all contained large quantities of venous clot. In Case I, the endocardium of the left heart was considerably mottled. In Case III, the right ventricle was somewhat dilated as is frequently the fact in such long continued cases. In all, the valves were competent and perfectly free from disease. Weight in Case I 345 grams.

Bloodvessels. In the lung, the thickening of the intima has been already noted. Considerable and general venous engorgement was present in all these cases and more especially so in the subacute forms.

In Case IV, thrombosis of the left iliac and femoral veins occurred toward the end of the case and was probably of a marasmatic origin. It was a simple blocking without disease being apparent in the vessel walls.

Liver. In all these cases, this organ was enlarged and deeply congested so that the "nutmeg" appearance was always well marked. The microscope shows the condition very well.

Average normal weight = 1 kilo - 500 grammes.

In Case IV = 1 kilo 710 grammes. In Case I = 1 kilo 980 gram.

Case III = 1 kilo 825. These weights in conditions of advanced anæmia and emaciation, are quite surprising.

Spleen. Enlarged, soft, diffused with great venous engorgement. Normal Weight 112 to 280 grammes.

Case IV = 200 gram. Case III 160 grammes: others not weighed.

Kidneys. Venous engorgement well marked as a rule.

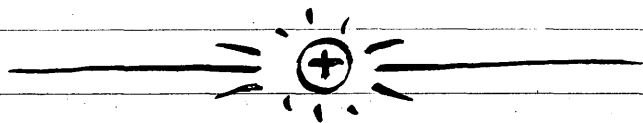
Peritoneum. In Case III, the whole abdominal organs were glued together by thin, membranous, recent adhesions, which were easily torn up.

Bowels. Same as well as in the peritoneum, the general venous engorgement was very evident.

Brain: venous engorgement here and slight basal meningitis

in case III. In some of these cases, was there abscess such as has been described by other observers as a fairly frequent complication.

The usual complications of all these organs are dealt with in a future chapter.



Chapter I.

The disease: The acute and subacute forms; the acute suffocative type.

The Disease.

The Bronchopneumonia of influenza may arise either in an acute or in a subacute manner. In its course, it may prove acutely fatal. Few cases recover very rapidly. The general course is a subacute one, while in a fairly large number of cases, the disease passes into a chronic condition and ends very slowly in recovery, or as is more often the case, in death.

The Acute Form.

Before going on to describe the true inflammatory form of Acute Bronchopneumonia which is purely a complication and not an actual entity of the Grip, a few remarks may be made upon that form of the disease which I regard as primary, and which occurs during the height of the attack and which is probably of a neurotic origin. The neurotic nature of the primary changes

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in the lungs has been already discussed in the chapter upon the Pathology of the disease. In some cases, no further changes result and a rapid recovery follows: in others, however, inflammatory conditions supervene which, in proportion to their intensity, area of distribution and duration, lead to various ultimate forms of the disease.

This nervous type which one might call the Spontaneous or Concurrent form, is generally of a very fleeting character. Owing to the fact that inflammatory changes are absent or are only very slight, a return to the normal occurs in a truly astonishing fashion.

Upon physical examination, one or a few limited patches are found upon the posterior surface of the lungs as a rule and especially towards the bases, and these present a crepitant or sub-crepitant rale, which, as the respiratory murmur is usually recalled as well, is heard only to best advantage upon prolonged deep respirations. These rales are followed in a few hours by somewhat diminished percussive resonance though usually not so intense as to amount to actual dullness. In these cases, the temperature may rise to 104°F , rarely higher, the respirations are often quickened out of all proportion to the pulse rate. This was noticed in many cases and marked as in one of my own patients — a man, aged 38 who had a pulse of 40 and a respiration rate of 22. The cough is often excessively troublesome and may be accompanied with only a very slight mucous expectoration. The nature of the cough quite bears out its irritative character. In a case already referred to at page 27 in a young woman of 24 years, besides a very irritable and persistent laryngeal cough, frequent attacks of asthma were a troublesome feature which commenced at an early period of the disease. In the young and healthy adult, these conditions disappear rapidly with energetic treatment, and in forty-eight hours or so, the lung may be free from all abnormal signs: the cough and the asthma disappear more gradually however. In the aged, a favourable issue occurs more slowly and in some cases not at all. In unfavourable cases, the nervous irritation passes

on into a state of paralysis and leads to a condition of congestive oedema of the lungs which rapidly terminates in suffocation or in cardiac failure. This mode of termination will be referred to further on in association with the inflammatory forms of the affection.

The Acute Suffocative Type.

This form is traceable to a distinct chill during the course of the grip or during the immediate state of convalescence. After the patient has been very warm, for example, and is perspiring freely (a state of matters seen so very frequently after influenza, and probably due to vaso-motor disturbances) he is chilled as in Case II, when the patient sat down in a railway carriage opposite an open window when in a state of great warmth.

Soon he begins to feel cold, shivers, and may even suffer from typical rigors. In a few hours, a feeling of tightness and oppression arises in the chest - a sensation just complained of beneath the sternum, where pain of a peculiar heavy nature is also experienced in many cases. Difficulty in breathing soon makes itself manifest, and ere long this becomes much exaggerated, so much so in many cases that it develops into orthopnoea. The patient cannot sleep or go to bed, but has to sit up with the shoulders thrown forwards, and perhaps, even with the hands grasping the knees in the struggle for breath. The voice becomes hoarse, the throat irritable and a very hacking cough becomes a most troublesome feature in the case. The cough is especially troublesome when the patient tries to assume the recumbent posture. The sufferer feels a difficulty in speaking aloud not only on account of the dyspnoea and the laryngeal hoarseness, but also because of the strange feeling of constriction in the chest. In this respect, I may be pardoned for giving my own personal experience of such an attack though rather a milder one than what has just been described.

I was unable to sleep. There was severe frontal and occipital

headache of a continuous throbbing nature. The pharynx, fauces and palette were red and inflamed, the tonsils were of a deep purple and were swollen somewhat, the nose felt stopped, and altogether, I had the feeling as if the mucous membranes of the nose, pharynx, larynx, trachea and bronchi were swollen and dry. The feeling of constriction was general throughout these parts. The chest felt tight as if held in a vice and there was a peculiar subternal feeling of oppression and of dull pain. The vocal sounds seemed to be thick and of a higher pitch than usual. The normal sensation of chest resonance of which one is conscious when speaking, was gone, the sounds seemed to be thrown back upon one, and one could hear them but indistinctly. The swelling of the mucous membrane seemed to have extended to the Eustachian tubes, and for a fortnight after convalescence had been established, I still experienced a peculiar feeling of obstruction in the ears with slight deafness and tinnitus aurium, and occasional giddiness even. Like the cases above described, I also suffered from severe abdominal pain, located to the hypogastric and right iliac region, accompanied with ~~by~~ typhilitis though without diarrhoea.

The cough is generally dry and hacking especially upon lying down flat in bed. It is dry at first and it is only after the first 24 or 48 hours have been passed that a slight mucous spit begins to appear. Soon, however, this becomes more abundant, changes its character, becomes more fluid, contains pus and often streaks of blood. Occasionally there may ensue, a regular bronchorrhoea when the sputum consists of a thin watery mucus slightly tinged with blood, and containing floating about upon its somewhat fatty surface, large rounded masses of mucus. In other cases, the expectoration remains very thick and viscid and clings to the side of the receptacle. The quantity of blood present, varies from only a slight streak here and there to an actual expectoration of pure blood as in cases cited by Burslemann who also mentions a case in which frank-juice sputum was present from the first few

days of the disease until death. The presence of such purple spots is always a sign of great gravity, an opinion, also expressed in many of the previous epidemics, and already stated in the historical portion of this paper. The stretch in the side, so general a symptom in acute pneumonia, fails as a rule in this affection. In none of my cases was it present until late on in the subacute or chronic stage, although it has been reported by some observers to have been occasionally of an unusually acute nature. Frequent and profuse perspirations are complained of upon the slightest exertion, or often when quite at rest in bed. The pulse rate is accelerated ~~even~~ but not in direct proportion to that of the respirations. A pneumonic ratio results and figures such as 1 to 2.3, 1 to 2.5, 1 to 3.2 etc., are obtained. The temperature rises to 101, or 102 or even as high as 102.8 in adults as it did in my case. The acme is not accomplished until a few days are passed while in very unfavorable cases, a temperature of 104 or 105 may be registered before the crisis or just preceding death. The urine is muddy from the presence of urates, and there may be a trace of albumen. When diarrhoea is absent, the bowels tend to be bound.

On physical examination of the chest

the percussion note may be quite unchanged. In the majority of cases, however, I have found slight dullness at the bases, or a dull tympanitic note, either of which may extend to the upper portions of the lungs back and front when the pulmonary implication is widespread. In one case (Case II) the whole lung back and front gave a dull tympanitic note to the finger. Muffled dullness is absent at this early stage of the disease. The respiratory murmur tends to be harsh at the upper portions of the lungs. Lower down it becomes weaker and is generally accompanied, ~~by~~ if not masked, by various adventitious sounds or rales. Piping or mucous rales of a dry character are evident in front and back above, while towards the bases they become weaker, moister and scarcer. True crepitant sounds of various kinds are heard. A frequent occurrence is to have a piping fairly dry rale in inspiration with a subcrepitant rale towards the end of expiration.

The crepitant rale is distinctly moist as a rule than the typical pneumonic rale. It is more of the nature of the crepiter sibilus although one often hears it in both phases of respiration. If it happens to be present during inspiration, a fairly frequent occurrence, it is preceded by a piping rale, and only develops towards the end of inspiration to become more frequent and pronounced in the expiratory portion of the respiratory murmur.

The voice sounds are as a rule, but little altered. At the base, they are heard well and occasionally with quite an aphonic distinctness, but generally there is no difference upon the two sides at this stage.

Such is the state of affairs during the first few days of this form of the disease. The further evolution may present any of the following variations.

Death may occur rapidly from collapse, from suffocation, or from an actual condition of septicaemia the cause of the Bronchio-pneumonia as has been described by Murchison among other observers. M. le Prof. Peter ~~is~~ lecturing upon the pulmonary complications of grip, continues thus with regard to these grave forms of Bronchio-pneumonia: — "A form which I consider to be still graver than pneumonia, and which I deem inevitable, is general pulmonary congestion. It arises in individuals whose organism has been already in an altered state. It is the suffocative catarrh of the ancients and the patients truly suffocate. One observes in the upper parts of the chest sonorous and sibilant rales, and in the lower parts, subcrepitant rales. The pulse is small, frequent and poor, but the temperature is not generally altered. The expectoration takes the aspect of a bloody cream. It is a sort of salivation of the bronchi mixed with blood which escapes on account of the enormous congestion of the lungs. It is especially dangerous in the emphysematous, the diabetic, alcoholic etc."

Peter. Pulmonary Complications of Grip. Clin. Méd. de l'Hôp. Necker.
published in "La France Médicale" Jan. 24. 1890. p 52.

Resolution may now commence, and the case ends favorably in fifteen to twenty days so, leaving the patient, however, in a state of great general debility. The fall of temperature takes place by a gradual lysis and seems like almost hectic in type for a few days, becoming accompanied by perspirations and often by diarrhoea.

In other cases, however, complications may arise during the course of the disease, such as acute pneumonia. Case I illustrates this point.

History of Case I.

The patient, a coachman aged 34 was admitted to the St. Paul British Hospital, Paris, suffering from acute suffocative Catarrh following upon influenza. A fortnight before admission, after riding very hard and performing freely, he received a chill when working in the stables. The same evening, he complained of a great feeling of oppression in the chest especially beneath the sternum and was very breathless especially upon exerting himself. There was no shivering although he felt cold, nor did he suffer from any gastric symptoms with the exception of loss of appetite. He soon began to cough, and the cough was of a severe hacking nature unaccompanied by any ~~cough~~ expectoration for the first four days when it appeared thick and yellow with slight streaks of blood in it. Two days after the onset of the cough, he began to perspire and has done so profusely ever since. He never complained of any stitch in the side.

On admission the stethoscope reveals abundant dry sonorous bronchial rales accompanied by large bubbling sounds above, and by sub-crepitant rales at both bases. Percussion was dull tympanitic all over and there was no actual dulness anywhere. The R. h. was dark in front and there was evidently considerable emphysema. The temperature was 99.8 upon admission.

Everything seemed to be going on well until one night the temperature began to rise and upon the following morning - the 16th Feb, four days after admission, the thermometer registered 103.2. There was marked orthopnea, the respirations were 26 and the pulse 82, giving a ratio of 1 to 3.2. At the right base, percussion gave a dull note, the

voice sounds were exaggerated and there were abundant crepitant râles of a somewhat moist character, but without any tubularity of respiration. The sputum which formerly had been of a mucopurulent liquid character, was now viscid, frothy and slightly rusty. A fly blister was applied to the base and a mixture containing Speacenantha, John's Lobelia of Wash and the Elixir of the Rectate of Ammonium was given freely. The same evening the thermometer registered 99.8. The consolidation disappeared steadily day by day, with marked morning and evening remissions (see chart), and he left the hospital, well, three weeks after the onset of the pneumonic ~~consolidation~~ complication. Similar cases are reported by Dr. Mitchell Bruce and others. Bacteriologic days put stress upon the fact of the absence of the "off" rattle from the areas of consolidation, thus showing their distinction from ordinary pneumonia.

Finally, many cases pass into the subacute or chronic class. This is especially the case in debilitated patients, in those who have not taken sufficient care of the initial symptoms, or in those whose lungs are already disabled by Chronic Bronchitis, Emphysema, heart disease or tuberculosis.

Both Cases I and II, were sufferers from Chronic Bronchitis and Emphysema. In both, did the same disease develop and in the same manner, but the difference in the course of the Bronchopneumonia may have depended upon the fact that Case I was in a man, and that he remained in bed from the onset of his illness, whereas Case II, a woman, went about at her usual work of teaching, travelling about Paris and its environs and exposed to all the changes of the very variable Parisian climate.

The history of Case II

is as follows: — Annie H. aged 31. Annamaria. was admitted to the St. Louis British Hospital, Paris, upon the 12th Oct. 1891. The patient states that a fortnight before admission, she suffered from influenza when she complained chiefly of general pains throughout the body, of giddiness, headache, sickness and diarrhoea with griping

pains in the abdomen. Pain, chiefly confined to the top of the head was excessive and was of a very oppressive character. She continued to follow her usual occupation - that of a teacher, and a week after the onset of the first symptoms, she received a chill after sitting down in a railway train, ~~after~~ in a state of great warmth and perspiration. The same night, she complained of a feeling of cold and of shivering. There was also a sensation of stiffness and of oppression in the chest and of dyspnoea to such an extent as to force her to sit up in bed all night. The voice became hoarse in a few hours and a dry hacking cough of a persistent nature set in. In a day or two she began to spit - mucus at first and soon purulent matter, but never any blood. There never was any stitch in the side but a feeling of soreness and oppression beneath the sternum was a constant symptom. On the last evening, cold perspirations broke out over her body.

She has suffered from attacks of rheumatism every winter for a number of years, otherwise her past history is good.

On admission she complained of cough, spit, breathlessness and great weakness. The physiognomy was quite similar to that described later on in other cases. She had the same earthy paleness of the complexion, a look of anxiety, a slight indication of cyanosis, an appearance of dyspnoea while drops of perspiration thickly bedewed her face and forehead although she avowed that she did not feel "muffled". Physical examination revealed a dull tympanic note all over the chest, dull and flat except at the bases where the dullness became more distinct although not to any marked degree.

The R. M. is marked by abundant subcrepitant rales heard during both phases of respiration and tapping on a loud bubbling character in the region of the large bronchi. The voice sounds are heard equally well and sharply all over the chest. The heart sounds are very weak. Spleen and liver seem normal. The urine contains a trace of albumen. The sputum consists of rounded bloody purulent bodies floating in an aerated ~~mucus~~ mucus juice which is stained pink from admixture with blood. The cough is continuous and hacking and

DISEASE.

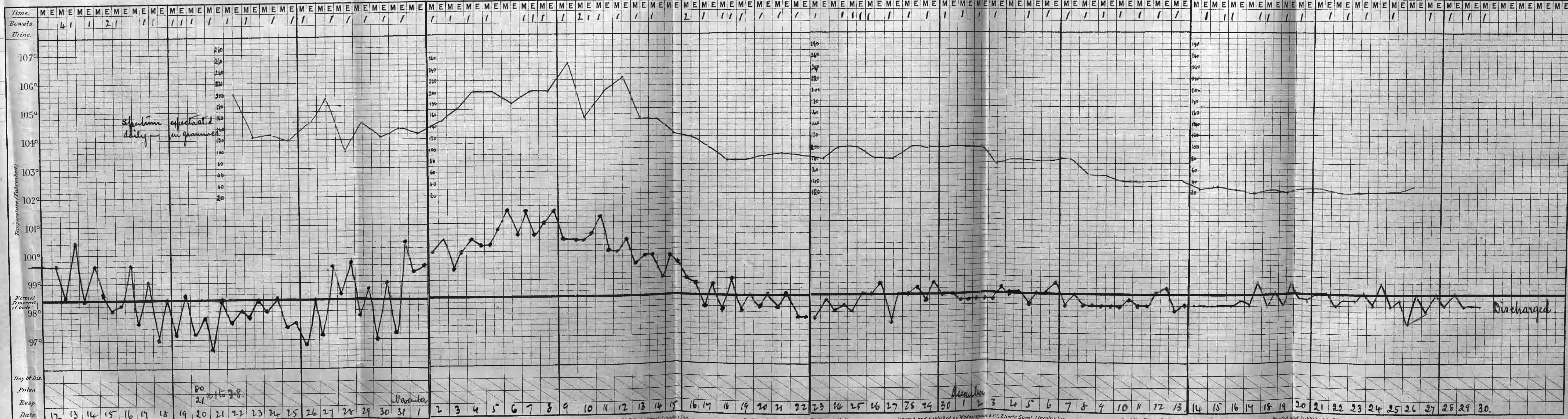
Notes of Case.

Name Case II

Age

Diet

Case Book N°



Date of admission.

October 12

Result

gives rise to great substernal pain. Temp. 99.6 on evening of admission.

October 21. The temperature which has been gradually falling since admission, presents daily remissions of at least one degree. The chest conditions remain much about the same, however.

Nov. 21st. At the right base and at the middle third of the right lung, the rales are moister than before and a similar condition is present at the middle third of the left side. Elsewhere, the loud rales have almost disappeared, although the R. M. remains harsh. The percussion note ~~was~~ now partakes of the true emphysematous character throughout.

Dec. 18. At the bases, the rales are much drier now. In inspiration, there is a frequent piping rale with a dry crack at the end of the respiration, while in expiration the bronchial sounds tend to be sonorous. At the mid region upon the right side there is slight pleural friction.

At the scapular region upon both sides, the percussion note has almost a crack-pot sound, and here, bronchophony and whispering pectiloquy are quite evident upon either side. There are no rales however but the R. M. is blowing, tubular and almost amphonic. At the base, the voice sounds are loud and clear. At the upper portions of the lungs behind, there are a few dry bronchial rales and here as well as in front, the R. M. is loud and rather exaggerated, though free from rales in front.

The sputum was noted upon Nov. 21st to be composed of a watery mucus, very slightly tinged with blood and containing irregularly shaped masses of pus. Today it is more tenacious and more frothy and there is scarcely any tinge of blood. As will be seen from the chart, the quantities have fallen from 200 grammes daily upon the 22nd Oct. when the first measurement was made until now it amounts to 75 grammes.

Dec. 21. There are no rales of any sort today. The R. M. is tubular and almost cavernous at both interscapular regions where also bronchophony and whispering pectiloquy are still very evident. Patient still complains of very slight substernal pain upon coughing. The sputum is mainly composed of ~~very slight~~ a frothy mucus slightly tinged

with pus and mucus slightly still with blood.
 Dec. 30. Today, patient left the hospital feeling able for work. For the last seventeen days, the sputum has varied between 20 and 25 grammes per day. (See Chart.)

*

The Subacute Form.

This arises in a subacute, less often in a chronic manner and is the form in the great majority of cases in which the Bronchopneumonia of Influenza manifests itself. In most cases, it arises upon a pre-existing Bronchitis and may therefore be truly called - a Secondary Lapse, but that is not always its mode of origin. I hope however to show by Case VI. Here, there were no pulmonary signs or symptoms on admission to the hospital, but these developed under observation in a subacute - may almost in an acute manner.

The following is the history of a typical case of the subacute form. The patient is suffering from Bronchitis, which may or may not be giving cause for anxiety, when, after, or even without any exposure to cold, an exaggeration of the respiratory symptoms supervenes and the physical signs undergo great alterations.

In only a few cases are there marked rigors, but the temperature is found to have risen, it may be as high as 104°F in the evening, although as a rule, the morning reading is one or more degrees lower.

This variation between the morning and evening temperature occurs from the onset, and lasts throughout the course of the disease, and is an important factor in the diagnosis as was also remarked in describing the acute lapse. Symptoms of constitutional disturbance vary in intensity with the individual and in proportion to the gravity of the case.

Headache, malaise, sickness, want of appetite, vague pains throughout

the body, constipation or even slight diarrhoea, ~~and the~~ ~~most~~ precede the pulmonary trouble. Symptoms of respiratory affection vary from a slight increase of cough and expectoration, to marked cyanosis and lividity, with rapid labored breathing. Pleuritic stitch, so frequent in acute classical pneumonia, usually fails here. It is rarely well marked, and in a few cases where stitch in the side has been severe, one is led to regard it, from its character, as a real pleurodynia and not as a result of pleurisy. The pulse rate rises rapidly to as high as 140 or 160 and the respirations to 30 or 40 and in many bad cases to even 60 or 80. The ratio becomes strictly pneumonic, and such figures as the following, quoted from Dr. Mitchell Bruce's paper, are obtained:—

$$\frac{88}{32} \text{ or } 2.75, \quad \frac{150}{54} \text{ or } 2.7, \quad \frac{128}{48} \text{ or } 2.6, \quad \frac{112}{48} \text{ or } 2.3$$

Cough becomes very troublesome, and is of a severe hacking nature, in many cases giving rise to great substernal pain. Sensations of tightness and oppression in the chest, similar to those described under the acute suffocative type, are also frequently complained of by sufferers from this form of the disease.

Upm. Physical Examination

of the chest at this early stage, the percussion note is often unchanged. In many cases however, there is already a tendency to dullness at both bases, more frequently than at one only. The dullness does not usually extend above the angle of the scapula, and diminishes in a gradual manner from base towards summit. There is no appreciable limit between dull and clear area such as one meets with in acute pneumonia and pleurisy with effusion. The vocal vibrations depart very little from the normal, although in some cases they are slightly increased, and occasionally I have found the sounds to present ~~and~~ an almost bronchophonic character in the absence even of distinct dullness. In place of a dull note, the

initial stage may give a heightened note of a dull tympanitic character present at all points of the chest. Over the upper two-thirds of both lungs bronchial rales are present and these vary from a fine or somewhat dry, piping to organ pipe sounds of a moist character accompanied by loud bubbling rales. At the bases the respiratory murmur tends to be weak, & is rarely tubular and is accompanied by fine crepitant or sub-crepitant rales, heard during both phases of respiration. The expectoration varies in character. It may be at the commencement a viscid mucus, very rich in fibrine and free from the presence of blood, or there may be blood in varying amount from a slight occasional streak to a typical rust tint, and in very dangerous cases, it often becomes quite frank juice.

It may in other cases, present the character of a purulent mucus which rapidly becomes purulent, such as we found in Case II where the report states that "the mucus in the vessel is composed of rounded blood-stained purulent bodies, floating in an acrid, mucous juice which presents a fairly uniform pinkish tint due to the presence of blood pigment." This is a most frequent appearance of the sputum. The further evolution of the disease may now proceed along one of ~~the~~ four courses.

(I) Resolution may now take place and the case ends favorably in a manner quite similar to that in which case II recovered.

The striking features in such cases are the gradual resolution, the fall of the temperature by a hectic lysis, the slow disappearance of physical signs and the continued prostration and subsequent protracted anaemia from which these patients suffer.

(II) The scattered areas of pulmonary consolidation may multiply, run together and give the appearance of a massive pneumonia, and death rapidly follows. These cases too, where a fatal termination develops so rapidly, present marked oedema of the lungs, and conditions reference such as have been described by Guyton of

l. loc. citato.

Sheffield, of Prof. Peter of Paris¹, and of others.

In Dr. Guérin's cases the pneumonic consolidation did not bear the character of a true classical pneumonia, even of a very dangerous and fatal type. As I have attempted to show in the Chapter upon the pathology of the affection, they presented rather the character of an acute "traumatic pneumonia", the result of Vagus paralysis. This as we know occurs in the form of a bronchopneumonia. The cases terminated in death in a few days from exhaustion of the respiratory centre. The pulse became very rapid, as high as 150, the respirations 40 and the temperature rose as high as 104.6 before the end. The sputum consisted of a fluid mucus deeply tinged with blood.

Monsieur le professeur Peter, in lecturing upon the pulmonary complications of Grip. continues thus with regard to these grave forms of Bronchopneumonia. "A form which I consider to be still more than pneumonia, and which I deem inexorable, is general pulmonary congestion. It arises in individuals whose organism has been already in an altered state. It is the suffocative catarrh of the ancients and the patient truly suffocate. One observes in the upper parts of the chest sonorous and fibrilant râles and in the lower parts subcrepitant râles. The pulse is small frequent and poor, but the temperature is not greatly altered. The expectoration takes on the aspect of a bloody cream. It is a sort of salivation of the bronchi mixed with blood which escapes on account of the enormous congestion of the lungs. It is especially dangerous in the emphysematous, diabetic, alcoholic etc."

In even more severe cases, as in those quoted at page 29 from Dr. Ord, where the paralytic symptoms are still more evident, the bronchial secretions collect in the lungs, and are not evacuated. Thus as Remondat says of similar cases, "The patients are, so to speak,

1. Pulmonary complications in Grip of M. le Prof. Peter in Clinique Médical de l'Hôp. Necker. also in La France Médicale Janv. 24. 1892. p. 52.

domed in their own mucus" 1.

III Resolution may be incomplete, or may not take place. The pulmonary conditions frequently remain stationary for a short time, ranging from days to even weeks, but soon ~~the~~ a progressive change for the worst ensues, and a fatal termination is the most frequent ending of this — the true form of Subacute Bronchopneumonia.

Taking a chronological survey of this type, beginning in its origin in the primary attack of the grip, and ending with the final stages through which we are about to follow a case, we may for the convenience of a continuous description, divide it into the following stages.

I. The debut in which we have the primary attack of Influenza and those most interesting forms of pulmonary engagement of a purely serous character.

II. The prodromal stage or the first stage of pulmonary inflammation: now we have the various forms of Bronchitis and more especially those forms which affect the tubes of lesser calibre. In many cases, alveolar engorgement and oedema accompany these changes.

III. The second stage of pulmonary inflammation in which the catarrhal changes have spread to the alveoli from the bronchioles. Now the alveolar changes predominate and signs of consolidation become manifest upon physical examination.

IV. The period of softening: — the alveolar contents begin to liquefy and the exudations may in this way be removed by expectoration as well as by absorption and a cure results. In many cases, however, the exudations have undergone caseous degeneration and when liquefaction sets in, as it is very prone to do in such a case, the process of disintegration extends and the fifth stage is soon reached.

1 Humboldt Médecine Moderne. Feb 20. 1840. p 178.

I This is the formation of cavity. The softening and liquefaction of the exudative products does not usually confine itself to the contents of the alveoli, and finer ramifications of the bronchial tree, but as we shall see later on, the pulmonary parenchyma in the midst of these areas of caseation has also undergone a similar degeneration. Softening begins in the central portions of these areas in the same way as it does in tubercular changes in the lungs, the products of degeneration usually find their way into a bronchiole and are expectorated. In this way a cavity or borrera is formed.

Contemporaneous with the last three of these stages we find three pathological changes which mark out clearly the distinction between true subacute bronchopneumonia and true lobar pneumonia. These are (1) Pulmonary emphysema apparently of a compensatory type (2) Interstitial inflammation resulting in the formation of fibrous tissue and in subsequent cicatricial contractions and (3) dilatation of the smaller bronchi and of the bronchioles.

The emphysema manifests itself early in the course of the disease by the physical signs peculiar to it but it is only in cases approaching to a chronic course that the other two changes manifest themselves at all distinctly during life.

As the first two of these stages, i.e., the Debit and the Prodromata have been already described, I shall pass on at once to the third stage which is the

III Second Stage of Pulmonary Inflammation.

In a considerable time the general symptoms as well as the physical signs may remain stationary. The cough continues to a slight degree and the expectoration if there be any is of a distinctly bronchitic nature. The general health is impaired; there is malaise, want of appetite and breathlessness with fatigue upon exertion. Night sweats too are occasionally complained of by the patient. The temperature tends to rise a degree or more above the normal at night.

The physical signs are those of a persistent bronchitis upon both sides of the chest.

Some day however, it may be the result of exposure to cold, an exaggeration of the general symptoms takes place. There is a feeling of chill, and even in some cases repeated slight shiverings may be noticed but a rigor is rare. Headache, nausea, thirst and want of sleep arise. The tongue is dry, furred, red at the borders and crustiform is mottled. In other cases diarrhoea and griping pains in the abdomen, frequently accompanied with epistaxis, complete a clinical picture which, with the addition of the rise of temperature to 102° or even as high as 104.7 forms a case resembling to the onset of Intense Fever.

The pulmonary condition also undergoes a change, the cough usually becomes very troublesome and occurs in fits and the expectoration becomes more viscid and profuse but it rarely takes on the rusty tint of pneumonia. The respirations quicken and may even be as frequent as 30 or 40 while the pulse rate rises to 100 or 120. The characteristic pneumonic ratio is not the rule, the usual ratio being about 1 to 3, or 1 to 3.5. At some portion of one lung, the rates have become finer and drier. They are subcrepitant and even crepitant. The expiring portion of the R.M. becomes prolonged and may present the interruptions in its rhythm known as the cog-wheel respiration. Tubular breathing at this stage, as has been already noticed, is rare. The percussion note becomes progressively dull, although it is some time before the additional classical signs of consolidation such as increase of vocal resonance and fremitus are well marked. Before these can be distinct, the separate areas of lobular consolidation must have coalesced in considerable amount. The initial site of the consolidation is not always the base as many observers would have it to be. It is generally unilateral and in very many cases basal. In two cases IV and V the apex was found to be dull as well as the base when the first examination was made after admission to the hospital. In Cases III and VII it was

distinctly basal at first and also in the two cases I and II already described in a former chapter. In Cases V and VI the apices seemed to have been first affected and in all these four cases, III, IV, V and VI, the apices showed the most advanced signs of pulmonary ~~consolidation~~ destruction when the post-mortem examination came to be made. Absence of pleuritic steth at this period is the rule and in none of my cases was herpes of the lips present, another of the well known signs of acute classical pneumonia.

The pulmonary consolidation rapidly increases in density from coalescence of adjacent lobules and a pseudo-lobe form is that which is most frequently seen in the more chronic cases. The R.M. becomes more markedly tubular but soon diminishes in intensity and occasionally to such a degree that, as in Cases IV and V, the respiratory sounds may be only heard during expiration upon forced breathing, then the sound is a bronchial one. The lobular condensations spread in a short time to the adjacent lobe or lobes of the same lung and soon extend to the upper or lower lobes of the other lung.

The general symptoms become more evident. The anaemia which is so marked in these forms of the disease which follow upon influenza increases at an alarming rate and in association with evident leucocytosis gives a striking physiognomy to the disease. The face is of a pallid earthy palor and barely presents even a hint of flush. The tips of the ears, the lips and the fingers and toes have all a exposed appearance and all are cold to the touch. Beads of perspiration stand upon the forehead and cheeks and the patient prefers to sit up in bed not only on account of the cough which becomes more troublesome on assuming the recumbent posture but also because of the dyspnoea which is gaining steadily more distressing.

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Continued in Volume III,
and concluded therein.

Volume III.

The Bronchiopneumonia

of Influenza

(Concluded)

by Hugh Hight M.D. Ch.

Contents of Volume III

Chapter I (Continued)

The subacute form and its various stages.

Chapter VI

The Chronic Form.

Chapter VII

Primary Subacute Amebiopneumonia.

Chapter VIII

Complications and sequelae of the disease
Diagnosis and Prognosis.

Chapter IX

Treatment.

Appendix

Resumé of Cases. Bibliography.

Chapter V (Continued)

The pulse is small, feeble, rapid and frequently dicrotic. It varies in rapidity in proportion to the amount of fever as may be well seen from the chart of Case I. The temperature chart begins to show some of the hectic type owing to the increased daily remissions which may give a range of three to four degrees and even of 5.8 degree as in Case V upon one occasion. Night sweats, frequent diarrhoea and inappetence for food soon show their effects in great prostration. Sleep is disturbed by cough, and delirium, rarely violent - more generally muttering is a very common night symptom. In almost all of these cases, I noticed that a peculiar grunting or growling noise was made, not necessarily during sound sleep but often also when the patient was simply dozing. On asking the night nurse in charge of the ward, the first evening that I remarked this noise, if this was an ordinary thing with such cases, I was astonished at the reply "Oh, yes! all these phthisis cases make that noise: I could diagnose a phthisis case in the dark by that grunt." On questioning a number of nurses, including a few who had had considerable experience in nursing pulmonary cases, I found that this "Pulmonary grunt" as I would venture to call it, was not confined to cases of Phthisis, although it was generally heard best in these. It seems to be frequent in bad ~~the~~ cases of Pneumonia as well, but it is extremely rare in simple Bronchitis. It is expiratory in its nature but what is its mode of origin, I cannot yet state. That it was not an ordinary "snore" I am certain. It partakes rather of the nature of a growl, it is intermittent in the disease and in the individual and seems to have some connection with the decubitus in severe cases where the pulmonary area is much diminished, as in double pneumonias and in advanced cases of tubercular phthisis and of bronchopneumonia. In such cases, the respirations are of a free type with a short sharp, expiratory phase, and this may have something to do with the production of the sound.

Concurrent with the spread of the disease throughout the lung, the respira-

respiration in the healthy portions of the pulmonary tissue becomes exaggerated and pierce and soon, signs of commencing emphysema are manifested. The sputa do not long remain dry but rapidly take on a manifestly moist character and soon we are carried into the fourth stage - that of softening. The clinical history already recorded, includes the first and second stages of the pathological changes - The fourth stage is the commencement, the fifth, the completion of the pathological stage of Phthisis.

IV The period of softening, or ramollissement does not long delay its appearance in such a malignant form of bronchopneumonia. As new foci of lobular inflammation and obstruction arise in healthy portions of the lung, the sputa in the original area of consolidation become moist expectant; fine bubbling and soon large bubbling. The expectoration now changes its appearance from that of a frothy purulentamelitic sputum, to an evacuation composed of large rounded globular masses of mucopus. These are of a greenish-yellow colour, are very tenacious and float like thin glazy mucus which is as a rule only very slightly intermixed with air. In some cases fibrous masses are expectorated but these are very imperfect in shape compared with those seen in true fibrous bronchitis. Blood of recent, is seen as streaks, there is rarely a rusty tint and in none of my cases was there a ~~real~~ real haemoptysis. Berthier remarks of this period - "Il toussé davantage et par quintes. Les crachats sont mucopur ou mucoso-purulent, parfois striés de sang".¹

Sleep is much disturbed by cough. If the patient try to lie down upon the healthy side a fit of coughing is started which ends in the expectoration of a large quantity of mucopus, and may often be succeeded by vomiting. He prefers to sleep upon the affected side in a half recumbent posture. The amount expectorated daily varies from 25 to 80 grammes in Case IV, from 150 to 180 grammes in Case V and from 250 to 370 grammes in Case VI, though in the late stages of the last case, 650 grammes were expectorated in one day.

¹ Berthier. Thèse de docteur de Paris.

"De la pneumonie caverneuse lobaire aiguë."

Pleuritic attack is now frequently complained of. Strange to say in all these four cases, i.e. III, IV, V and VI this pain was first experienced in the left subaxillary region. In case IV it appeared in the right mammary region. Pleural friction became quite evident to the ear at these areas, and soon took on a coarse grating character. In none of these cases was it accompanied with effusion. The process of softening goes on apace, and the consolidated tracts of lung and these rapidly develop the classic signs of pulmonary cavity.

V The Formation of Cavities

now brings us to the fifth and last stage of the disease. The percussive note over a limited area of the former dull patch undergoes an alteration. The dullness disappears to give place to a resonant dull tympanitic or even crack-pot sound. The following is a report of the condition taken from my notes of Case V after the formation of a cavity in the left upper lobe. "Behind, the percussive note is distinctly dull at the extreme apex and at the lower third of the left lung, just above the upper and inner angle of the scapula however, the note is hyper-resonant and upon strong percussion a crack-pot' note is educed. Here also there is oegophony and fairly well marked whispering pectoriloquy. The metallic ring obtained by tapping with one coin, another laid upon the corresponding position of the front of the chest is well transmitted here. The l.r. is cavernous and after coughing there is usually a metallic ring with the rales which are fairly dry in character. During expiration frequent piping rales are heard. Above and below this cavity, the rales are moist bubbling especially at the extreme apex and base. Upon the right side of the chest, the l.r. is loud and harsh, though frequent subcapitulant, moist and sonorous rales accompany it. The vocal resonance and fremitus are not so well marked as upon the left side."

The sputum increases in quantity and consists of large numular greenish yellow masses of mucus pus which frequently possess a may fatted odour. Upon treating it with caustic potash, the following home may often be noticed — significant of the destruction of real pulmonary tissue.

The general symptoms become still more marked those of a lactic type. Incontinence makes rapid strides. Profuse perspiration is almost continuous and diarrhoea further lessens what strength the patient may yet possess. The pulse is rapid, 120 or 130 or more, it is soft and small and frequent irregularities in rhythm are noted. The second sound at the cardiac base though weak is relatively accentuated especially upon the right side where reduplication is also a common feature. Dilatation is difficult to make out ante-mortem on account of the overlapping of the emphysematous edges of the lungs. Cyanosis becomes more marked and the extremities suffer from cold and there is often slight oedema of the feet, legs and hands. The liver and spleen may be depressed as a result of anæmia but when the cardiac weakness is well marked, these organs are also found to be truly enlarged. The renal congestion is shown by the presence of a small quantity of albumen in the urine and by occasional hyaline and even granular casts. The presence of urates and a high colour give further, a febrile appearance to the urine. Delirium becomes more marked at night and soon it extends throughout the day whenever a patient begins to doze. The temperature chart shows greater excursions. It may rise rapidly before death to 104° or to 105° F. as in case III and death takes place quickly from cardiac failure. In other cases, the thermic curve may run up to 102° or 103° or so at night and fall to normal or subnormal in the early morning. This goes on from day to day, the acme steadily becoming lower until for a few days before the end it may never reach the normal as in case V. Cheyne-Stokes respiration is also frequent and death occurs in coma as in case IV where I have noted:—" July 25th. Today the patient is very weak and ill. He picks at the bed clothes and wanders: the extremities are cold and the general surface of the body as well as the lips and mucous membranes are almost bloodless. There is marked orthopnoea, the ~~rest~~ breathing is short and catching. Today he died in coma."

The fourth course which a case of Bronchiopneumonia arising in a subacute fashion may take is a chronic one, and this will be discussed in the following chapter.

Chapter VI

Chronic Bronchiopneumonia.

Chronic Bronchiopneumonia usually partakes of a lingering nature from the commencement. It is rare that the variety just described undergoes a partial arrest in its somewhat rapid course and still more so the fact of the destructive changes remaining in abeyance for a time. Of Chronic Bronchiopneumonia, Herrin says— "it is established in pathology that chronic pneumonia apart from that found in tubercular subjects is excessively rare in adults, (so rare that its existence is disputed) and that it is a little less so in old people; in childhood on the contrary, the chronic form of pulmonary inflammation certainly exists and is even comparatively frequent. It is the Bronchiopneumonia which so ends, and therefore as it is more frequent in childhood, chronic changes are thus more frequent especially in that form of the disease which follows measles and whooping cough." 1 To these two diseases, I would add the grip. The proportion of one in seven in my cases, judging from the duration of the cases, tends rather to be increased when the pathological appearances come to be considered. As I have already shown, interstitial changes appear early in Bronchiopneumonia so that one was surprised to find that after death the lungs in Cases IV and V presented quite evident changes of cicatricial contraction, although the duration in the former case was only nine weeks and in the latter eight months. The production of fibrous tissue throughout the lungs cannot therefore be taken as a criterion of the chronicity of the case, but it may be said that

1 Herrin says article Bronchiopneumonia in dict. Encyclop des Sc. Med.

subacute cases end usually in one, two or three months, rarely as long as eight months, and the chronic cases continue for one or two years and in a few recalcitrant cases for a much longer period.

When the disease assumes a chronic course from the commencement, the general symptoms are such as to attract but slight attention. The patient apparently suffers from a "slight chronic bronchitis", a condition which is very frequent in the adult and which arouses no thoughts of apprehension in the sufferer. Cough is rarely troublesome at the commencement. Expectoration is scanty and mucous, and scarcely ever does stich in the sputum manifest itself. But as time rolls on, these symptoms become aggravated. The patient feels that he is not up to his usual form; that he becomes more readily tired on exertion and that he is somewhat breathless. Cough too is more readily excited and the sputum has taken on a somewhat yellow tinge. He seeks medical advice when the following conditions are found upon physical examination.

The temperature tends to rise in the evenings to 99°, 100° or 100½ and with this rise frequent night sweats may be present. The body weight has become reduced although in some cases this is not well marked. The sputum is somewhat purulent and comes away after successive "chills" of coughing. On examining the chest one may yet find no definite physical signs to account for the respiratory troubles (beginning and fissile each 2 cases, Chest 1 case). Generally however one finds slight dullness at one portion of one side of the chest - most frequently at the base, but occasionally especially in the aged at the apex. The condition of Case IV upon admission is fairly typical of the state of the system at this point. Here is the note upon admission: — "There is very little expansion at either apex in front during inspiration but upon laying the hands upon the chest, a well marked rib friction is felt. The percussion note all over the front of the chest, except just above the hepatic line where it is hyperresonant is of a dull tympanic nature which assumes an almost crackpot character upon strong percussions over the apices. The left subaxillary region is dull to percussion and this intensifies as one descends. The spleen is normal to percussion. Above the hepatic line, the note is hyperresonant upon

the right side until one approaches the apical area of dull tympanism. The expiratory portion of the R.M. is prolonged over the whole front of the chest. At the right side, the R.M. is tubular, almost amphonic at times, harsh and much louder and more distinct than upon the left side. At the left side, the R.M. is weak and tubular and is accompanied by fairly dry subcutaneous rales especially crackling and dry during prolonged expiration, when bronchial rales of a piping nature are also frequently heard. Piping and sonorous rales are more frequent and much louder upon the right side than down, where also large bubbling rales are often heard. The vocal resonance and fremitus show practically no difference upon either side. At the back, we at once notice that the chest is retracted upon the left side towards the base. Upon measuring with a tape, held horizontally at a level of one inch above the nipple line, the circumference of the left side is found to be 17 inches during very quiet respiration. When asked to take a deep inspiration, there is only 1/2 inch of expansion. A similar measurement upon the right side gives 18 1/2 inches with 3/4 inch of expansion. There is however as yet no appreciable displacement of the scapula or of the ribs or spine. The percussion note is slightly dull at both apices, especially at the left. This dullness upon the left side lessens in the region of the upper 2/3 of the scapula but ~~is~~ is never absent. From this down, it rapidly increases in intensity until at the extreme base the note is absolutely dull and wooden. The vocal resonance and fremitus are markedly diminished at the left base. Here also the R.M. in ordinary respiration is weakened except upon forced breathing. Fairly tubular piping rales are heard, while higher up as well as further out towards the subaxillary region dry crackling rales are more common in inspiration with pipant piping or sonorous rales during expiration. Towards the left subaxillary region there is distinct pleural friction. At the apices, the R.M. is tubular but is almost masked by abundant piping and ~~is~~ subcutaneous rales. The respirations are 39, short though regular and easy. The cardiac area is normal to percussion at its upper and inner limits, but the axillary border is rendered indefinite by the dull note merging into the pulmonary area of dullness. The apex impulse is in the fifth space

in the rattle line. The first sound at the apex is somewhat booming and the second sharp and accentuated. The pulse 90, fairly full though compressible. The pulse-respiration ratio is as 1 to 2.8. Temperature upon admission was 101.7 but today it has fallen to 98.5 in the morning and to 98.47 in the evening. The bowels are regular and the appetite is good. The skin is dry though he occasionally perspires during the night. The expectoration is serous-purulent, tends to a greenish hue and is not to say abundant. The interpretation of these signs described fourteen months after the initial attack of the grip is as follows: - condensation of the left base with considerable cicatricial contraction: condensation extending to a much less degree into the left subaxilla, the left apex and over to the right apex behind, diminishing in intensity in these areas in the order of enumeration: general bronchial dilatation upon the left side to a marked degree; less markedly so at the right apex; pleural thickening at the left subaxilla without fluid effusion; general compensatory emphysema throughout the remainder of the pulmonary area; slight obstruction of the pulmonary circulation with compensatory hypertrophy and slightity of the left.

When an acute or a subacute attack passes into a chronic condition the ultimate conditions are quite similar to those just described. According to Valpian it is in children in which such a transition is most often seen. The acute attack undergoes an apparent resolution and the patient begins to feel much better. The evening rise of temperature however still persists in most cases. The pulmonary condition undergoes very little if any change and soon an exacerbation of the general symptoms arises. The cough and expectoration increase, the temperature rises higher and physical examination reveals a condition of affairs similar to that what has just been described. In these cases however the rales are usually of a moist and pure bubbling character (2).

1 Valpian. Des pneumonies pueriles. These d'Agues. 1860 Paris.
 2. See two case reports of Regnier (loc. cit) from the clinical records of Quarré and of Valpian.

As the case progresses in a chronic fashion, the local signs become more marked. The area of dullness increases in extent and in density of tone. The respiration becomes more cavernous and the rales louder and more bubbling. When the bronchial dilatation is great, the voice sounds take on the character of exaggeration, of bronchophony etc., such as we find in case VIII. To quote from a note made three months after admission to the hospital:—"Today, the rales behind are murmur and more bubbling upon the left side especially just beneath the angle of the scapula. Elsewhere, however, they retain their cavernous character described in previous notes. Between the angle of the scapula and the vertebral column the vocal resonance partakes somewhat of the nature of vesicular, and here the whisper is fairly well and distinctly heard. Elsewhere the vocal resonance is neither so punctate nor so loud as upon the right side." This last mentioned change in the voice sounds, notwithstanding the increasing dullness is seen in many cases and would seem to be due to plural adhesions and thickening such as were found in this case - Case III upon post mortem examination. Signs of fibrosis of contraction and pulmonary obstruction become more marked. Hypertrophy of the right ventricle such as occurred here was noted by Bastian 10 times in 30 cases. When the retraction of the lung becomes more marked the heart may be drawn towards the affected side and according to Frank, the diaphragm may be drawn up as high as the 11th rib. The chest too becomes more drawn in, the intercostal spaces are narrowed the ribs approach one another in turning upon their longitudinal axis and in many advanced cases the shoulder falls and the scapula turns downwards and inwards, giving rise to a remarkable distortion of the thoracic cage.

Mesicular emphysema increases not only upon the sound side but also in the intervals between the affected portions of the affected lung. In Case VIII I note that "along the left side of the spine, there is an area two inches wide of clear percussion continuous with the clear percussion upon the right side. The note is hyper-resonant and the R. M. harsh." The bronchial dilatation also reveals its presence by the nature of the sputum and by its mode of evacuation. The quantity increases considerably,

cases however as in Case III the cardiac action remains remarkably steady and able for the requirements put upon it to almost the very end. The duration of the disease may be years. Summer brings a temporary relief but every winter the condition becomes more aggravated and finally unless when complications set in, the pulmonary lesions take on a more rapid course and ultimately prove fatal.

Death may occur from marasmus and bed sores, from progressive asphyxia, from sudden heart failure, from haemoptysis, from diarrhoea or from other of the various complications which will be dealt with presently.

A few words may be said with reference to the temperature, pulse and respiration in the subacute and chronic forms.

In Case IV upon admission and when consolidation was becoming evident, the pulse was 98 and the respirations were 25, giving a ratio of 1 to 3.9. Again in Case V in the early stages of suffering with a pulse rate of 115 and a respiration rate of 20 gave a ratio of 1 to 5.9. Such ratios were most frequent in all these subacute cases.

The pneumonic ratio which was noticed in the acute type is absent here. The normal balance between pulse and respiration is not only returned to but as we see in many cases there is often an exaggeration of the pulse rate. Now and again throughout the course of the disease as a result of a fresh inflammatory condition the respirations increase in frequency while the acute nature of the bronchitis, bronchiopneumonia or even pneumonia, as the case may be, lasts. In an average of 20 readings taken at 2, 6, and 10 a.m. and the same hours p.m. from the 14th to the 16th September in case V, the following figures were obtained:—

	a. m.			p. m.		
at	2	6	10	2	6	10
Pulse	112.4	96.3	123.6	146.9	116.5	126
Respiration	23	20.9	24.5	25	21.9	25.6
Pulse-resp. ratio	1 to 4.8	1 to 4.6	1 to 5.15	1 to 5.8	1 to 5	1 to 4.9
Temperature	100.8	99.2	100.7	100.5	99.9	102.2

DISEASE.

Notes of Case.

Name { Chas
Hinchey.

Age

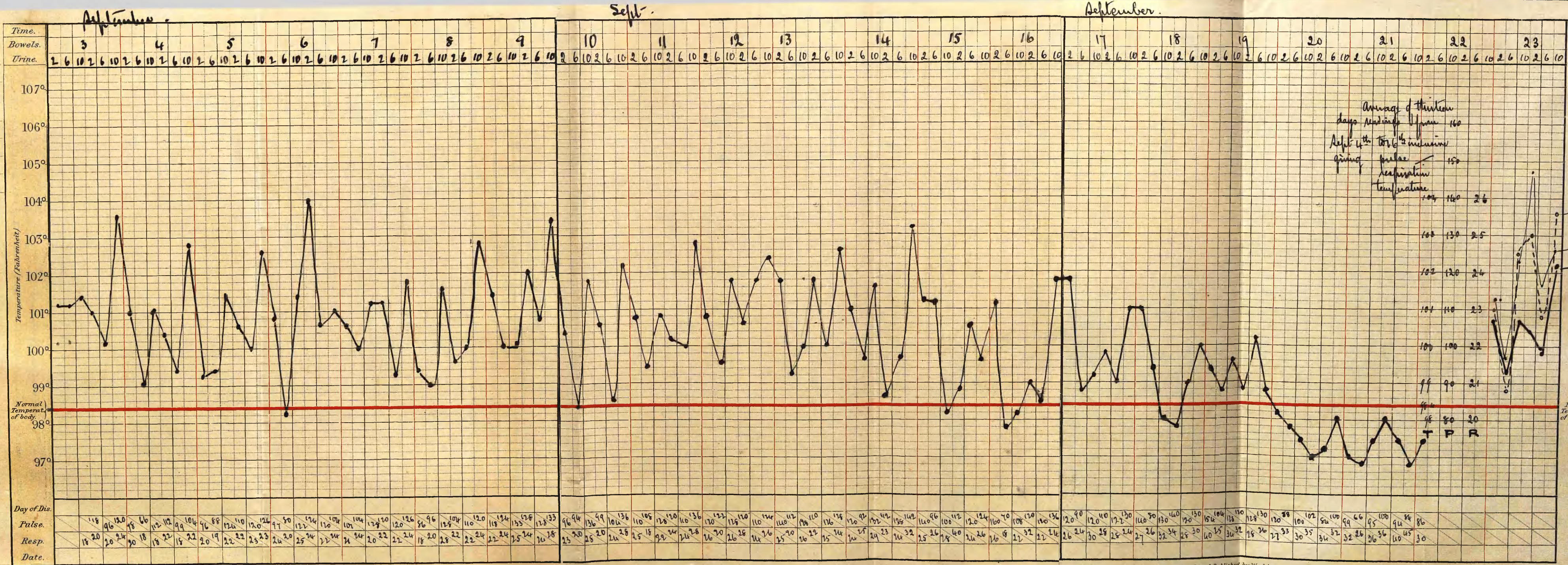
Diet

Case Book No.

Case V

Date of admission.

Result



In the notes upon Case V it is noticed that "the daily range of temperature has not been according to what is generally described as the usual course, but in place of a simple rise beginning in the forenoon and continuing until 6 p.m. or so and then falling until ~~about~~ six or seven the following morning, there has been a rise from six am until 10 am, and then a fall until 6 p.m., and a second rise to 10 p.m. when the maximum for the day is usually obtained." Such was the case in case IV though not to such a marked degree where it was noted that "the temperature has shown a peculiar course to that described in the other cases. As a rule, the morning and evening readings are very close and during the first fortnight in July they generally remained beneath 100° F. Upon the 13th however, they rose above 100° F. and from this time until late in August the readings fluctuated between 100° F and 101° F. being occasionally above or below these two points. From August the 20th until today September 6th the temperature has been almost uniformly over 101° F. The chart shows an irregular rise during these two months, but the greater areas of excursions are not diurnal. Each marked rise and fall embraced two three or more days, the fall being as a rule by a crisis and much sudden than the rise. There is no regular ~~intermittent~~ intermittency in these rises such as one would have in any of the various types of intermittent fever." These rises from the ordinary line of the temperature curve, mean as a rule a fresh attack of lobar pneumonia. A new focus of the disease has become established or it may be there is a more vivid bronchitis. In other cases, a limited lobar pneumonia or a pleurisy is the active agent in the production of the rise. All charts show this tendency to irregular intermittency from day to day. The irregularity however precludes a comparison with the cases of Intermittent Pneumonia such as have been described by Frölich!

1 Frölich. Wied. Med. Press. 1895. No 15.

also in Jaz. Hebdom. 25th. Oct. 1895. p 688.

Chapter VII.

Primary Subacute Bronchiopneumonia.

In introducing the subject of the subacute form of this disease it was remarked that this variety is generally grafted upon a pre-existing bronchial catarrh, and hence might be classified as a secondary bronchiopneumonia were it not for the fact that on rare occasions we find a case developing and progressing to a fatal termination in a subacute manner throughout its whole course.

Case VI is a good example of which the report is briefly as follows:—

B — Coachman, aged 42, was admitted to the St. George's British Hospital, Paris, upon the 28th of March 1891, suffering from great weakness, pains in the back and limbs and from fever.

A fortnight before entering the hospital, he contracted influenza of which he presented most of the usual symptoms.

Condition on admission:— The temperature is 100° F. He seems to be very weak, he sweats heavily and the pulse is very feeble. The extremities are cold and along with the lips, cheeks and ears, present a livid tint. This cyanosis of the face is perhaps the most striking feature in the case. He has no cough and physical examination reveals nothing abnormal in the lungs or heart. He complains now of no pain when in bed but simply of a feeling of extreme prostration. There is neither sugar nor albumen in the urine. The bowels have been regular without any looseness.

Upon April 6th ten days after admission and twenty-five days after the onset of the grip, the following note was made:— The general condition of the patient remains pretty much the same as when he came in. The heart is rather stronger but still the lividity of the face and extremities is very evident, and he sweats heavily. The highest point upon the temperature chart was reached upon the evening of the 30th when the thermometer registered 102.4° F. Thence it has fallen, though irregularly to 99° F. upon the morning of the 3rd and 4th, but upon the evening of the 4th it rose to 101.6. Tonight it has reached a similar figure after having fallen in the morning to 100.2° F. On examining the chest today, percussion revealed a distinct

sound of purity in the tone over the left apex in front. The note seems flat and the expiration prolonged. There is still no cough however.

April 8th. There is now dulness over the left apex in front. The R. M. is tubular and is accompanied by a few subcrepitant rales best heard during expiration. An occasional rale of a like nature is heard at the right apex although no dulness to percussion is noted here.

April 17th. The dulness is increasing in density upon the left side, both front and back, and is rapidly descending. The note over the right apex is now dull also and here too the same rapidity of extension is noted. The rales have assumed a liquid metallic ring. For the last few days he has complained of pleuritic stitch in the left subaxillary region. The temperature has been rising and falling between 100.4^oF as the lowest point since the last note was made to 104^oF upon the evening of the 16th as the highest point.

April 22nd. The dulness is down towards both bases now, the rales are quite moist bubbling and metallic towards both apices in front, especially at the left apex where the lung seems to be breaking down very fast.

The heart is becoming weaker and the lividity more evident. The coughs now and the expectoration is mucopur. There has never been any haemorrhage nor even a tendency to the viscid rusty sputa of lobar pneumonia.

April 23rd. The patient died quietly this morning from heart failure.

The treatment was stimulation, attempts to reduce fever, and local irritation in the form of counterirritants so soon as the first chest signs were discerned.

The post-mortem appearances: - Cadaveric rigidity still present. The lividity of the parts already described still exists. The body is considerably emaciated.

Thorax. There is a considerable amount of fat around the heart. The pericardium contains a small amount of serous fluid. In the left ventricle, there is a large white thrombus. The right ventricle is full of serous clot as also are the pulmonary arteries and the superior and inferior vena cavae. The heart muscle is pale but the organ is otherwise normal. All the valves are competent.

Lungs. There are slight adhesions upon the right side of old date. The lungs are deep lined red but are unusually shrunken especially towards

both apices with yellowish grey nodules varying from the size of a pea and to that of a pea or smaller. In the upper lobes especially the left these nodules tend to run together and so form firm areas of condensation which present a yellowish grey cheesy aspect. Cavities are forming at both apices. On squeezing the lung a fetid purulent fluid exudes from all these yellow spots as well as from the finer bronchioles and bronchi. The lungs float in water.

Abdomen. The liver is large and deeply congested giving a very distinct mottled appearance. There is a considerable amount of serous fluid in the peritoneal cavity. The spleen is large soft and deeply congested. The kidneys show mottled nervous engorgement.

Brain. There is ~~over~~ one ounce of fluid in the skull cavity. The general nervous engorgement is evident here also both in the membranes and in the cerebral tissue as well. Otherwise there is nothing remarkable to record.

Microscopical examination of portions of the affected lungs, revealed the presence of a caseating bronchopneumonia. Here and there liquefaction of the caseous foci was taking place and cavities were developing. No tubercle was found either here or in the bronchial glands.

With regard to the primary physical signs at the apices in this case, it may be interesting to quote a passage from Berthier's thesis¹ which describes a somewhat similar course in the what he describes as a case of "Pneumonie Caséuse lobaire aiguë". Of course to a faithful disciple of Laennec, such a bronchopneumonia as he describes at length, is to be considered a tubercular affair and the natural corollary in his mind is the synonym which he employs - i.e., "Bronchopneumonie tuberculeuse aiguë pseudo-lobaire" although he bases his conclusions solely upon clinical facts with the support of bacteriological or microscopical evidence.

Without depressing ^{partly} upon this wide subject we shall simply quote the following from a very admirable thesis, "M. Jaccoud dans une observation remarquable suivie dès le premier jour et sur laquelle nous reviendrons, ayant présentée une affection de poitrine, dirigée par ses recherches de ce côté, mais ni la percussion, ni l'auscultation ne

1 loco citato.

" lieu fournissant de renseignements. Le lendemain purement il
 " constaté à la base gauche quelques râles sous- crépitants fins et du
 " son tympanique; la troisième jour apparaît le souffle avec le matité
 " Est-ce la règle au début? "

From the clinical history and post mortem report it will be seen that once the disease becomes fairly established, the further course of this variety differs in no way from the secondary forms of the pulmonary type, except that the duration is generally less. In this case the total duration was forty one days reckoning from the onset of the grip or eighteen days after the first pulmonary symptoms were detected.

Chapter VIII.

Complications and sequelae of the disease:

Pulmonary - Abscess of the lung occasionally occurs during the acute attack in severe cases. According to Krunderat "these bronchopneumonic foci were extraordinarily numerous. In the superior parts of the lungs they attained the size of a nut, they were besides prominent in their central parts. At the first look at the obtuse lung, one might have imagined that he had to do with a metastatic abscess. These abscesses recall the fungus in the influenza of the horse".¹ To quote another authority M. Drasch "the pneumonias and pleuritis of influenza have absolutely special characteristics the foci of bronchopneumonia ending often in suppuration or in gangrene".²

1. loco. citato.

2. M. Drasch. Med. Moderne March 13. 1890. p 239.
 also Royal & Imperial Society of Vienna 7th. March 1890.

Although M. Kahler maintains that "these acute pulmonary abscesses are almost always primitive appearing in the early stages of the disease and in consequence they are the result of the direct action of the influenza germs and not of a secondary infection" ¹ still we often find them in the subacute as well as in the chronic forms of the disease. (Rogé², Balzer³).

Gangrene is reported by Kündrat in thirteen cases of pneumonia following upon influenza, and as already quoted a similar termination has been noticed by Dorsch.

Pleurisy may develop in any of the three forms of the disease. In the acute attack it may often take on a purulent character as described by Kündrat, Paveran⁴ (4 cases), Dorsch, Kahler, Gade⁵, Menetrier⁶, etc.

In the subacute forms there may be present a slight pleural effusion of seropurulent nature but most frequently the pleurisy is of a dry nature. [†] Pleurisy is generally not complained of until the stage of suppuration has commenced. Observe the case in these four cases III, IV, V and VI and in all ~~cases~~ with the exception of Case IV which commenced in the right mammary region, pleural friction and pain first manifested themselves in the left subaxillary region. In none of these was there ever any definite signs of pleural effusion.

1. Kahler. Med. Abh. Feb 27. 1890. p. 196.

2. Rogé. Article "Bronchopneumonie chronique" in the
Diet. Encyclop. des Sciences Médicales.

3. Balzer. Article "Bronchopneumonie subaiguë et chronique"
Diet. de Med. et Chirurgie.

4. Paveran. Med. Abh. 30 Jan. 1890 p. 111

5. Du Petit Lude. British Med. J. Aug. 8th. 1891 p. 308.

6. Menetrier. loc. cit.

7. Cassell. Léon Basset "De la pneumonie lobulaire chez l'adulte"
Mise de Paris.

[†] Repinbeau - loc. cit.

The date of origin and the character of the pleurisy which is rarely of a very acute nature, point apparently to its infective origin. General infection of the system which is rare in children is the rule in adults when the case is of some duration and the primary course of the infective process is through the lymphatic channels. The pulmonary lymphatics converge toward the pleural cavity - which is virtually a huge lymphatic sac, and hence when the abscess exudations begin to break down, the products of disintegration with their accompanying microorganisms are carried along the lymph channels to the pleura giving rise to irritative processes all along their course. Matted thickening of the interstitial pulmonary tissue as well as of the pleurae results, leading to these firm semicartilaginous envelopes which have been described in the post-mortem records. Adhesions of visceral, parietal and interlobar layers readily occurs and give rise to various changes in the physical signs such as were found in Cases IV and VII where chest movements were restricted, the percussion note was markedly dulled, but the vocal vibrations were diminished and the R. In. was almost abolished. It is only in chronic cases however such as Case VIII in which the fibrous contraction of the pleurae as well as of the pulmonary tissue leads to deformity of the thoracic cage.

Pneumothorax as the result of the bursting of an abscess through the pleura was reported in one case by M. Laveran.²

Bronchitis is a frequent complication in the subacute and especially in the chronic cases. This is especially the case when bronchial dilatation has become established and when, therefore, the secretions get liable to remain stagnant and to decompose. Perhaps the most frequent cause of the occasional rises of temperature which have been described, is an attack of bronchitis. In Case VIII this was noticed again and again not only in the affected organ but very often in the other lung as well.

Pneumonia of a true lobar type is not an infrequent cause of death when it arises in the healthy lung in subacute or chronic cases.

As we have already seen in Case II it may occur in the acute form and may prove a much more serious affair than it was with that

patient.

Emphysema has been frequently mentioned already and when it develops to any great extent it reveals itself by its usual definite symptoms and signs and is an important factor in the disablement of the cardiac and general circulation.

Hæmoptysis unless in very bad cases is not a dominant feature in the acute forms. There is usually as in Cases I & II only a mere streak of blood if there be any. The absence of a true rusty tinge is one of the factors in the differential diagnosis between Bronchopneumonia and lobar pneumonia. In malignant cases however, almost pure blood may form the bulk of the sputum. Broussaigny reports such a case in which he states "il cracha du sang pur." Later on in the same case he further remarks "En outre les crachats avaient l'aspect de jus de pomeaux." The presence of pome juice expectoration has been frequently noted in treating of the history of typical Bronchopneumonia. In subacute cases, hæmoptysis is rarer. In some of my cases was it present although in Case II there was a tinge of blood for many weeks and well on towards recovery. In all the other cases it was to employ a Hibernian phrase, "conspicuous by its absence." In chronic cases reported by Ch. Bastian it was present in 15 out of 30 cases and may be due in some cases to rupture of aneurysms of branches of the pulmonary artery such as Barth describes.¹ Asthma as I have already remarked was noticed by me in a young woman of 24 and when it continued for nearly a month after convalescence had become established. The attack was an acute one in this case.

Cardiac complications mainly manifest themselves as the result of obstructed pulmonary circulation.

In acute malignant cases, syncope may terminate the case in a sudden manner. In subacute and chronic cases too, death often arises from the same cause. In cases which run a subacute or

¹ La bronchopneumonie chronique de Henri Barth. *Revue Méd. et Chir. de Paris*.
 also Bazin. Les hémorragies pulmonaires dans la bronchopneumonie. *Bull. Soc. Anat. de Paris*. L. III. 769-774
 1878.

chronic course the amount of work thrown upon the right heart becomes gradually greater owing to the progressive obstruction to the onward flow in the diseased lung or lungs. Hypertrophy of the right ventricle suffices for a time to maintain the balance but soon dilatation indicates the commencement of cardiac failure. Eli. Bastian reports this in one third of the chronic cases. There now develops a series of changes which pass from dyspnoea and lividity of the lips, etc., to marked cyanosis, oedema of the limbs, ascites, etc. On auscultating the heart, accentuation of the second pulmonary sound was noticed early in my cases and later on along with the signs of dilatation of the right heart, a slight systolic whiff was occasionally noticed. In Case I the 2nd sound was reduplicated on the right side for some weeks before death. In most of these cases too irregularity in rhythm was frequent towards the end although in Case VII the heart remained remarkably regular up till the end. As the anaemia and cardiac weakness increase a diastolic pulse develops and a tracing from that of Case V is given.

Cheyne-Stokes respiration was present at intervals for a few days before death in Case VII.

Displacement of the whole cardiac organ as a result of traction by a contracting lung is seen in many chronic cases. The direction of displacement will evidently depend upon the lung involved. In one case in which the right lung had greatly shrunk, the heart's beats were felt to the right of the sternum. The diaphragm and the abdominal organs may be drawn up (Traube) and the chest deformed as already described.

Thrombosis of the veins as a complication of grip has been reported by many observers such as Duchesneau¹, Barlescaux², Ferrand³, More⁴, Vaillant, by various English observers⁵ and by the author⁶, apart from any actual

1. Duchesneau. Sur la gangrene des membres consécutives à l'influenza. Gaz. Hebdom. N° 24. p. 211 / 1890.

2. Loc. cit. 3. Ferrand. Mém. Méd. Marseille. Feb 27. 1890. p. 192.

4. Mém. Méd. 5^{me} Série 1890 p. 742. 5. Soc. Méd. des Hôp. Paris. 24 June 1890.

6. British Med. J. March 1st 1890. and April 26th 1890.

7. A case of symmetrical gangrene following upon influenza & the grip. Brit. Med. J. July 18/91.

association with the disease in question. The probable pathology of these was discussed in the paper above quoted but that in many cases a septic phlebitis was the starting point is proved by the researches of several bacteriologists, conclusions which have been already described in treating of the pathology of the disease. In the acute form of the disease several cases have been reported by Duchesneau of Acute Bronchopneumonia complicated by venous thrombosis and phlebitis of the inferior extremities especially. One fatal case in particular is of peculiarly painful interest in that the patient was a medical man. It is in the subacute and chronic cases of Bronchopneumonia that thrombosis becomes more frequent. The sites of its occurrence for excellence are the pulmonary arteries and veins and the veins of the lower extremities. Some described its presence in the cerebral sinuses. In case IV we have a good example of its occurrence in the subacute stage towards the termination of the illness. Pathologically it has been already discussed and has been shown to be of the same nature as various cases described by Bouchard, Vaquez etc. The clinical notes of its advent in my own cases are as follows: — "July 4th 1891. (9 weeks and 2 days after the onset of his illness.) Yesterday patient complained of shooting pains and of a sensation of numbness all down the left lower limb, and on examining it today the following appearances are evident: — The limb is swollen and large compared with the right leg which within and shows well all the bony prominences. The left limb is rounded, oedematous but pits only on firm pressure. Scattered over the leg and thigh there are deep purple purpuric spots of subcutaneous venous haemorrhage. This is most apparent upon the posterior and inner surfaces of the thigh and calf where the spots have largely run together and become confluent. In these patches also pain is complained of upon pressure. No thickened veins are felt although pain is quite distinct along the course of the popliteal vein. The limb is very cold and blanched except where the subcutaneous veins show themselves purple and blue. The left calf measures $11\frac{1}{2}$ inches in circumference, the right $9\frac{1}{2}$ ". The femoral artery is felt beating quite well. July 10th: the left leg is warmer today than the right as it has been wrapped in cotton wool and laid upon a pillow. There are some purpuric spots round the right knee now. He died tonight." "....." "At the post mortem examination the measurements were

left thigh	39. cm.	right thigh	28.5 cm.
" calf	33.5 cm.	" calf	24. cm.

Cerebral Complications. In the acute stages sleeplessness is almost an invariable symptom but all degrees of mental disturbance from slight occasional wandering to continuous muttering delirium or even acute mania have been recorded.

In the fulminant and chronic forms of the disease, nutting delirium is very frequent when the circulation comes to be interfered with. This is usually the case in cerebral cases is most at night but becomes progressively worse as the viscosity of the blood increases. Cheyne-Stokes respiration was present at intervals for a few days before death in Case III.

Abscess of the brain has been noted by Barth in some chronic cases. 1.

Enlargement of the Spleen and Liver from passive engorgement are often evident to physical examination. This was markedly so in Case V.

Renal engorgement is present to and manifests itself by a slight trace of albumen in a highly coloured urine and by the frequent presence of hyaline or finely granular tube casts. There is often too when the temperature is high a heavy deposit of phosphates.

Ecthyma as in Case VII, clubbing of the fingers in Cases V & VII, bed sores (Balzer) quincy in the mouth found especially in children (Lepandre) and profuse perspirations are all surface lesions of frequent occurrence.

Diagnosis

I am Lippin's fever. That the disease may at first be mistaken for a case of typhoid fever especially when the onset is at all acute will be seen well by glancing at case III. This patient was admitted suffering from symptoms of proctitis, from severe diarrhoea, and from great weakness. On admission physical examination revealed some slight dulness to percussion at both bases with abundant moist crepitation and bronchial rales. There was pain and tenderness in the right iliac region with considerable swelling upon palpation. The bowels were moved twice upon the day of admission and the stools were very fluid and bright yellow in colour. The symptoms were only of four days duration and as yet there were no rose spots upon any portion of the skin. Although the temperature was only 99.6 we did not feel justified in denying the presence of enteric fever at this early stage and in the face of such a group of symptoms. Now that we can look upon a prolonged period of morning and evening temperature readings and now that we have the whole history of the case before us, the diagnosis is sure, but let us look solely at the state of affairs up to and including the evening of the 22nd of April. Here we have a gradual though irregular rise from the 2nd of April to a acme upon the evening of the 11th and then a fall by a degree to 98.6 upon the evening of the 22nd which was exactly the 26th day of his illness so far as the patient knew. According to Wunderlich the fall of the temperature to 100.7 upon the morning of the

1. Barth. *Archiv der Pharm.* La. Bandheft. chron. *Wid. Aug. d. S. Med.*

5th which was one degree lower than the reading at the same time the previous morning would, occurring as it did during the ascent, of itself prove emphatically that we had not a case of typhoid fever to deal with. Again, upon the evening of the 6th and the morning of the 7th the readings gave lower figures than the two previous readings. Wunderlich further says, (quoting Hahnemann) "entire fever might generally be excluded from the diagnosis of the temperature proceeding the first two days to 104: if (at least in a patient under middle age) it did not rise between the 6th and the 8th day to 103.7: if it stood the same level on two successive mornings or on two successive evenings; or if it were ever lower than that at the same hour on the previous day. Jenner remarked to the Clinical Society in 1875 that in private practice there were found but few numerous exceptions to one of Wunderlich's rules and this certainly ~~and~~ accords with my own limited experience in the matter. In 1878, a girl was admitted who had been carefully watched from the 3rd day of her illness by W. Nyboldy; the morning and evening temperatures were on that day 103.4 and 105.2 respectively; on the 6th day they were 103.4 and 104.2; on the 5th day 103.4 and 102.3; on the 6th day 103.5 and 104.2." 1.

The fall of temperature to the normal upon the 9th day of this case still strengthens the similarity to Entere fever but here the comparisons fail. The general appearance of the chest is so irregular, the rise is so gradual that notwithstanding the fact that there were abdominal pain and tenderness with gurgling in the right iliac fossa and diarrhoea with pea soup motions, the idea of enteric fever was nevertheless set aside. The future course of the disease substantiated the correctness of the diagnosis. No rose spots were ever seen upon any portion of the body, the tongue never showed any characteristic appearances and the preliminary conditions steadily increased in severity and so demonstrated the true nature of the case. The restlessness, vomiting and diarrhoea, apparently of febrile origin yielded gradually to suitable treatment and soon the stools lost their pea soup character.

Acute Phthisis, the diagnosis is often extremely difficult. As we have seen the initial site of the lesion may be apical in a great many cases and the rule that phthisis begins at the apex and bronchopneumonia at the base is one subject to many variations. The family history as well as a personal disposition towards phthisis or tubercular affectives point to Phthisis. The bacteriological examination of the sputa is an important aid, but the presence of elastic fibres is not a pathognomonic sign of tubercular as destruction of lung tissue seems here too. The association of tubercular

1 Hahnemann. Principles and Practice of Medicine. 1st Edit. Vol. I. p 189.

conditions in other parts of the body such as the peritoneum, the joints, brain, intestines, etc are powerful evidence for phthisis.

Acute Pneumonia is said to simulate acute Bronchopneumonia but the resemblance is never very close. The physical signs and many of the general symptoms are distinct. Rusty Sputum is very rare, herpes labialis is infrequent and the chlorides in the urine are undiminished as a rule and the temperature chart differs materially in Bronchopneumonia. Resolution is slow the temperature falls a crisis and the physical signs are slow in disappearing. The recurrent nature of the daily temperature readings is itself sufficient to distinguish this disease from acute lobar pneumonia even when it assumes a quasi-lobar aspect. The only cases in which lobar pneumonia might present a somewhat similar chart are those described by Köhlich¹ and by Bernard². Intermittent forms of bronchitis have also been reported by Abaille³ and by Bregard⁴ but these with any degree of care can be easily distinguished from subacute or chronic Bronchopneumonia.

Between Chronic Pneumonia and chronic bronchopneumonia the distinction is however somewhat difficult. Chronic pneumonia according to Howard, Bulzer and others may arise in two different ways - first, either by a regular continuous and progressive course, succeeding a first attack of pneumonia, or second, by a process of successive phases of interrupted evolution which establishes itself as a result of a certain number of relapses of acute pneumonia in the same portion of one lung. Auld⁵ in the latest work upon the subject, holds that some cases are primarily of a chronic nature.

Chronic Bronchopneumonia on the other hand is always of a secondary nature and follows as I have already stated the specific fevers, measles, whooping cough, diphtheria, etc.

1. "La Pneumonie intermittente" Köhlich. Wien. med. Press. No 15. 1878
2. "Observations de pneumonie continue récurrente" Min. Méd. Paris 14. p. 145. 1855.
also Bull. de Soc. Méd. de Paris 1862.
3. Bronchite et Pneumonie intermittente guéries par le sulfate de quinine.
Abaille "Paris Méd." XXXI 1874. page 423.
4. Bregard. Bronchite aiguë intermittente. Journal de Méd. Chirurgie et Pharm. de Bruxelles
XXV page 212. 1857.
5. Auld. The Pathological Histology of Bronchial Affections, Pneumonia and Tubercular Pneumonia of A.S. Auld M.D. 1891.

Furthermore, Chronic Bronchopneumonia gives rise to dilatation of the bronchi especially those of lesser calibre while this is rare in Chronic pneumonia. In Chronic Bronchopneumonia too, the deformity of the thoracic cage is much more evident than in the chronic lobar pneumonia. (~~But~~ Balzer after Charcot).

Other conditions of the lungs have also been described by various authors, which upon post mortem examination have shown similar subacute or chronic forms of bronchopneumonia associated with non-tubercular destruction of lung tissue.

Phtisis and cancer may simulate chronic bronchopneumonia but in the former case we have generally the history along with other lesions to aid us, in the latter we have a marked cachexia, the pain is more intense than in non-malignant conditions and the physical signs are somewhat different.

Cases where tumours have compressed the bronchi and have led to destructive changes in the lung have presented marked resemblance to the less subacute or to the chronic types of the disease. Percy Kidd records a case of "destruction of lung following upon obstruction of the bronchi".¹ J. P. Irvine² too writes in the Lancet a paper "on the occurrence of collapse, emphysema and destructive pneumonia in association with tumours compressing the bronchi". The clinical aspects of such cases must have presented considerable difficulties during life with respect to their differentiation from chronic tubercular disease or from simple Chronic Bronchopn. Waters seems to have had to deal with cases of subacute bronchopn. ending in cavity and cure when he wrote his "clinical lecture on certain diseases of the lung resembling acute phtisis".³

1. Pathological Society of London. P. Med. April 21st. 1865.

2. Lancet. Vol. I. p. 415. and et seq. 1875.

Lancet Vol. I. page 123. 1879.

British Medical Journal Vol. I p. 114. 1879.

3. British Medical Journal. page 1074. 1886.

also Adams and Bracy. Artérisement de l'artère pulmonaire (symptômes ressemblant tubercular phtisis.) Gaz. Hebdom. 26th Dec. 1877.

also Alabey. De phtisis avec insuffisance tricuspidale ayant donné naissance à des anévrysmes multiples simulant une phtisis caséuse. Gaz. Hebdom. 24th Dec. 1877.

Prognosis

In the acute form our prognosis depends upon many points — upon the age of the patient, the previous condition of health, the presence of any chronic disease such as Phthisis, Chronic Bronchitis, Emphysema, Heart and Kidney disease and also upon the severity of the initial attack of the grip. Burlesque makes a remark which must be evident to every medical practitioner whatever who has had any experience of influenza where he writes "l'époque tardive des pneumes est un des facteurs essentiels de gravité".¹ He proves his point by referring to cases which he had under his care in Val de Grace hospital. These were prisoners from Bicêtre et Cherche - Misi who were removed immediately the symptoms of the grip had shown themselves. None of them remained in the hospital wards longer than forty-eight hours. On the other hand, the ten fatal cases which he reported had gone about ten days before seeking medical advice. How often has the same thing been seen by all of us, where business men have continued at work trying to fight out the disease but have at last succumbed to the inevitable. The natural result is that the general strength has been greatly reduced, that the cardiac muscle has been weakened, that the lungs have been subjected to exposure while in a state in which they are least able to resist such a trial and that in short the resistance to septic infection has been much diminished. What wonder is there then that so many strong and healthy adults have succumbed to the pulmonary complications of influenza while confined invalids and the weak in general have so often escaped with impunity. When the disease takes on rapid such conditions of congestive oedema of the lungs with failure of the respiratory and cardiac functions as have been described, a fatal termination is almost inevitable. In subacute cases one's opinion is influenced of the extent of the pulmonary tissue involved, by the previous condition of the lungs, by the temperature, the sputum and the general health of the patient. It is not enough to speak of the character of the sputum as demonstrated by microscopic appearances; microscopic examinations must be frequently made especially with reference to the presence of microorganisms. The quantity expectorated in the 24 hours ought to be carefully measured. I am convinced by experience that if this were done more as a general rule, one would gain valuable evidence as to the progress of the pulmonary lesions. In such cases as these subacute forms of

1. Burlesque. loc. cit.

bronchitis, where not only do the intrabronchial exudations liquefy and become evacuated in the expectoration but also true pulmonary tissue as well, owing to the breaking down of ~~the~~ coalesced areas of lobular condensation which have undergone caseous degeneration, the quantity of the daily evacuation gives the only reliable basis of opinion with regard to the spreading or the cessation of the destructive process. As we have seen already in treating of the bacteriology of the subject, the *Streptococcus pyogenes aureus* was the principal microbe found in these cases. As a condition of recovery approaches these become scarcer and a prognosis becomes quite sanguine but in some cases along with an increase or a renewal of the hectic condition, tubercle bacilli make their appearance and at once confirm the invasion of a very frequent and very distressing sequel of many of these cases. Chronic cases may last for many years. Occasional acute or subacute attacks occur but so long as these are localized to a small portion of one lung and especially to the portion previously attacked, so long as they undergo somewhat of a resolution and so long as the general health remains good and the temperature continues normal between these attacks, one may hope for a fair duration of life. This is more especially true when the social condition of the patient is such as to allow of the best possible food and surroundings and of his remaining in a warm dry climate. When bronchiectasis occurs to such an extent as to prevent removal of the exudations lying in the cavities for any length of time, we have a new source of danger in the great liability to decomposition especially in the form of putrefactive fermentation (Bumke's). The fetid odour of the expectoration may set up sickness vomiting and much dyspeptic trouble while active absorption is almost inevitable. One of the most common signs of the latter, is the frequency of *stertor* during the latter periods of a chronic bronchitis-pneumonia.



Chapter IX.

Treatment -

The old adage "prevention is better than cure" applies as appropriately to the bronchopneumonia of influenza. Prophylaxis in this case however, involves the question of the treatment of the initial disease - the first, the ~~part~~ subject not only of too vast proportions to deal with now, but also one foreign to the matter in hand. There are a few main points to be attended to in all cases of influenza and these I shall briefly touch upon. Absolute rest in bed should be strictly enforced in all cases until the temperature has remained at the normal for some days. In the majority of cases there is an intermediate period succeeding the fall of the temperature and antecedent to the return to the normal - characterised by a condition of subnormal readings. This fact I have noticed very many times. A recent communication to the British Medical Journal with regard to the experience in the French hospital and dispensary *Quindou* reported by Louis Virehas, B.Sc. Paris etc. confirms these observations of my own made six months previously. This is a dangerous time for the convalescent as it marks a very depressed state of the system and especially of the nerve centres which govern the heart and of the vaso-motor system as well. The slightest exposure to chill may lead to diarrhoea, ~~small~~ respiratory troubles and to marked increase of these if they already exist. Rest then, in bed preferably, at least in an unobnoxiously warm room, must be maintained until all signs of danger have passed. Stimulation with light nourishing diet and with the addition of alcohol in some easily absorbed form if necessary is called for. Systematic disinfection of the respiratory and alimentary tracts even if there be no marked respiratory trouble goes a long way in preventing these two frequent complications, and this applies much more forcibly when these have arisen, for then as we have seen the streptococcus is hard at work. In the way of disinfectants perhaps no one has been "banned" so much as out of Eucalyptus! Professor Guichard in an address to the students of the Leeds Medical School prophesied that in the near future one might not be astonished to see the "automatic-supply" principle carried into the sacred domain of the healing art. These bantering words of his have received an amusing and I am sure to the prophet, an unexpectedly early verification.

1. British Med. J. March 19th 1897. Vol. I p 601. "Subnormal temperature in the convalescence from influenza." Louis Virehas B.S. Paris. L.R.C.P. M.R.C.S. (Edinburg).

By dropping a penny into the ubiquitous "jolt" one was enabled to have sprayed upon one's handkerchief a few drops of oil of Eucalyptus - an elixir of life which would not only prevent but even cure all cases of Influenza. Many practitioners, however, have made continued and careful use of this drug, but the general opinion seems to be that any good obtained by it has been more than counterbalanced by the nausea, the headache and other disagreeable sensations which it has produced. Thyrol, terebinte, menthol, camphor, carbolic acid, have been all employed and in fact the whole list of remedies official and non-official has been ransacked in the search for some 'real cure'. In my experience, pure creosote has proved of great value. It was prescribed in the form of two parts creosote to one part of Chloroform, ten drops of which mixture were placed upon a naso-oral respirator. The chloroform allayed the slight irritation which the inhalation of even the purest obtainable creosote so often sets up. Where the streptococcus was found to be very abundant and where the cough was very troublesome the inhalations were ordered to be nearly continuous as was compatible with the comfort of the patient. The patients soon felt the benefit of the treatment and then it was rare that we received any complaints as to the medicine, not agreeing with them. During convalescence nerve tonics are called for and generally there is great anaemia to be remedied as well.

When bronchiopneumonia shows signs of developing, the treatment must be immediate and energetic. Rest in bed, warmth, stimulation, light nourishing diet, a purge at the onset if required and the administration of sedatives and drops which will increase the pulmonary and bronchial secretions, are all called for. Local applications are of great use. The skin over the affected area may be freely thrice very lightly touched with the flat point of a Paerpelin's cautery. This acts quite as well as a blister, is not nearly so painful as one might imagine if it is applied with care and gives no trouble in the way of dressings. Blisters or pinacisms do in place of the cautery when it cannot be obtained. Large fuelled funnels containing mustard in the first one or two and changed every three hours often give great relief when the condition at all tends to the suffocative form. Stimulation in almost all cases is called for especially in the eyes, and I have been often surprised at the amount of alcohol which is required to give any definite results as recognized by the pulse. We must never forget the fact of a septic basis in these cases. Inhalations charged with terebinte and Chloroform were administered by me when the cough was of a very irritable nature. In other cases the naso-oral respirator was used freely a mixture of creosote and Chloroform as already described being the antiseptic and sedative employed. Capsules, each containing one minim of pure wood creosote were administered internally. The dose was pushed until disturbing effects of the drug were noticed and then the quantity was reduced for a few days and steadily increased and so on.

Case II, I consider, owes his life to this remedy. On Nov. 30th two capsules were ordered to be taken three a day. The temperature was rising and the quantity of sputum was increasing daily at this time, and the chest symptoms were in no way improved. On the 9th November, 250 grammes were effectuated but from this date, the quantity steadily diminished with the exception of a rise to 225 grammes on Nov. 12th. The temperature was now falling but on account of the increase of sputum on the 12th the patient was ordered 6 capsules 3 or 4 a day. On the 17th Nov. an increase to 16 capsules and on the 28th Nov to 20 capsules a day (equivalent to 20 minims) was ordered. By the 16th Nov. the temp. fell to 99.7 in the morning and to 98 in the evening and from this time until dismissal more than a month later it continued normal. From the same date the sputum fell from 120 grammes to 20 on dismissal besides entirely changing its character from a thickened purulent mass to a process with scarcely any purulent taint. At the same time creasote and Chloroform were inhaled by this patient for at least four or five hours and in fact when available, the respiration was purely of this nature. She occasionally complained of slight sickness and once of slight griping pains but as will be seen by the chart no such things as diarrhoea were ever produced. In this case before adopting creasote as well as in four other cases, I tried a new form of treatment which was greatly lauded by some of the French and German authorities. This was the hypodermic injection of a solution of Camphor in olive oil in the proportion of 1 in 10. One gramme of the solution was injected into the subcutaneous tissue daily under careful antiseptic rules. No local disturbance was ever set up but slight pain of the head soon began to be complained of after the fourth or fifth injection. A day was missed then and the remedy continued. In this case as well as in two other cases of a little nature the temperature seemed to fall after the first few days of the treatment and certainly the sputum lessened somewhat also, but the improvement if at all there was ever any was of a very transient character and finally, I gave up the treatment in all the cases, seeing that it was proving of no use. In these dangerous cases of the acute or sub-acute type, where the heart seems to be becoming rapidly weaker and where failure of the respiratory centre is imminent, the use of Strophina by the mouth or hypodermically along with the employment of inhalations of Oxygen has produced marvellous results in some cases such as those reported by Charles Bruntin and Marcelline Fickett and others. 1. The strophina stimulates the respiratory nuclei

1. Brit. Med. J. Jan 23rd 92. Vol. I. p. 172. On the use of Oxygen & Strophina in Pneumonia. Bruntin & Fickett also B.M.J. Vol. I. p. 327. A.N. Schmidt M.D. also B.M.J. Vol. I. p. 436. J. Cooper Liffes M.D. also in treatment of Influenza Pneumonia of Archard. La Semaine Med. Feb. 13. 1892.

in the medulla while the oxygen inhalations supply the necessary amount of that gas required by the organism even under the most adverse pulmonary and cardiac conditions. By means of this treatment we may tide a patient over a severe and otherwise fatal crisis by immediately strengthening the pulse and so giving time for the organism as a whole to respond to the double stimulation. In subacute cases, when the conditions tend to become localized some portion of a long counterincantation may be employed but in my hands they proved of very little service. In those repeated slight attacks of pleurisy, pneumonia or pericarditis of an acute nature which are so apt to occur in the more chronic cases, counterincantations seemed however in many cases to materially assist in cutting short the attack.

The main point in the chronic form is to maintain strength and to prevent auto-infection. Light nourishing diet, stimulation, rest in bed or if able gentle exercise in an equable temperature are all demanded. To lessen perspiration at night and to procure sleep, sulphur has proved invaluable. Given in doses of 20 grains with mint or hot whiskey and water as a vehicle, one to two hours before falling asleep, it checks sweating, gives a calm nights rest and is not followed by thirst or other disagreeable symptoms such as are only too often complained of when atropine has been administered. To prevent auto-infection from the decomposition of the bronchial secretions in the bronchiolitic cavities or in the bronchi as well as in the alimentary canal owing to the patient swallowing the sputa, creosote was given by me in large doses and with the most happy results. I have already described its mode of administration in Case II. Its utility in all these other cases which presented a more or less chronic is proved by the fact that in none had the ~~the~~ sputum ever a disagreeable odor. Even in case III which lasted for two years and which presented such a quantity as has been described in the prot. - mention records thus showed a splendid result.

As the various complications which have been enumerated, they call for their own appropriate treatment which need not be discussed now.

Surgical interference would prove of service in acute or subacute cases where a local abscess or focus of gangrene has been diagnosed. In such cases a portion of rib may be removed the abscess or gangrenous area cut down upon, the contents cleared out and the cavity drained and allowed to heal by granulation. Brilliant results have rewarded this somewhat recent feat of modern surgery.

I have found.

Synopsis of Cases not already recorded - of the subacute and Chronic Forms.

	Case III C - r.	Case IV C - s	Case V H - y.	Case VII M - n.
<p>Debut</p> <p>Symptoms of influenza: great weakness, diarrhoea, right iliac pain and quinsy: no local phlegm. Symptoms: signs especially at bases where percussion note ends to be dull. Temperature 99.6 on admission. Anemia marked.</p>	<p>Symptoms of influenza: great weakness, diarrhoea, right iliac pain and quinsy: no local phlegm. Symptoms: signs especially at bases where percussion note ends to be dull. Temperature 99.6 on admission. Anemia marked.</p>	<p>Spitiness, weakness, prostration. Diarrhoea. Cough & pain in the side a week afterwards. Great anemia with some cyanosis. Slight cough and sput.</p>	<p>Influenza, then cough cold, cough sput. pulmonary conditions gradually increasing.</p>	<p>Influenza followed in a few days by cough & sput.</p>
<p>First stage of pulmonary inflammation - Bronchitis with pulmonary emphysema.</p>	<p>Four days after catching cold. There were noticed abundant bronchial rales of a mixed type with slight dullness at both bases. Sputum moderate.</p>	<p>Two weeks after cough and pain arose and three weeks after next influenza, we noticed dulling of percussion note over left apex and dull flat left base. P. M. weakened. Subrespirant pleuritic rales.</p>	<p>Apparently bronchitis at first.</p>	<p>Apparently bronchitis slight at first but increasing in severity.</p>
<p>Second stage of pulmonary inflammation - Consolidation</p>	<p>Bases fairly dull with somewhat mixed respiratory and bronchial rales. At apex of each lung dulness and subrespirant rales.</p>	<p>Three weeks after onset of quinsy at left apex, P. M. weakened. Subrespirant rales during both phases of sepsis with piping rales especially in expiration when they became prominent upon free breathing. Percussion note dull. P. M. coagulated. At night after</p>	<p>Seven months after influenza flatness of note all over point of chest. P. M. small. Cough, prostration, subrespirant rales during week with piping rale, a exp-pleuritic friction in left infrascapillary region. Behind whole left side quinsy pain flattened note of hepatized patch. dry cough. Rales becoming subrespirant toward apex. Pleuritic friction at base.</p>	<p>Seventeen months after influenza diminished expansion at left apex. Rale pleuritic marked. Percussion dull typical of tubercular point with tendency to a flat at apex. Dull in left subbase sound in point of lung. P. M. tubercular and harsh. Percussion upper right - weak left apex with subrespirant. Fairly dry &</p>

whistling piping branch, sales
 behind pulves of whole left side.
 dula. at sp. & base. No sounds
 melted. R. h. well all over &
 about at extreme base towards spine
 where only a thin pipe or head of
 fused matter. deep imp. edoes
 upon whole left side branch, sales
 on right side puerile exasperated
 occasional hunch, sales.
 temp. ball also about 100 to 102.
 forming exasperations, presp-
 rates 1 to 3.9. (2.5 to 4.8)
 spit unexpended - exasper-
 apitate poor. sounds still low.

branches infusible. repair. upon
 right side R. h. tubular under.
 subexp. sal. in imp. piping at end of
 sp. R. h. puerile in both a little
 Descriptive setting - sales early
 paler with lividity. head purpura.
 nails clubbed. resp. 19. p. 115. 115.6
 temp. fallen from 106 to 101.4. pallid.
 spectrum tremens manipulations
 rounded masses of ground mass
 few with occasional ~~firmness~~
 flattening of apices.

with smoothening of branches, creel in
 imp. and piping in esp. = purging.
 When right hand crawling sounds change
 bubbling branch. R. Voc. 11.9.7 sounds
 equal in both sides.

Behind diminished exasperation at
 slight dula. at sp. distinct at scapula
 angle to base where absolute. Voc. 3.8
 about at base. Voc. des. (essent. R.)
 head and tubular with subexp. sales in
 sp. a crawling branch. R. in esp.
 No R. h. at any base but pipe. R. in pr
 esp. pleural fr. at left breast with, region of
 into spines. @ dull. No right side
 R. h. is energy and tubular with few
 subexp R. here and there. Resp. 3.2.
 p. 90. rates 1 to 2.8.
 heat after impulse in 5th space of ribs
 in middle line. (at scap. hunch. and
 rather accentuated. pulse good, more
 exasperated exasperations. skin more
 jaundiced than of early pulse. boundary
 may little sweating.

Third Stage
 Preliminary
 Insane.
 Softening

See words after sp. 5.5 in next copy.
 sales moved at all parts especially left side
 levit. stich. puerile right man. p.
 emaciation rapid. imp. temp. spit number
 15 to 16.9. masses of masses from at hand
 much less. 100 blood. Resp. 2.3. p. 114.
 15 to 16.9. deep laboured. catching.
 descriptive setting up. temp. unimpaired
 eventually. 103 after at night. resp after 32.

Seven months and one week after
 onset of illness exasperations in front
 especially at right side. sales rather
 minute at left after.

nineteen months after onset of my
 sales more frequent than usual
 upon left side. spit never -
 pulse resp. rates 3.2 1 to 2.8
 temp. more falls as in other cases but
 only 107.00 or 107.7.

<p>loss of appetite later on, occasional vomiting, delirium & chryse stasis, ends with coma before death. frequent pleuritic attacks with subacute, quivering during sleep.</p>	<p>has been occasionally noisy, necessary anal evacuations. They become dark brownish & left side of face, veins, slight delirium, death in coma just heart failure during sleep.</p>	<p>structure of red round vesicles. same at when face. Liver & spleen deformed (enlarged), adhesion of feet & legs, with heart failure before death. quivering during sleep.</p>	<p>accentuation of red heart sounds. hypertrophy of left ventricle in secondary phase. cold diarrhoea rare. quivering during sleep.</p>
<p>Duration.</p>	<p>quells 3 days or 66 days.</p>	<p>quells 3 days or 66 days.</p>	<p>almost 2 years.</p>
<p>Post-mortem appearances.</p>	<p>Heart pale flabby, much nervous dist. lungs adherent by recent membrane - no adhesions early broken down. appearances show that the second and third stages of bronchopneumonia have been attained at the apices which both bases still retain the appearance of consolidation. Cavitation & cavities at both apices. Liver. milky. Spleen - enlarged & engorged. Kidneys - nervous engorgement. Brain " with slight bronch meningitis.</p>	<p>Heart - 3/4 firm in pericard. heart muscle pale & flabby; cavities full of clot. lungs - adhs. slight at remaining. tubercles adhs in each lung. Curious bronchopneumonia in mid and 3rd stages. Several large cavities. Curiousification at bases - Pleura - visceral layer - much thickened, much engorgement. Liver - milky, enlarged. Detritus nervous engorgement Spleen. enlarged 200 gram. Kidneys - nervous engorged. Swift termination of nervous. Brain - nervous engorgement.</p>	<p>Heart. enlargement of right-side with some dilatation of right ventricle: heart soft. lungs. Right lung slightly adherent at apex. lung presents a fairly general bronchopneumonia. primary towards the end of the first stage especially at apex. Curious thickening of left lung. Curious thickening of lung irregularly walled cavity at left base. spleen - engorged. enlarged. liver - nervous.</p>

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