## OBLIQUE INGUINAL HERNIA with special reference to the <br> Reducible Variety <br> and its <br> TREATMENT - - GASES.

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Herria
s.

Inguinal
Hernia
Oblique In:
:guinal Her: :nia

Structure
a. The Sac

1. Neck

THE term Hernia,in its widest sense,is used to denote the displacement of an organ from the cavity in which it is natu : ally contained, by being protruded through an abnormal,or acci: :dental opening in its walls.

Inguinal Hernia denotes the protrusion of a viscus into,or through the Inguinal canal.

Oblique Inguinal Hernia is that variety in which the hernial sac enters the canal through the deep abdominal ring. A protrus: : ion into the canal occupying part ofor the whole canalgis said to be incomplete-a Bubonocele- A protrusion through the canal, passing out by the External ring,is said to be complete. When such protrusion descends to the Scrotum the Hernia is called Scrotal. A Hernia is reducible when,the supine posi: : tion being assumed,it slips back of its own accord,or upon gent le manipulation.

It is only in congenital, oraccidental herniae, that the sac,as such,is absent.

The sac is the prolongation of that portion of the peritoneum which corresponds to the aperture through which the hernia protrudes. It is in all cases composed of two parts-the neck, and the body.

The neck as a rule is narrowed. In older hernia, however,it may be wide and expanded. Usually,it is short,being as it were a constriction of the sac. It may, however, be elongated and narrow

Generally, in course of time, the neck of the sac becomes thick: : ened, and opaque.
2. Body. The body is round or pear shaped. It varies greatly in size. In recent cases it is thin; in old standing cases it be: : comes much thickened.
b. Contents.

The contents of the sac vary widely. Most irequently, the protusion consists of bowel. As a rule it is the small intestine, and a portion of the Ileum at that, which is found in the sac. Such portion may vary in size, from a small biece of the circumference of the bowel, to a coil several feet in length. The large intestine is seldom found in the sac. Ocoas: : ionally the Caecum is met with. A Hernia, whose sac contains bo bowel,is called an Entero-cele. Omentum found alone in the hernial sac,gives to the hernia the term Epiplo-cele. When bowel and omentum exist together in the sac, the condition is designated Entero-Epiplocele.

ANATOMY.
In Oblique Inguinal Hernia, the in: : testine escapes from the abdominal cavity at the internal ring, pushing before it a pouch of peritoneum, which forms the hernial sac--Fig.A. As it enters the Inguinal canal, it receives an investment from the sub: : serous areolar tissue, and is enclosed
 in the Infundibuliform process of the

Tranversalis Fascia. In passing along the Inguinal canal,it dis :places upwards the arched fibres of the Transversalis and Inter :nal Oblique muscles,and is surounded by the fibres of the Crem :aster. It then passes along the front of the cord, and escapes from the Inguinal canal at the external ring, receiving an invest :ment from the Intercolumnar fascia. Lastly,it descends into the Scrotum, receiving covering from the superficial fascia and the integument. The coverings of this form of hernia, after it has passed through the external ring, are from without inwards-the integument,suoerficial fascia,intercolumnar fascia,cremaster muscle,infundibuliform fascia, subserous areolar tissue,and peri: :toneum. This form of hernia lies in front of the vessels of the spermatic cord,and seldom extends below the testis on account of the intimate adhesion of the coverings of the cord, to the tunica vaginalis. When the intestine passes $\supsetneq l o n g$ the spermatic canal, and escapes from the external ring into the scrotum,it is called Complete Cblique Inguinal or Scrotal Hernia. If the ik :testine does not escape from the external ring, but is retained in the inguinal canal, it is called Incomplete Incuinal Hernia or Bubonocele. In each of these cases, the coverings which invest it will depend upon the extent to which it descends in the incuinal canal. There are other varieties of inguinal hernia depending on some congenital defects in the Processus Vaginalis. Thus the testicle,in its descent from the abdomen into the scrotum,is ac: :companied by a pouch of oeritoneum, which about the period of

4
birth, becomes shut of from the general peritoneal cavity,by a closure of that portion of the pouch which extends from the in: :ternal abdominal ring to near the upper part of the testicle; the lower portion of the pouch remaining persistent as the tun: :ica vaginalis. It would apoear that this closure commences at two points viz. at the internal abdominal ring, and at the top of the Epididymis, and generally extends until,in the normal con : dition,the whole of the intervening portion is converted into a fibrous cord. From failure in the completion of this process variations in the relation of the hernial protrusion to the, testicle and tunica vaginalis are produced, constituting dis: tinct varieties of Inguinal Hernia which have received separate names and are of surgical importance.

CONGEIITAL HERNIA-Fig. b.

infantile and encysted hernia.

Where the pouch of Peritoneum which ac: : companies the cord and testis in its descent,remains patent thøoughout,and is unclosed at any point, the cavity of tunica vaginalis communicates directly with the Peritoneum. The intestine de: : scends along the pouch into the cavity oftunica vaginalis, which constitutes the sac of the Hernia, and the gut lies in contact with the testicle.

Where the Pouch of Peritoneum is occluded at the internal ring only, and remains patent throughout the rest of its extent, we have two varieties of Oblique Inguinal Hernia produced, which have received the names of Infantile, and

Encysted Hernia.


In the Infantile form-Fig. c.-the bowel,press :ing upon the septum and the Peritoneum in its immediate neighbourhood, causes it to yield and form a sac, which descends be: :hind the Tunica Vaginalis;so that, in front of the bowel, there are three layers of Peri: : toneum, the two layers of the Tunica and its own sac.

In the Encysted form-Fig. d.- press: : ure in the same position-namely, at the oc: :cluded spot in the pouch-causes the septum to yield and form a sac which projects into and not behind the Tunica Vaginalis, as in the preceding variety, and thus constitutes a sac within a sac, so that in front of the howel there are two layers of Peritoneum, one layer of the Tunica, and the Hernial sac.

HERNIA into the FUNICULAR PROCESS. Fig.e.


## 6.a.

The following prints, photographed from. Morton's plates. illustrate the general anatomy of the structures concerned in. Inguinal Hernia.
I

I. Shows the first stage. of the dissection of the anatomy of the structures concerned in Inguinal Hernia. Skin and. superficial fascia are reflected, in order to show a pooneurosie offiti oblique. muscle, External abdominal ting, spermatic cord, and testicle, the.
$6 . b$.


II Represents the second stage of the dissection of the inguinal region, ex, which. the tendon of. Ext. Oblique. muscle has been reflected, in order to display the Lower part of the. Th? 06laque massive, with the fibres of the. Cremaster covering the front and. sites of the spermatic coral and. Testicle.

 of the inguinal cantal, us they appear when the o Crimaster muscle hacbeen removedfoom the spermatic corr, and the Internal Oblique detached from its connexions with the sponousprocese and crista of the ilium. The spermatic cord is held aside, in order that the structures. which form the posterior wall of the inguin al canal may be mort clearly seen.
6..

## IV.


IV. Represents a view of the internal surface of the abdominal parcetes, $i_{n}$ the left inguinal region of the male subject;: the peritoneum and subserous. cellular tissue having been removed, so as $7_{0}$ expose the other structures which are immediately $\operatorname{ixl} l_{i r n a l}$ to them.
V. Titherssents the covirings of The sac of an Obzique or Extzrnal Inguinal. Hzrmia on Fhe Itff side. Tralso shows that the obliquity of the engutnal canal is destroysd by the yostel:--ing of 2 ts postricoor wall, uneler thslong continued brassure of ths 乃rolrucisa viserva. If will likewise bs obs:$\therefore$ srved, l-hat z he espigastric artiry has, from $2 h e$. influence of thes sumt causis, has.been remov:$\therefore$ scl from zros natucul course, ancl driven cra:$\therefore$ warals as faras the outir edgs of the Rictus. Tnuscle, wherif must almost incvitubly be woundecl, shouctcl the Suri::gion whelz operateng on a strangutazsa. Trgainal Hsrria, cacrset thasclgi of his trifs enwards, lowarcls zhe Finia alba when enlarging the con:$\therefore$ strictice nect of the sac.

except that instead of enveloping the testicle,that body can be felt below the rupture.

## PATHOLOGY

(A) Of the Sac.
(B) Of the Contents. (C) The Relations.
(A) THE SAC. This is composed of Peritoneum. It may be small,it may be of considerable size. In recent cases as already noted,it is thin and transparent,but in old standing cases it is usually thick: :ened. It may be laminated. Blood vessels, sometimes of consid: serable size,may be noted ramifying in the walls. This thicken: : ing is the result of inflammatory action, which action has been called into being by (a)the irritation of the sac and its con: : tents in their new position; or (b) the iriitation of the pad of a truss,if such an instrument has been worn. Atrophy of the sac may exist, such atrophy being caused by the increased growth of the contents.

Adhesions.
1.Outside the sac. These are caused by the agents mentioned above under thickening-viz.-Pressure of a trussorby the irrita :tion of the hernia itself.
2. Inside the sac. Adhesions may be found,bridging across from one side to the other enclosing a portion of the viscera,or, they form between the wall and its contents. In recent cases the adhesions are soft and easily broken down. In older cases they are dense and especially firm about the neck of the sac.
1.Enterocele. most common. The quantity of intestine within the sac varies from a small knuckle to a coil several feet in length and with mesentery attached. Once a portion of the bowel has descended, the protrusion tends to increase antil as in somealarge,old her :niae,the greater part of the bowel lies in the sac. In a patie :nt of mine measurement of the hernia gave the following result Vertically, eleven inches; transversely, inine inches. The sac in tnis instance contained a very large portion of bowel. When the intestine has been long protruded it usually becomes thickened, narrowed,greyish on the surface, and more or less deranged in function. The carresponding mesentery becomes thickened,hyper: , :trophied and vascular.

In the variety Epiplocele, the omentum in old standing cases,becomes thickened,brawny, laminated, losing its ordinary texture and becoming endurated. Its veins usually assume a somewhat varicose condition. The mass becomes pyramid :al in form,apex upwards at the abdominal aperture, the base be: :low,broad and expanded. In some cases it can be unfolded. In others it is matted together to form a solid mass. Occasionally apertures form in it through which a coil of intestine may pro: :trude and become strangulated within the sac. Cysts contain: :ing fluid may be found in the omentum.

3p Entero-Epiplocele.
In the variety Entero-Epiplocele,the omentum de: :scends in front of and occasionally envelopes the bowel. The changes found in the two foregoing varieties may also be noted here. Besides these, the ordinary contents of a hernial sac, the

Stomach(a), Caecum(b),Ovaries(c), Tterus(d) Appendix(e), have all been found. Thus

4 Stomach. (a) Professor Tallemand found nearly the half of the stomach in an Inguinal Hernia of the right side. Dist. de Med. et de Chir. Tom•ix, 0.577 .
5. Caecum.
6.Ovaries.
7.Uterus.
8.Appendix.
9.Fluid.
(b) Camper found the Caecum in an Inguinal Hernia of the left side. Demonstr.Anat. Pathol. part ii.,p. 17. (c) In Potts works, vol.ii,p. 329,there is recorded a case of double Inguinal Hernia in which each sac contained an ovary. Sir Astley Cooper placed in the museum of Guy's Hospital a spec : imen of an External Inguinal rupture containing the Ovary and Fallopian Tube. A.K.Hesselbach saw a case in which the Ovary Tallopian Tube and broad ligament were drawn into such a rupture so as to constitute part of the sac.
(d) Chopart and Desault record a case where the contents were Uterus and left Ovary, and,M.Leroux describes one, where the con: :tents were Uterus, Fallodian Tubes,Ovaries,and part of the Vag: :ina. In a case described by Scanzoni,the gravid Uterus and Ovaries were enclosed in the sac of an Inguhnal Hernia. (e) The Appendix was found in one of my own cases-see Table $v$. case 98.

Fluid. In every Hernial sac there is a certain quantity of fluid, which fluid is secreted by, and lubricates the interior of the sac. It is usually small in quantity,but in some instances as where the Hernia is inflamed or strangulated, the amount may be considerable.
10. Cysts. In some instances a sort of Cyst exists within the sac. The Cyst is formed by the omentum contracting adhesions to its up: :per part,leaving a space below in which the fluid collects. This rare condition is called Hydrocele of the Hernial sac.

1l.Ascites. Accumulation of Ascitic fluid in the sac. This may occur when the Hernia is complicated by Ascites.
12. Hydrocele. Accumulation of fluid in a Hernial sac which has become oblit: :erated at its neck,is occasionally met with. Erichsen auotes a case in which he operated and found the old Hernial sac dis: :tenc by clear,serous fluid;but without solid contents.
(C) The RELATIONS.
1.The aperture through which the Hernia protrudes generally. assumes a circular shape. It becomes thickened and rounded at the edge at the edge and considerably enlareed. In the Hernia we are particularly consirering, it becomes displaced in old standing cases,dragsed cown, tovards the middle line.
2. The subserous areolar tissue always becomes thickened and frequently indurated, forming a dense investment to the sac. 3. The supericial structureseeg.,skin and fascia,are much ele :ongated and stretched,oftentense,but frequently hanging in folds. They are usually thinned, but should a truss be worn, they may be thickened by pressure of the pad.
4. The muscles in the imnediate neighbourhood of the Hernia may be thinzed and atrophied.
5. The nomal contents of the canal i.e. veins and spermatic cord, may be varicose,or atrophied, respectively.
6. The testicle by interierence with the spermatic cord,or direct pressure, may be inflamed,tender,or atrophied.

## VARIETIES

The varieties of Oblique Inguinal Hernia, may be classified as foliows:-
i. According to the nature of the contents of the sac.
(a) Enterocele.
(b) Epiplocele.
(c) Entero-Epiplocele.
ii. According to the mobility of the tumour:-
(a) Reducible.
(b) Irreducible.
(c) Incarcerated or Obstructed- where there is irreducibility plus symptoms of Intestinal obstruction.
(d) Strangulated- where there is irreducibility plus incarcer :ation plus comolete obstruction of the bowel plus inter: aference with the circulation, and therefore the vitality of the bowel affected.
iii. According to the relations existing between the organ and its covering or sac:-
(a) Acquired-in which a process of peritoneum is pushed before the viscus.
(b) Congenital-Here the testicle has descended,but the canal or Processus Vaginalis Testis remains patent in its whole length. The bowel therefore lies directly against the testicle.
(c) Funicular. In this case the Processus Vaginalis Testis
has become closed in proximity to the testicle,but other: :wise remains open, so that the Hernia does not come into contact with the testicle.
(d) Encysted Hernia. In this case the canal has closed at its upper extremity. The Tunica Vaginalis extends from this point to the testicle. A Hermia of this variety has its covering of peritoneum and, pushing the enclosed end of Tunica Vaginalis before it,invaginates it as it descends.
(e) Infantile. The anatomical condition is the same as in the encysted variety,but the hernial sac descends behind the Tunica Vaginalis.
iv. According to the relation of the tumour to the External Abdominal Ring:-
(a) Complete-when it oasses through the External Abdominal Ring.
(b) Incomplete-where it occunies a position on the proximal side of the ring.

It is the Complete Reducible Oblique Inguinal
Hernia, which more intimately concerns the purpose of this paper.

CAUSATION
i. Predisposing.
iif. Exciting.
i. Predisposing.
1.Sex. Hen are more liable to Hernia than women in the proportion of four or five to one. (Erichsen). Especially is this so in the case of Inguinal Herniae where.the proportion of males to females is eleven to one. (Lawrence). Lawronce took his stat:
: istics srom the records of the City of London Truss Society for the years 1860-67. Berger, quoted by Dr. Georg Suttan, states that ninety six per cent of all male individuals who have single or multiple Herniae are afflicted with the Inguinal Variety. In females the percentage is 44.3. M. Cloquet 主, quoted by Lawrence, found, out of 289 cases-male 247; female, 42or,practically,9 to 1. Wharton and Curtis give the pro: : portion as 6 to 1 and state that Inguinal Hernia is twelve times more common than Femoral. Lucas Championniere stated at the Moscow Congress that, out of 55 Inguinal Herniae all, save 49, were male patients-roughiy,ll to l. M"Cready, auoted by B.J.A.Moynihan in the Encyclopaedia Medica,I900, vol. iv,says that in all male Herniae the percentage of Inguinal is 83.5 in all female Herniae the percentage of Inguinal is 8.5 . Dr. Robert Kennedy, Glasgow-in a paner to the British Medical Journal,0ct.glst.1904-found that in 103 cases 96 were males and 7 females,or 13 to $1 . \quad$ In 200 cases operated on by Dr. Knox in the Glasgow Royal Infirmary 162 were males, 38 females, or about 5 to Lastly, in my own series of cases, of 97 pat: :ients 91 weremale, 6 female, or 15 to 1 .

Age exercises a material influence upon the freauency of Hernia. It is common ir very young children owing to congenital defects either acting directly,e.g. patent Processus vaginalis or indirectly as phimosis. The frequency decreases after the first year till the age of thirteen is reached. After this the frequency rises, and increases progressively till the close of life. Malgaigne. It is to be remembered that in the aged the tissues are lax and that fat is often absorbed. On the
other hand the aged are less subject to strain or violent mus: :cular effort.
3. He city. The tandency to Hernia is often hereditary. Congenital Herniae are common in the children of parents afflicted with this disease. According to MacCready ruptures in the grand: : parents are of more importance than those in the parents.

With the exception of Ventral Hernia, all Herniae are more frequent in white races.
5. Occupation. Occupations causing straining,or violent muscular exertion predispose to Hernia as mining, carting, labouring \&c. It is probable that occupation is largely responsible for the dispro: : portion in the frequency, noted under sex. In many classes of workmen a tight belt is worn, and this, constricting the ab: : domen about the centre,throws the pressure of the abdominal contents on the lower part of the abdomen, and so predisposes to rupture. Hernia is also common in men subject to much jolting e.gf cavalry men and railway drivers. Inhabitants of mountain :ous countries show a predisposition to this disease. Thus in Switzerland the frequency has been noted long ago. Blummenbach found cases of Hernia barticulary numerous in a district of Apenzelle, and ascribes this prevalence to the practice of viol: :ent gymnastic exercise by young lads (Lawrence).
6. Position assumed in defaecation, according to Erichsen, is a probable pre: :disposing cause.
7.Constipation. Ghronic constipation with consequent straining at stool. 8.Emaciatøon. Rapid emaciation from disease is frequently followed by rupure, 9.Pregnancy. In pregnancy we find stretching of the muscles with subseauent
1.4 .
atrophy. The strain of labour,or strain from other cause may therefore in the female induce a protrusion. In one of my cases the patient was six months pregnant. When she was lift: : ing a weight from the floor the Hernia first made its appear: :ance. In another case the patient developed an Inguinal Hernia in the course of her first pregnancy. After labour was completed the Hernia disappeared and did not return until the patient was pregnant the second time. The patient is now preg: : nant for the fifth time and it is orly during pregnancy that she has this Hernia. In the intervals there is no rupture whatever.

Phimosis with consequent straining at micturition is are: : quent predisposing cause in young children. Here the Hernia may be coneenital, but, very frequently, $\begin{aligned} & \text { think it is acquired. }\end{aligned}$

Phthisis Pulmonalis and allied chest diseases. Consumption here plays a double role in the causation. The constant cough: : ing, and the emaciation produced, predispose to rupture. Again In the aged Chroic Bronchitis and Emphysema play a not unim: : portant part in the causation.
12. Mesentery. An abnormally long mesentary is sometimes found in cases of Hernia. It is a disputed point,however, whether this is the cause or the effect of the Hernia.
13.Testicle.
14. Defects.

Retention, malposition,or delay in the descent of the testicle favours the production of, Hernia.

Congenital defects as patent Processus Vaginalis invite to a rupture.
15. Clothing. Tight clothing, and tight lacing, by constricting the abdomen, impel the viscera downwards and thereby raise the intra abdomin :al pressure against the inguinal rings.

## 15. Lipoma.



Subneritoneal Lipoma at the inguinal ring, by growing outwards, makes traction on the peri: : toneum, ard, forming thereby a pouch, predispos :es to the formation of a Hernia. These pour :hes may exist without Hernia and the effic: :iency of the cause is doubtful. (Wharton and Curtis).
a. Hermit sac.
b Spermatic cord
c. Subperctoreaz İporma.
17. Rings.

The size of the abdominal rings and patency of the Inguinal canals, do not seem to specially predispose to rupture. Some men are born with large external rings and patulous canals, yet they are not necessarily the subjects of Hernia. For the past four years I have carefully watched three patients in whom these conditions obtain. One, formerly a miner, now a colliery manager was seen in consultation by Sir Hector Cameron. The other two are miners. These three men are all subject to strain and viol :ont muscular effort every day of their lives,yet,so far, there is no evidence of rupture.
18. Side.

This complaint is most frequent on the right side, on account no doubt, of the employment of that side in those offices of
life which require most powerful exertion.
In 360 cases of children operated on by Dr. Harold J.Stiles of Edinburgh,in males the right side was affected in 3 out of every 4. In females the right side was affected in 2 out of every 3 cases. In his paoer, in the British Medical Journal, Dr. Stiles is of opinion that the premonderance of right sided cases in boys is accounted for by the late closure of the Pro: :cessus Vaginalis on that side. Tinkerkandl examined the bodies of 100 infants up to three months old, and found the Pro: :cessus Vaginalis patent on both sides 20 times,on the right side 12 times, and on the left side 5 times. The preponderance of the patent Processus Vaginalis on the right side is riue to the later descent of the testicle there. The prenonderance in girls for the right side is more difficult to explazn. In Dr. Robert Kemedy's 103 cases-the Hernia was on the right sid 60 times, on the left 29 times, and ont both sides 7 times. IN Dr. Knox's series of cases(200) the right side was affected in 159-the left in 33 -and there were 8 on both sides. In the 97 patients whose record I have the Hernia was on the right side 65 times,on the left 24 times, and there were 8 double. Without. attempting to decide what is the true reasongit may be safely asserted that particular subjects manifest an unquestisnable disposition to this comolaint.

EXCITING CAUSES.
Sudden increase of intra abcominal pressure. from whatever cause cough or muscular exertion is the evoiting cause. It is to be remembered that one cough or one exposure to violent musoular
exertion will not necessarily produce a Hernia. It only does so, in presence of one or other of the predisposing causes alrea : dy mentioned.

## Symptoms.

Swelling. The patient complains of a swelling or lump in his groin. He may, or may not, have local pain. In the more recent Hernias pain is more frequently complained of. In the majority of cases the patient complains only of discomfort. There may be a feeling of weakness. There is a tendency to con :stipation. In some cases, and I have come across several, the patient consults his medical attendant about abdominal pains. The pains are generally described as dull and aching;at times they are shooting in character, but they may be continuous and constantly present. The site is across the abdomen on a level with or below the Umbilicus. It is only on examination that a hernial protrusion is noticed. The natietn may, or may not, know of his hernia. If he knows of it, he does not onnnact it with his pain, and may never make mention of his rupture to the doctor A truss, or the radical cure, however, removes the main.

## SIGNS


^ swelling is present in the Inguinal region and may descend to the Sc rotum. The swelling may appear only on standing, disappearing again when the recumbent position is assumed. The tumour, on palpation, is soft and compressible When bowel is the content of the sac. When omentum is present the swelling is firmer and
doughy to the touch.
Impulse on Coughing.
a. When the Hernia is reduced. Pass the finger into the Inguin :al canal and to the internal abdominal ring if nossible. Direct the patient to cough. A distinct impulse and a tumour will be feit if Hernia exist.
b. When the Heriia is down. Grasp the tumour with the hand and direct the patient to cough. A distinct expansile distention of the swelling will be felt. Now, direct the oatient to lie down. The Hernia may reduce itself. If notgrasp the tumour lightly with the hand and make gentle pressure in line of the Inguinal canal when the Hernia will slip back into the abdomen. The reduction in both cases is acompanied by a gurgling noise. Percussion over the tunour gives a duli note if the sac contain omentum or if the bowel be loaded. Should the bowel be distend :ad by flatus, a resonant note is obtained.

Translucency of the swelling in cases of Hernia is only obtained in very young children and in them infreauently. A reduced Hernia, if of moderate size, is easily kept within the abdomen by digital pressure on the external abdominal ring. On allow: : ing the Hernia to prot ude, the swelling begins at the external ring and gradually extends downwards.
DIAGNOSIS.

The Diagnosis of Obllque Reducible $\#$ Inguinal Hernia is gener: : Yeasy. It may, homever,be otherwise. There are several conditions with which it is sometimes confeunded. For example Enlarged lymphatic glands. A Linoma sttuatod oror ho moninal
ring. Hydrocele of the Tunic Taginalis or cord, Hydrocele of an old hernial sac. In the female cysts of the Vulvo Vaginal glands.

Tumours generally. These are not reducible. There is no in: : pulse on coughing. They are firm to the touch and feel heavy. There is no resonance of percussion. There may be considerable pain, and frequently, the natient gives the history that the swelling was first noticed in the lower part of the scrotum. Hydrocele and Cystic Tumours. These may or may not be reducible When irreducible the symptoms are as just given above. In ad: :dition translucency is generally to be obtained. Fluctuation can usually be made out. The percussion note is absolutely flat, a peculiar flatness obtained only over fluid, and easily recog: :nised by experience. It is when the Hydrocele is reducible that a difficulty in diagnosis arises. On inspection a Hydro: :cele appears to be a swelling distinct from the abdominal wall, whereas a Hernial protrusion appears to be continuous with it-see Fig o,


Double. Hydrocele.


Commencing Left


Double. Feria. Hernia.

The Hydrocele on being reduced empties itself slowly into the abdominal cavity. The reduction is unacompanied by gurgling. On the patient assuming the erect posture a Hernia can be re: :tained in the abdomen by pressure of the finger on the inguin: :al ring. It is difficult to do this in Hydrocele because the fluid readily slips through under the finger. On being allowed to return a Hernia generally descends quickly,a Hydrocele slow: :ly, the swelling in the case of Hydrocele being noted as be: :ginning at the bottom of the scotur. The history corroborates this sign. Hydrocele, unless after certain forms of treatment, is almost invariably translucent. A Eernia is very rarely so, and then, only in young children. Lastly, Reducible Hernia is common, Reducible Hydrocele uncommon.

Hydrocele of a Hernial sac is irreducible. It may be translucent. In cases
dout
Varicocele. of doubt, exploratory puncture secures the diagnosis.
The swelling of Varicocele may be reduced by pressure but. without any distinct sanse of slipoing back. There is no gurgl :ing. On assuning the recumbent posture, the swelling becomes reduced but very slowiy. It is not easily kept reduced by pressure of the finger on the ring, when the patient stands. To the touch the tumour has the characteristic sensation of a bag of worms. No fluctuation is present. In certain cases there may be an impulse on coughing, but the response is not so char: :acteristic as in Hernia. It is more of a thrill. The patient states that the swelling was first noticed in the scrotum. Var: :icocele is much more common on the left than on the right side

Undescended Testicle may be recognised by the absence of that organ from the scrotum, and by the peculiar subjective sensation produced by pressure on the glands. One is able to grasp the organ, and therefore the whole swelling, between the finger and thumb. I saw a case recently in which both testicles were absent from th sciotum. They were found in the canal, but could be made to oc: : cupy any position between that and their normal nosition in the sorotum. Jotwithstanding the simplioity of the diagnosis. here, mistakes do arise. I was called several years ago to see a boy who was in great pain. He had been under the care of another nedical man who was treating the boy for Hernia and had ordered and applied a truss. I found the boy suffering acutely from the pressure of the truss on an exauisitely tender undescended testrole.

TREATMETT
The treatment of this condition has, since the earliest years, occupied the minds of Surgeons. As already stater, Hernia is a common comnlaint, and its treatment today is therefore a subject of considerable interest, allke to the patient, to the general practitioner, and to the surgeon.

Treatment may be divided into two classes:
A.Palliative. B. Radical or Operative.

Palinative.
Palliative treatment consists in the application of a truss or other apoliance to the Inguinal region. Its aims are-

1. To keep the bowel within the abdomen
2. To prevent the Hernia from increasing in size.
3. By both the above aims combined, to minimise the danger of strangulation.

For the sake of simplicity 1 have in this paper included Cir: :cumcision as a palliative agent.

A truss, to be of service,must ( $\left.\boldsymbol{l}^{( }\right)$fit accurately and well; (2) have a good spring of steel; (3) have a good pad, mounted on a universal joint, so that pressure may be brought to bear evenly on the inguinal canal no matter in what position the body may be. The varieties of trusses as regards shape and composition are endess. Historically, the knowledge of the application of the truss dates back to the time of Celsus, who employed a soft strap provided with a plate, and in this manner frequently succeeded in curing Hernia in boys. For a long time plates were employed which were fastened over the hernial orifice by a strongly ahherent plaster. Gordon (1305) seems to have been the first to mention a spring truss,but this suggestion was Very soon forgotten, and it was not until 1785 that the truss, practically as it is still in use at the present day, was rediscovered and introduced by the Dutch physician, Peter Gamper. (Sultan). To get a truss to suit the patient is sometimes a matter of difficulty. I find that the best way is to measure the patient carefully, then send this measurement with details regarding the variety of the Hernia, its size, the side affected and the like to a reliable instrument maker.

The Hernia being reduced apply the truss to the natient and see that it fits well. A badly fitting instrument is worse than useless. Having satisfied oneself that the instrument is cor: : rect, one must then instruct the patient not to leave the truss off on any acoount whatever unless wile at rest in bede A vul: :canite truss can be obtained for use in the bath. The patient is then directed to avoid heavy liftsoor severe muscular exer: : tion, and to keep his bowels acting reculary and freely. Ex: : perience teaches that,given a young patient,this continual wea : ring of a truss becomes ixksome, and in the course of time fails in its three aims-nay,more, the continued pressure of the pad would seem to increase the patency of the canal by causing more or less atrophy of its walls. Dalliative treatment, then, may be said, for the most part, tio fail in its aims. In Radical treat: :nent the ain is to cure, and the result is usually successful. As a matter of fact both systems of treatment are necessary. There are certain cases in whoh the Palliative treatment grings about the desired result, and there are oases in which operatvie troatment is out of the questiond. In the majority, the vast majority of cases, Padicel treatmant is the only one of any use. It is this line of treatment which most patients should be ad: :vised to adopt. In shortggranted there are no contra indicat: sions, 1 am convinced, and $I$ think nost nedical men will agree in this, that operative interference is not only justifiable,but im : peratively called for in this disease. Having the two lines of treatment before us what are the indiontions for their re: = spective adoptions?

Pallietive treatment should only he adopted when Radical treat: :ment is (a) not called for;or (b) contraindioated.
(a) Not oalled for.

In young children, the subjects of Hernia, it has been found by experience that in some cases the application of a well fit: tting truss secures through time the permanent rotention of the bowel within the abdomen. Further, as was pointed out under causation, Phimosis is a very prolific cause of Uernia in boys. It is an old estabiished law in merioine, that the first thing to do in the treatment oll disease is to remove the cause. In the cases now urder consideration oircumcision may be all that is necessary. By this operation the cause is removed, and it is striking in what a rumber of cases this alone effects a perman: =ent cure. Should this not prove sufficient the two treatments may be on binsd-first,Circumcision; chen the application of a truss. I place them in this order because l.Circumcision may do all that is required;and 2. in very young children there is great difficulty in keeping a truss properly adjusted. In old: :er children one must be guideci by circumstances whether one or both lines of treatment may be required. Such method of treat: :ment is only of service if the Hernia is small. In the case of a young boy where Hernia and Phimosis coexist the sooner cir: :cumcision is perfomed the better. I have perfomed this oper : ation or a child four days old. In this case there was a Herni :al protrusion together with a considerable degre of Phimosis. Gircumcision relieved matters completefy and at once. There has been no return of the Hernia and the boy is now six years
old. When a truss has to be won I find that the instrunent best suited for the purpose in children is one which has a preu :matic jad and the spring covered with rubber. This instrument though initially more costly than an ordinary one-pays in the and. It lasts longer and can be thoroughly cleaned. It is well then in young cailaren with a smil Hernia to adopt for a time Palifative treatment, because, such line of treatment in a qoody number of cases is curative. In the following twenty cases this treatnent was carried out viz. First, Circuncision. Then, where necessary, the apolication of a truss. So far as my ex: : perience goes, the earlier the Hernia makes its apoearance and thereafter the sooner treatment is adoped, the greater is the likelihood of a permanent satisfactory result.

TABLE i.



Of the twenty cases, Circumcision alone was found to be suffic: : ient in eleven. Circumcision and Truss were sufficient in eig :ht. In only one case out of the twenty was Radical operation called for. This case is given in detail later on. Should the Hernia be large, or should the procedure above mentioned fail, thenthe Radical treatment ought to be resorted to. The question naturajy rises-what is the earliest stage at which the Radical operation may be performed. Formerly it was thought advisable to wait until the child was sufficiently old to keep its dress: : ings unsoilec. It was then thought that aseptic results could not be obtained in very young children. Now, whe;e the Hernia is small, and a well fitting truss keeps the protrusion in its place and orevents its increase in size,it may be well to wait tiil the child reaches the age of five or six. At the same time if the Hernia is large and in soite of trusses increases in size then the sooner the operation is performed the better. Thus M.M.,aged 10 months-see no. 20 of previous list- was brought to me suffering from a Right Reducible Obilque Incuinal Hernia. When I first saw the child the Hernia was as large as an orang

Phimosis was present, and Circumcision was practised two days after $I$ first saw the child. A truss was ordered and fitted well. The condition, however,became rapidly worse until at the age of twelve months the Hernia was almost double the size it was when $I$ had first seen it. The patient lived far from my surgery, and $I$ had not seen him in the interval. I advised Oper: :ative interference. The Radical operation,Macewen's method, was performed in this instance by Dr. Dalziel in the Royal Hos: : pital for Sick Children, Glasgow, with excelient results. It is now two years since the operation and there has been no return. This case is of interest because the Hernia was of considerable size when advice was first taken. It is a fair question-Would not Circumcision and a well fitting truss,if applied at an ear: : lier stage, have cured this/f case? I think so. The age limit, therefore, in children for the Radical cure is only a secondary consideration. The main thing to attend to is the Hernia itself. anc
If it increases in size in spite of palliative treatment, then operate at oncer. An interesting paper on the Radical operation in children was read by Dr. Stiles of Edinburgh at the Chelten: : nam meeting of the British Medical Association. He there spoke from the experience of 100 cases.(Brit. Med. Journal, 7, Sept.01). To the same Journal,l,Oct., 04 , he contributes a paper, witing from the experience gained in $3 \curvearrowleft 0$ cases. The operation Dr. Stiles prefers is practically the operation introduced by Mitchell Banks. Further,he says--"It must be remembered that the walls of the Inguinal canal are not primarily at fault,that, as a rule,they are well developed, and should
should therefore be interfered with as little as possible. Bassinis' operation is to be condemned as a routine operation in children." The methods of dressing empioyed by Dr. Stiles are - in very young children, dust the wound over with boracic powder and leave it exposed. On its return to bed the infant is kopt flat on its back by means of a strap passed benind the shoulders and through the armioles of a flannel band passing across the front of the chest. The ends of the strap are carr iied under the frame of the bed, where they are tied. A small draw sheet is folded into four layers and placed under the pela : vis to recelve the faeces. The legs are extended and abducted and fixed in that position. Over the child's body a metal cage is placed, at the lower end of which is hung a flannelette sheet This receives the whole of the stream during micturition. The sutures are removed from the third to the sixth or seventh day and the child sent nome in eignt or nine days after the oper: ittion. In older children, say from three to five years of age, he still uses no dressings but applies a double long splint to keep the parts at rest. In still older children, say from five upwards, he applies an ordinary gauze dressing, fixes it witn a bandage, and prevents any contamination by urine by fixing the penis in the neck of a urineglass by means of a plug of wool. It may be remarked in passing that, fixing the child to his bed In this way may do very well in hospital practice, in private practice it would never be allowed. In 300 of Dr. Stiles' case the type of sac was notedp. In only five per cent did it com: :munfate with the Tunica Vaginalis Testis. It follows there:
: fore that the sac resembles that of acouired Hernia in the adult. Of the 350 cases 4.2 were strangulated, the others re: : ducible. Recurrences were four in number. Two were strangul: :ated Herniae in which the structures at the neck of the sac required free division ere the bowel could be returned. Both have since been cured by a second operation. The third return was in a child with Epispadias, and in whom there was separation of the pubes and imperfect development of the muscles of the abdominal wall. The fourth was a delicate infant aged five mon :ths who developed a bubonocele six months after the operation. At the time of operation this patient suffered from Phimosis but his mother would not allow circumcision. On circumcision being performed six months after the operation the bubonocele disappeared. What stronger proof could $I$ want than this case for the rule I have already laid down: First, circumcise? Of deatheDr: Stiles records five-or a mortality of 1.4 per cent. Onc ooturred in achild delicate frombirth. Two were the re: : sult of damage to the bowel caused by taxis. In the fifth the wound suppurated and the child died from exhaustion. Dr. Stiles is to be congratulated on the result in his cases, both as re: :gards returns and the mortality. He concludes by saying that the age at whicn ath operation may be undertaken depends on the special circumstances of each aase. In his series of cases 25 por cent were operated on under twelve months.
B. Contraindications to the Radical Treatment.

1. Age. As under Aosage plays an important part in the contraindicat: :Ions to Radical treatment. Here,however, the age limit is at
the other end of life. How old must a man be when we decide not to operate? No fixed limit can be laid down as rezards years, for some men are old at forty,older than others at sevent or even eighty: It is therefore necessary to decide the oues: : tion for eacn case on the condition of each patient. It is also necessary to bear in mind the question: Is this operation of ne: :cessity or of choice? Generally speaking, evidences of senile decay, atheromatous arteries and the like:are evidences which ougnt to make practitioners consider carefully before advising operative interference. Tnis is so not only because of the sen :ile decay, but because of disease incident to this decay.
2. Disease in old age. Ln old age we are confronted with Chronic Eronchit: : is and Emphysema, aided and abetted by weak heart and feeble circulation. In an operation which carries with it the confine :ment of a man to his back for several weess these diseases förma very strong contraindication; forgiven a weak heart, a tendency to Bronchitis, in a patient who is confined to bed for some weexs, passive Congestion of the lungs,acute or subacute Bronchitis is all but a natural sequila. Statistics of the Radical cure for Strangulated Hernia, prove what a scourge these diseases are.
3. Diseases other than those inoident to 01d Age. Gererally speaising, the presence of disease which will in all likelihood terminate fatally and that at no distant date, preoludes the idea of oper: :ating\% Thus, Eright's disease and Phthists Pulmonalis. Each of these diseases precludes operation for two reasons. Bright's
disease，if extensive or old standing，is sure to terminate fat： ：ally．Then again，as a result of Eright＇s disease，tissue changes have taken place．The vitality of the tissues is impaired；heal ：ing is delayed and there is increased liability to invasion by septic organisms．In Phthisis Pulmonalis the prognosis is bad． In this disease，cough，and very distressing cough，is prominent symptom．Such cough produces increased intra－abdominal press： ：ure．This pressure，frequently brought to bear on a newly stite ：hed wound or on recent adhesions，oannot mean anything but dis⿻木口𧘇 ： ：aster．

4．Habit．
The chronic alcoholic，a bad subject for any operation，is es： ：pécially so for the Radical cure．As in Bright＇s disease the tissues are far from their normal state．The question of oper： ：ation in these cases has therefore to be considered most care： ：fully．In the same way abnormally fat people are bad subfects for this operation．Again，in the diseases just mentioned as in the alcoholic，the administration of chloroform is not without serious risk．The administration of the anaesthetic to my a mind oarries．with it the greatest risk of allin this operation 5．Acute Disease．The inadvisability of operating in the presence of acute FFix

6．Size．
Lastly，large，old standing Herniae are not suitable for operati ：on，because：－
（a）The bowel and its intimate relations have accustomed themselves to their new situation．
（b）The abdominalopentng is large and difficult to close．
（c）To reduce the Hernia completely is a matter of consider
:able difficulty. The already large abdominal opening may have to be increased in size.
(d) Considerable manipulation of the bowel may be reauired to reduce it and such manipulation, if the quantity of bowel protruded is considerable, causes profound shock-so that ultimate recovery is doubtful. I have seen a glasgow Sur: :geon take nearly three hours to reduce a large Hernia which had become strangulated. The shock to the patient, already suffering from the shock consequent on the strangul : ation, was too great, and he died a few hours after the oper :ation.
(e) Suoh large Herniae generally occur in those advanced in y.ears.

In such eases I fear Palliative treatment is the only one to be adopted.
B. RADICAL or OPERATIVE.

With the exceptions already mentioned and perhaps few othe : rs wich may crop up in individual cases-given a oase of $0 b$ : : I ique Reduciblemgruinal Hermia- the treatment undoubtedy to aUvinemsoprative. Now, why should I, why should my fellow pactitionazs be so confident in recommending operation as the treatment 9 :
(1) Itidetreatment carries with it little risk. In Saunders Atlas of abdominal Hernias, by Dr. Georg Sultan, Gottingen, Prussia and edtted by William B. Coley-the mortality in 5418 ozses coll : ected and operated on by ifferent methods was . 5 percent. Lucas Championniere,already quoted, collected 8594 cases with

78 deaths, or a mortality of under $1 \%$. Sir William Macewen records 65 cases without a death. Stiles gives the mortality thus. In his first 100 cases $3 \%$. In his 360 cases, $.4 \%$. IN Dr. Kennedy's 103 cases, one case died several weeks after the operation-of Tubercular Meningitis- therefore, though returning, his mortality at $1 \%$, it should, so far as this operation is con: :cerned, really be no per cent. In Dr. Knox's cases the death rate was l\%-while in my own cases the figure is similar, one death having occurred in the case of a child five pears old. This child developed Pneumonia three weeks after the operation The wound was perfectly healed, so that, but for this accidental Pneumonia, the record woulh have been no per cent. Mr. Robert Campbell, quoted by Stiles,gives, in the Lancet, 9 Jany.,'04, a recordof 114 consecutive cases without a death. The mortality therefore connected with this operation is insignificant. (11) It relieves the patient from the great danger of strangul: :ation.
(iii) It effects for the most part a permanent cure. That there are returns after Radical cure is not to be denied for a mom: :ent, yet, after the operation, to be described later, the returned Hernia was much smaller than the original. In one of the cases a second operation put matters right. In the other, the patient preferred to wear an instrument...These twe are all the returns I have been able to trace, a recurrence therefore of $2 \%$. Sir William Macewen tabulates 65 cases without return-i.e.0 0\%. The recurrences given by other operators vary from $1.4 \%$ to $11 \%$. Taking the largest return, $11 \%$, even this result is satisfactory

* Sectur 221 of he code of Jtamenuralhi deveoveret Yy Fracel Splovers lee tqua Jany 190r aw anting BC 2285

 \%

and should encourage practitioners to recommend operative treatment. Sir William Macewen's example is worth following. He operates where possible on every case of Hernia. Let the patient's complaint be something else,if there be a Hernia pre: sent Sir William operates on it before the patient leaves the hospital, unless there is some very strong contraindication. Operation then being decided on we have now to face another difficulty and it is what operation is best suited to our case? This difficulty is the more pronounced the further the practiti :oner is resident from our hospitals. In the city, the question which faces the practitioner is, under what surgeon shall I place my patient? In the country, very frequently, the question to be answered is-What operation shall I performe. This quest: :ion of treatment was forcibly brought to my mind because I was placed in such a position. The history of the Radical cure is interesting and lamall give a brief sketch of it in the first place, and then selecet the operation which seems to me to be best suited for the general practitioner to perform.

HISTORY.
Celsus.
The oxrlestmention lean find occurs in the writings of Cel: :suse In the time of Celsus, A:D. 10-30, this affection was re: : cognised and treated surgically,but it was only when the Her: :nia was reducible that "cure" was attempted. Then indeed the rerious complication of strangulation, was taken as a sign that treatment was of no avail. Celsus describes the operation in the following manner. "Cure is brought about in this way. The

Ligature \& Cautery or Caustic.

Incision.

Cautery.
patient is made to hold his breath till the indecent tumour is prominent, when, the base of the tumour is mareod of $f$ by ink. The patient is next placed in the supine position and the swelling reduced. Then a needle with a double thread is introduced at th base of the swelling and the thread tied on both sides. The dispap portion of the part ligatured is cauterised by medicines or by the actual cautery. The resulting wound is treated by lint." A simpler method is also recorded by Celsus in which the surgeon made a simple incision, exposing the parts, and treat :ed the wound by lint or ointment, allowing it to granulate and thus to effect a cure. The testicle was preserved. This method indeed was advocated by alasgow surgeon within the last quart : or of a century. This method by incision apparently failed, for we find that, at a later date, the surgeon had recourse to caustic or cautery, as did Celsus,but he went one step further and advis : © that the cauterisation should be carried to the bone. Much diverefty, says Lawrence, seems to have arisen as to the Nat shape of the cautery. All were agreed, however, that the eauter: :isation should becarifed to the bone. Here again the extent of the swelling was marked off by ink and the cautery apolied and carried to the bone, either by one fell swoop or by success: :Ive applications. After the operation the patient was placed in bed. His diet was simple to a degree and a bandage had to be worn lest the Hernia should return. A still further use of the cautery was made by some. They exposed the Hernia, then, drawing it aside, cauterised the ring or even laid open the sac and touched the inside of it with the cautery. The treatment by
actual cautery was also a failure and was succeeded by the cure by caustic. This, though already mentioned as a cure, seems to have outlived that by the cautery. In it caustic was applied to the skin over the external abdominal ring to pro : duce an eschar of the size of half a crown. The caustic was repeatedly apolied till the Hernial sac was reached and as much of this destroyed as possible, ifthout injuring the sper: :matic cort or vessels. Some went still further and apolied strong escharotics to the inside of the sac. Lawrence says that the last to employ this treatment were Messrs. Gauthier and Maget, 1774. They used sulphuric acid, and applied it till the Hernial sac was destroyed. The resulting wound was treated as an ulcer. In three cases in which this treatment was carr: : ied out the result, which has been very neatly stated, was:one diedsone suffered a relapse and one esoaped with a swelling of the spermatic cord. It is interesting to note that as late as 1897 Lannelogue, in the Rev.de Ther.Med.Chirug., Aug., 1,1897 , re: Ports a sertes of 51 operations for Hernia undertaken by the injection of a solution of chloride of line into and around the Inguinal Canal. He claims to have cured all but two. None of the results were of longer duration than of one year. It was found that the testicle after any of the foregoing oper :ations sloughed, and Galen and Scultetus removed that organ as a part of the operation. The aim in all these methods was to set up an adhegive inflammation causing a large firm cicatrix, and thereby to retain the bowel within the abdomen. They suc: :ceeded admirably in their efforts to excite inflammation, and in such patients as outlived the suppuration there would
undoubtedy be a large cicatrix, but, the retention of the bowel did not follow. The results from the first method i.e. ligature were so bad that the second method i.e. incision was tried. This was succeeded by the caustic cure but, all failing,operative interference was entirely given up by surgeons. In the beginning of last century Palliative measures were alone employed. This under special circumstances where such a procedure would allow a truss to retain the bowel." So small a part does operation play in the treatment of Hernia in Scarpa's estimation that he relegates the description of it to the appendix of his book. Chelius gives his opinion as follows. "The radical cure for reducible inguinal ruptures (especially inguinal ruptures) was attempted in ancient times in very different and in part cruel and barbarous ways, which had only the corresponding excuse in the ignorance of or bad construction of trusses." While surgeons had given up operation as a treatment of Hernia and relfed solely on trusses to cure the malady, quacks contin: : ued to practise excision of the testicle as a remedy. 'This was carried out on the continent more especially, perhaps,in italy. To such an extent did this quackery go, and so much damage was being done, that the attention of the authorities was at length called to the state of affairs. It was felt that there was need of radical cure and a competition was organised in order to provide a suitable operation. As a result a surgeon devised an operation which he dubbed the Royal Stitch because, by saving

Royal Stitch. the testicle,it gave subjects to the king.
The operation consisted in laying open the sac, stitching the edges together and allowing the wound to heal by granulation. Lord Lister reported in 1871 unsatisfactory results from two cases in which he had performed this,or at least a similar,oper :ation. The operation of the Royal Stiteh was followed by one

Langenbeck. Schmuker:s operation:

Pare. devised by Langenbeck in 179月. This surgeon cut down on the Hernial sac, separated it from the cord, and passed a ligature round the sace alone, allowing the fundus to adhere or slough as the case might be.

Schmuker of Berlin performed a similar operation, the only differencebeing that, after ligature of the sac, he cut away the fundus. A still later operation, known as the Punctum Aureum, is described by Pare'. In it a golden or leaden wire was passed behind the sac and spermatic cord. It was then tied or twisted so tightly as to close the Hernial opening but not to interfere with the circulation in the cord or test: : 1cle. One can well imagine that the precise amount of twisting necessaryswould be difficult to estimate, and in consequence, interference with the circulation in the testicle would fre: :quently accrue. This, according to the surgeons themselves, often occurred. As the mortality was high and these complicat: : Ions serious, the operations was discarded. At its best indeed 211 that this method could do was to convert the Hernia into a bubonocele. Fromall these methods very unsatisfactory results were obtained and apparently operative interference was again departed from;recourse being had to trusses. As this was the only treatment for a time much latitude was given for surgeons
to devise new and improved instruments. They evidently made good use of their time for the number and variety of trusses is endess. We have them with strong springs, weak springs, large pads, small pads, circular pads, oval pads,or pads of a horse shoe pattern;conical pads or flat pads, soft pads, hard pads, pads con: : taining various medicinal substances, contracting herbs or cer: : tain caustics.

Richter.

Jamieson.
Richter originally recommended the plan of producing a radical cure by the application of a strong tight truss with a hard pad of wood. He hoped by this means to excite an inflammation and thereby close the inguinal ring. It certainly excited inflamma :tion but that condition was more frequently observed in the testicle than in the canal. The result was rendered still more unsatisfactory by the fact that the confcal pad, constantly pres :sing against the pillars of the external ablominal ring, had the effect of widening the aperture, and making matters worse than at first. Interest in the Radical cure again revived. Trusses were all very good so far as they went but no cure was effected by them.

In 1828, Jamieson devised the following operation, which, original :ly intended for the relief of Femoral Hernia, was afterwards ap :plied to the Inguinal variety. He incised the structures down to the ring,then cut a small flap, lancet shape, from the skin, having the narrow end in connection with the skin of the abdom: :Inal wall. He then placed the larger end into the Inguinal Canal and closed the external opening by means of sutures. This operation,though most unsatisfactory in its results,inasmuch as
return was a sure sequla, held the field for seven years. In 1835, Gerdy recommended that the skin of the serotum con: : tafing some portion of the fundus of the Hernia be pushed up into the superficial ring by invagination upon the fingers of the operator. A curved needle armed with a strong "ligature thread" is then to be carried along the finger and thrust thro" to the surface of the groin on tach side of the point of the fi : nger. The ligature is then tied so as to hold the invaginated sac and skin in this new position till adhesion has taken place In the interior of the canal. Caustic ammonia is lastly ap: : plied to the sides of the invagination, and the mouth of the op :ening closed by sutures. This operation was performed in 35 cases and in 35 return of the Hernia occurred in a short time. Operations were now being devised right and left. A new one ap: : peared every year or oftener.
Wurtzers.
Still in 1835 we have Wurtzer method inst mentioned. In it there is substituted for the finger of the operator, a wooden pluggintended to fill up the inguinal canal and to set up an adhesive Inflammation on the serous surfaces all round the in: : vaginated sac. The plug was held in position by one or two needles passing out at its extremity through the anterfor wall of the canal in the groin and fixed externally to a grooved compress of wood. Between the plug and the compress, the folds of sking fascta, and sac are then forcibly compressed by a serew arrangement, with the obfect of procuring their adhesion to each other. Wood states that the results were entirely unsatisfactor

With few exceptions the rupture redescended so soon as the plug was withdrawn;or as the use of the truss was discontinued.

Seton \&

Pins.

Signorini.

Bolmas.

Lawrence. The year 1836 saw the cure by Seton \& Pins. The object of this treatment was to set up in the Hernial sac an inflammation with Hfusion of lymph. Bonnet of Lyons describes the use of the Pins. He introduced three or four or more pins through the inte : gument and sac and twisted the point of the pin so as to com: :press the included parts between it and the head. He took pre: : caution to keep clear of the spermatic cord. The pins,if suffi : : cient inflammation was set up, were removed in from six to twelve days.

In 1837 Signorini performed a modification of Gerdy's operation He inverted the skin over the swelling but the parts inverted were keptin position by a female catheter. Three hate-lip pins were introduced superficially to the peritoneum so as to bring the sides of the opening together. This changed the circular openings into alit. Wax threads were then wound round the needles to keep everything fast. Results were no better here than those recorded from previous methods. About this time Belmas, a French surgeon, returned the contents of the sacpierced the coverings by a trocar and canula, and intro: : ducedthrough the canula a bag of goldbeater's skin. This was inflated and kept in position for a varying time,till indeed in : flammatory action had begun. It was then witherawn. The re: : sults were highly unsatisfactory.

In 1838 Lawrence published his treatise on Ruptures. He goes most fully and thoroughly into the question of treatment in
reducible inguinal hernia. On the whole his verdict is in fav: :our of the palliative method or treatment by truss. We may thus conclude that treatment by operation had again fallen into disrepute. This is scarcely to be wondered at for all the meth: :ods yet brought to light carried great risks:risk of profuse suppuration with consequent debility or even death from Pyaemia At the best, from any of the operations return of the hernia was almost certain to occur. Matters were allowed to remain thus for some years, certain surgeons operating for the relief of hernia by one or other of the methods enumerated, other surgeons pre: : ferred treating the disease by a truss of some shape or other. The pallfative treatment, though comparatively safe for the pat: : ient, did not provide a permanent cure. Nay,more,it was seen that in old standing eases where an instrument had been worn for a considerable time, the hernia increased in size and the hernial aperture was made larger.

Woode. Woods, in hts book, published in 1853, recognised this fact and at first he set himself to devise a truss to remedy matters. The chief difuerence in his instrument lay in the construction of the pad which was horse shoe shape, his idea being to compress or bring together the pillars of the ring rather than separate them as was done by the older instruments with conical pads. Woods, however, was not satisfied with the results obtained by these instruments. He grasped the fact that more was required than a mere pad on the outside. His study of the affection,the anatomy of the parts concerned, and the indications for treat: :ment led him to devise an operation which most certainly super
:seded all that had gone before, and which indeed acts as a basis for the operations of the present day. Too much honour, too much praise, cannot be conferred on Woods. His operation was the first founded on scientific principles. His operation was the first to yield satisfactory results. Its advent marked a new era in the treatment of reducible inguinal hernia. its pro: : gress and utility watehed with interest and appreciated, were hastened and entanced by the employment of chloroform and by the use of antiseptios in surgery. The description of the oper: :ation ase originally practised by Woods is taken from his own book. "An incision is first made in the skin of the scrotum over the fundus of the sac,if the rupture be large, and a little below it, if small. The most convenient direction of the incis: : ion, for the future steps of the operation is obliquely down: :wards and outwards, terminating a little on the outer stde of the scrotum. It should be long enough to admit easily the point of the finger with the needle in addition. If the rupture oper: : ated on be a Bubonocele, the point chosen for the scrotal in: :cision should be one and a half inches below the spine of the Pubis. Then the knife being insinuated flatwise between the skin and fascia for about an inch is to be carried round the edges of the incision so as to separate the former from the latter over an area of at least two inches in diameter. More than this will be required if the rupture be a very large one. The thin end of the handle of the knife will suffice to separ: :ate the loose connections of the scrotal fascia to any extent that may be required in ordinary cases. Next, the knees of the
patient should be brought together and bent up so as to relax the structures in the groin. The operator's finger is then passed with the nail directad backwards into the scrotal aper: :ture and made to invaginate the detached fascia into the in: :guinal canal. This invaginatien should be commenced at as low a point as possible so as to force the finger as much as may be behind the hernial sac between its fundus and the spermatic cord. The latter may at this time be steadied by an assistant making gentle traction upon the testicle. The invaginating fing :er should be made to reach as high as possible in the canal towards its superior opening. The position of the cord and of Poupart's ligament should then be distinctly made out. Then by hooking forward the finger well towards to the surface the low : er border of the internal oblique muscle will be felt raised upon it. This may be more distinctly recognised by placing the other hand upon the surface of the groin, when the thicker por: :tion of the deep seated structures in front of the rupture will be felt between the fingers. By directing the finger inwar : ds the operator will now feel at its thumb side the odge of $t \frac{e}{h}$ Conjoined Tendon raised with the muscles, and placed in relief on the posterior wall of the canal. A needle, unarmed and well oflect, is now passed along the same side of the finger, and pushedthrough the tendon at its most salient part, so as to ta: : ke up considerable portion of it. It is then turned towards the surface traversing the internal pillar of the ring oblique: : Iy upwards and inwards, till the point is seen to raise the skin of the groin. In these manoeuvres the point of the needle
should be carefully preced and covered by that of the inger. The skin is then drawn inwards and a little upwards as much as its deep at tachments will allow, and the needle pushed through 1t. One end of the thread is then connected with the needle and the latter withdrawn with a quick motion leaving the other ond in the puncture. The invaginating finger is then placed be :hind the external pillar of the superficial ring as close as possibleto Poupart's ligament,opposite the internal hernial opening, in the groove which is there formed between the sper: : matic cord and the ligament. The finger being again raised to: : wards the surface, the aponeurosis is well stretched upon it. The needle carrying the ligature is then passed along the finger between 1 t and Poupart's ligament and pushed through the latter opposite to the point of the former. When its point is seen to raise the skingthe latter is drawn outwards until the needle can be pugned zesecon time through the puncture before made. A loop of the thread is then left in the puncture, and the needle withdrawn carrying the free end. The finger is next placed on the inner side of the spermatic cord, just above the pubic spine and pressed firmly upon the Conjoined Tendon pushing it back: : wards, and the cord outwards, so as to feel prominently the bord :er of the Rectus tendon. Into the tendinous layer of the tri: : angular aponeurosis covering this part of the Rectus the needle is then thrust so as to take up obliquely a considerable portion of that structure as near as possible to the pubic spine, which afforde good guide to the proper place for the puncture. The point of the needle is then turned obliquely upwards towards
the surface, and the skin drawn downwards and inwards over it, until it can be passed through the puncture for the third time. The needle is then freed altogether from the thread and withdra : wn. The whole of the ligature thread is now found in the upper puncture,presenting two ends and an intermediate loop. The up: : per end encloses the Conjoined Tendon and the internal pillar of the superficial ringithe loop passes through the outer pallar close to the centre of Poupart's ligament, and the lower end through the triangular aponeurosis and the insertion of the in: :ternal pillar low down. Two portions of thread are thus placed across the hernial canal; invaginated fascia, and sac, closeny em: :bracing, but not including the spermatic cord, and connecting the posterior or deep wall with the anterior or superficial, perfor: :ating the aponeurosis in three places:but, escaping by the same aperture in the skin. A compress or pad is now applied over the canal in an oblique direction, with its centre opposite to the threads as they emerge from the groin puncture. The two ends of the thread are drawn over to the outer side and the loop to the inner, the latter crossing between the former. One end of the thread is then passed over the compress and through the loop, and tied back to the other end in a loop knot or bunch. This method of fastening the thread in one instead of two portions gives an equable adjustment to the pressure. When the thread is tightened up, direct evidence of its action upon the canal and rings.can be obtained by the finger. The posterior wall of the canal should be ascertained to be drawn forwards by the ligature and the pillars of the superficial ring closed in. If this
effect on the posterior wall is not recognised, it may be appre: : hended that the conjoined Tendon is not properly secured in the grasp of the ligature. The lower end of the compress should reach as far down as the scrotal incision which is usually tuck :ed up close to the superficial ring by the traction of the ligature invaginating the fascia and sac. Pledgets of lint are then placed at the sides of the compress and a fold of linen. The whole is retained by a spica bandage." In the operation above described a hempen ligature was used.

What a stride was made towards a thorough treatment by this operation! It was scientifically planned, carefully prac :tised, and yielded what were then excellent results. Hitherto the prevailing idea among surgeons was to fill up the inguinal canal anyhow by cicatrix or by plug,but filled the gap must be. Woods almed at assisting nature to restore the parts,and in this Fay bis success. Many men would have been content with the suc: :cess achieved by the operation, viz.that in twenty cases, one died from Pyaemia, four suffered a return, a modified return, the others were perfectly cured. Woodz however was broadminded, a man of progressive inclination. Not content therefore with the operation mentioned he looked for some method to improve upon it, The first step in this direction tas taken when he introduced wire (copper wire,silvered) to take the place of the hempen lig :ature. This method was tried in order if possible to lessen suppuration. This it did, for out of 273 cases he had only four deaths, one from tetanus, one from delirium tremens, and two from Broncho-pneumonia. His broadmindedness is shown by the fact
that he was quick to grasp the importance of work done by other men. Thus he early made use of chloroform finding it of great assistance and, latterly antiseptics were employed by him to avoid or lessen suppuration. Nay,more, his employment of anti: :septics allowed him to improve the operation for in his last modification we find him use kangaroo tendon prepared by steep: :ing it in carbolic oil and carbolic lotiongl to 40. In his Hunterian Lectures in 1885 Woods describes this last operation and emphasises the necessity of antiseptic precautions. Wood's operation was first performed in Glasgow by Dr. George Buchanan ex-Professor of Clinical Surgery in the University of Glasgow. By tracing Wood's operation in this manner history has been somewhat anticipated,yet it seemed to me better to place the three methods side by side. Shortly after Wood's first oper:

Spanton.

Lister. :ation was published $W$. Dunnett Spanton devised an operation similar in principle to that of Woods. He had an instrument made like a corkscrew, and, after invaginating the tissues of the scrotum and sac, he introduced the point of this instrument at the upper end of the inguinal canal. Guiding the point with the finger and rotating the handle, the instrument was made to pierce and draw together the sides of the canal. It was left in position for a week. Spanton operated on 50 cases without an accident.

With the advent of antiseptics the line of treatment in Reducible Inguinal Hernia return to the old fashiongiz. oper: :ation by the open method. In 1871 Lord Lister operated on two cases. He cut down on the Hernia,left the sac untouched,
but sutured the abdominal opening. It was quickly found that this was not sufficient as the rupture soon returned. . In the British Medical Journal, May 25,1879, Professor George Buchanan, Glasgow described an operation which he had devised and performed successfully,on a number of cases. "An important fetture of this operation is plugging the ring with a ball formed of the rolled up sac." He describes his operation thus: "an incision was made from the external ring down over the front of the hernia,the bowel having been returned and retained by the finger of an assistant placed over the internal ring, layer after layer was divided till the sac was exposed. With a ferceps and end of a director the sac was separated from the cord,was lifted up till it was like the empty finger of a glove coming out from the external ring. It was now pulled upon till its neck was accessible from the external ring,when a thin catg :ut ligature was tied round it. When the tension was relieved the tied neck recoiled back into the end of the hnternal ring. "I twisted the sac and rolled it up into a ball,which I pushed up the canal beyond the epigastric artery,so that it was now a plug blocking up the side of the internal ring. The stitches were introduced thus:a curved Woods needle was passed through the external pillar of the canal from without inwards,opposite the site of the internal ring, was made to pass through the lower part of the rolled up plug, was pushed underneath the edge of the internal pillar,for at least one third of an inch beyond its lower edge,so as to pick up and pierce what could be included of the internal oblique border, and then made to emerge through
the aponeurotic pillar. A catgut ligature was then put through the hole in the needle's point and withdrawn so that the ligatu : re was passed through the external pillar,the ball plug,some part of the internal oblique, lastly,the internal pillar. Two other stitches were introduced lower down,of course, not in: :cluding the plug. A last stitch,to which I attach much im: : portance, was introduced as low down astoclose the external ring just over the cord. This I passed through Poupart's ligament, ne :ar where Gimbernats ligament is reflected from it, and on the upper side of the ring made it pass deep below the upper pillar gripping up what is accessible of the conjoined tendon, and then made it emerge far inwards, even through the tendon of the. rectus to make it dake a firm hold as a retaining suture. The catguts were now all drawn tight and tied,and so the inner ring was plugged. The walls of the whole canal were brought together and the external ring closed." Since Professor Buchanan's operation was published many operations have come to the pront. Some of them are improvements on the older methods, and some of them, I fear,are not. Of the more modern operations we will con: :sider in greater or less detail those of Mitchell Banks, Rall, Czerny, Macewen, Bassini, Halsted, Kocher, Kennedy.

Mitchell Banks. In this operation an incision is made over the hernial opening The tissues are dissected down to the sac and any bleeding poin, is at once secured. On being reached, the sac is carefully dis: :sected out as little damage as possible being done to the , tissues. The bowel is now returned and the sac opened to ensure that the bowel is completely reduced. The sac is then pulled
down, ligatured as high up as possible and the fundus cut away. In congenital herniae the fundus or part thereof is left and formed into a Tunica Vaginalis. The ring is closed by sutures a firm hold being taken of both sides.

Ball.
Dr. Ball of Dublin after isolating and emptying the sac grasps the neck of the sac with broad catch forceps and gradually twists it up. At the same time he frees the upper portion of the neck of the sac with his left forefinger. The twisting is continued till it is felt to be auite tight, further torsion bling apt to produce rupture of the sac. The torsion forceps are now transferred to an assistant to maintain the twist. A stout catogut ligature is placed round the twisted sac as high up as possible,tied tightly, and the ends cut off short. Two sutures of strong aseptic silk are now passed through the skin at a dis : tance of about one inch from the outer margin of the wound, through the outer pillar of the ring, through the twisted sac in front of the catgut suture, and then,through the inner pillar of the ring and skin upon the inside. The sac is now cut off in front of these sutures, and if necessary, some superficial stitch :es are put in to close the wound completely. This operation was first described by Dr. Ball in 1884 , and in 1887 he made a further communication to the British Medical Journal,illustrate by 22 cases. In the same Journal,Nov., 12,1898,a modification of this operation is described by Dr. Ball as follows-" The sac in laid bare in the usual manner. It is them opened, and a finger introduced to examine the contents. The sac is now separated from its adhesions. When it has been cleared up the entire leng
: th of the inguinal canal,it is caught in a $T$ shaped forceps and slowly twisted, a finger of the left hand freeing the peri: : toneum from a round the internal ring at the same time. The finger is now passed up into the subperitoneal tissue for at least one inch, and a large curved needle threaded with a stout piece of silk is passed beside the finger in the subperitoneal space and then directad forward through the musculature and so skin of the abdominal wall. The other end of the same piece of silk is now passed by a needle in the same way but at the other side of the twisted sac, and brought out through the abdominal wall at the samealevel and close to the first end. The effect now, of drawing on these two ends,is that the loop pulls up the knuckle of the twisted sac in the subperitoneal tissue at the back of the strong muscular abdominal wall. It is now fixed by tying the two ends lightly over a lead plate. If the sac is of moderate size the fundus lies now in the inguinal canal and to: : gether with the spermatic cord is pressed firmly with the fin: : ger backwards towards the abdominal cavity, while deep sutures are passed taking good hold of the lateral structures of the canal and also picking up the twisted sac as it lies on the cord. The sac sutures are closed over lead plates and the skin wound is closed by fine continuous sutures. The deep sutures are left in from nine to ten days. After their removal the pat: : ient is allowed up. No truss is worn.

Czerny.
Czerny"s method aftr the preliminary incision and dissections have been carried out,is to dissect out the sac, ifgate it, and cut away the distal portion. He simply closes the external
ring by sutures.
Macewen.
Sir William Macewen, Regius Professor of Surgery, University of Glasgow describes his operation thus:-"When a patient has been anaesthetised, the limb on the side of the hernia is flexed at the knee by a pillow, which is placed under the latter. An assistant, whose duty it is to retract the parts, stands at the opposite side of the surgeon. The needles found to be most useful are figured here-fig.l.-one for passing the thread from right to left the other from left to right. Woods' needle might be employed for all suit: :ures, except the double one introduced into the Conjoined Tendon.

Having reduced the bowel, make an in: :cision sufficient to expose the exter: :hal abdominal ring. An exploration


Fig.1, Needles. Rig zit, ana Te ft. of the sac and its contents is then made, and the finger intro: :diced through the canal examines the abdominal aspects of the internal ring, and the relative pos :ition of the Epigastric artery. The operation may be divided into two parts, the one relating to the

Fig. 2.
Site of incision: Thiclark hins shows haste of cnecscorz
exposing $i$ the Exposing l- hr
Expsrnaz open: :Ling of the Ting: :uinaz Canal.

establishment of a pad on the abdominal aspects of the inter: :sal ring, the other to the closure of the inguinal canal.

The steps of the operation are as follows:-(A) The format: : ion of a pad on the abdominal surface of the circumference of the internal ring-(1). Free and elevate the distal extremity of the sac, preserving along with it any adipose tissue that may be adherent to it. When this is done pull down the sac, and while


Fig.3. Separating the Rerizoneam.
Showing the finger inserted through the Inguinal Canal separating Perctoneumfrom ablomenal aspect. of the circamenerence of Internal Ring.


Fig.4. Folding the sate.
The sac. Transfixed, and drawn. into a series of folds. maintaining tension upon it, introduce the in: : dex finger into the inguinal canal separating the sac from the cord and from the parieties of the canal.
(2) Insert the index finger outside the sac till it reaches the internal ring. Then sear: :ate with its tip the peritoneum for about half an inch round the whole abdominal aspects of the circumference of the ring-fig. $3-$
(3) A stitch is secured firmly to the distal extremity of the sac. The end of the thread is then passed in a proximal direction several times through the sac, so that when pulled upon the sac becomes folded upon itself like a curt :ain.-fig.4- The free end of the stitch thea :led in a hernia needle is introduced through the canal to the abdominal aspect of the Fascia Transversalis, and there penetrates the anterior abdominal wall about an inch above the upper border of the internal ring. The wound in the

Iskin is pulled upwards, so as to allow the point of the needle to project through the $a b$ : : dominal muscles without penetrating the skin, fig.5-. The thread is relieved from the ex: :tremity of the needle, and the later is with: :drawn. The thread is pulled through the ab: : dominal wall, and when traction is made upon it, the sac, wrinkling upon itself,is thrown into a series of folds,its distal extremity being drawn further backwards and upwards. An assist :ant maintains traction upon the stitch until the introduction of the sutures into the in: : guinal canal, and when this is completed, the end of the stitch is secured by introducing its free extremity several times through the superficial layers of the External Oblique Muscle. A pad of peritoneum is thus placed upon the abdominal side of the internal open: :ing where, owing to the abdominal aspect of the circumference of the internal ring having been refreshed, new adhesions may form, fig. 6 .

Closure of the Inguinal Canal.
The sac having been returned into the abdomen and secured to the abdominal circumference of the ring,this aperture is cloaed in front of it in the following manner. The finger is intr f:duced into the canal, and lies between the


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"inner and lower borders of the internal ring, in front of and above the cord. It makes out the position of the Epigastric artery, so as to avoid it. The threaded hernia needle is then introduced and guided by the index finger, is made to penetrate the Conjoined Tendon in two places: first, from without inwards near the low : er border of the Conjoined Tendon; secondly, from within outwards, as high up as possible on the inner aspect of the canal. This double pen : et ration of the Conjoined Tendon is accomplis
Fig.y. The threaded needle making clouble penetration of. Conjoint Tencion. -ment-fig. 7 - One single thread is then withdrawn from the point of the needle by the
 index finger, and when this is accomplished, the needle, alongwith the other extremity of the thread is removed. The Conjoined Tendon is therefore penetrated by this thread, and a loop left on its abdominal aspect-fig.8-

Secondly, the other hernia needle, threaded with that portion of the thick stitch which comes from the lower border of Conjoined Tend: :on, guided by the index finger in the inguinal canal, is introduced from within outwards,thro" Poupart's ligament which it penetrates at the Fro. 8. Loop on abdominal aspect of Conjoint Tenclon. point on a level with the lower stitch in the


Fig. 9. Thread. from Tourer border of Conjoint Ienclon being carried through outerpizlar of Internal Ring. Conjoined Tendon-fig.9-. The needle is then completely freed from the thread and withdrawn Thirdly, the needle is now threaded with that portion of the catgut which protrudes from the upper border of the Conjoined Tendon and is introduced from within outwards through the Transversalis and Internal Oblique Muscles, and the aponeurosis of the External Oblique at a level corresponding with that of the upper stitch in the Conjoined Tendon. It is then quite freed from the thread and withdrawn-fig. 10-. There are now two ends of the suture on g the outer surface of the External Oblique, and these are continuous with the loop on the ab : nominal aspect of the Conjoined Tendon. To complete the suture, the two free ends are draw tightly togetherand tied in a reef knot. This unites firmly the internal ring. The same stitch may be repeated lower down the canal if thought desirable. In adults it may be well to do so when the gap in the abdominal parieties is wide. The pillars of the external ring may likewise be brought together. In order to avoid compression of the cord which might lead toserious embarrassment and sloughing or ult: Fig. 10. Thread. ready for tying. : imate atrophy of the testicle, it ought to be examined before tightening each stitch. The
cord ought to be behind and below the sutures and be freely movable in the canal. It is advisable to introduce all the ne: :cessary sutures before tightening any of them. When this is done, they might be all experimentally drawn tight and maintaine so while the operator's finger is introduced into the canal to ascertain the results. If satisfactory they are then tied be: : ginning with the one at the internal ring, and taking up in ord :er any others which may have been introduced. In the great majority of cases the stitch in the internal ring is all that $f$ is reauired. During the operation the skin is retracted from side to side,to bring the part into view and to enable the stitches to be fixed subcutaneously. When the retraction is re :lieved the skin falls into its normal position, the wound being opposite the external ring. The operation is therefore partly subcutaneous. When the canal has been brought together,a decal: :cified chicken bone dratinage tube is placed with its one ex: :tremity next the External Ring, the other projecting just be: :yond the lower border of the external wound. A few chromic-gut sutures are then introduced along the line of skin incision. Dressing of the wound:- lodoform is dusted over the wound the interstices of the scrotum, and its junction with the thigh. A sublimated wood-wool pad is applied,held in position by an aseptic bandage. As a rule, a portion of elastic webbing is placed over the margins of the pad to secure it firmly. As the patient is laid in bed,a pillow is placed under the knees, while his shoulders are slightly raised, so as to relax the tissues about the canal.

After Treatment:- The rectal temperature is taken night and
morning and at the same times the dressings are inspected. The dressings are left undisturbed from fourteen to twentyone days, unless they are previously stained or the temperature is ab: : normally high. On their removal at the end of that period the wound is found healed. Fresh dressing is applied to maintain pressure. The patient is allowed in from four to six weeks. He is not permitted to work until the eighth week. He is advised not to lift heavy weights till the end of the third month at the very earliest. Adults engaged in laborious occupations are advised to wear a bandage and pad as a precaution,others are not unless of very lax habit.

In congenital hernia the sac is first isolated from the cord. As this structure is generally intimately* with the posted : rio surface of the sac, often by close organic adhesion, the sac should be divided longitudinally by two parallel incisions, one on each side of the cord, and the latter permitted to lie behind clear of the sac. The isolated sac should then be div: : ide transversely about an inch above the testicle. The lower part is formed into a
 Tunic Vaginalis. The upper is pulled down as far as possible, and dealt with quite as the sac of an acquired hernia, additional precaut: : ions being necessary to clear the cord at the internal abdominal ring-fig.ll-. On one occasion a separate tube was formed for the $F_{\text {chill }}$ manner of treating the $^{\text {the }}$ Sac, in Congenital. Hernia. cord out of the sac but this has not been repeated. In congenital hernia it has been
advised that the testicle ablated. On two occasions this has been done, once when the testicle was injured by a blow received prior to admission, and once when that organ was affected by cystic degeneration. In both instances the absolute rigidity of the abdominal wall which resulted, taken along with the ease of the procedure, explains the desire for ablation of the test: : icle in congenital hernia evidenced by advocates of this meth :od." The description of this operation is taken from the British Medical Journal, Dec., 1887-in which it forms mpart of the report of an Address read by Sir William Macewen, to the Section of Surgery at the annual meeting of the British Medical Association held in Dublin in August 1887. The description is also given in the Annals of Surgery, 1885. Sir William Macewen's method today is practically the same as that just described. In the treatment of the sac-after the ligature has been fixed at-ciceulfer at the distal end,it is carried through the sac, and brought out at tho neek. on the anterior aspecta It thus traverses the sac twice instead of several times, as in the original description. The decalcified drainage tube is now dispensed with; the wound is completely closed. The dressing now employed is a narrow strip of iodoform gauze, covered by celloidin, a sterilized pad and bandage being applied over all.
Bassini.
The incision begins at a point to the inner side of the anteri :or superior lliac spine and about half an inch above poupart's Ifgament-passes obliquely downwards parallel with and about half an inch above Poupart's ligament-and ends over the middle of the External Abdominal Ring-being about three to three and
and a half inches long. Having divided the skin and superficial fascia clamp all bleeding vessels and retract the edges of the wound, exposing aponeurosis of External Oblioue.
2. Demonstrate the External abdominal ring and pass a grooved director through its opening and carry it obliquely upwards in the line of the fibres of the external oblique aponeurosis and im: :mediately beneath its surface,for a distance of about $t$ wo and a half inches-the instru: :ment showing through its thin texture,fig.lSlit up the fibres of the aponeurosis of the External Oblique upon the grooved director with a scalpel,travelling in the cleavage line of the fibres. Dissect,by blunt separ: :ation, the upper edge of the cut aponeurosis
e. Abomen rosis of SAK oblaque. B. Ext. Ring. c. Corid. d. grooved cisrector. inward and upward nearly to the outer edge of the Rectus sheath. Similarly dissect by blunt separation, the lower edge of the cut aponeurosis of the External Oblique downwards and outwards to the shelving portion of Poupart's ligament. The Inguinal Canal, except that part covered by the Internal Oblique, is thus exposed.
3. Grasp, with forceps, aided by the fingers, the mass of soft tissues just within,or emerging from the external abiominal ring, composed of cord and hernial sac-and, pushing aside the muscle fibres with a blunt dissector,or closed ends of blunt curved scissors, lift upwards and outwards the hernial sac and cord-drawing them partly from the direction of the inguinal
canal, and partly from the direction of the scrotum-the hernia lying anteriorly, surrounded by the infundibuliform fascia,and the cord posteriorly-the sac and cord being more or less intim: :ately adherent.
4. Isolate the sac from the cord by blunt dissection and carry on the freeing of the sac upward, retracting the Internal Obliqu muscle outward to expose the outward aspect of the inguinal can :al until the sac begins to open out into the general periton:
 :eum. If it be certain that the sac contains no adherent intestine or omentum, it need not be opened. If there be any question-and it is probably better to do so in all cases, whether question or not-the sac should be opened at some distance below the point of
intended closure and examinedif. 2.- The contents of the sac if any, are returned to the abdominal cavity. The sac is then to be treated in one of two ways:-If it be small a double choomic gut ligature is carried through the centre of that portion whic is to form the line of occlusion-these two ligatures are cross: :ed and are firmly tied on each side-and the sac cut off a safe distance from the ligatures. If the sac be large (so that lig: :ating it would cause too much puckering and probably slip off) its surfaces are to be sutured with chromic gut on a level with the site of division-and then cut off with scissors at a safe distance distal to the suture line. The sac is thus disposed of and returned to the abdominal cavity.
5. The cord is now taken up in the left thumb and index finger
and isolated from external to internal ring,
 en masse, without disturbing its component structures, and a strip of gauze is passed be: : neath it-whereby it is held up by an assist: :ant well out of the way until its new bed is made for it,fig. 3.-
6. The lower border of the Internal Oblique and Transversalis muscles are now sutured to the shelving portion, or border of Poupart's ligament,with interrupted sutures of kangano tendon or chromic gut, taking a good hold of both structures, using a curved needle,preferably of the Hagedorn type. Fig. 4. Prior to the insertion of the sutures uniting Internal Ob: : 1 1que and Transversalis above, to Poupart's IIgament below, the lower borders of the In: ternal Oblique and Transversalis should be isolated by the surgeon's fingers from the Transversalis fascia,beginning at the Conjoined Tendon and ex: :tending outwards to the Internal Abdominal Ring. While passing the sutures, the surgeon's left index finger should be carried behind the Conjoined Tendon and also behind the lower borders of the Internal Oblique and Transversalis muscles, so as to guide the needle point. The first suture near the upper end of the wound, pierces the Internal Oblique almost as far outwards as the external border of the Roctus muscle. It should fust com in contact with the inner aspect of the cord when the latter is held at a right angle to the plane of the Internal Oblique

- muscle as it emerges from opposite the internal ring. A second suture is placed just above the cord, to strengthen the internal ring, the cord thus emerging between two sutures. As many simila sutures as are indicated(generally six or seven altogether)are thus placed. The last,lowest, suture passes through the Conjoin: : ed of the Internal Oblique and Transversalis above, and the shelving portion of Poupart's ligament below.

7. The cord is now dropped down upon its new bed made by sutur: :ing the Conjoined Tendon and the Internal Oblique and Trans: : versalis muscles to the shelving border of Poupart's ligament. 8. The separated edges of the aponeurosis of the External $0 b$ :
 : lique are now sutured directly over the cords with continuous kangaroo or chromic gut sut: : ures,fig. 5 - carefully avoiding too tightly suturing the edges over the cord at the lower end, the new external ring, where the cord es: :capes into the scrotum.
9.The skin is closed throughout with interrupted sutures of fine catgut. No drainage is used. The first dressing usually comes off at the end of a week. Comment. No musculara tissue, except aponeurosis of External Oblique is cut.

Halsted.

1. Incise skin and fascia-control hamorragge-retract edges of wound-and expose external oblique aponeurosis, and external ab: : dominal ring.
2. Divide, in order, upon grooved director, in line of original incision,the external oblique aponeurosis,internal oblique
muscle,transversalis muscle, and fascia-all upward and outward to a point one inch above the internal abdominal ring.
3. Expose and draw outwards the hernial sac and cord-and sep: :arate the cord,en masse,from the sac.
4. Isolate the structures of the cord recognising Vas,arteries, and veins. Excise all the veins except one or two,between gut ligatures placed beyond the upper and lower lines of excision. 5. Separate the sac from all structures and from the margins of the internal ring. Return its contents to the abdominal cav: :Ity-first opeñing it,if necessary,or in doubt. Excise the sac beyond its neck, and shut of f the peritoneal cavity by suturing the edges of its mouth with silk sutures(continuouo or mattress 6. Lift the cord out of the wound upon a blunt hook, and place about six or eight deep silver wire mattress sutures beneath it
A. aponentosis.
B. In 70 Blqgus 9 Tannv ${ }^{15}$.
c. Cord.
D. Fureina of viens rxeased.
E. Wher markits suturss.
 passing through external oblique aponeurosis internal oblique muscle,transversalis muscle, and transversalis fascia, on the upper sideand going through the transversalis fascia, Poupart's ligament, and fibres of aponeurosis of external oblique, on the lower side,fig.l. The two sutures placed most external will pierce muscle tissue upon both upper and lower sides of the wound the cord escaping between them. Tighten all sutures so as to approximate the occluded parts snugly-twisting the wires,outting them moderate :ly short,and burying them. The cord is then allowed to fall upon its now bed.
7.The skin and fascia are closed directly over the cord,by a
A. Aponeutusis.
B. Wiss sutures,
C. Coral.
D. Subcuricuzar Surure.
 subcuticular silver wire suture, fig. 2 - which is withdrawn after healing. No drainage is used. Comment. Avoid endangering the cord by the removal of too many vessels.(2) Avoid too tightly compressing the cord between the two outer sutures. (3) When the abdominal muscles and transversalis fascia are divided,the internal $a b:$ : dominal ring disappears,-and the seck of the sac,its apparent: : ly constricted part,also disappears. (4) When the sac is isol: : ated and opened a gauze pad upon a string may be put into the abdominal cavity to hold the intestines out of the way. The sutures are then placed in the mouth of the sac to bring its edges together-are temporarily separated to withdraw the gauze pad and are then tightened-the sac being cut away safely above the suture line.(5) If the muscles at the point at which the cord is brought out are thin, then the cord is transplanted out: : wards.

Kocher. Kocher wishes to avoid the splitting up of the Ingulnal Canal,
 which must be made in Bassini's operation, and performs an operation which he designates as the lateral displacement method, and which may be divided into four steps.

First step-fig.1. The skin is incised in the direction of the inguinal canal, the length of the incision being somewhat greater than that of the canal. The incision is not do be carri :ed down any further than is necessary for

the isolation of the hernial sac from the spermatic cord, and the separation of the sac from the surrounding tissues. An incision at right angles to the course of the inguinal canal is now made somewhat to the outer side of the region of the internal aboominal ring. The hernial sac is isolated and its contents reduced.

Second Step, fig.2. A curved dressing forceps is now introduced into this lateral opening, carried through the inguinal canal,brought ou at the external abhominal ring in front of
A. Aponeurosis. B. Sac.
the spermatic cord, and made to grasp the tip of the isolated hernial sac. Third step, fig.3. The entire hernial sac is drawn back through the inguinal canal and out through the small lateral opening. The sac, instead of passing inward and downward, now runs in the opposite direction, and the funnel like neck of the sac is forcibly drawn into the small opening in the External Oblique musclep. A suture is now passed around the portion of the sac situated within the abdominal wall and firmly tied. Fourth step, fig. 4 . The neck of the sac is still more securely fixed by a second, and sometimes a third,suture which passes more B. Coral
 superficially through the approximated fibres of the aponeurosis of the external oblique and through a portion of the neck of the sac. The sac is then cut off beyond thesesutures a and a row of deep sutures is passed through the aponeurosis of the external oblique mus: :cle and the underlying muscular tissue in order to narrow the inguinal canal throughout its entire extent. The operation is completed by the suture of the cutaneous incision.

Kocher has obtained still better results by A, Gponenrosis. B.Cord.
a modification of this operation which he has recently publish :ed, and which he designates as the Invagination Displacement Method. The first step of the operation is carried out as in the original method. In the second step, however, not only the aponeurosis of the external oblique muscle is incised, but the fibres of the internal oblique and transversalis muscles are also divided upon a grooved director, and the peritoneal cavity is opened in the depth of the wound. The dressing forceps is introduced into the peritoneal cavity through the opening, carri :ed into the interior of the hernial sac, the apex of wich is seized, and the ac,insted of being drawn back through the in: : guinal canal, is invaginated throughout its entire length and pulled out through the small lateral wound. The parietal peri: : toneum is also drawn out of the wound by means of two to four haemostats, and the sac is tied off as hign up as possible by the method of double ligation previously described. The operat : ion is completed as in the lateral displacement method.

Dr. Robt. Kennedy, Glasgow, describes his operation as follows:-

1. Incision over the Inguinad Canal in the usual way until the tendons of the External Oblique and External Ring are exposed. 2. The contents of the scrotum are withdrawn and the sac isolat :ed and the testicle and cord returned to the scrotum. The sac is isolated from its surroundings up to the Internal Ring by means of the finger inserted into the canal.
2. The lowest point of the sac is then grasped by a Kocher's or other suitable forceps, and the sac invaginated until its lowest point is carried up to a point about three quarters of an inch above and to the outside of the Internal Ring. The point of the forceps is then made to press outwards at this point, and bulge the abdominal wall outwaras. A very small punct : ure is then made on the point of the forceps with a knife, and the forceps passed through and the invaginated sac seized. The forceps are then removed, and the invaginated sac pulled out through the small opening in the abdominal wall,afd, of course, the peritoneal lining is now outermost. The sac is then trans: : fixed at its base by a curved needle threaded with catgut,and ligatured, and fixed with the ends of the same ligature to the abdominal wall. The sac is then cut off close to the ligature. This completes the first part of the operation, namely the treat :ment of the sac, and it is seen that this is treated exactly a as Kocher does in his more recent method. The second part of the operation consists in uniting the Internal Oblique and Transver :salis muscular fibres to the deep aspect of Poupart's ligament
and this is done as follows:-
3. The cord is kept to the inner aspect of the external ring ou of the way by making traction on the testicle,or on the cord itself. The forefinger of the left hand is then introduced into the inguinal canal and feels the border of the muscle (Internal Oblique and Transversalis), which has to be drawn down to Pou: : parts ${ }^{\text {s }}$ ligament. The finger takes up its position on the deep aspect of the transversalis edge, with the palmar surface direct :ed forward. A special needle threaded with strong catgut, is then passed through Poupart's ligament at a point opposite to the outer end of the inguinal canal. The point of the needle within the inguinal canal is carried upwards and the point made to transfix the lower edge of the combined Internal Oblique and Transversalis, the point being received on the forefinger which
$\qquad$ supports the muscles while they are being transfixed. Passing $t$ the point of the needle against the forefinger the transfixed muscles are now pulled down until in contact with Poupart's ligament. When this is done it will be found that only the cur: : ved portion of the needle remains in the tissues. The handle o of the needle is then carried upwards, describing a semi circle, until it is in contact with the anterior abdominal wall. By this movement the point of the needle will now have emerged through Poupart's ligament at a point a little below the point of entra :nce. The suture is now removed from the eye of the needle by means of a blunt hook, and the needle withdrawn, leaving the sut: :ure in place. The first suture is now in place, and it thus passes through the border of the Internal Oblique and Transvers
:alis, with its two ends passing through. Poupart's ligament. A second suture of the same kind is placed about half an inch nearer the middle line, and succeeding stitches, separated by similar intervals are placed until the External Ring is reached The stitches are then tied, thus bringing the Interm combined Internal Oblique and Transversalis into close contact with Pou: : part's ligament, and completely obliterating the inguinal canal The opening remaining between the Internal Oblique and outer pillar is then reduced by similar stitches until the gap in the abdominal wall is as small as compatible with safety to the structures of the cord. The number of stitches reauired to ef: : fect a satisfactory closure is,in an adult, about five and,in a child, two or three. The wound is then completely closed by a continuous suture.
$==========$
IN the preceding pages there have been traced some of the many methods,ancient and modern by which "cure" was or is brought about. One has now to consider two questions:-(1) What is the operation best suited for the general practitioner to perform;and (2) What is the operation best suited for the variety of Hernia under consideration. Now the answer to the first question is-The simplest and easiest we can find;and, per: :haps, the simplest operation of those described is the one of Incision, and the subsequent healing of the wound by granulation On the other hand, however, such a procedure is not suited to answer question two, inasmuch as the results from such operation are extremely bad. One must therefore decide on an operation
in which is combined simplicity and satisfactory results. This simplicity of operative interference weighs more with the pract : itioner in a country district than with the surgeon in hospit: :al. In our modern hospitals, from an aseptic theatre downwards, everything promises a satisfactory result. The operator is ex: : perienced; the nursing excellent. In the country district one has to contend with many disadvantages as to operating rooms, nursing \&c., and in the nature of things the practitioner has not the experience of the hospital surgeon. The question natur: :ally rises here-If that be so, why not send the patient to hospital? The answer to that question is, that there are certair patients who will not enter an hospital door. To quote the answer I had from one patient-"If you cant do the thing your: :self at home, I'll bide as I am." One is therefore brought face to face with the question: What operation shall i perform? In the selection of one's operation there are several points which ought to receive careful consideration. Having weighed these points well, select the operation which meets all their requirements. Once a selection is made,stick to your operation until you see good and sufficient reason to change. It seems to me a mistake for a practitioner to experiment with various methods. The old saying "let the other fellow pay for the ex: :perience" can be aptly appliea here. Let the hospital surgeon pay for the experience,but let the practitioner take, free gratis and for nothing, the fruits of such experience. The points above referred to are:-
4. The operation must give us a permanent satisfactory result.

If returns are frequent, the operation had better be left undone both for the sake of the patient and for the sake of the oper: :ator.
2. The operation ought to be easily and quickly performed. The easier and simpler the operation so much the more satisfaction to the operator;and, 1 would add,so much the better for the pati :ent. Professor Annandale, in his address on Surgery to the British Medical Association, Edinburgh meeting,said:-"If I were asked to define any special characteristic which would apply to the practice of Surgery at the present day, 1 would be inclined to say,simplicity,antisepticity being granted-a simplicity in which was included operative procedure,instrumental assistance, and after treatment." As regards speed, it is said by many, that nowadays with chloroform there is no need for hurry. The patien feels no pain therefore, why be in haste? It is, however, my fir conviction,that there is need for speed with chloroform,for,of all the dangers of an operation, those from the anaesthetic are the greatest. One never can foretell how a patient will be: :have under an anaesthetic. He may be all right the one minute and the next in a critical state. Again,chloroform is a poison and a prolonged exhibition of the drug is in itself dancerous. It is my experience(and this experience is the result of from 1000 to 1200 administrations) that after prolonged and deep anaesthesia,severe vomiting and retching were almost sure to follow. Surely in an operation which has as its aim the retent :ion of bowel within the abdominal cavity, the sequelae are to be guarded against. Lastly,Bull and Coley, in a paper dealing
with several points of interest, conclude by ag匹eeing with Mik: :ulicz,"that the danger of infecting the wound increases with the length of time occupied by the operation. "
3. The operation should interfere as little as possible with the tissues. The aim should be,to assist nature, not to teach her as some would seem to advise.
4. The operation chosen should be free from untoward sequelae e.g.orchitis. This end will be best achieved by observing the recommendation under point 3 .

Let us now consider the more modern operations in the light of these four essentials with the view of selecting one suitable to our purpose.

1. Mitchell Banks* Operation. This operation fulfils all the conditions except the first. Returns are frequent. On examining into the cause of these returns one is forced to the conclusion that the fault lies principally in the method of dealing with the Inguin :al Canal. The closure of the External Fing by sutures is not suffacient. It is in this that the weakness of the operation lies. Statistics of a hundred cases are given by Mitchell Banks in the British Medical Journal, Dec., I, 1888. He divides the results into three classess-(l) Sound. Where there was no return. (2) Partial success. Where there was a recurrence;but to a less extent than before operation. (3) Complete failures. Where the state of matters was as bad as before operation. Of the hundred cases of moderate size, non-strangulated and strang: : ulated Hernia combined-77 were traced for a considerable per: : iod, when there were found 48 sound; 17 partial successes and

12 complete failures.
2. Ball's Operation. In this operation the method of dealing with the sac is objectionable. The preliminary twhing of the sac is a most delicate operation, and $I$ think the fear of rupturing it would prevent me from ever attempting this method. Further,by the twisting of the aac a most beautiful pouch of peritoneum is created proximal to the ligature. Then again the pouch must be anchored,though he anchors it where the abdominal wall is strong. Lastly,he has a whole conglomeration of tissues fixed in the inguinal canal, and he allows the patients up in ten daya On the whole therefore this operation had better be left in Dublin.
3.Czerny's Operation. All that need be said of this operation in passing is; that the closure of the External Ring by sutures is not sufficient to fulfil condition 1 .
4. Professor George Buchanan's operation. This operation now is only of interest historically, for, the plugging of the Internal Ring, in light of mod: :ern knowledge, is ligely to do more harm than good.
5. Sir William Macewen*s operation. The full discussion of this operation will be found at pages. $87,88,94,95 ; 96$ disig.
6. Bassini's and Halsted's Operations. These two operations, somewhat similar may for the present purpose be classed together. Both interfere far too much with the natural tissues, an interference which 1 hope to prove is quite unnecessary. In both the cord is placed in a new situa : tion-in Bassini's between the Conjoined Tendon and Poupart"s ligament on the one hand, and the sutured External Oblique on
the other. In Halsted's,the cord lies on the surface of the External Oblique,its only coverings being fascia and skin. In both,the cord appears to me to be in an "ill situation"-liable in the first instance to damage from sutures or from cicatrici tissue,in the second from violence from without. As I have al: : ready pointed out the state of the canal is not the cause of the hernia. It has nothing more to do with the hernia than to give it lodging, just as the scrotum does. Why then do these men, in the process of their obliterating work, not include the scrotum also? It is not surprising that untoward sequelae, such as orchitis or atrophy of the testicle,are frecuent from these operations. Dr. O'Connor says that, in $80 \%$ of his cases by Halsted's method,orchitis supervened;and,in 20 cases out of 129, atrophy of the testicle followed. (Lancet-Aug., "99) Further ventral hernia is not uncommon at the site of former operations by these methods. Truly it can be said of such a patient,as pointed out by Kennedy, that the last state of this man is worse than the first.
7. Kocher's Operation. This method is not difficult to understand and is apparently easy in execution. It fails, however, in regard
to the $\mathbf{f i f g}$ consideration . By his incision no matter how small, in the muscular wall, he weakens that wall. He further anchors the pouch of peritoneum at this very spot. Thus,increas :ed intra abdominal pressure,as caused by lifting a heavy weight,is brought to bear on the weakened part,or,exactly where it is not wanted. His method also of dealing with the Inguinal Canal is a totally insufficient one.

Kennedy's operation.
This is a decided improvement on Kocher's inasmuch his method of dealing with the Canal is the better of the two. Still,Kennedy's method is not nearly so good as Macewen's;and his way of dealing with the sac, practically the same as Kocher" is open to the objection stated above(see above, no. 7).

The following statistics assist in showing the respectiv merits of the foregoing methods.

TABLE 11 .
Showing the number of recurrences after the operation for the Radical Cure of Oblique Inguinal Hernia by different methods. Kennedy.

| Number of years whech have elapsed sunce op e ralzon was berformad? | Kennedy |  |  | Bass | ni |  | Kocher |  |  | Macenen |  |  | Total number of cases. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Nis | Number Zraced. |  | Total. Number. |  |  |  |  | $\begin{gathered} \text { d } \\ \text { d } \\ \text { d } \\ \text { id } \\ \text { d } \\ \text { d } \end{gathered}$ |  |  |  |  |
| 1 ta 2 | 10 | 10 | 0 | - | - | - | - | - | - | - | - | - | 10 |
| 2 to 3 | 24 | 29 | 1 | 2 | 2 | 2 | - | - | - | - | - | - | 26 |
| 3 to 4 | 20 | 15 | 0 | 1 | 1 | 0 | - | - | - | 1 | 1 | 0 | 22 |
| 4 to 5 | 14 | 8 | 0 | 7 | 5 | 1 | - | - | - | - | - | - | 21 |
| 5 to 6 | 2 | 2 | 0 |  | - | - | 3 | 3 | 0 | 4 | 3 | 0 | 9 |
| 6 to 7 | - | - | - | - | - | - | - | - | - | 11 | 5 | 1 | 21 |
| over 7 | - | - | - | - | - | - | - | - | - | 4 | 2 | 1 | 4 |
| Totals | 70 | 54 | 1 | 10 | 8 | 2 | 3 | 3 | 0 | 20 | 11 | 2 | 103 |

TABLE iii.
Showing the mortality after operation for Non-Strangulated Abdominal Hernia.
Saunder's Atlas.

| Year | Author | 'peratns | Deaths | Cause of Death |
| :---: | :---: | :---: | :---: | :---: |
| 1895 | Nordische Sammelforschung (Bassini | 748 | 10 | Two haemorrhages, I haemorrhage \& sepsis, l bichloride poisoning, l chloroform poisoning, 3 degener: :ation of heart,l emphysema \& bronchitis,l pneumonia. |
| 1895 | Beresowski (Kocher) | 220 | 0 |  |
| 1896 | af Schulten (Bassinf | 1235 | 2 | ```One phlegmon,l collapse,peri: :cardial adhesions.``` |
| 1896 | ```Simon (mostly Czer: :ny )``` | 105 | 2 | One aspiration pneumonia,l gang: : rene of the lung. |
| 1897 | Ludwig (Bassini) | 143 | 1 | Pyaemia. |
| 1898 | Slajmer ( Wolfler) | 25.0 | 0 |  |
| 1898 | Eebensohn (Kocher) | 126 | 0 |  |
| 1898 | Borelius (Bassini) | 147 | 1 | Cardiac paralysis 8 days after the operation. |
| 1898 | I wensen | 102 | 0 |  |
| 1898 | Maydl | 190 | 2 | One phthisis,l broncho-pneumonia |
| 1899 | Rotter (Bassini) | 250 | 1 | Erysipolas. |
| 1899 | Franz (Bassini) | 100 | 0 |  |
| 1899 | Bull and Coley (Bassini) | 917 | 5 | One double pneumonia, l periton: <br> :itis,l pericarditis\& pneumonia <br> l omental haemorrhage, 1 shock. |



Tabulated Review of the number of recurrences after Radical Operations.


From the foregoing tables it is seen at a glance that the mortality rate is very low, ranging from 0\%, Macewen's and Kocher's, to $1.34 \%$, Bassini. Regarding returns,in table if, they are at the rate of:- 1 in 70 (Kennedy) ; 2 in 10 (Bassini); 0 (Ko: :cher);2 in 20 (Macewen). In his own cases Sir William Macewen has had no returns. With a recurrence therefore of $10 \%$ as in the table above,it leads one to ask the question, was the operation correctly performed? In the tatid table the recurr: :ences are at the rate of $1.3 \%$ to $6.1 \%(B a s s i n i) ; 1.2 \%$ to 10.8 \% (Kocher);11.9 \% (Czerny); 9.2 \% (Wolfler); 0 \% (Macewen). Here again it is seen that the results vary according to the operator. In the Rev. Med. de la Suisse Romande,Jul.,97, Roux Clinique-it is stated that the results of 324 operations give a percentage of relapses after Bassini's operation,three times as great as that following the use of Ferrari's method-apparent :ly similar to that which we know as Mitchell Ranks' operation.

Thus all the operations described,save one, are defect: :Ive inasmuch as they fail as regards:l.The treatment of the sac. Czerny and Mitchell Banks by simp: :ly amputatiag the sac leave a pouch of peritoneum which in: : Vites to a recurrence. In the operations of Ball and Buchanan the sac,left, in the canal,forms a wedge and therefore a dilator 2. The closure of the canal. Mitchell Eanks,Czerny, Ball,are all defective in this respect,and in Kocher's operation the sutur: :ing is quite insufficient.
3. Complications. In Eassini's and Halsted's operations the cor is liable to injury. That this occurs,is proved by the experien
:ce of several surgeons already menthoned. Further, in Bassini"s operation the abdominal wall is weakened and ventral hernia may occur.

The ideal operation must provide under:-

1. The treatment of the sac-a peritoneal surface which offers no inducement to a hernial protrushon.
2.Closure of the canal. Permanency in the complete closure of the Internal Abdominal Ring, and in the accurate approximateon of the parietes of the Ingulnal Canal. 3. Complications. That the foregoing be effectedy without detri :ment to the vitality of the spermatic cord and testicle,and without impairment of the tissues comprising the abdominal wall The operation $I$ have practised and which will shortly be de: :scribed, seemed to me to fulfil the requirements previously mentioned, inasmuch as it did not interfere with the spermatic 8 cord. The abdominat wall was not weakened in any part,the sides of the canal were brought into close apposition. The treatment of the sac, howevergeft something to be desired for although the procedure was simple and in its result as satisfactory as any described in the foregoing operations,yet it falled to ful: : fil the first requirement-that is to say, the sac so treated presented a concavity on its abdominal aspect,and as adhesions formed bet $W$ een the surrounding tissues and the stump the latter became anchored at the side of the Internal Abdominal Ring. Thus at the very point where the bowel had made its escape, there remained a pouch inviting to a return of the hernia. A careful study of the subject convinced me that the only oper:
: tion which fulfils all the requirements is that devised by Sir William Macewen. The accounts of this operation vary so widely in different text books, that one easily fails to appreciate Macewen's method of treating the sac. The text books at my dis: : posal differ in their accounts of (a) the folding of the sac, (b) the position assumed by the sac when folded, and (c)the meth: :od of fixhng the sac in its new position. It is only recently after studying Sir William Macewen's description of his oper: :ation, in the British Medical Journal, that $I$ clearly understand and appreciate his method, and though all along I have adopted his treatment of the canal it is only recently $I$ have adopted his operation in its entirety. I will therefore now detail the operation $I$ have performed and compare it with that devised by Sir William Macewen, indicating the advantages of Macewen"s meth : od over the former and therebyify my preference for the latter. The success of this, as of any operation, depends a good deal on the attention paid to every detail from the very commencement of the operation till convalescence is well establ : ished. We will therefore consider:-

- Preparation of the Patient. This part is of very great importance alike as regards the successful result of the operation, and the success: : ful administration of the anaesthetic.
(a)Preparation for operation. In the morning preceding the day of operation the patient should have a hot bath and be well scrubbed with soap and water. This ensures a clean skin and a healthy action of the same. Following upon the bath, the parts for some distance around the Inguinal Canal are shaved,then
well washed with soap and water,and thoroughly scrubbed with turpentine then methylated spirits then ether. A moist carbolic dressing $1-40$ is now applied. In the evening this is removed an the parts again cleansed by soap and water,turpentine,spirits, ether, and the $1-40$ carbolic dressing reapplied. On the morning of the operation this process is again gone through but apply: :ing this time a carbolic dressing, strength $1-20$. This routine is gone through in all cases except in children. In their case a moist boracic dressing takes the place of the carbolic one until half an hour before the operation when a $1!40$ carbolic dressing is applied. This change in the routine is made necessa : ry by the fact that children are very susceptible to the pois: :onous effects of carbolic acid.
(b) Preparation for the anaesthetic. A general careful examinat :ion of the various organs of the body is made and noted. The urine is analysed and the analysis noted. On the day before the operation the patient has a light dinner. In the afternoon from half an ounce to an ounce and a half of castor oll is administ: :ered. Any food given after the administration of the oil " should consist of a cup of tea,or bovril or thin soup. Early in the morning of the day of operation an enema should be given to ensure a thorough clearing out of the lower bowel. No food is allowed on the morning of the operation. Professor George Buch :anan was accustomed to give one quarter of a grain of morphia before the operation in order to lessen or avoid sickness. I cannot say that this is good practice. These details should be seen to by the practitioner himself if at all possible,and,
most certainly he should personally attend to the sterilisation of all instruments, sutures, ingatures, dressings \&c required. The practitioner about to perform this operation requires assistanc and the question often is, not how many assistants does he need, but how many can he get. In my practice $I$ find two assistants sufficient. My partnezradministers the anaesthetic and the chem :ist gives what other assistance is necessary. One or two train :ed nurses are of very great help,but when for financial reas: :ons this is out of the question a handy woman often does very well. The room-for the time being the theatre-should be thor: :oughly clean, well warmed and lighted. Every thing necessary for the operation should be at hand, and all care taken to render the hands and arms of the operator and his assistants as aseptic as possible.

The patient being tho roughly anaesthetised the operator takes his stand on the hernial side of the patient. The dressings are removed and towels rung out of $1-40$ carbolic solution are place above and below the site of incision.

An incision is made about three inches in length over the tumour,or, if the hernia be reduced, over the Inguinal Canal so that the centre of the incision corresponds to the centre of th External Abdominal Ring. A three inch incision is generally suffeicient, but if necessary it can be increased at either end. Any bleeding points being secured and the wound mopped dry with sterilised gauze pads,the tissues are carefully dissected till the sac and external ring are well exposed. It is important to at once secure any bleeding point and to keep the wound dry. Should the sac contain bowel this is reduced and the sac opened

The opening of the sac must be done in every case to ensure that it is really empty. Should omentum be present to any extern it is well to ligature it high up, cut away the distal portion, and return the stump to the abdominal cavity. It is however rare to find much omentum in operable reducible herniae. The sac, if free from adhesion, is now lifted and drawn well out


Fig 1. Shows sac drawn
down, and suture inserted at neck ready for tying.
of the wound. A needle,threaded with a double cat gut ligature, is passed through the neck of the sac as high up as possible, and tied on both sides. Where the neck of the sac is thickened or redundant, it may be necessary to pass several sutures through it, for, by so doing,one lessens the amount of puckering or folding. The sac is now cut through about half an inch distal to the ligature. The stump is examined and if found correct is returned to the abdominal cavity.

In certain cases the sac will be found adherent to the sur: : rounding tissues, either by (a )recent soft adhesions,or by (b) old standing firm adhesion. (a) In these cases the adhesion are easily separated and broken down, and, having so separated the sac, proceed as above indicated. (b) Here we have firm dense adhesion to deal with, and the dissecting out of the sac is a matter of great difficulty or altogether impossible. In such cases it is well to free the neck of the sac, ligature as high up as posigle,and remove with scissors as much of the fundus of the sac as is not bound down by firm adhesion, carefully
securing any bleeding points. By so doing one interferes but little with the adjacent tissues. There is little or no risk of damaging the spermatic cord. There is no risk of orchitis or atrophy of the testicle being the outcome of the operation. If the veins around the spermatic cord are varicose, and form a con : siderable swelling, it is well to remove some of them between ligatures. Care however must be taken to in no way injure the spermatic cord or interfere with its vitality.

The next step in the operation is the closure, or rather, lessen: : ing the calibre of the inguinal canal. As already stated Mac:


Fig. II. Me troll of closing External Oblique? Tarremoved. to clicis of been Ex.s.tructuris. has been removed. To clusplay the structures. underneath. : even's method is by far the best, and it is his which I always employ. A Macewen's needle is threaded with strong catgut or silk,-I pres : fer catgut-and a forefinger being introduced into the inguinal canal, the Conjoined Tendon is made out. The needle carrying the catgut is passed through the tendon as high up as possible from within outwards. One end of the suture is caught and the needle withdrawn. The point of the needle is now made to pass through the same structure close to the in: :ternal pillar of the ring. The free end is again caught and the needle withdrawn. Thus on the inner side there are two free ends and a loop, the loop being under the Conjoined Tendon. The two free ends are now passed through Poupart's ligament from within outwards, each fairly opposite its fellow on the inner si side. Care must be exercised not to damage the spermatic cord or vessels. The two free ends are now drawn tight and tied in
a reef knot.The calibre of the canal is thus lessened, and its oblique direction maintained,or,if already lost, restored. In the congenital variety, the technique is the same as just descr: : ibed except that, after the stump is returned to the abdominal cavity, a portion of the process of peritoneum is retained to form a Tunica Vaginalis Testis. The excess of peritoneal proces is cut away and the mouth of the tunica vaginalis closed by catgut sutures. The external wound is now closed by inter : rupted catgut sutures. No drainage is required. The dressing I employ is,two or three layers of cyanide gauze,gamgee tissue and a bandage. In young children the same dressing is used, means however being taken to ensure that the dressings are not contaminated by urine. The operation over,the patient is placed in bed where he is kept for six weeks. The dressings are remove in from twelve to fourteen days, when any superficial stitches a not absorbed are removed. A fresh dressing is applied which may be dispensed in another ten days or so. A truss is not ne: :cessary unless the patient has to return to arduous labour where straing is the order of the day. In such cases 1 ad: : Vise the wearing of a truss for two or three months. The material used to draw the sides of the canal together was, in the earlier cases,silk. Latterly, however, 1 have used chromic catgut. This catgut I obtain from Messers Allen \& Hanbury, Lond: :on. It is prepared according to the formula given by Sir Will: : iam Macewen at the meeting of the British Medical Association at Oxford, 1904.

There is an American objection to Macewen's method of dealing with the canal and it is "that a fresh protrusion eas:
: ily descends along the cord as it passes through the abdominal wall directly instead of obliquely." Wharton and Curtis. If thi part of the operation be carefully performed and the Conjoined Tendon approximated to Poupart's ligament, the direction of the canal cannot be otherwise than oblique, unless Poupart's liga: :ment in America is a very different structure to Poupart's lig :ament on this side of the water. Some operators,mostly Ameri: :can,object to the six weeks confinement to bed as being too long, putting forward in support of their objections, a lot of sentimental nonsense, such as-it keeps the breadwinner too long away from his family. They allow their patients up in two or three weeks. Such practice seems to me to be seriously in error It is well known, physiologically and pathologically,that cicat: :ricial tissue is only firm at the end of six weeks. At least in adult life this is so. Therefore to allow a patient, the sub : ject of this operation, to be out of bed at an earlier date, seems to me to court disaster. In the series of cases which follows, the method of treatment I havedescribed was carried out in its entirety. All the herniae were reducible, and of the com: : plete oblique inguinal variety.

TABLE $v$.






In all the foregoing cases $I$ was interested as medical attend :ant,operator,or assistant at the operation. The majority of the operations were performed in the Glasgow Royal Infirmary. My sincere thanks are due to "my old Chief", Dr. D.N. Knox, Pro: : fessor of Clinical Surgery;Saint Mungo College for giving me the opportunity of practising this method while $I$ was Resident Surgeon in his wards. I am still further indebted to him for permission to make use of his record of 200 cases.

Most of the figures relating to my series of cases have already been given. Suffice it to say here that the mortality was $1 \%$, the cause of death in the single case being acute pneu: :monia-and that the returns,so far as could be ascertained, were 2\%. Regarding returns,it is a difficult matter to give full de :tails because in hospital practice one readily loses sight of one's patients. The system which obtains at the Royal Infirmary in Glasgow is,however,of great assistance in this respect. It is that, should a patient return to the Institution with hernia or other surgical ailment, he is placed in the wards in which he was formarly treated. This system therefore enables one to se: :cure any cases of "return". which may seek readmission. Further, most of the patients were kept attending at intervals and did attend the hospital for a year. A year's time is,by general con : sensus of opinion, a fair test of the genuineness of the cure. I have however included in my "retumn" cases one which occurred 16 months after operation. I have had the last 27 cases under observation for a period of several years. In none has there been any symptom of recurrence. In the 100 cases 14 were found to be congenital hernia, the others acquired. It is further
worthy of note that sepsis was marked by hts absence, and I am convinced that such absence enhances the value of the operation Of untoward sequelae there were none.

TABLE vi--DR. KNOX* CASES.

| No. of Cases | Sex | Side | Deaths | Recurrences |
| :---: | :--- | :--- | :--- | :--- |
| 200 | M. 162 | R. 159 | 2 | 5 |
|  | F. 38 | L. 33 |  |  |

The above were all Oblique Reducible Inguinal Hernia.

- TABLE vii--DR. STILES* CASES (In Children).

| No. of Cases | Sex | Side | Deaths | Recurrences |
| :---: | :---: | :---: | :---: | :---: |
| 360 | M. 90\% | R. in Boys 3 |  |  |
|  | F. 10\% | out of 4. In | 5 | 4 |
|  |  | Girls 2 out of |  |  |

Of these cases 4.2 were strangulated;and 2 of the recurrences, both since cured by a second operation,occurred in the strangul :ated cases. The others were reducible,so that Dr. Stiles per :centage of returns in the reducible varieties is rather under 2.

TABLE viii--Summarising TABLES $\nabla$, vi, and vii.

| otal No. of Cases | Total Deaths | Total Recurrences |
| :---: | :---: | :---: |
| 660 | $8 ;$ or $1.2 \%$ | $11 ;$ or $1.6 \%$ |

I regret exceedingly that $I$ am unable to furnish results of Macewen's operation of a later date than those published in the Journal already referred to. And yet because that disting: :uished surgeon has seen no reason to change his method, except in minor details, one is confident that the results continue to
be as satisfactory as before. In his paper, Sir William Macewen gives the results in 49 cases of the radical cure for Inguinal Hernia, and in 16 subsequent to the relief of strangulation-in all 65 cases. There were no deaths and the operation was suc: :cessful in all except one patient who developed an acute at: : tack of Hydrocephalus which lasted some weeks. As a conse: : quence his general vitality was reduced and the healing pro: :cess in abeyance.

TABLE ix--Sir William Macewen s Cases

| Time elapsed since Operation | Cases traced |
| :--- | :---: |
| Under 6 months | 7 |
| From 6 to 10 months | 9 |
| 1 year | 6 |
| 18 months | 3 |
| 2 years | 6 |
| 3 years | 5 |
| 4 years | 1 |

All these patients when last examined were found to have their rings firm. There was no impulse on coughing. Out of the 48 cases in which the operation had been performed,only one was found afterwards to wear an external pad. The parts however were firm. The operation therefore devised by Macewen yields results which are far above those from any other operation, results in fact on which it is impossible to improve.

The success attendant upon the operation $I$ have performed is good, viz.,a mortality of one per cent and a traceable return of two per cent; but,a mortality of no per cent,and a return of no per cent is so much better that, after a careful study of Sir William Macewen's method,and benefiting by his experience, I had no hesitation in laying aside my former method of treating the sac and adopting his method altogether.

Now why is it that Macewen's operation gives better result than any other? There are several reasons. 1. By his treatment of the sac we have(a) a refreshed surface on which the pad lies; (b) this refreshed surface surrounds the internal abdominal ring; (c) the folded up sac being placed on, and fixed to this refreshed surface, quickly unites with the surrounding tissues, for peritoneum, à is well known physiologic :ally,heals very rapidly if the surfaces are fresh; (d) there is therefore a firm mass of tissue at this sidie forming a boss or bulwark. "This bulwark has its convexity presenting backwards towards the abdomen while the base rests on the abdominal walls surrounding the circumference of the internal abdominal ring. This not only protects the ring but sheds the intestinal wave backwards away from the ring." In the operation which $I$ have practised and in others where the treatment of the sac was simi :lar there remains a funnel shaped puckering of peritoneum,the apex of which presents in or at the internal abdominal ring. As Macewen puts it "when the liquid movement of the intestine as it glides over the peritoneum, is thrown into the form of a wave by the sudden impulse of coughing or straining, it is carried into the pouch which guides it into the canal, where it
expends its force. It thus acts as a wedge widening and tending to open up the canalp."
2. By Macewen's treatment of the canal we have the valve like condition restored and the oblique direction maintained. In short, there is a return to the normal anatomical and phosiologi :cal condition.
3. By the after treatment adopted the healing process is allowed to be complete ere strain is thrown on the cicatrix.

Thus when increased abdominal pressure is brought to bear on the internal inguinal ring it is met by and defied by a natural valve like canal supported by a firm unyielding buttress. Objections have been raised to this operation but they can read : ily be answered and that in few words. First. As regards the treatment of the sac, some authors deny that the sac remains as
a buttress for any length of time, and by being fixed at the internal ring, they believe it thereby induces to recurrence. All that need be said,in reply to this objection, is that $\operatorname{Sir}$ William Macewen is in possession of a specimen of the inguinal canal and adjacent peritoneum removed from a patient who died some years after being operated on by this method. In this specimen the buttress still remains as a small knob or button whose comvexity projects backwards,thus. The canal also is normal in size, and the walls are firm. Second. As regards the treatment of the canal. The only objecti :on raised against $S i r$ William's method has already been dealt with. Third. The objection to the method of after treatment has also been discussed.

In the preceding pages there have been
mentioned and discussed some of the many methods of Radical Cure. Two operations stand out preeminently in the history of this cure- Wood's and Macewen's. To Wood we are indebted for first placing the operation on a sound anatomical basis. To Sir William Macewen, on the other hand,belongs the honour of devising and performing an operation which is sound in theory and practice, and which fulfils all the conditions $I$ have enum: : erated, viz.,

1. It yields permanent satisfactory results.
2. It may be easily and quickly performed.
3. It interferes but little with the tissues, detracting nothing from their natural strength but rather increases it.
4. It is free from untoward sequelae.

My experience, therefore, is that this operation is the one best suited to the requirements of the general practitioner and to the interests of his patients.
(For Authorities consulted in the preparation of the foregoing Thesis--see below).

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