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Suggestions in Ophthalmic Surgery.
A Thesis for the Degree of M.D.

μεγά βελτίον μέγα κακόν.

As it is understood that an account of work or observations, more or less original is to be aimed at rather than the display of a knowledge of medical or allied literature, the statements in this Thesis have been made as clear & short as possible, & names & methods of authors have only been mentioned when they helped to explain descriptions of procedures believed to be in some respects new. That the points thought to be of importance may be brought out all the more distinctly they have been written out.

out in order at the end of
each subject.

The following are the operations
considered — (1) Slitting up the
Canaliculus (2) Probing the nasal
duct (3) Sclerectomy (4) Operation
for Cataract.

1 Slitting up the Canaliculus.

The remarks to be made will be
easily followed if the lower Canal
be taken for an example. All
instruments that cut from without
inwards are at a mechanical
disadvantage in this operation,
as they act in the same di-
rection as the fibres of the
orbicularis muscle which con-
tracting firmly from the irritation
of the knife carry the soft
parts toward the middle line.
The contraction of the muscle can
with difficulty be best most
imperfectly

imperfectly be overcome by the
operator keeping the parts tense
with his free hand as a
natural result the inner end
of the canaliculus, which is so
frequently the seat of stricture,
remains uncut & the operation
useless though apparently suc-
cessful by its being converted
the outer portion of the canal
into a groove. These re-
marks will apply to scissors,
sheathed knives cutting from without,
& bistouries guided by small
grooved directors here more
particularly on instruments of
the nature of ~~Horsmann's~~ ^{Wheeler's} knife.
As it acts somewhat like a
lever of the second kind, the
fulcrum being obtained by the
probe-pointed portion of the
knife resting against the inner
wall of the lachrymal sac.
Even

Even apart from the unfavourable action of the muscle, upon the fact that the unheated blade of the knife often begins to cut before the instrument has been fully inserted, thus increasing the muscular spasm, the lever-action mentioned above necessitates decrease in power in proportion as the working part of the blade is nearer the fulcrum, & thus but little cutting action (or in this case, leverage) is brought to bear on the point where the canaliculus ends in the sac, in many cases it fails to be divided at all.

As a substitute for these instruments a combination of a curved probe with a sheathed knife cutting from within outward is

is suggested. The probe is to be of the length & shape of the probe-pointed portion of a ~~W~~ ^{Weber's} ~~probe~~ knife, but much finer & not so bulbous. The rest of the instrument instead of consisting of a simple cutting blade is a small canula open at a point corresponding to the place in ~~W~~ ^{Weber's} knife where the cutting edge is merged into the probe, & containing a very fine concealed curved bistoury which can be projected at pleasure. The instrument is passed into the lachrymal sac, the knife projected to the desired extent & the canula laid open by the simple withdrawal of the instrument. The knife being kept protruding from the canula. At its introduction
the

the instrument is simply a fine probe & does not cause sufficient irritation to bring about contraction of the orbicularis.

When the knife is projected its point lies free in the lacrimal sac & pain is only caused at the time of withdrawal, at a time that is to say, when spasmodic contraction of the orbicularis aids in the laying open of the canal.

Points of importance

- 1 The advantage of a sheathed knife cutting from within outwards
- 2 The free division of the inner end of the canalculus.



Ready for insertion



Ready for withdrawal

Probing

2 Probing the nasal duct

Although some authors consider probing of the nasal duct of such slight & temporary benefit that they discard it altogether, in the following remarks it is taken for granted that the operation is a justifiable one.

The directions usually given are that the probe should be passed along the canaliculus or groove formed by the divided canaliculus, till it enters the sac & comes against the mucous membrane covering the inner bony wall, when the operator should raise his head till the probe corresponds with the supra-orbital foramen, or (if this indicates quite a different line) till it is vertical, when it will engage in the entrance of the

the duct & can be pushed steadily
by onwards till it reaches the
floor of the nose. An attempt
will be made to show that these
directions are anatomically
wrong, & if rigidly followed out
are likely to lead to the forma-
tion of false passages. As
a fact, of far the larger pro-
portion of cases it may be
said that the probe finds the
duct in spite of the surgeon
& the directions. The following
method is suggested as more
correct. Those probes are the
best which are soft & easily
bent, & have a flat oval portion
at their centre, serving as an
index of the 2nd of the probes, as
a firm point of support for the
surgeon's fingers, & as a guide to
the

the position of the point. The extent to which the probe should be bent depends on the slope of the patient's supra orbital ridge, the object of the bending being to carry the point well forwards. Dissection will show that at its beginning the duct passes well outwards - an important fact as violence in a wrong direction is apt to bend in perforation of the lacrimal bone - to enable the probe to engage naturally in the duct, it should be carried well inward, beyond the vertical line & pressed against the root of the nose in order that the point may direct itself outwards & glide with ease into the opening of the duct.

It is highly important that

the surgeon's hand should be as far back as possible & the point of the probe forwards, as it (the probe) is not easily panned too much to the front, but is very apt to strike against, & possibly perforate, the floor of the orbit behind the duct.

If the usual direction be followed & the probe merely raised to the vertical the point will strike against the floor of the orbit to the outer side of the duct, while if it is only raised to the level of the supra-orbital notch & pushed steadily on, it will perforate the lacrymal bone. When the entrance to the duct has been gained, the probe should be pushed firmly & steadily

steadily onwards, in some cases being rotated in a way analogous to the tour de maître in urethral catheterism.

Frequently when the point has almost gained the floor of the nose it is difficult to make it go on without undue violence. If, however, it be driven on it usually overcomes the obstacle with a jump, & this sudden movement & the appearance of a few drops of blood at the corresponding nostril are looked upon by some operators as a proof that the obstacle has been overcome. This however is probably not the case, & the explanation is possibly found in the following anatomical facts. From the way in which the nasal
Description

Descriptions of the nasal duct
are varied, the idea is vary-
ed that it is a bony canal
leading from the lacrymal sac
to the vicinity of the floor of the
nose. The fact, however, is that
the duct has complete bony walls
for but a comparatively short
way & when the probe has trans-
versed this portion any additional
obstacle probably arises from the
point of the probe catching in
the soft parts. As reflections of
the sac & duct & catarrh of the
mucous membrane of the nose are
frequently found in the same persons,
it is likely that the probe
point catches in the membrane
covering the wall of the nostrils
and

and the sudden stop & bleeding
are the results of laceration.

When this secondary obstacle is
it were is found, the probe
instead of being pushed in, should
be drawn slightly back with
direction changed by a move-
ment of rotation.

Points of importance

1. Carrying the probe well to-
wards the middle line.
2. Passing the point at first well
outwards to avoid the lacrymal
bone

3. Irregular

3 Iridectomy

Iridectomy. Apart from cases of synechia, is usually performed for (1) making a false pupil in cases of opacity (2) relieving tension (3) facilitating extraction of the lens. In cases of tension (notably in glaucoma) it is desirable to make a large wide coloboma reaching up to the periphery, but in the other instances the smaller the piece of iris removed the better - in opacity, enough to let in sufficient light, in cataract, enough to interrupt the pupillary ring. For optical purposes the more central the artificial pupil is the better it is, & the peripheral portion of it should be as narrow as possible. Unfortunately in the ordinary way of performing iridectomy the opposite of this is the case, the re-
moved

moved piece of iris leaving a
triangular gap whose base is periph-
eral & apex central. This de-
fect however, can be remedied by
a very simple measure. As
the operation is ordinarily performed
the iris scissors ^{are} at right angles
to the line of traction of the iris
forceps, or (if forceps have not
been necessary) at right angles
to the line of protrusion of the iris,
but if the scissors be used in the
same line as the traction or
protrusion of the iris, it will
as a rule be found that the
deficiency formed in the iris will
be broad at the papillary margin
& narrow at the periphery. Not
only is the coloboma a more
desirable shape, but by this
method it is more difficult to
fall into the mistake of cutting
the iris too close to the angles of

of the Corneal incision, & the
very action of the blades of the
scissors sweeping from the corners
to the centre of the wound tend
to gather up, as it were, the cut
portions of the iris & facilitate
their return into the anterior
Chamber. In the other method of
using the scissors attention need
hardly be drawn to the fact that
this sweeping-in action & help in
getting the iris back into its
place has often to be performed by
the cannula. In the method of
operating that has been advocated,
the superior scissor-hand is in such
an anterior position that it is
difficult to attain the necessary
amount of steadiness, unless special
scissors be made held almost at
a right angle, but any incon-
venience of this kind can be over-
come by allowing the assistant
to

to use the scissors. And here it
may be added that whatever
operation be performed it is
better to entrust the scissors to
the assistant who must be trained
& experienced. The new handling
over of the fixation forceps to
the assistant after the anterior
chamber has been opened is
apt to cause traction & tension,
& during the time when the iris
forceps are being used the eye
is more in the power of the surgeon,
he is better prepared to meet any
movement of the patient or rolling
of the globe, & he is more sensible
of the amount of traction made
— in different directions. By
the iris- & fixation forceps be-
spectively, if he holds both
forceps & the scissors are managed
by the assistant. *Person should*
do anything

Anything dangerous to the success of the operation, or safety of the eye, occur suddenly, the operator by holding both preps can let the globe free much more readily than if the fixation instrument were in the hands of the assistant.

Points of importance

- 1 The ins. scissors & preps to act in the same line.
- 2 The scissors to be used by the assistant.

4 Operation for Cataract.

There are not a few objections to operations for hard cataract by transfixion, & rather these operations be flap, linear, or modifications. All surgeons are not ambidextrous & there are pretty strong arguments against incisions made downwards. It is difficult to replace with exactness the seat of the counter-puncture. The operation is often opposed by the swelling caused by aqueous escaping & finding its way below the conjunctiva. The internal incision in the cornea at the seat of counter-puncture must be smaller than the external incision. The knife has to cut through rather a large amount of corneal tissue at one time - at the beginning of the flap at least two thicknesses of

of the cornea, at the end when
the knife is cutting out a
much larger portion. There is
always a danger of finishing
the flap too soon if the eye
rolls upward. Dangerous traction
may in some cases be ne-
cessary to keep it in its
place. It is more than pro-
bable that transfixion itself
& the formation, as it were, of a
temporary eccentric axis for
the globe is a cause of
some increased intraocular
pressure. In Sheatsfield's Cataract
operation these disadvantages
are avoided, but with a Hess's
or linear knife, especially if
the superciliary ridge be at all
prominent, it is difficult to
make the section without great
leveling of the incision, in con-
sequence

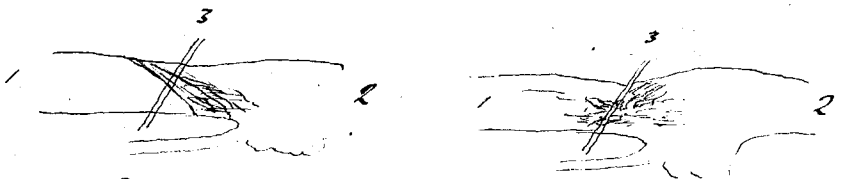
sequence of which there is but little space gained in proportion to the amount of the opening made, & there is always some difficulty in getting the lens to present past the edge of the sclero-corneal portion of the wound. In addition to this it will be found that the linear is in many other ways unsuited to making an incision in this manner, but more especially for the fact that the wound is seldom smooth & even.

Other arguments present themselves in favour of what may be termed incision by puncturing instead of transfixion. The amount of corneal ^{tissue} that the knife cuts through at a time is very small - half, or less than half of that cut through in the other operation.

Operation, showed the eye will
upward traction is not at all
necessary, as the knife itself
keeps the globe in the best
position, & any pressure it may
cause, if the eye tends to
move, is outward toward the
cornea & does not increase the
intraocular tension. The knife
proposed for this operation is a
short broad keel - its length
being about equal to the dia-
meter of the cornea & its
breadth at the heel about the
same, i.e. one third of the circum-
ference of the sclero-corneal
ring. To clear the superciliary
ridge it is bent at an angle,
& ^{also} curved on the flat like the
instrument proposed by Adolph
Weber

herber. The object of the curving
on the flat is to prevent
heavelling of the coronal incision.
If it be desirous to make a
small incision the knife must
not be pushed in to its full
length, if a large one be an
object, the enlarging can be
done as the instrument is
withdrawn. In any case,
in removing the knife the
point is tilted so that the
oblique edge cuts out in a
straight line, ^{in order} ~~so~~ that the in-
ternal incision in the cornea
may be as large as the ex-
ternal. In connection with
making the perimetre some ana-
tomical details are worth
attending to. The relation of the
cornea

Cornea + sclerotic is sometimes
 likened to that of a watchglass &
 the metal in which it is set - the
 sclerotic overlapping the cornea.
 This comparison is wrong & mis-
 leading. The one tissue gradually
 merges into the other, fibres with
 well-marked sclerotic character
 frequently ramifying in the central
 portion of tissue which on its
 surface is corneal in character.
 The following diagram will show
 that is meant



1 Cornea 2 Sclerotic 3 Line of
 incision.

According to the watchglass view
 a knife passed through sclerotic
 near the sclero-corneal margin

was sure to pass through Cornea,
& consequently do us harm in the
deeper parts of its course. A
plane, however, at the other dia-
gram will show that in many
cases an incision passing through
Cornea superficially will trans-
fix sclerotic when it goes deep-
er will be in dangerous proximity
to Schlemm's Canal & other narrow
spaces.

The above method of operating
for Cataract is suited being
safe, but in favorable cases
additional modifications & improve-
ments may be introduced. As
there may not be applicable
in all cases, they will be
noticed very briefly. It is a
well known & troublesome fact in
operating that there is occasional
difficulty

Difficulty
in liberating the capsule after
the anterior chamber has been
opened & the aqueous has escaped.
The corner has lost its curve
& a good view of the parts is
not easily obtained. The iris may
have contracted so that much capsule
be exposed to view. The balance
of the eye is lost & the elastic
ligament is now said to be
the vitreous disturbed. If the
operation be performed by puncturing
with aqueous is necessary,
subsequently if the pupil be
fully dilated with atropine,
it is often possible to liberate
the lens capsule very freely with
a curved cutting needle before
the corneal incision has been
made. Freedom can be used
as the balance of tension is still
unchanged

unchanged, & the natured or soft
condition of the cataract is
fully made known before the
more difficult parts of the
operation have been commenced.
The liberation of the capsule
can always be increased by
running the puncturing knife
into it according to Mac-
Namara's method.

If in the operation for cataract
by transfixion the operator makes
a conjunctival flap all its
advantages are sometimes
counterbalanced by bleeding
into the anterior chamber from
the conjunctival wound.

In some cases, especially if
the cataract be small & hard,
it is possible to deliver it
subconjunctivally without any
bleeding

bleeding into the anterior Chamber.
A narrow linear knife is taken
& a portion of conjunctiva is
transfixed as close to the cornea
as possible, & of a breadth equal
to that of the base of the intended
flap. A long narrow flap of con-
junctiva is now cut upwards, but
the knife is withdrawn before
the apex has been divided.
A pause is made till all
bleeding has entirely ceased,
after which the Corneal section
is made, its central portion
corresponding with opening
into the base of the conjunctiva
flap. The conjunctival flap,
though remaining attached at its
apex, should be so long & narrow
that there is sufficient room
 $\frac{100}{10}$

to deliver the lens at its side,
& as the centre of the corneal
flap passes by continuity of
hinge into the base of the
conjunctival one, & the apex
of the latter is continuous
with the general conjunctiva,
not only are the chances of
corneal sloughing much lessen-
ed, but rapid healing ensues
with perfect coaptation &
consequent absence of alteration
in the corneal curvature is
a more likely result.

Points of importance

1. Operation of puncturing
2. Rupture of capsule before cornea
incised.
3. Modified conjunctival flap.

S. Mackellar